



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Hillcrest Hospital

## Happenings on the Hill

July 2016

### CEO's Desk

Gone 2015 and now we are in facing 2016, with its challenges. I always appreciate if along the path there are challenges because it makes me to "shake" my brain in order to have the way forward and work harder to achieve my goals.

Good people I know that you have many questions and the answers are few, we are here for PATIENT CARE and not just care but holistic quality care. The shortage of both human and material resources must be taken as a driving force to achieve our objectives, each person especially nurses must just tell her/himself that you are doing work for two people, also we must maintain the spirit of TEAM WORK, lets unite against a common goal.

I know that you have done it before and I know that this year will be the same. When our minds go astray we have the therapy from the Hospital choir which will soothe us emotionally. Also we can distress from our wellness programs to avoid risks to our clients.

A big thank you to the Hospital board for the support they give us in times of need together with the Friends of Hillcrest Hospital.



*Mrs. AB. Mtshali*



**MASEA**  
READ MORE ON PAGE 2



**Nurses day**  
READ MORE ON PAGE 3



**Hand wash campaign**  
READ MORE ON PAGE 4

# Kudos Team Finance



Hillcrest Hospital was deeply honored to have been selected for the best Financial Performance for the 2015/2016 financial year. The Financial Manager has made his mark and was sincerely grateful for the recognition from the MEC'S ANNUAL SERVICE EXCELLENCE AWARDS.

From the wallet doctor himself: "I should from the onset state that, I was a bit stunned when I learned about my nomination for MASEA 2015/2016. Without false modesty, I felt that other managers were also worthy of this award. However, I do realize that it can't be divided, so again I want to express my gratitude to the Hillcrest Hospital Management Team for the nomination."

"Yes, I was very pleased to receive this award, mostly because we have demonstrated that by creating a climate in which staff is motivated to excel, they contribute their best that will benefit the institution as a whole. Thus, our focus is always on teamwork."

I should mention that I've interacted with many people who are so inspiring, talented and skilled that I have occasionally taken something from them that will enhance my performance for the benefit of the institution. We are only as good as those around us. I feel lucky to be surrounded by some of the most talented people in our Department.

I have always pledged to be open to new initiatives, as I think it is the key to successful performance, especially as financial concepts are changing so rapidly that we can fail, should we not keep abreast. I am proud of my team as they understand the tasks and challenges that we face and are always equal to that task.

Once again, my sincerest appreciation to the Hillcrest Hospital Management Team and other members of staff within the Department of Health for their unwavering support and commitment.

We can all be happy, happy to be part of a team, in good times and in bad. From now on *Let us work together to realize the dream of a better life and a better tomorrow.*



Article submitted by :

Mr. Cotchobos -Finance Manager

# Nurses day celebration



1



2



3



4

1. Nurses wearing white with pride
2. ENA N. Ngcobo receiving best Nurse award from sister Jones.
3. & 4. Nurses, Khanyeza K & Mbutho S.

The day started on a high note, Nurses did a parade from Outpatient to F ward recreation room where the celebration ceremony was to be held. We had the honour of the company of the Management, invited guests from different institutions as well the guest of honour Mr. Harry Basdeo who had a long experience in the nursing profession. He delivered an inspiring speech, one of the pivotal issues he spoke about was that of need for nurses of high calibre who will leave a mark and a difference in patients lives.

Sister Jones awarded a best nurse, an award given to a nurse who is chosen and voted for by other nurses, ENA Nonkululeko Ngcobo. Our CEO Mrs. Mtshali accompanied by Nursing Management Team presented special awards to nurses who has done exceptionally well in their duties, those are NB Khanyeza, N Z Mbense, D Ndlovu and Nurse F Ndlovu.

*To do what nobody else will do, in a way that nobody else can, in spite of all we go through; is to be a nurse.*

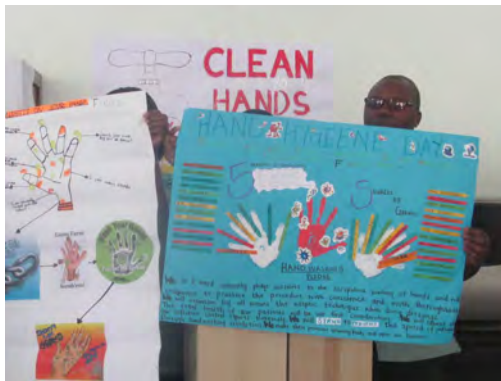
*Rawsii Williams*

# Hand wash Campaign

On the international hand washing day, IPC coordinator challenged all departments at Hillcrest Hospital to design posters, depicting their understanding of Handwashing, correct technique. Message of driven on the day was that Handwashing is like a “do it yourself vaccine”, that involves simple steps to ensure reduction of illnesses , and prevent spread of germs to others. It is a “win” for everyone except germs.

Staff interacted showing off their posters, some even composed songs, it turned out to be an education and fun day. patients also learnt importance of handwashing .

## Winners of the day



1st Place F ward



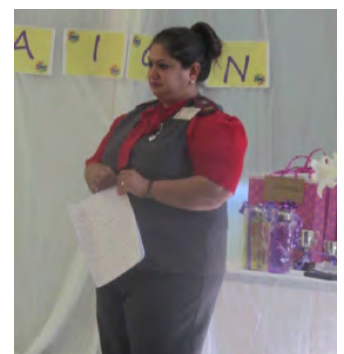
2nd place Maintenance



3rd place FIO



Departments had a lot of fun designing their posters



IPC Coordinator  
A Haripasard

## Meeting with Church representatives

Management had a meeting with the church representatives as way of strengthening a relationship between the institution and its social partners, Most patients have been here for more than 5years and as Health institution we provide physical care, churches provide spiritual care so we cannot do without their assistance. We actually call our social partners Friends of Hillcrest Hospital, they play a vital role, giving their time, donations and so much more.

Eleven church congregations availed themselves for the meeting, Management tabled issues of access, indemnity, complaints and donations, Church representatives were also given a platform to table their concerns which were ironed out by Management. This was a productive meeting, we got to know each other better and in return the institution will also visit the churches to offer HCT services and other educational health matters.

Thanks to all that were present, Management, Ward Operational Managers, the choir for serenading the audience, Mrs. Mgobozi who was the Programme director and also did a hospital profile presentation.



## Community out reach

We received a letter from UMthombomuhle primary school requesting us to sponsor the Grade R learners with PE kit, we were able to do that due to the support of Hillcrest Hospital staff, we started collecting R20 to willing donors and we purchased the kit.

Thank you to all staff members who donated, you brought a smile to the less fortunate.



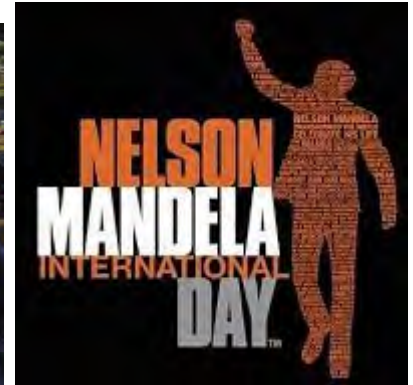
Izandla ziyagezana, kwande lanithathe khona.

# Mandela day

Nelson Mandela International Day was launched in recognition of Nelson Mandela's birthday on 18 July, 2009 via unanimous decision of the UN General Assembly.

It was inspired by a call Nelson Mandela made a year earlier, for the next generation to take on the burden of leadership in addressing the world's social injustices when he said that "it is in your hands now".

It is more than a celebration of Madiba's life and legacy. It is a global movement to honour his life's work and act to change the world for the better. (Mandeladay.com)



Medical and Allied, Nursing and Systems Departments served lunch to the patients in the yard, we applaud these departments for digging in their pockets and doing this for the patients.



CEO's Office and HR staff visited two Orphanages at KwaNyuswa,



Networks configuration came bearing gifts for patients.

# Research in Nursing

Nursing research is a tool that nurse leaders should use to shape institutional policies in direct care within the organization.

According to Patricia Quigley, nurse research provides evidence based care that promotes quality health outcomes for individuals, families, communities and health care system (Nursing research news May 22, 2013).

A study was conducted at Hillcrest hospital as part of quality improvement project of improving patients safety and security as a response to the call from the minister of health on one of the six key priorities for the national department of health. The purpose of the study was to identify factors associated with patients falls so that interventional plan will be designed.

The study together with quality improvement plan on patients' falls has started to yield positive results

## Abstract

### Objective

To determine the incidents of falls in the long term hospital by looking at the clinical demographics of patients who fall in order to identify the main causes of falls so that a preventative strategy is developed.

### Method

A retrospective cohort study design was conducted using data from adverse event records and clinical patient files. A data collecting tool was used to conduct analysis on patients that were admitted during the period of study and identified all those that experienced incidents of falls while in hospital.

### Results

About three classifications were established. The first one was demographics of patients who fell, followed by type of fall and lastly activity conducted during falls. Results were compared and highlighted that 61.11 percent consisted of individuals between 19-40yrs, and 77.7 of them were males who were on wheelchairs.

### Conclusion

A conclusion was made that falls were frequent amongst young males on wheelchair; hence the engagement of occupational therapists was apparent for the introduction of wheelchair restrainers tailored made for individual needs.



Mrs. Mgobozi PB  
Nursing service Manager

## Gallery



Happy retirement to Mr. Blose and Sister Logan (F Ward OMN) , their supervisors spoke highly of them stating how they respected their jobs and worked well with their colleagues. They will be missed, Mr. Blose missed both my his pharmacy colleagues and the choir of which he was a part of, Sr Logan the Nursing Management, F ward patients and her subordinates.



Hillcrest staff at Gogolympics



Sr. Thusi at UMthombomuhle Primary school.



Mrs. Mgobozi cutting cake on the Nurses day celebration



Hillcrest Management receiving a Certificate from The MEC Dr. SM Dhlomo



# ACKNOWLEDGEMENTS

**Thabisile Zungu**  
Writer and Designer  
PRO

**Mrs. P. Mgobozi**  
Editor

Approved by  
Mrs. AB Mtshali  
CEO



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

**Physical Address:**

50 Hospital Road

**Postal Address: Private bag X1001**

**Web Address:**

[www.kznhealth.gov.za/hillcresthospital.htm](http://www.kznhealth.gov.za/hillcresthospital.htm)

**SWITCHBOARD:**

031 – 765 1316

**SWITCHBOARD FAX NUMBER:**

031 – 765 3712