



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

HLABISA MONTHLY ACTIVITY Report

STAY INFORMED

FEBRUARY 2018

HEALTHY LIFESTYLE MONTH ACTIVITIES

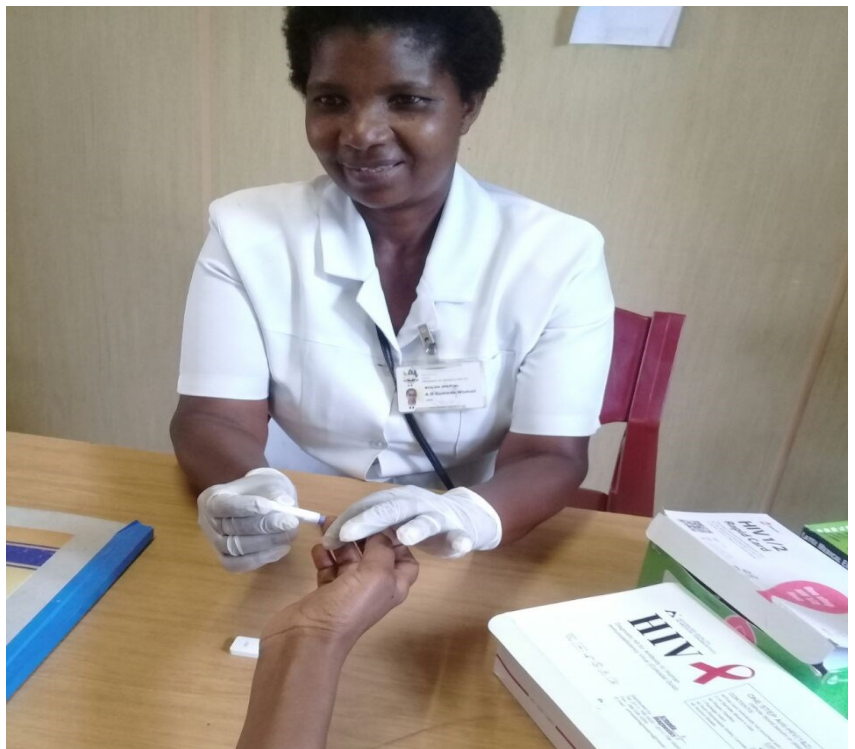
Mtubatuba Clinic hosted a healthy lifestyle event on the 16th of February 2018, aiming to raise awareness to the community of their catchment area and ensuring that they become aware of the importance of healthy living in order to prevent diseases like hypertension; diabetes; HIV/AIDS; TB etc.

The programme started at 09h00 by Sir M.B Mpanza as the programme director, he explained the purpose of the event and advised clients of various service stations for different health check-ups.

Nutritional Advisor Ms T.R Jiyane spoke of different healthy diets and their importance in the prevention of diseases.

Lay Counsellor Ms W.A Mdluli spoke of practicing safe sex to prevent spreading of HIV/AIDS

The community Care Givers entertained the crowd of Community members together with clients whom attended the event in numbers. They gave an edutainment music on treatment and compli-



Ms. W.A Mdluli conducting HIV Counselling and Testing



Organizing Team Observing the Proceeding of the event



Community Care Givers educating and entertaining the Audience

Continues.....

ance into prescribed medication. Also the Clinic Staff entertained audience with music.

- * 1 500 condoms Distributed
- * 23 clients done HCT

A vote of thanks was delivered by Operational Manager Mrs. S.S Msweli by firstly allowing a session for questions and answers question were from audience and also from the organizing team to ensured that audience did get the key points of the awareness

(Images & Report by Mrs. S.S Msweli Operational Manager Mtubatuba Clinic).

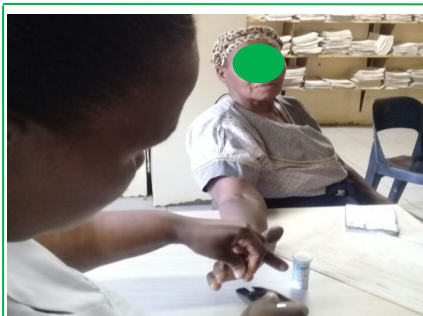
The HAT team participated in the promotion of healthy living during the Healthy lifestyle month by staging STI Condom Week Roadshows in the most strategic Points as follows:-

- ◆ Mtubatuba Taxi Rank— 12 February 2018
- ◆ Hlabisa Taxi Rank— 13 February 2018
- ◆ KwaMsane Taxi Rank— 14 February 2018
- ◆ Caltex Filling Station (Kwabhoboza) - 14February 2018
- ◆ Zamimpilo Market— 15 February 2018 and
- ◆ Khula Village Taxi Rank— 19 February 2018

In all the above areas the following services were provided from 09h00 to 16h00 :-

- ⇒ Health Education
- ⇒ Counseling and testing
- ⇒ TB Screenings
- ⇒ STI's Screening and treating
- ⇒ Condom Distribution

We are looking forward to more activities in March being the TB Awareness Month in the health Calendar.



Health screenings conducted to detect health risks.



Audience tentatively listening to health education provided



HAST Roving Team during STI Condom Distribution Week



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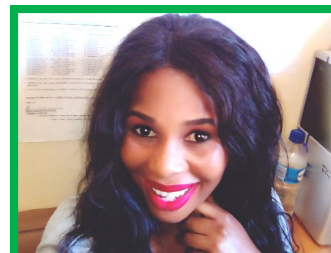
Acknowledgement



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