



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

The Fort Newsletter

VOLUME 1, ISSUE 1

Message from the C.E.O



Mrs. N.T Nxaba C.E.O

I would like to take this opportunity and thank all staff members for their tireless efforts in ensuring that we provide our patients the best service delivery with the resources that

we have as an institution. The year is closely coming to an end, which means we must look back and measure our achievements as institution on our set targets.

It also important to do an introspection as an individual and reflect on your personal set targets and evaluated your accomplishment and your set backs in order to gear up for the next

year.

The festive season has began, meaning there will be a lot of traveling and celebration around the country.

I would like to wish everyone a Merry Christmas and a Happy new year filled with Blessings.

To those who will be traveling please drive safely and be responsible for your actions. Enjoy your holidays and come back rejuvenated for 2012.

Woman's Day Celebration

On the 25 August 2011 Fort Napier hospital celebrated Woman's Day. The event was successfully organized by the events committee. It has been 53 years since the Federation of South African Women organized a mass demonstration against the imposition of pass laws on women in South Africa. More than 20,000 participated in the multi-racial march to the Union Buildings in Pretoria, to deliver a petition to the prime minister of that period JG Strijdom. On the way to the Union Buildings the women

sang a freedom song: Wathint abafazi / Wathint' imbokodo. Forth Napier Hospital ensured that it takes part in honoring this historic event by celebrating those brave women who took an initiative and stand against oppression of their rights. We also celebrate today's woman who are making a difference in our communities and indeed in all spheres of life. The event was honored by Mrs Maphumulo who is now a counselor, she is also a

widow to Inkosi Mr Maphumulo, Mrs Maphumulo is a strong woman who inspired other woman in particular on her talk asking them to stand up for their liberation in term of finance and better working conditions.

She also asked all present to form social groups where they can discuss their day to day problems and try to find solutions. All in the quest to build a better and a productive South Africa.



WOMANS DAY PICTURES



Our guest speaker receiving a present from Sr Kata



Our guest speaker for the day Mrs Maphumulo



Attendees attentively listening to the speech for the guest speaker.



Mrs. X Ngcobo presenting Ms. P. Mthembu with a gift



Management showing their support on Woman Day



Musical items



Mrs. N Ndlovu giving a speech about leadership



Mrs. X Ngcobo Presenting Mrs. A Mbatha with a gift



Mrs. X Ngcobo presenting Mrs. V. Govindasamy with a gift

SPORTS DAY AT FORT NAPIER HOSPITAL

Sports day was celebrated on 1 September 2011. The Events Committee organized a Sports Day for patients and staff. Other sister facilities such as Town Hill and Umgeni Hospitals were also invited to join us in the event intended to keep patients and staff healthy.

On the day there were a lot of activities that took place such as egg and spoon race, tag of war and a mini marathon. There were four teams from different wards and different hospitals. On the day we were also blessed by the presence of the SAPS who came with Horses and demonstrated how they train them.

Umgeni hospital patients entertained everyone present with their band who sang for the attendees. The day was exciting as all level of staff were actively involved during the event. Sports are very important in rehabilitating patients and in keeping them healthy.



Number One



**Winner of the Marathon
(Female category)**



Number Two on the Marathon



Winners Of The Marathon



Starting point of the Marathon

SPORT DAY PICTURES



Number Three from the race



Lions Team cheering for their team mates



SAPS was also part of the event



Tigers Team cheering for their team mates



TEAM WORK IS IMPORTANT !!!!!!!

HCT OUTREACH PROGRAMME

Forth Napier HCT Committee has been actively conducting HCT campaigns in the surrounding areas of Umgungundlovu District. We visited Imbali township Unit 3 where we saw over hundred clients. It is very encouraging when visiting different sites and people are welcoming also willing to take part on our programme.

There has been a number of different sites visited by the HCT Committee, we feel this will help curb the spread of HIV/AIDS and will enlighten people to live a healthy life style.

We would like to place on record our sincere gratitude for the support our management has shown to the HCT Committee.



1

1. Mr Mpulo and Mr Mthethwa explaining to clients the importance of HIV Testing

2. Sr Fihla conducting HCT



2



3

3. BP Testing done by Mrs Reddy.

4. Registration was done by Technical team.



4



5

5. S r V. Govendisamy busy with a client.

6. Ms Gcumisa doing BP Testing



6

HERITAGE DAY CELEBRATION

Heritage Day, 24 September is a Public Holiday on which South Africans across the spectrum are encouraged to celebrate their cultural heritage and the diversity of their beliefs and traditions, in the wider context of a nation that belongs to entire people.

When South Africans celebrate the diverse cultural heritage that makes up a rainbow nation. It is the day to celebrate the contribution of all South Africans to the building of South Africa.

South Africans celebrate Heritage Day by remembering the cultural heritage of the many cultures that make up the population of South Africa. Various events are staged throughout the country to commemorate this day. Fort Napier hospital celebrated the day by showcasing different traditional food from different cultures.

Staff members were dressed in their traditional attires which made the day very bright colorful. Sister hospitals such as Townhill Hospital and Umgeni Hospital honored our invite and were part of our Heritage Day Celebration. We would like to thank all staff members who participated on the event.



From Left to Right Mrs N.T Nxaba , Ms J. Wilson , Ms M Ram-pasard and Ms N. Khumalo looking good in their traditional attire



Display of Zulu Traditional Food



Everyone was dress in their traditional attire

HERITAGE DAY PICTURES



It was all about celebrating our different cultures



WELLNESS DAY

The Events Committee together with our Wellness clinic organized a successful wellness day event. The event was held on 24 October 2011. The day started with a fun walk which was won by Mrs. N Dlamini.

There was a number of activities on the day as we invited a number of external organizations. We invited Old Mutual and they gave a talk on the importance of a good financial management, while Vergin Active entertained us with aerobics classes. Woolworths was also present and noted the importance of a healthy diet which will contribute to a health mind and a productive employee.

We thank the organizing committee for the good job they did prior the event and on the day of the event. We hope thank our staff will ensure that they keep themselves fit and healthy in order to the able to fight disease and keep in shape.



Starting point of the fun walk



Management also took part on the fun walk



Everyone in action

WELLNESS DAY PICTURES



Number one (Male Category)



Number one (female Category)

Attendees



Virgin Active gave aerobics classes



Yoga classes

Quality Day and Infection Control day

On the 24 November 2011 Fort Napier Hospital held a day. The event was successfully organized by the Quality Assurance Committee. It was also a chance for different department to showcase their Quality Improvement Plans. The winners who present their best QIP were Ward 6(No 1) ,Ward 9B(No 2), Laundry (No 3).

On the day the guest speaker made an emphasis on the importance of Quality Care. She also highlighted the significance of celebrating Quality day.

Mrs. Barachivy our guest speaker has worked for the Department of Health for over thirty year, which was clearly her in her speech as she explained how nursing has evolved.

We were also graced by the presence of staff from our neighboring hospitals, who were also judges for the best QIP.

Management would like to thank all member who were present and the organizing team for the good job.

Below are pictures of the event:



Hospital Choir



Mrs Barachivy our guest speaker



Mr N Magadulela and Mrs Hlophe our program directors



attendees



Matron Ngcobo presenting Dr Raymond

The holiday season is the perfect time to say...



Happy Holidays & a Happy New Year!

Please take ownership of this newsletter by forwarding newsworthy articles to the office of the Public Relations Officer:

Mr T M Dlamini. Here is my gift to everyone... →