



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

GAM. INDABA

NEWS

GAMALAKHE CHC OFFICIAL NEWSLETTER

STAY INFORMED

JANUARY – APRIL 2020

MARTENITY WARD WELCOMES A HEALTHY BABY ON NEW YEAR'S DAY



Gamalakhe CHC (Maternity Ward) delivered 1 healthy baby boy on New Year's day and in the middle above it's a new mom Ms. Xolo. From left: Mrs. A.N Mashinini (ADM) and Ms. J.P Mhlongo (EN).



STI/CONDOM AWARENESS WEEK

READ MORE ON PG 03



RNM MAYOR'S VISIT
READ MORE ON PG 05



MRS. GWALA'S FAREWELL
READ MORE ON PG 04



FAKA ISIKHALAZO NOMA BHALISA/REKHODA ISINCOMO NOMA ISIPHAKAMISO

Usuku lokugqwaliswa: 11/05/2016 Inombolo yereferensi:

Ngabe ufuna: Ukukhalaza Ukuncoma Ukwenza isiphakamiso

Imiminyangwane yomuntu ofaka isikhalazo noma obhala / orekhoda isincomo noma isiphakamiso

Isibongo:

igama:

Imiminyangwane:

Yokuxhumana:

Uma wawulawule esibhedlela, inombolo yewod:

Inombolo yefayili lasesibhedlela noma lasemholampilo:

Uma ufaka isikhalazo egameni lominye umuntu, sicela ugqwalise okulandelayo:

Ubudlelwane nesiguli: isibongo:

igama Lesiguli:

Imiminyangwane:

Yokuxhumana:

yesiguli:

Uma siguli sasaliswe esibhedlela, inombolo yewod:

Inombolo yefayili lesiguli lasesibhedlela noma lasemholampilo:

Sicela uchaze isehlakalo noma unikeze isincomo noma wenze isiphakamiso.

* Lapho kunokwenzeka khona bhalisa/rekhoda nabasebenzi ababandakanyekayo kanye nomnyango lapho isehlakalo senzeka khona.

Usuku okwenzake ngalo isehlakalo:

I am complimenting you of your security officer (Mabizungu) who is fully committed in helping out with the patients he is very knowledgeable in his job description, thank you so much for all the help you give, always patient and polite, but in the rightful department, hit up for you Mr Mabizungu

FAKA ISIKHALAZO NOMA BHALISA/REKHODA ISINCOMO NOMA ISIPHAKAMISO

Usuku lokugqwaliswa: Inombolo yereferensi: (kusekhenziwa yihhovisi)

Ngabe ufuna: Ukukhalaza Ukuncoma Ukwenza isiphakamiso

Imiminyangwane yomuntu ofaka isikhalazo noma obhala / orekhoda isincomo noma isiphakamiso

Isibongo:

igama:

Imiminyangwane:

Yokuxhumana:

Uma wawulawule esibhedlela, inombolo yewod:

Inombolo yefayili lasesibhedlela noma lasemholampilo:

Uma ufaka isikhalazo egameni lominye umuntu, sicela ugqwalise okulandelayo:

Ubudlelwane nesiguli: isibongo:

igama Lesiguli:

Imiminyangwane:

Yokuxhumana:

yesiguli:

Uma siguli sasaliswe esibhedlela, inombolo yewod:

Inombolo yefayili lesiguli lasesibhedlela noma lasemholampilo:

Sicela uchaze isehlakalo noma unikeze isincomo noma wenze isiphakamiso.

* Lapho kunokwenzeka khona bhalisa/rekhoda nabasebenzi ababandakanyekayo kanye nomnyango lapho isehlakalo senzeka khona.

Usuku okwenzake ngalo isehlakalo:

*Your eye Dr is Fantastic
Do though kind, understanding
to old folk, well Done
to him for helping me.
Medic Fondly
Phone 0828564444
Lff*

FAKA ISIKHALAZO NOMA BHALISA/REKHODA ISINCOMO NOMA ISIPHAKAMISO

Usuku lokugqwaliswa: Inombolo yereferensi:

Ngabe ufuna: Ukukhalaza Ukuncoma Ukwenza isiphakamiso

Imiminyangwane yomuntu ofaka isikhalazo noma obhala / orekhoda isincomo noma isiphakamiso

Isibongo:

igama:

Imiminyangwane:

Yokuxhumana:

Uma wawulawule esibhedlela, inombolo yewod:

Inombolo yefayili lasesibhedlela noma lasemholampilo:

Uma ufaka isikhalazo egameni lominye umuntu, sicela ugqwalise okulandelayo:

Ubudlelwane nesiguli: isibongo:

igama Lesiguli:

Imiminyangwane:

Yokuxhumana:

yesiguli:

Uma siguli sasaliswe esibhedlela, inombolo yewod:

Inombolo yefayili lesiguli lasesibhedlela noma lasemholampilo:

Sicela uchaze isehlakalo noma unikeze isincomo noma wenze isiphakamiso.

* Lapho kunokwenzeka khona bhalisa/rekhoda nabasebenzi ababandakanyekayo kanye nomnyango lapho isehlakalo senzeka khona.

Usuku okwenzake ngalo isehlakalo:

*she was so Perfect on treating me. Please
never let her go*

FAKA ISIKHALAZO NOMA BHALISA/REKHODA ISINCOMO NOMA ISIPHAKAMISO

Usuku lokugqwaliswa: Inombolo yereferensi:

Ngabe ufuna: Ukukhalaza Ukuncoma Ukwenza isiphakamiso

Imiminyangwane yomuntu ofaka isikhalazo noma obhala / orekhoda isincomo noma isiphakamiso

Isibongo:

igama:

Imiminyangwane:

Yokuxhumana:

Uma wawulawule esibhedlela, inombolo yewod:

Inombolo yefayili lasesibhedlela noma lasemholampilo:

Uma ufaka isikhalazo egameni lominye umuntu, sicela ugqwalise okulandelayo:

Ubudlelwane nesiguli: isibongo:

igama Lesiguli:

Imiminyangwane:

Yokuxhumana:

yesiguli:

Uma siguli sasaliswe esibhedlela, inombolo yewod:

Inombolo yefayili lesiguli lasesibhedlela noma lasemholampilo:

Sicela uchaze isehlakalo noma unikeze isincomo noma wenze isiphakamiso.

* Lapho kunokwenzeka khona bhalisa/rekhoda nabasebenzi ababandakanyekayo kanye nomnyango lapho isehlakalo senzeka khona.

Usuku okwenzake ngalo isehlakalo:

*Thankyou Pumgweni 0828564444
I am very pleased with the MRI system you have
put in place for collecting MRI*

STI/CONDOM AWARENESS WEEK



Ms. Thokozani Ntozakhe
(BroadReach, FCMC)

The Department of Health commemorates STIs week from 10-16 February to create awareness about STI infections as well as promote of safe sex through condom usage, prevent the spread of sexually transmitted diseases also control the spread of HIV and AIDS.

On the 15 February 2020 Ms. T Ntozakhe who works as a facility case management coordinator for BroadReach educated patients on the different types of condoms and how there are used. Furthermore, Mrs. Ncama (Lay counsellor) also speak about the dangers of unsafe sex and different types of STIs.

The public is encouraged to visit their nearest health services for STI screening, STI prevention and management services as well as additional health promotion and education at health facilities.

Government approved condoms are freely available at public health facilities and other public institutions. Both female and male condoms are freely available.

Know your condom:

- Check the expiration date on the package
- Use only condoms that are made of latex or polyurethane (plastic).
- Use a pre-lubricated condom to help prevent it from tearing.
- Do not use male and female condom together at the same time
- Do not keep a condom in a place that can get very hot, like in a car. If you keep a condom in your wallet or purse, be sure you replace it with a new one regularly.
- Do not use condoms that are already opened, torn or expired.

TB MONTH

World Tuberculosis Day is celebrated each and every year, we commemorate World Tuberculosis (TB) Day on March 24 to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic.

Ongoing health education thorough out the month was done by Mrs. Gigaba to educate clients on the signs and symptoms of TB. Mrs. Maguba also visited students at Galeni High School. Furthermore, students were also educated on the signs and how to prevent their close ones from transmission.

Tuberculosis (TB) is second only to HIV/AIDS as the greatest killer worldwide due to a single infectious agent. Tuberculosis (TB) causes thousands of deaths every year in South Africa and the rest of the world.



Mrs. D.N Maguba (outreach nurse) engaging with Galeni High School students



Mrs. S.H Gigaba (CNP) specializes with TB, engaging with patients on TB management

MRS GWALA'S FAREWELL



Cutting of a cake: Mrs. Gwala paused with her family that accompanied her.

On the 28th February 2020 management and staff of Gamalakhe CHC wished Mrs. Gwala a Happy Retirement. Mrs. Gwala has done so much for the facility as she was working as a switchboard operator from November 2014 till his last day of office.

During her speech she thanked everyone who made her day possible and also to everyone who contributed to her work. "Thank you for everything you've done for me directly and indirectly and I have fond memories of this place, she said. Mrs. Gwala has served the Department of Health for 22 years of service.

COVID 19 DOOR TO DOOR SCREENING

On the 30th March 2020 Honorable President Ramaphosa announced that soon, tests for Covid-19 - the respiratory illness caused by the coronavirus - will be done at homes across the country. Field workers will do the visits to do screenings, President Cyril Ramaphosa announced on Monday. "In the coming days, government will be rolling out a screening, testing, tracing and medical management programme on a huge scale," said Ramaphosa as he addressed the nation.

Around 10,000 field workers will be visiting homes in villages, towns and cities to screen residents for Covid-19 symptoms. People who present symptoms of the illness would be referred to local clinics or mobile clinics for testing. On the 17th April 2020 teams consist of nurses and community health workers in Gamalakhe Health Centre started door to door at Enkulu area in ward 25 followed by Uvongo and other surrounding areas.



Gamalakhe CHC Team

RAY NKONYENI MUNICIPALITY MAYOR VISITED GAMALAKHE CHC

After the Centre was closed due to one of our staff members tested positive the institution was visited by the Ray Nkonyeni Honorable Mayor Her Worship, Cllr Nomusa Mqwebu for support.

Services at the facility were suspended for 2 days (4-5 May 2020) in order for the premises to be deep cleaned and disinfected, in line with Infection Control and Prevention guidelines from the World Health Organisation. Alternative arrangements were made for the collection of chronic medication and, as well as the diversion of patients with health emergencies to other healthcare facilities within the Ugu District.



Front row left: Deputy Mayor Cllr. R Nair, Her Worship the Mayor Cllr. N Mqwebu and RNM Speaker, Cllr. D Njoko.

ACKNOWLEDGEMENTS



**MR. LIFA RADEBE
PRO
(PUBLISHER, WRITER
& DESIGNER)**



**DR. P.F SHONGWE
CEO
(EDITOR)**



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address: Across TB
Molefe Sports Stadium, Off Ray
Nkonyeni Rd. corner Michael
Ntsimbi & Rev Sithole streets

Postal Address:
Gamalakhe CHC, Private Bag X 709
Gamalakhe 4249
Web Address:
www.kznhealth.gov.za

SWITCHBOARD AND PRO OFFICE:
039 318 1113/ 073 990 1637

SWITCHBOARD FAX NUMBER:
039 318 2835