



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Fort Napier Hospital

# NEWS

10 AUG – 1 DEC 2017

## QUALITY DAY AND IPC DAY

On the 23rd November 2017 Fort Napier Hospital had a successful Quality and IPC Day. On the day staff members and wards received certificates of appreciation for their sterling work. The program was directed by Mrs. V. Hlope working together with Mr. S.A Mthembu. Our speaker was Dr S Hafajee who spoke about importance of Infection Control in order to improve and maintain quality in the health system.

We were also graced by Ms T Mngithi from DOH Head Office who gave a speech about Risk Management and the importance of Risk Management. The audience enjoyed a stage play which was performed by ward 8 staff and Mental Health Care Users, which was about importance of Hand Washing. On the day we saw a number of wards, departments and individuals receiving certificates, aimed at uplifting the spirit of all staff members and improve quality of care provided to Mental Health Care User's.



**Program directors for the day  
Mrs. V. Hlope and Mr. S.A.  
Mthembu**



**Ward 9A received a certificate**



**Management, guests and all  
attendees of the event**







**Ward 8 staff and MHCU's performing a stage play.**



**Guests and Hospital Board members at the event**



**Attendees of the event**



**Trophies which were up for grabs**



**Hospital Management with a certificate.**



**OT Department with their certificate**



**Sr V. Govindsamy presented the purpose of the day**



**Dr S. Hafejee was a guest speaker of the day**





# The Fort News

## 2017 WOLRD AIDS DAY



**W**orld Aids Day is commemorated and observed annually on 1st December around the world. In South African, the Department of Health commemorated the day in line with National Development Plan, World Aids Day 2017 focuses on Goal 1 “Accelerate prevention to reduce new HIV and TB infections and STIS”. This year’s World Aids Day theme, Let Our Actions Count: It Is My Right to Know My Status, Prevention is My Responsibility” in line with this years theme Fort Napier Hospital commemorated the day by having a mini Fun Run / Phila Walk in ensuring that we heed to the call made by the KZN MEC Dr S. Dhlomo to encourage staff to live a healthy life style. The Mini Fun Run was enjoyed by both staff and patients before the formal program. On the day there were a number of speeches ranging from hospital management to our guest speaker who was Sr Mazeka.

The guest speaker enlightened the house about new alarming HIV/ AIDS statistics. Listening to her speech it came to light that there is great improvement made by the department in terms of dispensation of ART program. This alone encourages us to make our actions count and take personal and collective responsibility to prevent new HIV infections. It is important to note that there are still challenges in fighting new HIV infections, while mother-to-child HIV transmissions have decreased. On the day we also noted the start of 16 Day of Activism Against no Violence Against Women And Children, with a Theme: Count Me In.



Mrs. G. Sewran opened the event



Ward 5 MHC'Us performing a poem



Sr Mazeka delivering a speech



Mrs. N.T Nxaba welcomed everyone



Attendees of the event



Fun Run / Phila Walk in action



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# 2017 HERITAGE DAY CELEBRATION

28 Sept 2017

Heritage Day is celebrated to recognize and appreciate our diverse cultural heritage. The Month of September is a month when South Africans come together to share, celebrate, showcase each one's cultural heritage.

On 28th September 2017, Fort Napier Hospital Health Promotions Committee organized a colorful Heritage Day celebration. Staff members were encouraged to learn about different cultures and to dress in a different cultural outfits. At the event there were different cultural stalls with foods representing that cultural group. Each stall had a stall leader who explained about that culture helping the audience to understand about that particular culture. The event was very colorful and exciting as there were different dance from different ethnic groups. The Health Promotions Committee would like to thank all staff members for their active participation and making the event a success.





PICTURES OF THE HERITAGE DAY EVENT



**From left to right:** Ms K. Van Schalkwyk; Ms A. Gaga; Mrs. T.N. Ngcobo; Mrs. M. Jugmohan; Mrs. N.T Nxaba( C.E.O); Mrs. G. Sewran; Mrs. V. Hlope



**Molloy Parmesar a Mental Health Care User led staff members in performing Asian Dance**



**Ms N. Mayeni was a guest speaker for the day**



**Mrs. H. Wilkes introduced the guest speaker.**



**Voerstreker dance was performed by staff members.**



**Sr N. Mabea explained about the Xhosa culture.**



**Cross culture was the Theme for the day.**



# PICTURES OF THE HERITAGE DAY EVENT



**From left to right: Ms B. Ngubane; Sr S. Mzimela; Sr N Mabea; Sr Mtolo, Matron Jugmohan; Mrs. G. Sewran; Sr Sithole; Ms Madlala; Sr T.T. Makhaye.**



**Entertainment from Ward 10A and Ward 7.**



**Mrs. N.T. Nxaba (C.E.O) with Ms N Mayeni (Deputy Director Diversity Management)**



**Attendees of the event.**



**Entertainment from Ward 5 Mental Health Care Users and Staff**



**Ms T. Dube performing a poem.**



**Entertainment from Ward 5 Mental Health Care Users and Staff**



# MEN'S FORUM LAUNCH

On 24 August 2017 Fort Napier Hospital official launched their Men's Forum. The program director for the day was Mr. Shange who outlined the importance of having such structure. The Men's forum was established to give support to all men in the workplace on issues associated with gender-based violence, victimization in the workplace, financial management, depression etc.

On the day we had a guest speaker from the Department of Health, Head Office, Mr. S. Mhlongu, who also serves the province as a Men's Forum champion. In his informative speech he talked about challenges men face which most men do not talk about openly which often leads to depression and later contribute to gender-based violence. He talked about how Men's Forum can assist in fighting all forms of abuse. Later on during the program a committee was officially elected which comprised of males from different components. It was mentioned that the committee will meet quarterly to ensure the smooth running of the committee functions.

Males who attended the event were served with inhloko which was enjoyed by everyone who attend.



**Mr. Shange directed the program for the day.**



**Mr. T. Hlongwane delivered a speech on the progress made by he interim committee.**



**Fort Napier male staff who came in numbers to attend the event.**



**Pictured above is Fort Napier Hospital Men's Forum Committee with Mr. S. Mhlongu the center who was a guest speakers.**



More pictures of the event



Males having lunch



Males discussed the way forward on the first meeting



Males having lunch



Males having lunch



Males having lunch



From Left to Right: **Mr. T. Hlongwane**,  
**Mr. S. Mhlungu** from Head Office and **Mr. Gcwele**



# **OCCUPATIONAL THERAPY OPEN DAY**

The Fort Napier Hospital Occupational Therapy Department hosted its celebratory Open Day on 5 October 2017 marking the official opening of the new OT House, celebrating positive gains over the past year, as well as bringing awareness to two important awareness campaigns, namely, Occupational Therapy Week and Mental Health Awareness Month. The Occupational Therapy Association of South Africa's theme for the OT Awareness Week, "One Voice, One Standard, One Profession", was incorporated in the program as the questions of "What is Occupational Therapy?" and "Why is Occupational Therapy necessary?" were explored and applied to our specialised mental health care context.

The program for the day included speeches by therapists as well as representatives from the KZN Blind and Deaf Society creating awareness of the internal and external stakeholders of the essential needs of persons with disabilities, in particular mental illness.

Rosetta Ndlovu, social worker from KZN Blind and Deaf Society, raised awareness of the impact of blindness on our clients, and their right to human dignity and participation in life activities. This interactive presentation allowed delegates to participate in activities that decreased their reliance on their vision, and provided participants with insight into the experience of blindness.

Nabeela Kharva, Occupational Therapist and valued member of the OT Team, addressed the "The empowering role of occupational therapy in mental health services" highlighting Occupational Science as the foundation of OT practice within our unique context. It became evident that OT is a science informing evidence based practice. The presentation was clear and informative.

Margaux d'Hangest d'Yvoy, AD Occupational Therapist, addressed delegates on "Why OT? Occupational justice for forensic mental health care users". In this session, she explored occupational justice as a social justice theme, how all people are innately occupational beings, and how occupational therapists aim to ensure the fundamental human right of accessing meaningful activities of life. The delegates agreed that our mental health care users should live a "good life" participating in their valued life roles – ensuring that occupational injustice is averted which sees occupational privileges for some, and restrictions for others.

We were immensely honoured by the attendance of the Fort Napier Hospital Board led by Mr Msimang, Hospital Board Chairperson, who officially opened the OT House in the Ribbon Cutting Ceremony. The Occupational Therapists recognised the support received and were grateful for their involvement in the day.

The day also incorporated Occupational Therapy exhibits of high quality products manufactured by our clients and educational material expounding on the various services rendered by the OT Department. The cherry on top involved the MHCUs from our vocational rehabilitation projects presenting a traditional dance celebrating the OT department, services rendered, and especially their involvement and pride in an improved quality of life! Testimonials were also shared by MHCUs of the personal value of OT for them. It is with great pride that we have observed positive change in the lives of these clients!

The OT Department wishes to convey sincere thanks to our colleagues from various disciplines and sections for your support, and views this as essential in ensuring improved service delivery for our clients. Collaboration in the multi-disciplinary team is key. Many thanks as well need to be extended to our external guests who were able to attend coming from various sectors – private business, psychology, tertiary education, office of the local counsellor and other valued guests.

"Occupational therapy is the art and science of...enabling a just and inclusive society so that all people may participate to their potential in the daily occupations of life" (Townsend & Polatajko, 2007)



**Mrs. H. Wilkes opened the event**



**Ms. M. D'Hangest d'Yvoy who is AD Occupational Therapist welcomed everyone present.**



# More pictures of the event



**Ms N. Kharva delivered a speech about O T**



**Ms R. Ndlovu from KZN Blind and Deaf Society was a guest speaker for the day**



**Attendees of the Event**



**OT Mini Shop**



**Ms R. Ndlovu explaining about being blind.**



**Attendees of the event had to experience how to function without their eye sight .**



# ACKNOWLEDGEMENTS



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