

#### **GAMALAKHE CHC** Official Newsletter ISSUE NO. 21

# GAM.INDABA - NEWS

YAZI KANGCONO NGESIKHUNGO SAKHO

**JUNE 2024** 





**READ MORE ON PG 6** 



**EZASEMITHOLAMPILO READ MORE ON PG 7** 



**HEELS & CLUTCH EVENT READ MORE ON PG 5** 



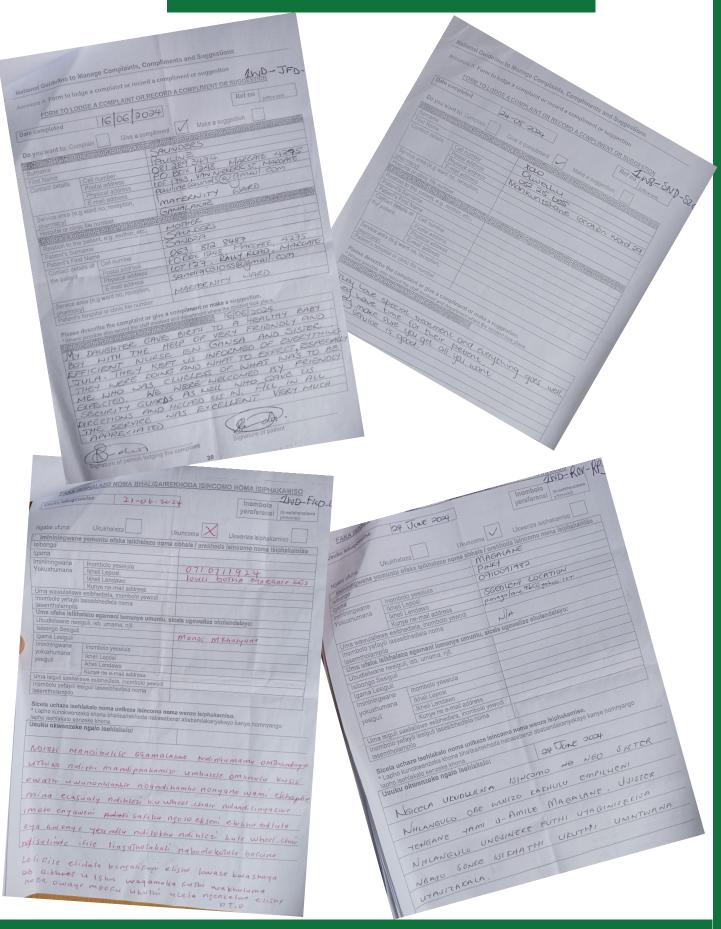








### CLIENTS LETTERS











## ISIBHEDLELA KUBANTU

#### Okhalweni residents receive free healthcare services doorstep ..



Team from Gamalakhe Community Health Centre visited residents of Okhalweni.



Residents were screened for various types of diseases

amalakhe Community Health Centre supported the Health MEC initiative by visiting communities that are far from the facilities. While KZN has clinics and hospitals, one of the issues addressed by Isibhedlela kubantu is the pressing challenge of access.

On the 26th January 2024 Isibhedlela kubantu went to Okhalweni Community just outside Gamalakhe. Isibhedlela kubantu is a one-stop-shop health promotion approach, with KZN DOH personnel teaming up with NGOs to offer free health screening for tuberculosis (TB), HIV, non-communicable diseases (NCDs) and more.

Nombulelo Mzobe, a resident from Okhalweni. was happy that the Isibhedlela kubantu initiative came to her community. "Many residents visit the Community Health Centre in Gamalakhe. The issue is that because so many people visit the CHC, the lines are long cause other clinics also refer people from Shelly Beach, Gcilima and KwaNzimakwe etc. there. It was nice to have access to free healthcare services. I was very pleased with how efficient the staff were, and I hope that they will return soon," she said.

At the community outreach programme in Okhalweni, local residents had free access to an array of health services, including mobile X-rays and screening and testing for hypertension, TB, HIV/AIDS, and cervical cancer. Women were encouraged the women in attendance to be tested for cervical and breast cancer, both of which are curable if detected early.

The Isibhedlela kubantu campaign, led by the Department of Health, aims to provide essential services to the people of KwaZulu-Natal.









## ISIBHEDLELA KUBANTU IN PICTURES



Headcount in progress. From Left Ms. Lutho Qankqiso and Ms. Nonzaliseko Skhondo.





Team from Rehab Department and Eye Clinic





Ms. Bawinile Jiyane and Ms. Thembisa Nxokweni assisting residents with registration.









#### **WOMEN'S DAY EVENT**



Female staff members from Gamalakhe Sub-district

Camalakhe CHC commemorated women's health month on the 26th May 2024 by hosting heels and clutch event which was held in ZG Community Hall.

It serves as a reminder of the tough and tenacious, gracious and passionate, formidable and above all courageous women who have continued to shape our future.

This day draws attention to many of the important issues that women still face such as domestic violence, discrimination and harassment in the workplace, equal pay, education for girls and more.

Mrs. Makhanya from KZN Department of Transport equipped women with words of wisdom on how to be independent. While May is Women's Health, it's important to prioritize women's health every month of the year.

This annual celebration inspires women all across the globe by providing a platform and an opportunity for them to speak up, be empowered and to be heard louder than ever. During Women's month, we celebrate women as active agents of change and social transformation.

The commemoration also allows women to take stock of achievements and the challenge that remain while mobilizing support for the further development of women. This year's event marks an important juncture for collective reflection on how South Africa has empowered and advance the rights of women over the past three decades.









#### **COMMEMORATION OF YOUTH MONTH**



CEO, Dr. P.F Shongwe addressing the leaners.

June 16 1976 up rising that began in Soweto and spread countrywide profoundly changed the socio-political landscape in South Africa.

The CHC under Adolescent Youth Friendly Services joined other departments to commemorate this day.

The event was attended by leaners from different schools from Gamalakhe township.

CEO, Dr. P.F Shongwe said "The youth is the future of this country and one day amongst them they is a future CEO". He further encouraged youth to focus on their studies and work hard if they want to reach their goals.

The youth of 1976 fought the apartheid government because they wanted a better future.

Ms. Naledi Ngejane (AYFS nurse) stated that the aim of the event was to compare the challenges faced by the youth of 1976 and the youth of today.

The Department of Health came up with so many strategies in ensuring that the youth access services that suits their need.

The department is issuing free condoms so that they are protected from sexual transmitted diseases and prevent them from early pregnancy.



From left: Ms
Nandipha
Ngejane and Ms
Reanetsi Mashaba engaging the
youth on how
overcome challenges of peer
pressure.









## **EZASEMITHOLAMPILO IN PICTURES**



Isibhedlela Kubantu at Mvutshini Clinic





Commemorating June 16 at Ntabeni Clinic









# health Department REPUBLIC OF SOUTH A

# **ACKNOWLEDGEMENTS**





MR. L.L RADEBE DESIGNER/ PHOTOGRAPHER



MS. S PAREKH EDITOR



DR. P.F SHONGWE
CHIEF EDITOR

#### **TALK TO US**

Got something to get off your chest? We'd love to hear from you, drop us a complaint, compliment or suggestion in one of our complaints boxes

inside the premises

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- O 064 338 0995 Gamalakhe CHC
- Gamalakhe CHC WhatsApp Channel- (Link https://whatsapp.com/0029ValMX23JuyA3bir71U1M)

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