



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Fort Napier Hospital

NEWS

1 JAN—31 MAY 2017



Nurses: A Voice to Lead Achieving the Sustainable Development Goals:

On 11 May 2017 Fort Napier Hospital staff members celebrated International Nurses Day, which is celebrated annually around the globe on 12 May (the anniversary of Florence Nightingale's birth). In celebrating Nurses Day it gives society and all relevant stakeholders a chance to thank nurses for their sterling work they perform daily. The guest speaker for the day was Mrs. N.H. Ngcobo who is a nurse at Fort Napier hospital.

Our guest speaker reminded nurses of their importance in their families, in the department of health and in society as a whole. Mrs. N.H. Ngcobo explained the importance of compassionate nurses in order to achieve sustainable development goals as desired by the United Nations. In her speech she said "When a child is born nurses are always there to ensure that a baby is well taken care of. If a person visits a health facility the first person they come into contact with is a nurse, even when a person passes away in most cases nurses are the last people they see. That how important nurses are" Those words touched everyone who was attending the event.

During the event attendees had a chance to watch a short informative video about how nursing started, and how it has evolved over the years. There were a number of lessons learned about the nursing profession in the movie, as nurses are able to make patients feel safe, loved and inspired hope in challenging moments. Moving forward nurses face a different challenge of understanding a complex nature of health and wellness. Our communities are engulfed by multiple diseases which call for multi-disciplinary approach in dealing with and overcoming them.

On the nurses day, the nurses pledge was read, led by Mrs. N.T. Ngcobo (Nursing Manger) and candles were lit. Nursing management ensured that their day was successful by providing tea for all attendees of the event. The Occupational Therapy Department supported the event by preparing eats for our guests. The Health Promotions Committee would like to all who supported the event making it such a success.

PICTURES OF THE NURSES DAY EVENT



Mrs. N.T. Nxaba (C.E.O) clad in her nursing uniform opened the event.



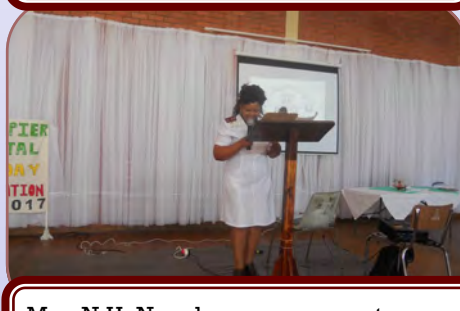
Mrs. T.N Ngcobo (Nursing Manager) pronounced the purpose of the day



Mr. N. Mncwabe opened the event with a prayer.



Mrs. E Nolte did the vote of thanks.



Mrs. N.H. Ngcobo was our guest Speaker



Mr. S. Mthethwa introduced our guest speaker.



FNH nurses marching to the hall where the main event was held.



FNH nurses looked like angels



OT Department supported the event

FORT NAPIER HOSPITAL LONG SERVICE AWARDS



Staff members posing with their Long Service Awards

On 30th March 2017 Fort Napier hospital held a Long Service Award Ceremony. The ceremony celebrated staff members who have served the public sector for ten years, twenty years, thirty years and forty years. The event was organized by Human Resources department working together with the Health Promotions Committee. On the day the Hospital Choir entertained our guests with musical items which were enjoyed by everyone who attended the event.

Mr. T Nkosana from HRD; Head Office was the guest speaker for the day. In his speech he congratulated all those who were receiving awards. He commended staff members for their commitment towards service delivery. He further encouraged all staff members to be dedicated to putting our clients first as is it part of Batho Pele Principles. He pleaded with staff members to give their best in doing their work and be diligent in doing it as the community depends on our special services Mr. T. Nkosana; also encouraged staff members to further their studies using available resources provided by the department of health, in order to for staff members to be experts in their different fields of work.

Staff members who received awards had a chance to invite their families to the ceremony so that their families could be part of their achievements. The event was very colorful with staff members dressed in different attire.

Through team work of the Health Promotions team the HR team the event was very successful. Food was provided to the awardees, their families and attendees of the event.

We would like to thank management and everyone who contributed in making sure that the event was successful. All your hard work and team spirit is really appreciated. Thank you.

More pictures of the event



Fort Napier Management Team with Mr. T. Madlala



Fort Napier Management awarding Ms. Ngubane



Attendees of the event



Recipients of Awards



The Netball team received an Award for their active participations in sports



Hospital Board Members



Mr T Nkosana guest speaker for the day



Aerobics team received an Award



A Soccer Team received an award for their participation



Mrs. N. Mbatha won a prize from our social partner



Mrs. T. Mpungose received an award for twenty years service



Mrs. N. Ndlovu received an awards for ten years of service.



Mr. Khenyisa received a certificate for ten years service



Mrs. R. Naidoo received a certificate for ten years service.



Mrs. Z. Ndlovu received an award for ten years service

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

FORT NAPIER HOSPITAL HAND WASH CAMPAIGN

The day started with a presentation by the infection control coordinator. The focus was on making people understand the necessity of antibiotics, the reasons for the problem of antimicrobial resistance and the strategies to counteract this serious problem.

The wards did fantastic presentations on the importance of and the proper technique of washing hands. Patients were also involved in these activities. Simulations of missed opportunities for hand hygiene and prescribing of antibiotics inappropriately were brilliantly enacted. Posters were also done on the problem of superbugs in the hospital. The OT department demonstrated how to make a tippy tank via an informative video. They also had a tippy tank made and demonstrated to the staff and patients how to utilize it. The occupational therapists also did a brilliant sketch on how patients get treated with antibiotics when they are not needed and when patients do require them it does not work. Patients then die from commonly treatable infections.

The day was round off by an infection prevention and control quiz and prizes awarded to those who answered the questions correctly.

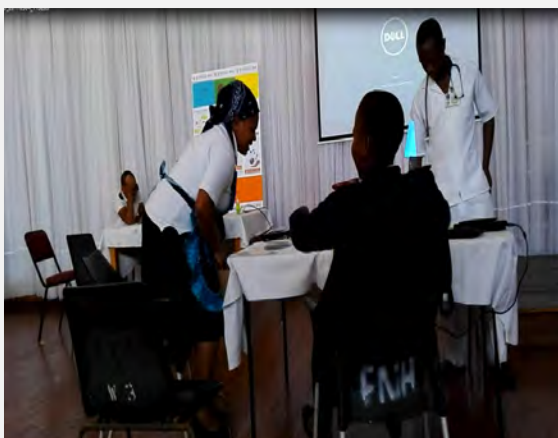
Fort Napier Hospital also did a community outreach at the Imbali Mental Health workshop on the 29th March 2017. The audience consisted of approximately 90-100 MHCUS. The IPC team discussed the importance of hand washing, the problem of antibiotic resistance and prevention of tuberculosis. The visit was well received by the community of mental health care users. Further outreaches are planned and we would also like to teach communities about the tippy tank.



Staff of Fort Napier are saying hands off to unclean hands



A play showing missed opportunities for hand hygiene. Staff do not practice hand hygiene at any time during interaction with the patient.



Enactment of patient presenting with diarrhea at clinic. No health education is given on importance of hand hygiene at home to reduce the spread of this very infectious disease.



Staff are saying: clean your hands and save a life.

FORT NAPIER HOSPITAL HAND WASH CAMPAIGN



Staff of 10b are explaining how antibiotic resistance develops. SR Ngcobo talks about how bugs are now becoming superbugs in the hospital.



Patient sees the doctor for a commonly treated infection, no health education is given to the patient on how to take the antibiotic prescribed nor on important infection prevention measures.



The patient does not take his medication properly due to poor health education. The patient develops antibiotic resistance and germs can now multiply in his body.



SR Rajah receiving a prize for being able to differentiate between the different types of bacterial and viral infections.



Poster done by the OT department.



Poster and educational material on antibiotic resistance and the 5 moments of hand hygiene for wound, catheter, peripheral line care provided by the IPC department.

FORT NAPIER HOSPITAL ROYAL SHOW EXCURSION FOR MENTAL HEALTH CARE USER'S

Wednesday, 31 May 2017, marked the Royal Agricultural Show Excursion for 46 MHCUs from Fort Napier Hospital. A group of MHCUs and staff members attended the annual show and benefitted greatly from this therapeutic excursion. The stalls, displays and shops were incredibly stimulating and enjoyable for the MHCUs who returned to the hospital with various stories and positive experiences. Of particular value were the displays of the SAPS, the army and the animal stalls. The SAPS generously provided water bottles, explained the services offered by the police horses in Pietermaritzburg and the Drakensberg area to protect society, and engaged positively with the MHCUs. Following this, many of our MHCUs visited the army display. Here we interacted with the army personnel who explained their training programs, their rescue services (with a demonstration using a dummy) and their army vehicles (including a tanker that was in use during the Anglo Boer war). The army personnel were friendly and happy to engage with us. Hereafter, many of the MHCUs visited the animal stalls. They saw the bunnies, chickens, cattle, horses and even some camels offering camel rides. MHCUs were however disappointed that they missed the dressage display with horses performing stunts and doing jumps. The animals were particularly enjoyable to the MHCUs as many value subsistence farming in their local communities back home. A snake exhibition was also of particular interest, however, this was slightly concerning to some of the MHCUs who kept the snake display at arm's length. Some though were brave enough to touch a snake in the presence of a snake handler. Some of the children's activities were also enjoyable in observing, particularly a four-wheeler with many wagons attached behind that gave lifts to the young children. The ladies also visited a perfume stand sampling some testers. Gifts were given, and interesting conversations had. The day was in it's a totality a great success with MHCUs taking pride in themselves and showing interest in their community. The Royal Show Organisers and the involved Fort Napier Hospital Staff need to be commended for ensuring a wonderful excursion working toward the deinstitutionalization of our clients and the provision of a positive and enjoyable experience.

Margaux d'Hangest d'Yvoy

Assistant-Director Occupational Therapy



MORE PICTURES OF THE ROYAL SHOW



Management Welcomes all New Appointees

INITIALS AND	RANK	DATE OF APPOINTMENT
S Bohlela	Professional Nurse Comm Serve	2017 / 01 / 01
L S Gwala	Professional Nurse Comm Serve	2017 / 01 / 01
H Jairam	Intern Clinical Psychologist	2017 / 01 / 01
T Jamieson	Intern Clinical Psychologist	2017 / 01 / 01
M R Staebler	Occupational Therapist Comm Serve	2017 / 01 / 01
A P Zuma	Intern Clinical Psychologist	2017 / 01 / 01
A Ranase	Intern Clinical Psychologist	2017 / 01 / 01
V Naicker	Medical officer	2017 / 04 / 01
M B Philips	Intern Clinical Psychologist	2017 / 01 / 01
D A Miranda	Intern Clinical Psychologist	2017 / 01 / 01
L S Mathe	Intern Clinical Psychologist	2017 / 01 / 01
R E Naidoo	Professional Nurse	2017 / 04 / 01
T S Gubese	Professional Nurse Comm Serve	2017 / 03 / 06
B M Mshengu	Professional Nurse Comm Serve	2017 / 03 / 16
Z C Thusi	HR Intern	2017 / 04 / 01

ACKNOWLEDGEMENTS



MR. T. M DLAMINI
PUBLIC RELATIONS OFFICER



MRS. H WILKES
EDITOR



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