



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Hillcrest Hospital

## Happenings on the Hill news

Special edition

### CEO'S DESK

Greetings to my colleagues, patients, families, Friends of Hillcrest Hospital and all other stakeholders. This year has been a year with good stories and challenges. We had to say our Happy Retirement wishes to our beloved CEO Mrs B. Mtshali who represented the epitome of servant leadership. We looked up to her and we learned a lot from her conduct. We also saw our energetic Nursing Manager Mrs P. Mgobozi leaving our institution to become a Chief Executive Officer of St Mary's Hospital. We do not doubt her capability to perform in that position because she served with distinction at Hillcrest Hospital.



We had a very productive hospital board at Hillcrest Hospital and their term expired in 2018. We wish our chairperson Mr Drapper and all our board members well in their future endeavors.

One of the challenges that we are facing is being inundated with applications for admission to our hospital for social reasons. Many people think this is an old age or nursing home.

It must be stated that we are a rehabilitation hospital that admits from the whole province of KwaZulu-Natal. We admit and discharge patients when they have reached that optimum functional level. We admit people with recent neurological and muscular deficits that can benefit from intensive rehabilitation for a period of up to three months, We then review them for discharge or continue in hospital rehabilitation. There are also other patients that we can admit: quadriplegics (all limbs paralysed) with poor social support, people with GCS  $\leq 10$  who are feeding through a Tube and or breathing through a tracheostomy. We do not admit people with mental health problems. Social problems must be dealt with by the family and community social workers who will assist with proper placement.

In the near future we will be contacting and tracing those families who have abandoned their loved ones. Their loved ones are occupying beds that needs to be given to deserving patients. We all need to take responsibility for our family members who are having physical and mental challenges.

To every stakeholder of Hillcrest Hospital we wish you all the Best in 2019.

Dr. Z Khumalo

Medical Manager and Acting CEO

## Farewell message



Let me take this opportunity to acknowledge my deepest gratitude I have for your many kindness and unwavering support during all the years that I shared with you.

Thank you for all the support and goodwill. I will always treasure those memories. Our teamwork made me realise how lucky I was to work with such people. You have shown me that I could rely on you, generally get along, share jokes,

ask for help, fight and still remain friends, maintaining a healthy professional relationship. A lot has been achieved throughout the years.

It has taught me that it does not matter what you do, big or small, but if you do it right, it can be a step that will lead us to a better place (Channing Pollock)

I am wishing you all the best as Hillcrest hospital. You will always hold a special place in my heart, you have demonstrated in a special way that you genuinely appreciated me. Thank you

***Mrs. PB Mgobozi:***  
***former Acting CEO and Nursing***  
***Manager***

*Your towering presence, was always inspiring  
Your reassuring words, were stress busting  
Your constant support, was highly motivating  
Farewell to a boss, who we will be dearly missin*



# Farewell boss lady



*Umbono male group ushering in Mrs Mtshali*



*Guests and Management*



*All department s presented gifts to CEO*



## *Mrs Mtshali's farewell message*

I would like to day thank Hillcrest Executive committee for the support you have given me over the years, through challenges you soldiered on, giving me courage to lead knowing you have my back. Hillcrest hospital staff , just like any other family, we fought, cried and laughed together, even through we go staff shortages because of moratorium on feeling of posts but you still given the optimal patient care which is the main reason we are here for.

There were many great moments especially when we received accolades through team work. Hospital choir continue collecting those trophies.

Thank you to the team that organised my farewell party , your sending me off was beyond my expectations.

Lastly I live you with these words, continue supporting each other, don't loose the team spirit, it makes the job a lot easier when you all pull together towards achieving the objectives set.



*Mr & Mrs Mtshali*

# Infection prevention & control



A call to be part of hand hygiene campaign was heard, staff came in numbers to participate in the hand rub relay, some participated in the role play, poster designing competition and hand wash song.

The fight against germs continues.



# Occupational therapy

Occupational therapist Wadine Estrice came up with a brilliant idea of involving staff and patients in doing OT activities by having a bake off competition, staff was paired with patients in groups of five participants.

Zolita, a well known baker in highway area was a guest judge for the day, the winners were Gucci love bakers and they received a voucher to visit Zolita's bakery to see first hand how she makes the cakes and also get the goodies from her shop.

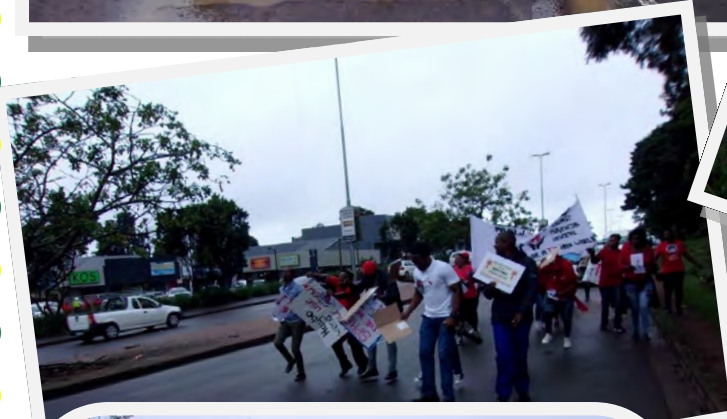


# TB DAY

**This year a team led by Sister Gumede**

**took the fight against TB to the streets of Hillcrest,**

**Chanting slogans, handing pamphlets to the community, spirits were high, rain did not dampen the enthusiasm the team had. The target of handing over 100 pamphlets was reached, Sr Gumede would like to thank Management for support, her team and the Henderson's for lending us their cool vehicle that drew all the attention needed for the day.**



Congratulations goes to our Hospital choir for representing us at the EThekwiní District Music Competition and obtaining 1st positions for the western song and a jingle, 2nd position on the African song.

We are proud of you !!

## ACKNOWLEDGEMENTS

Thabisile Zungu  
Writer & Designer

Thabisile Zungu  
Thulile Gordon  
Mrs R. K Khuzwayo  
EDITORS



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

**Physical Address:**

50 Hospital road, Hillcrest

3650

**Postal Address:**

Private bag X1001, Hillcrest. 3650

[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

**SWITCHBOARD:**

031 – 765 13 16