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# GJ Crookes Hospital ...In Action...

# umen's Day

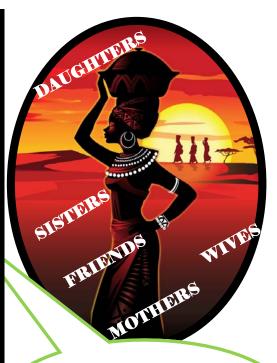
he day was filled with advise, jokes, women talks and a lot of insight from the Guest speaker Ntokozo Ngcobo of Sergeant of SAPS in Scottburgh who advised the ladies and covered all the important aspects of "womanhood."

Men of GJ Crookes hospital had prepared a delicious lunch for the Women of GJ Crookes hospital on the 3rd of September 2014.



**GUEST SPEAKER** 





"Keep loving them, make them feel special, listen to them and you'll never go wrong."

"A woman, a mother, a daughter, a sister, a lover, the one who cares, a teacher, a friend.



MOTHERS OF GJ CROOKES



LADIES OF GJ CROOKES



THE CHEFS FOR THE DAY



OLD MUTUAL TEAM

Fighting Disease, Fighting Poverty, Giving Hope Silwa Nezifo, Silwa Nobubha, Sinika Ithemba

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### SPEAKERS OF THE DAY...





CEO Mrs. Nyawo opened and welcomed all women present in their very special day and acknowledged ones whom because of the nature of their duty could not come. She reminded the women that out of all the holidays celebrated in South Africa, Women's day has to be the most special as it talks to all women and mothers of all nations.

PHC Manager Mrs. Ndelu added by saying "as ladies, we are important, in our homes, in our families and especially in the workplace"

Matron Thathakahle Gumede who was the Program Director for the day quoted on Proverbs 31:10-31 which encourages women not to lose their right to be the warm nurtures and comforters of their homes. She concluded by saying "women let's be teachers to our children, let's respect our husbands and learn from Abraham's wife who addressed her husband as my lord"



Health & Safety officer. Mr. Reddy





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"When women put their heads together, powerful things can happen!" -Oprah



Mrs. Ngcobo Sergeant at SAPS Scottburgh made an awareness about different types of abuse including physical abuse that involves being beaten and said "even a slap is a form of abuse".

She went on to social and economic abuse saying as a woman if your man is not taking care of you financially then he is abusing you. Psychological and emotional abuse is that which involves the use of harsh words and things that decrease one's self esteem. She made all women aware of all the different types of cases she deals with that involve women and children abuse.

The most important message she left with the women on this day was "out of all the obstacles women may be faced with they need to know that there is help out there. Women just need to take a stand"



She continued to encourage women to acknowledge how freedom was fought for by our grandparents and to appreciate all the rights we have because the women before us did not get the same privileges instead they were abused.



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