



December 2015

Celebrating Quality

Hillcrest Hospital celebrated Quality day on the 27 November 2015, The planning committee led by the Quality Manager worked tirelessly to make certain that the day was a success. The theme for the Quality month was sweet dreams, at Hillcrest we added our own spice by declaring the following: We believe in providing Quality health services through Leadership- innovation- inspiration.

The celebration was opened with a prayer done by Sr. Thusi S.W. followed by a warm welcome by the CEO, Mrs. A.B. Mtshali. Our achievements, future plans and what makes Hillcrest Hospital unique with regards to patient profile and services provided was presented by Mrs. PB Mgobozi, Nursing Service Manager. 2015 quality report was presented by Sr. De Palo, Quality Assurance Coordinator.

Dr. BT Buthelezi, CEO from St Mary's Hospital, a dynamic motivational speaker, used biblical principles to reinforce the need for integrity, hard work and doing things differently, stating that one cannot expect positive result while doing wrong things, it starts with an individual, when one has a positive attitude, also moving from silo focus to team work so we can inspire one another to yield positive result and be a winning institution, the audience was very receptive to his speech, hoping will all start 2016 with a new mind set.

Congratulations to the winners of the QIPs, 1st place Nursing for the prevention of falls presentation, 2nd IPC for the antibiotics stewardship and 3rd OHS for the payment of IODs, also the stalls physiotherapy and Social work departments.

Also big congratulations goes to all those who received certificates of long service 20 and 30 years of service.

The Quality Assurance manager would like to thank all who assisted in making this day possible, Mrs. Jali the programme director, DJ Cotchobos, the décor team, the departments who raised funds, the ladies who prepared meals for the guests and staff.



Mrs. Mgobozi awarding the best ward (E ward)



Sr. Oldfield and Mrs. Miles presenting QIP on falls



Dr. B.T. Buthelezi - Guest speaker



Mrs. N. Ngcobo announcing the results



Mrs. Mtshali -CEO awarding Mr. Vermaak his 20 and 30 years certificates of service

Hillcrest Hospital taking Batho Pele Principles to the next level

Hillcrest hospital is a long-term hospital which specialise in long term care and physical rehabilitation. The hospital does not provide services for children, yet the need for such care is still a demand in the Outer West area.

It is for this reason that the Occupational Therapy team took it to themselves to provide services to the community. In 2015, an Outreach programme for disability groups was formed. Hillcrest hospital adopted Zimele day care centre, which is a centre for learners with disabilities, situated at Molweni. The centre is managed by volunteers who are not trained on how to manage learners with disabilities. The Occupational Therapist and the team designed a stimulation programme, in the form of manuals and physical training for the staff of Zimele centre to skill them. A training booklet with appropriate activities was compiled for training and ongoing support and monitoring is offered by the Hillcrest Hospital staff.

Hillcrest hospital patients presenting with disabilities also engaged in the program by visiting Zimele, showing and teaching learners at Zimele how to play boardgames, participating in activities and interact with peers regardless of disabilities.

The staff of Zimele day centre have verbalized their gratitude towards the support they receive from the hospital with the help of Mrs. M. Miles the Occupational Therapist and Mr. L. Vezi the Occupational Therapist Technician.

It is the little things that you do to others that add value to their lives



Our patients and Zimele students playing board games



Zimele volunteers and Lesly from Hillcrest hospital on June 16 event



Christmas concert planned by the OT department where some of the patients performed musical items.



Learning from each other's heritage

At this year's Heritage day the celebration spirit was high , from learning how the lobola negotiations are handled to tying a Saree and how Rugby works, the scores, the players' position etc, it was a fun filled day indeed with yummy eats one would wish we could have this day more often.



Ladies demonstrating how to tie up a saree



The best dressed for the day were chosen and given prizes



Sr Oldfield and Sr. Gilespie doing the Rugby Quiz



Choir serenading us with Africa melodies



Bakuphindile futhi lokho bashaya abadume ngako, Hillcrest Hospital choir iqoqe yonke imiklomelo yokuqala kumncintiswano we EThekwini District Choral Music competition owawubanjelwe esibhedlela i- Addington.

siyaziqhenya ngani!!!



60's meets Sophia town



Women's day celebration, this is by far the day all women at Hillcrest Hospital look forward to, not only do they enjoy to dress up but it is also the day they get to spend together learning, empowering and celebrating each other. This year we did just that. We had speakers talking about interior décor by Sharon Desfontein, financial advice by Sanlam and Jes Foord from the Jes Foord foundation. Jes is a rape survivor, who's ordeal brings tears when you listen to it but in all that pain came out a strong woman who encourages others to continue living, taking one day at a time, never giving up on themselves.

On a lighter note ladies got to strut their heels to choose the ladies who wore the beautiful heels and were given prizes, Sanlam also did a quiz after the financial talk and those with correct answers received prizes as well. Thank you the Planning committee, Mrs. Khuzwayo our Programme director and the décor team.



Give a Girl the right shoes
and she can conquer the world.
Marilyn Monroe

Antibiotic Stewardship Programme



The Infection Prevention and Control (IPC) Units of KwaZulu-Natal's Provincial hospitals and Clinics recently united to commemorate World Antibiotic Awareness Week (WAAW) at a forum held at Inkosi Albert Luthuli Central Hospital.

Organized and chaired by UKZN/KZN DoH IPC Head, Professor Prashini Moodley, the 150 healthcare professionals deliberated on possible interventions to delay the emergence of antibiotic-resistant organisms and to stem the spread of antibiotic-resistant organisms in healthcare.

The discussion acknowledged that many antibiotics are prescribed in the healthcare and agriculture sectors for the wrong reasons, contributing to the overall antibiotic pressure and hence to resistance. (UKZN Indaba online)

Our own IPC coordinator Mrs. Anusha Haripasad attended this forum in which she also presented what she is doing in Hillcrest Hospital in regards to antibiotic awareness programme, winners of best presentation were awarded, though she came back empty handed but we are proud of her. She recently joined Hillcrest hospital family and in a short space of time she has made her mark.



Snap shots



World Aids day



Quality day



Heritage day



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