

health ROVINCE OF KWAZULU-NATAL

Happenings on the Hill March-July

Ms Mkhize takes the reins as the New CEO Of HH

It is such a pleasure to be part of the Hillcrest hospital family. I received a warm welcome when I assumed position in May 2019. In the past months I have noted an immense team spirit that unites and strengthens the staff in times of challenges.

A lot of work has gone into making Hillcrest hospital what it is today and for this; my predecessors, our social partners, staff and the health department at large are acknowledged. Having said so, it is to be noted that the facility has a lot of potential and can grow even further.

This quarter we welcomed our newly constituted Hospital Board and wish them nothing but the best in partnering with the institution to ensure that the hospital grows from strength to strength.



Ms MM Mkhize - CEO

My wish and plea is for Hillcrest hospital and our partners to work together even when differences prevail to ensure the delivery of quality, reliable, ethical, effective and efficient healthcare for our clients. The ultimate goal is for the institution to be the best of its kind and united we can make it.



Nurses day...... **READ MORE ON PAGE 2**



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Hillcrest Nursing Management commemorating Nurses day

Nurses must soldier on even when faced with difficult situation said Mrs N Mnguni who was a guest speaker at Nurses day celebration on 24 May 2019.

She requested everyone to do an introspection in regards to the contribution they have added into making a positive impact in patients' lives, she further stated that being a nurse calls for one to make sacrifices and do best within the resources provided or the lack thereof, be kind and caring to the patients.

Sr. Thusi thanked Management ,events planning committee, Mr Msimango, Sr Ndaba, Mrs Mngomezulu and staff for assistance and support in making the day a success.

Special thanks also went to the Hospital choir for being the bow that tied the event into a special day.



Hand hygiene is like a "do it yourself vaccine











surrounded by generous organisations. This was evident on the Mandela day when we graced by the "Friends of Hillcrest Hospital" who donated much needed items to patients and equipment for the Occupational therapy. We owe a debt of gratitude to City Hill/National Changers for donating blankets and eats, Marriot financial group for a stove, Wakefields estate agents for a hand mixer, baking material and cup cakes for patients and staff

MEN'S HEALTH AND A ROLE OF A FATHER/MAN IN A HOUSEHOLD DISCUSSED AT A MEN'S FORUM



June is regarded as a Men's Health Month that is meant to raise awareness of preventable health problems and encourage early detection and treatment of diseases among men, that was the core message discussed when Men at Hillcrest gathered in a men's forum. Discussions were led by Sir. Msimanga.

Over above health related Issues deliberated on, household issues highlighted were:

- ⇒ Qualities of a father (supporter, teacher, protector, provider and leader)
- ⇒ Dangers of absent fathers
- ⇒ Supporting all members of the family (siblings, children of your deceased brothers and sisters).
- ⇒ Respecting the values of your family.
- \Rightarrow Protect image of the family.
- \Rightarrow Spending time with family.
- ⇒ Being honest.
- ⇒ Participate in family planning.
- ⇒ Instilling and restoring culture
- ⇒ Value family over friends

Going the extra Mile......

The Executive Management went beyond the call of duty and assisted Mr. Zondi who is a patient to successfully launch his book, 31 Club played a huge role in introducing Mr. Zondi to Mrs Melissa Delport who published the book for free, The intention with this launch was for Mr Zondi to share his story, and to inspire other people and to send a message that anything is can be achieved if you set you mind to it.

The book details an account of his life from when he was a student at a university, the accident that crushed his dream of becoming a Mechanical engineer and the excellent medical care he received in KZN health facilities.

In his thank you speech, he thanked Dr. Z. Khumalo for encouraging him to write his book, 31 Club, Melissa, Management and ward staff for caring for him.



Ms Mkhize CEO & Ms Khwela HRO





Mrs Anne Collinge from 31 Club



Unsung Hero's



On the 31st of August on his way to work early in the morning he was walking with the young lady who was dependant on him for safety as the place is not safe.

They got attacked by the criminals, as he was trying to fight them, he quickly informed the lady to run for her life and get help while he was distracting the criminals

The criminals stabbed him quite a number of wounds as he was trying to fight back with the hope that they will leave him but they didn't, they ended up taking his belongings, his wallet with bank cards, ID card etc.

Mr Vermaak was a Hero to this lady If it was for others, they would have ran for their lives

We salute you!!!

Women's day celebration











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