



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Fort Napier Hospital

SPECIAL EDITION

NEWS

18 JULY – SEPT 2017

MANDELA DAY CELEBRATION



SAPPI and KEY DELTA employees together with Fort Napier Hospital Management staff posing with all the goodies that were given to Mental Health Care Users.

Nelson Mandela International day or Mandela day is an annual international day in honor of Mr. Nelson

Madela, the first South African democratically elected president. The day is celebrated annually on 18 July, as declared in November 2009, by the United Nations. On 18 July, Fort Napier Hospital staff celebrated Mandela Day by painting the institutional Car Wash. The hospital was also visited by three

companies who came to join in the celebration of Mandela Day. The three companies were SAPPI, KEY DELTA, and ESKOM who came with goody bags that were given to Mental Health Care Users.

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

MANDELA DAY IN PICTURES



Student Social Workers participated in Mandela Day by painting institutional Car Wash



The hospital management with staff from Eskom.



Mental Health Care Users enjoyed presents which were brought by SAPPI and KEY DELTA staff.



The hospital C.E.O, Mrs. N.T. Nxaba addressing our visitors from Eskom during Mandela Day



KEY DELTA and SAPPI staff together with the C.E.O handing gifts to Ward 1 patients



KEY DELTA and SAPPI staff handing gifts to Ward 1 patients

WOMEN'S DAY CELEBRATION



2017 marks 61 years since strong, courageous and fearless South African women marched in Pretoria against the discriminative law which forced black people to carry a pass with them at all times.

On 10 August 2017, Fort Napier Hospital staff celebrated Women's Day with the theme **Be Bold For Change**. The purpose of the day, organized by the Health Promotions Committee, was to remind all women of their powerful input into South African history and their constant contribution to society. A number of guest speakers addressed the attendees and delivered topics around the theme. Topics include the importance of prayer, the importance of a positive self-image, caring for our health and proper nutrition.


Dr. Dube spoke to the audience about the importance of knowing your body and taking regular check-ups. She emphasized that early detection of symptoms most leads to easier and more effective treatment.

The event was very successful and enjoyed by all who attended. There were a number of gifts and prizes shared on the day.

Best quotes dedicated to women:


**Women are the largest
untapped reservoir of talent
in the world.**

Hillary Clinton

 BrainyQuote

**Think like a queen. A queen is not
afraid to fail. Failure is another
steppingstone to greatness.**

Oprah Winfrey

 BrainyQuote

Pictures of the event



Attendees of the event



Attendees of the event



Guest speakers at the event



Mrs. H. Wilkes opened the event



Dr Dube delivering her speech



Ms Kubeka from Herbal Life with staff members



Capitec Rep standing with a prize winner

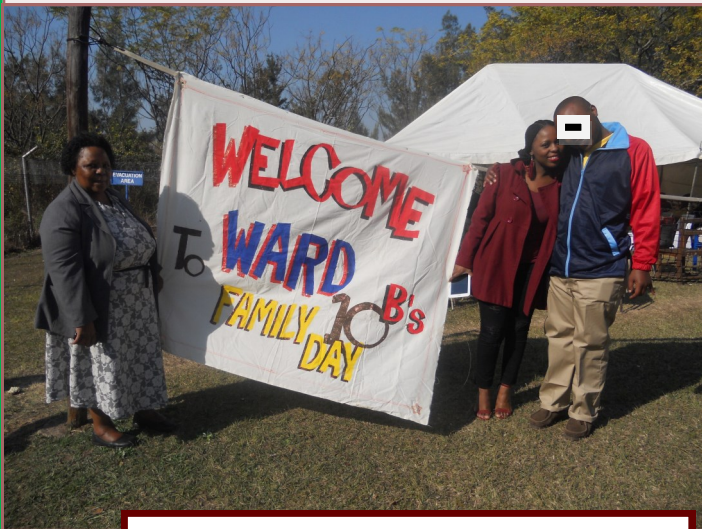


Reps from Laserbery Aesthetic clinic

Ward 10B Family Collaboration

Fort Napier Hospital ward 10B Multi Disciplinary Team celebrated family day on Thursday, 29 June 2017. This is part of the family collaboration program which started in 2014. Sr N Mabea who is the family collaboration project manager has worked hand in hand with her team to ensure that relationship between Practitioners and Mental Health Care Users families is strengthened and maintained. The project is aimed at involving families in the journey of their loved ones recovery and also to be part of the treatment team. Since the project started it has produced good results, less relapse rates, an increases in Leave Of Absences (L.O.A) and has created good relationships between Mental Health Care and Mental Health Care User's families.

The project includes : Family visits, family meetings and family fun day which takes place towards the end of each year. The family fun day provides a chance to Mental Health Care Users, their families and the MDT to have fun by participating in different sporting activities. The Family Collaboration initiative gives a platform to the Multi Disciplinary Team and Mental Health Care Users families to discuss various issues affecting patients such as drug abuse and Leave of Absence (LOA).



Family members who visited their family members



Ward 10b choir entertaining visitors



Family members and the Multi Disciplinary team



Attendees of the event



Family members having lunch



Ward 10b choir serenading visitors who attended the event lend by a MHC user



Family members were very entertained by the choir



Family members having lunch

ACKNOWLEDGEMENTS



MR. T.M. DLAMINI
PUBLIC RELATIONS OFFICER
WRITER



MRS. H. WILKES
EDITOR



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Department:
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PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address : No 1 Devonshire Road
: Napierville, Pietermaritzburg
: 3200

Postal Address : Private Bag x 370
: 1 Devonshire Road
: 3200

Web Address: <http://www.kznhealth.gov.za/>

SWITCHBOARD:
033 — 260 4300

FAX NUMBER:
033 — 345 5730

EMAIL ADDRESS

trevor.dlamini@kznhealth.gov.za

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