

### **FORT NAPIER HOSPITAL**

# FORT NAPIER



STAY INFORMED

06/2023

#### **CELEBRATING NURSE'S DAY**



At the podium stand (L-R) Mrs. T.N Ngcobo Nursing Manager and Mrs. C.N Sosibo Nursing Director

On the 10 of May 2023, Fort Napier Hospital celebrated International Nurse's Day. The event took place at 9c Hall. All nurses from uMgungundlovu district were invited, two nurses per hospital/ Community Health Center. It was the Nursing Manager and Assistant Nursing Manager. The day began with a nurses parade which started at the hospital's laundry and processed to 9chall where it ended. The programme director for the event were Mrs. N.J Mabea and Mr. Blose and opening prayer was done Mrs. N Kata. Ms. F.N Mokwena the CEO acknowledged and welcomed the guests and the special guest speakers. Our guest speakers were our principal from district and head office. Mrs. Buthelezi gave the word of motivation and encouragement to our nurse to always do their best when treating/managing patients. Mr. K Ruthanum the deputy for mental health and substance abuse showed also trained the nurses on mind control and relaxations techniques, saying nurses can be stressful career. Fort Napier hospital nurses also did a stage play, demonstrating the kind of patients we see to on a daily basis. The audiences appalled the stage play and commended the efforts of the nurses and the patients they see to on a daily basis.

The event ended with the honoring of nurses and staff s who were doing exceptional well in their component / sections. They were awarded with certificate and trophies ( see below page of Nurse's Day award ceremony ). Mrs. Sosibo the Director of Nursing Service closed the event by reciting and giving the meaning of the lamp and nurses pledge.





# NURSE'S DAY AWARDING CEREMONY

















# **MEN'S FORUM**



Men's Forum Chairperson - Mr. J.M Cwele addressing the men



The men eating



The men eating

On the 19 of July 2023, Fort Napier Hospital celebrated its men forum event at 9c Hall. The purpose of the event was to gather all the men of the hospital and to discuss life's problems they were faced with. Mr. J.M Cwele the Men's Forum Chairperson did the open and welcome and told the men to be comfort and to feel free today about discussing their issues.

The Men's Forum discussed three different topic. The first topic was how do we revival the soul of a dead man. Mr. J.B Mnculwane a theology and a historian explained the identify of a man and where his ethnical background comes from . He encouraged men not to have many sexual partner.

The second topic , culture vs democracy was combined the third izinkinga zamadoda . Mr. M.Z Mhlongo a pastor explained the spiritually side of human matters touching on both African spirituality and Christianity . He explained that men can be defiled by many things which he termed sin . Member of audience asked Mr. M.Z Mhlongo what was the meaning of soul ties and how doe one cleanse himself . There were a lot of questions from the men and our expert tried their best in responding to their questions.





# MEN'S FORUM PHOTO GALLERY

















# WOMEN'S DAY



Staff celebrating International Women's Day



Women singing songs during International Women's Day



Women dishing out meals during the event

On the 18 August 2022, Fort Napier Hospital celebrated International women's day at 9C Hall.

Tusneem Gobind the guest speaker spoke on the many issues of gender base violence . She spoke about the rate at which women were being killed by intimate partners.

She said the gender based violence in this country was five times higher than the global average. Tusneem Gobind said South African women were faced with pronounced challenges, stemming from a historical background of apartheid and oppression.

She said it was important for a day like this to be celebrated in order for women to be recognized, built and supported .The support for women's rights, encourages their participation in economy, social, cultural and political arena.

"We can stop GBV, if we can be united as women, families, communities and as South Africans. The day ended with Dr Y Mncube giving women advise on how to look after their skin. Giving them secret on staying and looking young.







# NURSE'S DAY PARADE

















#### MENTAL HEALTH CARE USER ROYAL SHOW VISIT





# 2023 FNH NETBALL & SOCCER TEAM







# HAND HYGIENE DAY PHOTO AWARDS



Left Ms. S Abdullah receiving a Hand Hygiene Certificate from the CEO Ms. F.N Mokwena



Left Mrs. R Naidoo receiving a Hand Hygiene Certificate from the Medical Manager Dr AL Mbhele



OM Dlamini receiving a Hand Hygiene Certificate from the Medical Manager Dr A.L Mbhele



left Ms. C Dixon receiving a Hand Hygiene Certificate from the CEO Ms. F.N Mokwena



Left Mrs. A Singh receiving a Hand Hygiene Certificate from Left Ms. L Sipunzi receiving a Hand Hygiene Certificate the Medical Manager Dr A.L Mbhele



from the CEO Ms. F.N Mokwena







#### **HEALTH PORTFOLIO VISIT**



Health Portfolio Committee with Kitchen Service Manager doing inspection at kitchen



Health Portfolio committee visiting the hospital kitchen



Health Portfolio Committee, Hospital and District Managers inspecting the hospital kitchen.

The Portfolio Committee on Health is a National Assembly of South Africa committee established to oversee the work of the Department of Health.

The National Health Portfolio Committee visited Fort Napier hospital for an over sight visit. The committee had a briefing with hospital management to identify area which they can visit. The committee visited ward 9A. The Operational Manager welcomed the committee and gave a brief presentation on how 9A ward admission are done, the Operational explained that all patient at Ward 9A are court referred and are under a 30 day psychiatric elevation and after the evaluation they are either declared fit or not to stand trail.

The health Portfolio committee also visited ward 9B and proceed to the hospital kitchen to see how the patients meals were prepared, they checked stoves, the cooking pots, and also checked for the fire extinguishers to see if they were being serviced. They checked the fridge to see they were working and in their a recommended temperature. They finished of by checking the food expiry dates and they found them to be still within shelve life.

The committee last was pharmacy, the team at pharmacy explained some of their challenges with regards to internet connectivity. The committee explained they will escalate this connectivity issues to their principals

The visit ended with a debriefing with Fort Napier management discussing some of finding and what interventions they will be bring.







# **ACKNOWLEDGEMENTS**



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