



Happenings on the Hill

NEWS

August 2022

Hillcrest Hospital Family day



On Saturday 23 July 2022, the Allied and medical team hosted a Patient- Family day, which we had previously scheduled for Dec 2021 but had to postpone due to COVID-19.

The aim of the day was to engage with the patients’ families in a more relaxed environment as one of the key factors of recovery in rehabilitation is family support. The day was a success and the families and patients thoroughly enjoyed themselves.

We also aimed to promote our services at Hillcrest Hospital as a physical rehabilitation facility as well as to create awareness around other organizations that offer support to persons with disabilities.

We are so grateful to all who assisted in making the day a success and hope that we will be able to make this an Annual event

Rehab Team



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CEO's desk

The floods wreaked havoc, especially for our beautiful province and district. As seen in the news coverage, a number of people were affected and even displaced. This natural disaster even hit closer to home when some of our very own staff were affected. Our prayers are with those that were directly and indirectly affected. May you find strength to persist despite this adversity and not let it deter you from your goals.



From the previous disasters such as COVID-19 pandemic, riots and looting, and the floods; we learnt critical lessons which conscientise

us to always be prepared; in as much as we may hope for the best. This means that each staff member must be familiar with his or her role in as far as the disaster or contingency plan is concerned, so that proper action is taken in real time. Poor response to disasters can have more dire results.

It has been noted and appreciated that at such times, we as Hillcrest hospital have caliber of staff members that is dedicated and avail themselves to ensure that service delivery is not compromised. Furthermore, support is shown by staff to the fellow team members who were adversely affected by the disaster. The contribution of all our team members does not go unnoticed!

On 15 July we had our biannual Staff General Meeting. Management would like to take this opportunity to express appreciation for the active participation by the Hillcrest hospital staff. Feedback from the staff is always valued. This platform also provides an opportunity to put matters on the table for discussion or clarification which in turn contributes to a harmonious working environment.

Components were tasked to review their cost containment plans. In light of the strenuous financial climate, we are again requested to ensure that we try by all means to curb cost. This can be done by conserving and safeguarding all the resources allocated to us. Each one of us has a critical role to play to ensure that we minimize expenditure. Such contributory actions may

On a more positive note, we hosted a successful family day on 23 July 2022 and it could not have happened without the joint effort from the staff, patients, and visitors including our patients' relatives. We appreciate the work done by all the role players. A special thank you goes to the organizing team for ensuring that the event became a fruitful reality.

Ms MM Mkhize

Wellness day



The purpose of Wellness day is to engage employees directly regarding their health and improvement; and support a culture of healthy living in the workplace and guide the staff to continued care when needed.

It is for these very reasons that wellness day was organized for the staff of Hillcrest hospital led by Mr M Mbutsuma and the wellness team.

Activities of the day were wellness assessment, physical exercise, HCT, yoga, relaxation techniques and meditation, massage and self-defense techniques. The overall messages for staff is to be able to take care of themselves, do annual check ups and assistance is available through staff clinic consultations.



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IPC Hand Wash Campaign 2022



The World Health Organization (WHO) places great emphasis on ensuring that the criteria of an annual hand hygiene campaign is facilitated and conducted at least annually in all Health Care Establishments. The campaign plays a vital role in ensuring compliance to hand hygiene and at the same time reinforces the basic principles and objectives of hand washing. The campaign at Hillcrest Hospital involved all health care workers, inpatients and outpatients

The objectives of the campaign:

- Understand the importance of hand hygiene in infection prevention
- Be aware of the different methods for performing hand hygiene
- Understand the factors that impact on hand hygiene compliance
- Know how to measure hand hygiene compliance
- Be familiar with interventions to improve hand hygiene compliance rates



Hand rub relay was done by staff representing all departments.



Hillcrest Hospital has maintained compliance regarding hand hygiene in all departments clinical and non clinical above 80%.



PHOTO GALLERY



Extended Management, Union representatives and Finance department going through budget presentation for 2022/2023 financial year and expenditure report for the previous financial year. Everyone was also requested to suggest strategies that can be utilised to curb wasteful and fruitless expenditure .



Family day

Organizations that offer assistive devices were also present to showcase their work. ((Pic 1 and 4)

Children had fun with their relatives who are inpatients in the facility (Pic 2)

Multiple sclerosis SA which is a patient-driven organisation supporting and facilitating services to all persons with MS, their families and caregivers. (Pic3)



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PHOTO GALLERY



Patients at the QASA Event accompanied by the OT team and the Social worker



Facility Visit by Mr B Shezi and Mr Simbeye from the Provincial office as the facility is repositioning to be fully a fledged physical rehab facility



General meeting.

EXCO and staff engaging in matters that affect staff and information sharing session.

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