# GAM. INDABA

**NEWS** 

GAMALAKHE CHC OFFICIAL NEWSLETTER

STAY INFORMED

JANUARY — APRIL 2020

# MARTENITY WARD WELCOMES A HEALTHY BABY ON NEW YEAR'S DAY



Gamalakhe CHC (Maternity Ward) delivered 1 healthy baby boy on New Year's day and in the middle above it's a new mom Ms. Xolo. From left: Mrs. A.N Mashinini (ADM) and Ms. J.P Mhlongo (EN).



STI/CONDOM AWARENESS WEEK READ MORE ON PG 03



RNM MAYOR'S VISIT
READ MORE ON PG 05



MRS. GWALA'S FAREWELL
READ MORE ON PG 04



# CLEOM

THE RESIDENCE OF THE PARTY OF T	FAKA ISIKHALAZO NOMA BHALISAIPEKHODA ISINCOMO NOMA ISIPHAKAMISO
FAKA ISIKHALAZO NOMA SHALISA/REXHODA ISINCOMO WOMA ISIPHAXAMISO	Usuku lokugcwalisa Inombolo
Usoka orangani ka	yereferensi (kusetshanziswa yinhovisi)
Skingers X Universe kohazanie	Ngabe utuna Ukukhalara
who where the state of the stat	Isihongo
mrud	financingwane : incorpora const. i
Verminance Household profession Open Marie Port Agent Christian Physical Profession Assets As	Yokuxhumana likhali Leposi   Ikheli Lendawo   Ikheli Lendawo
English the discretification of the control of the	Kunye ne-mail address
Uma utaza idakoutazo egamuni fomunya umuntu, sicela ugowalise okulanda le o	Character of the Country of the Coun
Unudelner's tengo, on craims to	Una ufaka isikhalazo egameni jominnye umuntu, siceja ugowalioo oku/ande/ando
genta tosgoti minospesses (soprioso general years) (sopri septe	Gama Lesigue
years a sense seems	Iminingware inombolo yesekita yokunumana ikheli Leposi
Uma oggal Sadra war esperadora, promotoro prakta Tromboo pringa longui assochesiasa nome	Wheir Lendawo
Sirvels uchaze jednádkaje noma prásace jejíncomo nome wsazz- sjahákamneo.  * James kazdelen sesa amone tribalasolnéshoda redislandena spahlandekan jednýci kanye poznájvalav.	Circa esqui essisticas esiblecticis montolio yewoo' incresolo pelayi espisi (soce in circa)
Section perhapsion section in philadella.	200
- 410 MD	Sicale uchtare isobiakato nome unikeze isinoomo noma wenze isiphularingo soma soma interes int
Not a for common in terms our pain to possible to a re-	Success section against universe (sincome normal weeks insolutions) and a section of the section
inge for that a up is to distinct pure son an open	4.3
the states toping and with antonio parties che parting that	Town eye De 18 Fantaske  En Houngh Kind understanding  to all hope well Done
in their norther depositions that up to you the Macrowse	To hours & Tantaste
	to get and understand
ann idir tik	to be took well To
ANA ISINCOMO NOMA	Me to helping
ANA BHALISA/REKHODA	Photography me
FAKA ISIKHALAZO NOMA BHALISA/REKHODA ISINCOMO NOMA ISITTEM Inombolo yereferen	1 0ne 08283664444
inkaponalisa	204444
Light lokes on the same of the	Store I
Leurona is a service of the service	the state of the s
Usuntana Usu	The state of the s
Name utility somuniu ofake isikhalazo nome obhaje i orekhoda i	The state of the s
Invisition was comunity of ke inchalazo none obhate i orekhoda i	Service .
Interingwans parturity clarks is inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda inhalazo name obhais inhalaz	
Interingwans parturity clarks is inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda inhalazo name obhais inhalaz	
Interingwans parturity clarks is inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda in inhalazo name obhais Lorekhoda inhalazo name obhais inhalaz	
Interningwane permuntu olake isrinhalezo noma obhate i orekinda isensa obhate i	
Interningwane pomuntu olake israhalezo nona gobhale i orekhoda israhalezo nona gobhalezo nona gobbalezo nona gobbale	FAMA ISINGALADO NOMA SIYALISAREKHODA SENDEMO NOMA IS PHANANSE DRIBO IDADENSIAN
Invitatingwane nomunitu olaka israhalazo noma obhaia i orekhoda israhalazo noma sachas i orekhoda israhalazo noma anches noma sachas sachalazo esameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu, sica a opowe sa okula masa invitato asahalazo agameni lomuniya umuntu.	FINA ISSNELLADO NOMA SHALISA REKRICIDA ISANOCAD NOMA ISPRANANSO ORIZO IOLAGO MANA ISPRANANSO IOLAGO MANA INTERNANCIA IOLAGO MANA ISPRANANCIA IOLAGO MANA INTERNANCIA INTERNANCI
International somulation of the service of the serv	FAMA ISSNELLADO NOMA BHALI ISA REKHODA ISINO MONA ISPHANAROS ORDINA IONA ISPHANAROS ORDINA INDICADA ISPANAROS INDICADA I
Intrinsication formula obligation from a obligation formation seed of the control	FAMA ISSNALAZO NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS  MINISTRALIA POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS POR NOMA EHALISA REKHODA KANDOMO NOMA ISPYAKARNO ORURO JOLEGOWSKIAS POR NOMA PROPINCIA POR NOMA INDIVIDUAL POR NOMA POR N
Uma was a sest ones of the sest of the ses	FAMA ISSNELLADO NOMA SHALISA REKRODA ISINOCAD NOMA ISPRANARDO  ORDINA IOLAGO NOMA SHALISA REKRODA INDIVIDUA
Interinguane semuniu ofeks isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale isikhalazo name obhale sembala nombolo sembala name oshalazo name obhale sembalazo name obhale sembalazo name obhale sembalazo name obhalazo n	FMA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  MARININGUES SIVENIMA SIVALIDA RENDO MARININA IONA SINGLADO NOMA INCIDADA RENDO MARININA SIVENIMA SI
Interinguane semuniu ofeks isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale isikhalazo name obhale sembala nombolo sembala name oshalazo name obhale sembalazo name obhale sembalazo name obhale sembalazo name obhalazo n	FMA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  MARININGUES SIVENIMA SIVALIDA RENDO MARININA IONA SINGLADO NOMA INCIDADA RENDO MARININA SIVENIMA SI
Interinguane semuniu ofeks isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale Lorekhada isikhalazo name obhale isikhalazo name obhale sembala nombolo sembala name oshalazo name obhale sembalazo name obhale sembalazo name obhale sembalazo name obhalazo n	FMA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  DEUTO IONA SINGLADO NOMA SIVALIDA RENDO MO NOMA IS PHANANSO  MARININGUES SIVENIMA SIVALIDA RENDO MARININA IONA SINGLADO NOMA INCIDADA RENDO MARININA SIVENIMA SI
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	MOD.  FAMA ISSNELLADO NOMA BRALISA FERRIDO A ISANCIMO NOMA ISPAMARISO  ORIGINA TO LA SERVICIA DE COMPANIO DE COMPA
Unitaringwane woruntu olake isirchalazo nome obhale i orekhoda usernang olama olake isirchalazo nome obhale i orekhoda usernang olama olake isirchalazo nome oshodo yeselule olake i orekhoda isirchalazo nome oshodo yeselule olake nombolo yeselule nombolo yeselule nombolo yeselule nombolo yeselule nombolo yeselule nombolo yeselule olake nombolo yeselule nombolo yeselule olake nombolo yeselule nom	MOD.  FAMA ISSNELLADO NOMA BRALISA FERRIDO A ISANCIMO NOMA ISPAMARISO  ORIGINA TO LA SERVICIA DE COMPANIO DE COMPA
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	MOD.  FAMA ISSNELLADO NOMA BRALISA FERRIDO A ISANCIMO NOMA ISPAMARISO  ORIGINA TO LA SERVICIA DE COMPANIO DE COMPA
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	MOD.  FAMA ISSNELLADO NOMA BRALISA FERRIDO A ISANCIMO NOMA ISPAMARISO  ORIGINA TO LA SERVICIA DE COMPANIO DE COMPA
Unitaringwane woruntu olake isirchalazo nome obhale i orekhoda usernang olama olake isirchalazo nome obhale i orekhoda usernang olama olake isirchalazo nome oshodo yeselule olake i orekhoda isirchalazo nome oshodo yeselule olake nombolo yeselule nombolo yeselule nombolo yeselule nombolo yeselule nombolo yeselule nombolo yeselule olake nombolo yeselule nombolo yeselule olake nombolo yeselule nom	MOD.  FAMA ISSNELLADO NOMA BRALISA FERRIDO A ISANCIMO NOMA ISPAMARISO  ORIGINA TO LA SERVICIA DE COMPANIO DE COMPA
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	MOD.  FAMA ISSNELLADO NOMA BRALISA FERRIDO A ISANCIMO NOMA ISPAMARISO  ORIGINA TO LA SERVICIA DE COMPANIO DE COMPA
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	AND SERVICE AND NOME SHALL DESCRIPTION REPORTED A RESPONDED NOME IS SPEAKABLES OF THE PROPERTY
Imministraturane warmuniu ofeke istehelezo nome obhate Lorekhoda universitate participate	AND SERVICE AND NOME SHALL DESCRIPTION REPORTED A RESPONDED NOME IS SPEAKABLES OF THE PROPERTY
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	AND SERVICE AND NOME SHALL DESCRIPTION REPORTED A RESPONDED NOME IS SPEAKABLES OF THE PROPERTY
Imminingwane womuniu olake isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome obhale i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo nome oshici i orekhoda isirchelezo se oshici i orekhoda isirchelezo orekhoda isirch	AND SERVICE AND NOME SHALL DESCRIPTION REPORTED A RESPONDED NOME IS SPEAKABLES OF THE PROPERTY

### STI/CONDOM AWARENESS WEEK



Ms. Thokozani Ntozakhe (BroadReach, FCMC)

he Department of Health commemorates

STIs week form 10-16February to create awareness about STI infections as well as promote of safe sex through condom usage, prevent the spread of sexually transmitted diseases also control the spread of HIV and AIDS.

On the 15 February 2020 Ms. T Ntozakhe who works as a facility case management coordinator for BroadReach educated patients on the different types of condoms and how there are used. Furthermore, Mrs. Ncama (Lay counsellor) also speak about the dangers of unsafe sex and different types of STIs.

The public is encouraged to visit their nearest health services for STI screening, STI prevention and management services as well as additional health promotion and education at health facilities.

Government approved condoms are freely available at public health facilities and other public institutions. Both female and male condoms are freely available.

#### Know your condom:

- Check the expiration date on the package
- Use only condoms that are made of latex or polyurethane (plastic.
- Use a pre-lubricated condom to help prevent it from tearing.
- Do not use male and female condom together at the same time
- Do not keep a condom in a place that can get very hot, like in a car. If you keep a condom in your wallet or purse, be sure you replace it with a new one regularly.
- Do not use condoms that are already opened, torn or expired.

#### TB MONTH

orld Tuberculosis Day is celebrated each and every year, we commemorate World Tuberculosis (TB) Day on March 24 to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic.

Ongoing health education thorough out the month was done by Mrs. Gigaba to educate clients on the signs and symptoms of TB. Mrs. Maguba also visited students at Galeni High School. Furthermore, students were also educated on the signs and how to prevent their close ones from transmission.

Tuberculosis (TB) is second only to HIV/AIDS as the greatest killer worldwide due to a single infectious agent. Tuberculosis (TB) causes thousands of deaths every year in South Africa and the rest of the world.



Mrs. D.N Maguba (outreach nurse) engaging with Galeni High School students



Mrs. S.H Gigaba (CNP) specializes with TB, engaging with patients on TB management

#### MRS GWALA'S FAREWELL



Cutting of a cake: Mrs. Gwala paused with her family that accompanied her.

In the 28th February 2020 management and staff of Gamalakhe CHC wished Mrs. Gwala a Happy Retirement. Mrs. Gwala has done so much for the facility as she was working as a switchboard operator from November 2014 till his last day of office.

During her speech she thanked everyone who made her day possible and also to everyone who contributed to her work. "Thank you for everything you've done for me directly and indirectly and I have fond memories of this place, she said. Mrs. Gwala has served the Department of Health for 22 years of service.

### **COVID 19 DOOR TO DOOR SREENING**

n the 30<sup>th</sup> March 2020 Honorable President Ramaphosa announced that soon, tests for Covid-19 - the respiratory illness caused by the coronavirus - will be done at homes across the country. Field workers will do the visits to do screenings, President Cyril Ramaphosa announced on Monday. "In the coming days, government will be rolling out a screening, testing, tracing and medical management programme on a huge scale," said Ramaphosa as he addressed the nation.

Around 10,000 field workers will be visiting homes in villages, towns and cities to screen residents for Covid-19 symptoms. People who present symptoms of the illness would be referred to local clinics or mobile clinics for testing.

On the 17<sup>th</sup> April 2020 teams consist of nurses and community health workers in Gamalakhe Health Centre started door to door at Enkulu area in ward 25 followed by Uvongo and other surrounding areas.



Gamalakhe CHC Team

# RAY NKONYENI MUNICIPALITY MAYOR VISITED GAMALAKHE CHC

fter the Centre was closed due to one of our staff members tested positive the institution was visited by the Ray Nkonyeni Honorable Mayor Her Worship, Cllr Nomusa Mqwebu for support.

Services at the facility were suspended for 2 days (4-5 May 2020) in order for the premises to be deep cleaned and disinfected, in line with Infection Control and Prevention guidelines from the World Health Organisation. Alternative arrangements were made for the collection of chronic medication and, as well as the diversion of patients with health emergencies to other healthcare facilities within the Ugu District.



**Front row left:** Deputy Mayor Cllr. R Nair, Her Worship the Mayor Cllr. N Mqwebu and RNM Speaker, Cllr. D Njoko.

## **ACKNOWLEDGEMENTS**



MR. LIFA RADEBE PRO (PUBLISHER, WRITER & DESIGNER)



DR. P.F SHONGWE CEO (EDITOR)



## **CONTACT DETAILS**

Physical Address: Across TB Molefe Sports Stadium, Off Ray Nkonyeni Rd. corner Michael Ntsimbi & Rev Sithole streets

SWITCHBOARD AND PRO OFFICE: 039 318 1113/ 073 990 1637

Postal Address: Gamalakhe CHC, Private Bag X 709 Gamalakhe 4249 Web Address:

www.kznhealth.gov.za

SWITCHBOARD FAX NUMBER: 039 318 2835

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.