



## HCT OUTREACH PROGRAMME

The HCT Committee has continuously visited different areas surrounding Umgungundlovu district with an aim to ensure that most of our communities get tested for different diseases. A number of Companies and Community Halls have been visited which have contributed in influencing a healthy lifestyle to the people of Um-

gungundlovu. We visited companies such Ramsay Engineering located at Woodlands, Shurlock located at the Industrial area of the Pietermaritzburg CBD. The committee also visited Wardly Stadium, on 4 August 2012 where a church conference was being held. We were able to attend to one hundred and fifty clients who attended the church confer-

ence. Management would like to thank all those who participated in the outreach programs and for sacrificing their time on a week-end to ensure we reach our communities.

**BELOW ARE PICTURES FROM THE HCT**



HCT TEAM AT SHURLOCK COMPANY



Above pictures: HCT conducted at Ramsay Engineering



1

Below pictures:



4

Mr. N. Majola counseling a client .

Above pic: Mr S Mthethwa explaining mental illnesses .



2

The Hospital C.E.O registering clients



5

Above pic: Mr Simelane was conducting VCT



3

Clients came in their remarkable numbers



6



### PATIENTS VISIT TO DURBAN

Nursing staff from ward 5, together with the Psychology department took patients on a trip to Durban. Mental Health Care users were very excited about the trip as they got a chance to visit different places in Durban. The first stop was at Moses Mabhida stadium where MHC users got to see

what happens when there are soccer matches. MHC users also got to see what happens behind the scenes at Metro Radio. They asked questions to the Metro Radio staff which was a good learning experience. Later in the day there was a

braai which was prepared by staff for MHC users which was also an excellent team building exercise. It is very obvious that staff are committed to providing the best patient care for all MHC users as they were very successful in organizing the trip and funded most of the activities for the day.



MHCU together with staff at Metro Radio.



Ward 5 staff, the organizing team



Anne, Psychologist with the MHCU.



Staff members with MHCU users in a bus



MHCU were very excited, as you can see

## NELSON MANDELA DAY CELEBRATION

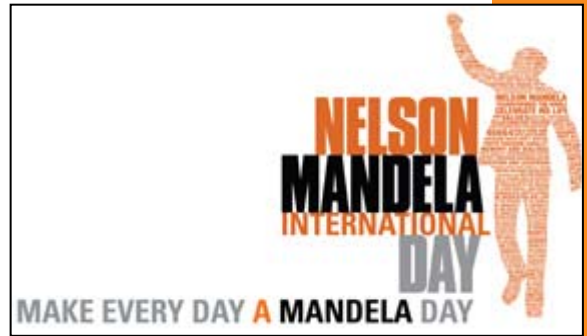
In celebrating Nelson Mandela Day, Fort Napier Hospital staff went to Emaqonqo community hall. The team conducted HCT for the community of Maqonqo. The community was very pleased to have an opportunity to ask questions to staff about their health and also get tested. A private company called **Build IT** also did their part by painting and fencing the community hall.

### BACKGROUND ON THE DAY

Following the success of Nelson Mandela's 90th birthday celebrations in London's Hyde Park in

June 2008, it was decided that there could be nothing more fitting than to celebrate Mr Mandela's birthday each year with a day dedicated to his life's work and that of his charitable organisations, and to ensure his legacy continues forever.

Mandela Day was officially adopted by the United Nations as "Nelson Mandela International Day". The resolution was unanimously adopted on November 10, 2009, with the sup-



port of all UN member states and co-sponsorship of over 165 members, from all regions of the world. This represents the overwhelming support of the entire international community in honouring Mr Mandela. We hope this signals the beginning of greater involvement by the global community in this movement for good.



Fencing was provided by BUILD IT.



HCT registration table.



Private public partnership for the good cause to uplift the community



Dr Jogessar was also part of the HCT TEAM



## FAREWELL TO DR JOGESSAR

Dr Jogessar dedicated 25 years of her life to the public service. On the 28 June 2012 Fort Napier hospital staff bid farewell to her.

On the day it was also mentioned that she is one of the longest serving Medical Managers of the Hospital. Dr Jogessar also served as the Hospital Manager for a number of years. The Deputy Nursing Manager delivered a speech which highlighted Dr Jogessar's commitment to

service delivery and patient care. Mrs. Ngcobo said "It is sad to see you leaving us as an institution which needs a person of your caliber but I am also glad that you will now get that much needed rest from years gone past". The Hospital C.E.O Mrs. N.T Nxaba also delivered a speech and mentioned that she will miss Dr Jogessar's dedication and motivation towards service delivery. It was

noted that her experience in Mental Health Care will not be easily replaced. Dr Jogessar gave a speech thanking the management team and the organizing team for organizing a great event for her. She also advised all staff who attended to make sure they make proper arrangements for their retirement. She also said "I enjoyed the hard times and the good times of my life while serving the public". Fort Napier hospital staff was very lucky to have a person with such good leadership qualities.



Mrs. N.T Nxaba and Miash watching Mr. Nkala helping Dr Jogessar cut the cake.



Above pic: Dr Jogessar receiving a gift from a MHC user.

Left pic: Dr Raymond delivering a speech

Right pic : Mrs. Ngcobo delivering a speech

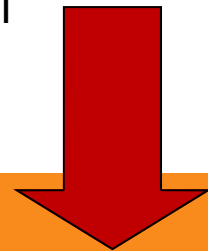


## SPORTS DAY

The events committee organized a very successful sports day which was held on 30 August 2012. Staff and patients got a chance to welcome Spring season by engaging themselves in different sport activities. On the day there was a hundred meter race, sack race, treasure hunt race and a dance competition. There were different team names ranging from Tigers, Lions, Leopards and Cheetahs. The event was also graced by the presence of the Fire Department who came and illustrated how they work in their

sector and the importance of wearing protective clothing in their field of work. Surrounding Psychiatric Hospital's such as Townhill and Umgeni were also part of the event. The overall winners of the event were the Cheetahs. We congratulate them for the efforts they displayed on the day.

BELOW ARE PICTURES OF THE EVENT



Winners of the 100 meter race.



Patients and staff enjoying the sports day



The start of the 100 meter race for patients.



The organizing team



## MORE PICS FROM SPORTS DAY



The start of the sack race



Winners of the 100 meters men's race



Senior staff members participated on the 100 meter race



Cheetahs the overall winners of the event



The race in action



Fire Department was also part of the event



DUT students also took part in one the races



The winners of the 100 meter race

## NEW APPOINTEES

HADEBE	NB	COMM SERVE	2012/07/01
ZONDI	NA	COMM SERVE	2012/07/01
NAIDOO	C	COMM SERVE	2012/07/01
MICHAEL	SN	PROF NURSE	2012/07/01
SINGH	K	PROF NURSE	2012/07/01
RAJAH	E	PROF NURSE	2012/07/01
MAVIMBELA	ZC	PROF NURSE	2012/07/01
GWILIZA	LD	MED OFFICER	2012/07/01
SHABANGU	SB	CHIEF HR OFFICER	2012/08/01
GOVENDER	V	ENA	2012/09/01
NDWALANE	LT	ENA	2012/09/01
NGCOBO	BM	ENA	2012/09/01
MNGUNI	BP	ENA	2012/09/01
MADHOO	ZC	ENA	2012/09/01
SITHOLE	NA	ENA	2012/09/01
MBENZI	P	ENA	2012/09/01
HADEBE	NB	COMM SERVE	2012/07/01
ZONDI	NA	COMM SERVE	2012/07/01
NAIDOO	C	COMM SERVE	2012/07/01
MICHAEL	SN	PROF NURSE	2012/07/01
SINGH	K	PROF NURSE	2012/07/01
RAJAH	E	PROF NURSE	2012/07/01
MAVIMBELA	ZC	PROF NURSE	2012/07/01
GWILIZA	LD	MED OFFICER	2012/07/01
SHABANGU	SB	CHIEF HR OFFICER	2012/08/01
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