# HLABISA MONTHLY ACTIVITY Report

STAY INFORMED

**JANUARY 2018** 

## STAFF CANCER AWARENESS DAY

Staff cancer awareness day was held at Hlabisa Hospital on the 07th of February 2018 to raise awareness for staff members in line with Health Awareness calendar that stipulate the 04th of February as the international Cancer day.

The objective was to get as many employees as possible to undergo health screenings including for cancer at a 90 90 90 approach starting from 90% of audience attended the event.

Partnership between Hospital; CANSA and Metropolitan made this event a huge success. Our Nursing Sub campus almost released 100% of their students as well as their staff to attend. Also few delegated were from other components of the Hospital.

As part of the welcoming note Acting CEO Mr. S.P.N Mkhwanazi reminded the audience that regular exercising helps the body to remain healthy and be able to fight diseases on its own. Mr. Mkhwanazi himself has run the comrades marathon 12 times!

Mr. N.G Koto from Metropolitan delivered a speech on financial management, encouraging employees not to spend their hard earned money unwisely. Those who cannot afford to pay for their own personal financial advisors were encouraged to use the ones provided by registered financial service providers for free. These are Professional regulated financial advisors and



Table of Dignitaries from left to right: Mr. S.P.N Mkhwana-



Cansa Screening table, a number of self screening assessment questionnaires were issued to



Metropolitan Consultation table maned by Professional Financial Advisor

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may be used to advise individual staff on personal financial matter.

Mrs. S Mnguni from GEMS reminded employees of the importance of monitoring claims done by service providers on their accounts. This is crucial because any claims are reducing the funds and duplicate claims can happen and if client does not query GEMS will process and pay and then later on when member is in real need funds will be exhausted.

Dr. S Zulu who is responsible for gynecology section shared with employees Management of Cancer at the Hospital. The Hospital is referring Cancer clients to Ngwelezane Regional Hospital for oncology specialists and then after clients are expected to come back to Hlabisa Hospital for monitoring however clients after being referred to Ngwelezane they end up not coming back to Hlabisa for monitoring which results to poor management of the client then.

Ms. S X Nhlebela who is a cervical cancer victim shared her testimony of living with cancer. She discovered that she has got cancer in 2016 during cervical cancer screening.

She shared crisis of not having cancer equipped hospital within the District as a major concern to the cancer victim because they have to go to Durban in order for them to get managed. She appealed to the Department to consider fully equipping at least Ngwelezane Hospital for Cancer so that waiting time could be reduced. Ms Nhlebela has started Sizophila NGO providing Support group to Cancer victims within Mpembeni Area.

Guest speaker Ms. Sane Mahlangu from Cancer Association of South Africa emphasized the importance of screenings.

Gave education; symptoms and management of the mostly common cancer types namely:-

**Throat Cancer** 

Skin Cancer

Cervical Cancer

Lung Cancer and

**Prostate Cancer** 

During the awareness Health screenings were done as follows

PSA = 1

Cervical = 13

Other =23

In the vote of thanks Occupational Health Nurse Mrs. F.Z Biyela reminded employees that all screenings provided during the awareness day are done on daily basis at the Staff Clinic, therefore employees should not only wait for the awareness days to get screened.



Audience attentively listening to all advises given by the speaker and gearing to take them in to action.



Ms N.X Nhlebela giving her testimony of living with cancer and emphasizing importance's of early detection



Mrs. F.Z Biyela handing over toke of appreciation to the Guest Speaker Ms. Sane Mahlangu



## Acknowledgement







- 1. Events Organizing Committee
- 2. Metropolitan
- 3. Cancer Association of South Africa
- 4. Sizophila NGO
- 5. Nursing College Sub-Campus
- 6. Unit Managers
- 7. Hlabisa Hospital Staff Members

### **CONTACT DETAILS**

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