



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

APRIL—JUNE 2012

TSIBANI NEWS LETTER



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TIRELESS SERVICE AT THE HLABISA SUBDISTRICT



Sister Marlene who have served 40 years in com-

Sister Marlene Sach has work for twelve years in Hlabisa .She is a registered nurse ,who has devoted her life in making people 's lives .Ms. Marlene Sach came to South Africa in 1996 under the association .

She has been responsible for providing health service at Somkhele ,Ntondweni ,and driving miles to the rural villages of Hlabisa sub district as well playing a major role at schools ,supporting the needy. She is very healthy and active ,she is able to run at her age 70 years ,she says “Iam vegetarian and I’m living healthy life style besides Iam a sister by religion .

She worked hard with the late Sir Ditty Van Spaun. There were many clinics that were built from the program run by this team ,her declaration and committed were highly appreciated all the best as you retires ,enjoy your well –earned retirement .Thank you for your contribution your really made a desire in people 's lives!!! We are happy that you are still being part of us at the Gateway .Dedicating your time to Hlabisa. God bless you and keep you !!! By MRS D.L. L ZUNGU CHIEF EXECUTIVE OFFICER

UNGAHLE UBE SENHLANHLENI UMPHAKATHI WASEMPUKUNYONI NGOMTHOLAMPILO



Umphakathi waseMpukunyoni unгахle ube senhlanhleni yokuthi umtholampilo wendawo (Somkhele Clinic) uthole ukwakhiwa kwendlu yokubelethela omama abazithwele kanye nendlu yokuhlalisa amanesi Uma egade ezimo eziphuthumayo (on-call). Lokhu kulandela izingxoxo ezikhona phakathi koMnyango weZempilo,

abaphathi bendabuko kanye nabaphathi bemayini (Somkhele Mine). Lemayini izimisele ngokutshala emphakathini waseMpukunyoni ngokuba ulekelele ngokwakha lezizindlu nokuyokwenza ukuthi lomtholampilo usebenze amahora angama—24 eminyakeni ezayo.

CAPPING OF GROUP

They could not believe this... Their desire of helping people have come true. This group was a group of CCG's (Community Care Givers) who were upgraded to become nurses. Usually when they sing with appreciation, their song "Uma Ngehamba Nawe Ngqongqoshe bangbiza nge CCG" They are now Pupil nurses following their capping ceremony that was done on 25 April 2012.



CANDLE LIGHT AND NURSES PLEDGE DURING THE CAPPING

MEET OUR NEW MEDICAL MANAGER



**DR. J MICHEL
MEDICAL
MANAGER**

INGANE EYATHOLWA ILAXAZWE ECELENI KOMGWAQO EZIHLAHLI ENHLENI EMATSHAMHLOPHE—ENHLWATHI



Amakhaza ayeshubisa umkantsha aqeda unembeza kumzali wengane owabona kuncono alaxaze ingane yakhe ezihlahleni. Igcinwe esibhedlela Ingane eyintombazana eyatholwa inezinsuku ezimbili kuya kwezintathu izelwe eyatholwa ngumfanyana ezihambela endaweni yase-Matshamhlophe (Enhlwathi) kwaHlabisa. Umzali akabonwa nangokhalo kanti ayikho imininingwane eyayibhalwe enganeni. Lengane yatholakala ngomhlaka 14 June 2012 ngezinsuku zePhalamende Lentsha elaliseMkhanyakude endaweni yase Macabuzela.

BREAST CANCER AWARENESS AT KWAMSANE CLINIC



BREAST EXAMINATION IS WHAT WOMEN WERE ENCOURAGED TO DO IN ORDER TO DETECT BREAST CANCER EARLY. THE AWARENESS WAS DONE AT KWAMSANE CLINIC ON THE 6TH OF JUNE 2012 BY THE TEAM FROM PINK DRIVE IN PARTNERSHIP WITH HEALTH WORKERS FROM THE HOSPITAL AND LINIC

161 Women were screened for breast cancer but only 1 case was suspected. That person was referred to the hospital for further management.



TB AWARENESS AT MASIBONISANE HIGH SCHOOL



Ukwanda koku-
theleleka kwe-
sifo sofuba
endaweni yase
Mpukunyoni
nakwezinye
izindawo
yikhona okwen-
za ithimba
elisebenza
ngesifo sofuba
ukuba liphume
umkhankaso
wokuqwashisa
ngalesisifo.

Isibhedlela sakwa Hlabisa

savakashela isikole

esingaphansi kwe Nkosi yakwaM-
pukunyoni, lapho sasiyoqwashisa
khana ngesifo sofuba. (TB) Kulesi
Sikole ining labafundi litholakale
ninalesi sifo sofuba emveni koku-
ba kwenziwe ucwaningo
isibhedlela sisebenzisana kanye
nomtholampilo wase Nkundusi-
dusinkwabe sekuvela ukuthi lin-
ing izinga labantwana abanesifo
sofuba.

U Sir Mazibuko okuwuyena
mphathi wakwa TB wayefundisa
exwayisa abantwana ngaso lesifo
sofuba wayehambisana kanye
nabakwa HIV & AIDS lapho
kwase kuqquqguzelwa abant-
wana ukuba bahlole lesisifo
ukuze uma umtwana enaso ash-
eshe athole ukwelapheka ngoba
siyelapheka. Abafundi babe-
jabule ukuthola ulwazi oluqhamu-
ka kwebezempilo njengoba base-
bhlola ukuze bezigcine bephili-
le. Nothisha babededela abafundi
ngoba nabo babekhathalele
izimpilo zabafundi babo.



**Umnuzane Mazibuko ukunguyena mphathi
wakwa TB umi phambi kwabantwana kanye
nethimba okuyilona alalibhekelele ukuhlolwa
kwesifo sofuba**



STAFF WELLNESS DAY IN PARTNER-SHIP WITH OLD MUTUAL.



Old mutual staff assisting and advising employees on financial management . The partnership with Old Mutual group scheme was very beneficial to both hospital and the company . The company also thank the Hospital about participating to their wellness day it is the greet opportunity to them for getting more customers, their presentation always goes well . The company now have lot of customers from this institution Hlabisa hospital .



The Old Mutual visited the Hlabisa hospital to conduct staff wellness day whereby the old mutual had to do the services on the day which is cholesterol checking blood pressure blood sugar level ,height and weight. .The staff were very happy because they gain a lot of things to the old mutual team .The old mutual have clients in the hospital who are employees. The management of Hlabisa Hospital doesn't care only for patient but employees are also taking care of them selves .

KUQWASHISWA NGOKUVIKELA IZINGANE (CHILD PROTECTION AWARENESS)

Abasebenzi besibhedlela baphuma umkhankaso wokuqwashisa umphakathi ngokuvikelwa kwezingane. Eminye yalemkhankaso yayisendaweni yakwaMpukunyoni lapho kwakubuthene khona umphakathi, izinduna, amakhansela, kanye neNkosi yesizwe sakwaMpukunyoni.

Kwakuphume ngisho umphathi wamanesi ((Nursing Manager— Mrs. S.R. Mtshali) no-phinde abe ngomunye wesigungu seNkosi emkhandlwini, umphathi wewodi lezingane u Mrs. Maphumulo (R/N), Ms. Ndlovu naye ongunesi (R/N) ewodini lezingane kanye noMxhumanisi wesibhedlela nomphakathi (PRO) u Ms. Nompilo Mvubu. Ngenxa yenselele ebhekene nesibhedlela nokuyizingane ezilethwa esibhedlela zisesimweni esibucayi nokuyaye kuthi



Uma umzali ebuzwa ngengane azisholo yena ukuthi ingane ichathiwe, kwesinye isikhathi ingane igcine ngokudlula emhlabeni.

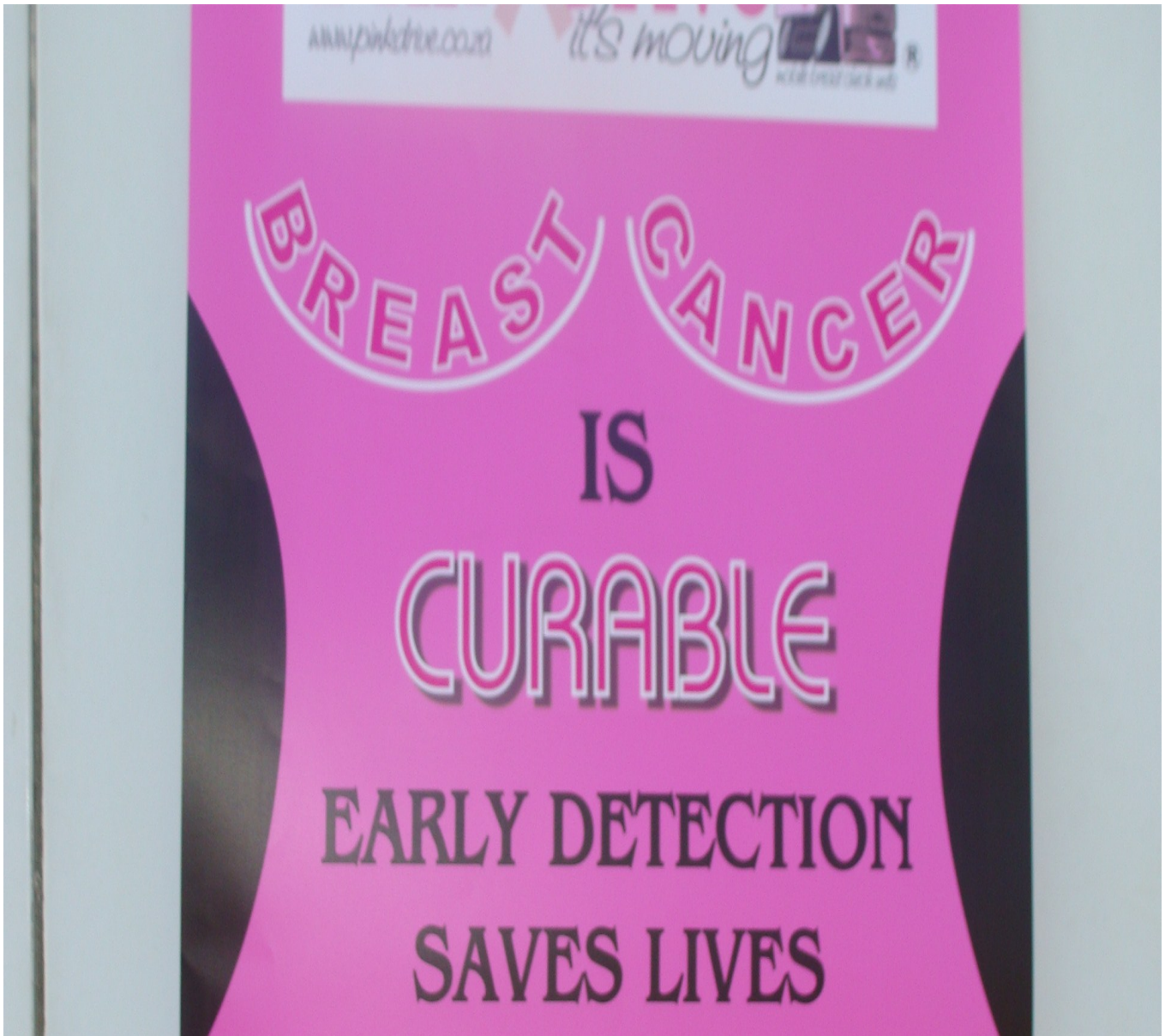
Ukudalula inani lezingane ezidlule emhlabeni ngenxa yezinkinga ezifuze lezi emphakathini kwenza ukuthi umuntu ngamunye azithathele yena isinqumo

sokuthi ngabe kulungile yini ukuchathwa kwezingane esikhathini samanje. Abomnyango bona baxwayisa umphakathi ngobungozi bona ababubonayo nxa izingane zilethwa esibhedlela nasemtholampilo emuva kukuba zichathiwe.

LAUNCH OF HEALTHY LIFE STYLE AT UMKHANYAKUDE DISTRICT

Practicing and living healthy lifestyle is for everyone. Launch was done by MEC for Health Dr S. Dhlomo at UMKhanyakude District (Hlabisa) where all departmental staff members were encouraged to live healthy life style. It was few days towards Comrades Marathon 2012 and Dr Dhlomo was one of comrades. He mentioned that there are many ways of exercising and some of them are enjoyable like aerobics. After the speech that was delivered at Amakhosi hall, everyone walked and other run to the sports field where he exercises were done in terms of aerobics led by MEC's instructor. Everyone was encouraged to continue with exercising in order to live longer and healthy. Continues on page 09





STEP 1

YIMA PHAMBI KWESUBUKO, UBHEKISISE KAHLE IZINGUQUKO KUNOMA IYIPHI INGXYENYE YEBELE LAKHO, NJENGOKUMA KWALO OKUSHINTSHILE, UBUKHULU NOMA NGABE YINI EPHUMA KULO

STEP 2

BEKA ISANDLA NGEMUVA KWEKHANDA, USEBENSISE ESINYE ISANDLA UHAMBISE IMINWE YAKHO KANCANE KUSUKA KWELINYE IBELE UKUYA KWELINYE UCIN-DEZELA IBELE. UZWE UKUTHI AKUKH ISIGAXA, UKUVUVUKA NOMA IZINGUQUKO EZIKHONA. HLOLISISA KAHLE UBUYE UBHEKE NASEMAKHWAPHENI. GUQUKA UBUYE WENZE OKUFANAYO NASOHLANGOTHINI.

STEP 3

LOKHU OKUNGENHLA KUNGENZEKA NGOKULALA PHANSI, UBEKE ISANDLA SAKHO NGEMUVA KWEKHANDA LAKHO.

Banconyiwe abahlengikazi base Mkhanyakude abaklonyeliswe ngezindondo eziseqophelweni eliphezulu.



UNgqongqoshe u Dkt Dhlomo nabahlengikazi abaklonyeliswa ngezindondo ehambisana neNkosi DJ Hlabisa noSomlomo, Inkosi Dabsie Hlabisa, Imeya yakwaHlabisa kanye nosomlomo wesifunda Khansela Hlengiwe Mavimbela.

UNgqongqoshe Wezempilo KwaZulu-Natal uDkt Sibongiseni Dhlomo uncome kakhulu abahlengikazi base-Mkhanyakude ngokuthola izindondo zokubahlonipha ngomsebenzi wabo ovelele. Lezindondo ziphuma ngegama likaCecilia Makiwane owabe engumhlengikazi wokuqala omnyama owabhalisa ngokusemthethweni njenjengesini eNingizimu Afrika. UMakiwane ngaphandle kokuba ngumhlengikazi, wabe futhi eyisigayigayi elwela amalungelo abantu besifazane njengalokhu wabe eyinxenye yokuqala yombhikisho kuchithwa ukuphathwa kwamapasi ngo 1912.

UNgqongqoshe uDkt Dhlomo unqume ukuzifikela mathupha eMkhanyakude ayozibonela labahlengikazi njengalokhu lesisifunda kusukela ngo 2003 silokhu sihlomula uma kuhlonishwa abahlengikazi abasebenze ngokuvelele. Lokhu kuhlonishwa kwabahlengikazi kwenzelwe esibhedlela sakwaHlabisa lapho uNgqongqoshe evezile ukuthi wathi ehambele umcimbi kaNgqongqoshe wezeMpilo kuZwelonke uDkt. Aaron Motsoaledi, wazizwa enokuthokoza

okukhulu ngenkathi nale-sifundazwe sithola ukuhlonishwa. Okukhulu lapha ukuthi umhlengikazi uNksz Sisana Cebekhulu wakhona eMkhanyakude wabashaya bonke emakhanda sekufakwe zonke iziFundazwe zakuleli. Sebonke abahlengikazi base-Mkhanyakude asebathola lezizindondo bayisikhombisa, kanti –ke uNgqongqoshe ukwazile ukuthola ithuba lokubonana nabo, abasebenza ngokuzikhandla uma kunakekelwa iziguli.

Kulabahlengikazi abangu 7 basemkhanyakude abathathu kubo ngabasebenzi besibhedlela sakwaHlabisa okungu Ms. NIB Mnyandu ongu Matron wase Maternity nasezinganeni, Mrs Hlabisa ongu HAST Co-ordinator kanye no Mrs Nda-ba ongumphathi womtholampilo i-Macabuzela Clinic.



U-Ms Mnyandu emukela umklomelo wakhe



UNGQONGQOSHE WA-ZIBAMBELA MATHUPHA WASOKA ABANGAMASHUMI AMABILI (20)

Ungqongqoshe wabe esethatha ithuba lokuhambela isibhedlela sakwaHlabisa ukuthi aqhube umkhankaso owamenyezela Isilo wokusoka. Wazibambela mathupha wasoka abangamashumi nambili abafana (20), kubalwa noSomlomo woMkhandlu kaMasipala wakhona kwaHlabisa.

Abafana babephume ngobuningi babo beze ukuzosoka kulandela izimfundiso nangokwelulekwa abakutholayo ngobuhle bokusoka. “Abangani bami bayangihleka ngejwabu manje nami ngibone kuncono ngisoke ukuze ngizophepha” kusho omunye wabafana.



Abafana ababezosoka belalele inkulumbo kaNgqongqoshe

Ukuvakashelwa ezikoleni kwabafana nasezindaweni abatholakala kuzo kanye nokukhangisa loluhlelo yikhona okwenza abafana bakuthathe ngesasasa ukusoka. Selokhu kwaqala lomkhankaso wokusoka, awukho umphefumulo oye wasweleka kulesibhedlela okanye

kwenzeka into engadala ukuba abafana babe manqika nokusoka. Ithimba elenza lomsebenzi lisebenza ngokukhulu ukucophelela nokuzinikela emsebenzini wabo kanti nabasebenzayo nabo bayakhuthazwa ukuba basoke

UKUZIYOCAYOCA KWENZA UMZIMBA UHLALE UPHILILE FUTHI UNGABI NESISINDO ESEQILE



Abasebenzi beminyango eyahlukene bezivocavoca no Ngqongqoshe weZempilo u Dkt Sibongiseni Dhlomo ezinkundleni zemidlalo kwaHlabisa bedansa ama aerobics

Ngomhlaka 30 May 2012 uNgqongqoshe weZempilo uDkt Sibongiseni Dhlomo wavula ngokusemthethweni uhlelo lokuzivocavoca (Launch of Healthy Life Style) esifundeni sase-Mkhanyakude kwaHlabisa.

Abasebenzi bayo yonke iminyango kubalwa naba-kwamasipala babeyinxenye yalolusuku lapho babekhuthazwa khona ngokuzivocavoca. “Abanye banqena ngisho ukungena esitolo, sekunzima nje nokwehla emotweni ungene esitolo” Ngalolusuku bonke abasebenzi bahamba abanye bagijima ibanga elingu 4 KM njengenxenye yokuzivocavoca bebheke ezinkundleni lapho babezivocavoca kho-

FROM THE EDITOR

It is that time of the year again, festive has come and gone, we are now at Winter time and in the middle of the year. Everyone had plans for the year, it is good to monitor whether you are in line in achieving your goal now and not to wait till the end of the year. It been a great opportunity to work with people from Hlabisa and at Umkhanyakude. The management has been supportive, team work and relationship with all staff was at great, support from all stakeholders including clients is appreciated as we are all working because of them.



Indeed there were some challenges but because everyone knows we are here because of patients, that's not the case in terms of work production. This office wish to thank all staff members for their dedication on patients care which is confirmed with the number of compliments that we have received in this quarter 2012/2013 when compared with complaints received verbally and in writing including suggestion boxes.

Out of 32 complaints, 27 are resolved in this quarter and the total number of compliments were 156. Some of the compliments did mentioned staff by their names. Those staff who were mentioned by names were also informed and encouraged to work more dedicatedly as their efforts are noticeable by patients as well.

For compliments, suggestions and complaints please contact the Public Relations Officer Ms N.H Mvubu on 035—8381 003 ext 265 or write to suggestion boxes placed in strategic points

Mhleli

Ngihlale ngizwa ngendaba ukuthi isibhedlela sakwa Hlabisa asinasizo .

Amanga aluhlaza, anive nine-care nothando, niyawazi umsebenzi, nenza sho ukuthi umuntu uphuma engumqemane. Kimina ningiprovele ukuthi amanga lawa okuhlezi kukhulunywa ngawo ngani. Niqhubeke nemphatho yenu enhle nakwabanye

Ngiyazibongela

Zandile Mkhwanazi
Mtuba—Emfekayi.

Mhleli

Kunomabhalane osebenza ebusuku wakwaCele akave esebenza kahle, akasihluphi ngokulala—awungqongqozi ewindini kuze kube buhlungu izandla noma umemeze kuze kushe izwi njengalaba abanye. Abantu abahlali bengabhalisile baze bagcwale ibhentshi umabhalane esavuswa. Thina bama Ambulance siba nenkinga kabi ngalabomabhalane abalalayo ebusuku. Futhi lomabhalane akabakhali abantu abadala ukhuluma kahle nabo nom bengenayo imali yokukhokha akabathethisi, ukube siyazenzela ngabe kuhlale kusebenza yena ebusuku.

Abama-ambulance.

Mhleli

Ngbonga impatho, ngiphatheke kahle ngeswela umlomo wokubonga cha bodokotela nani manesi niyayenza into enayfundela. Ngafika nengane ifa lapaha kwaHlabisa Hospital kodwa ngiphume nengane yami isiphila ngibonga nolwazi eninginike lona ngobubi bokuchatha izingane. Ngibonge kakhulu ngosizo lwenu

Aphile Mhlongo
(Estezi)

Mhleli

Ngizedlulisela ukubonga kubo bonke abasebenzi bezempilo ngokungisiza ngokuzimisela. Sengathi uNkulunkulu angabapha amandla basebenze njalo.

Mantombi Kunene
(Makhowe)

Mhleli

Cha bandla ngiyasincoma isibhedlela sakwa Hlabisa. Ngifisa ukuthi ningashintshi nibe ninqubekela phambili.

Mnotho Mdluli
(Bazaneni)

FROM THE NURSING MANAGER'S DESK

Another financial year has started and we are hopeful it is going to be a good year. After all 2012 is a leap year, a centenary for the ruling party. We have seen celebrations and the mood is high for everybody in the country.

Our mood as health care workers is high too, we are hoping to be accredited for the NHI and be included as the 4th Health District in KZN. We have seen an increase of the 2 year program. We host an increase by 29 Registered Nurses who are ready for translations to the new posts. We saw ourselves re-employing staff which was recruited by the Africa Centre. They are now staffing our clinics a big "Thank You" to the NGO they came back with skills like the Diploma in PHC, they were not having when joining Africa Centre. Some thing applies to Lay Counsellors, this relationship is a good one because it has armed workers from this sub district with skills whilst delivering services for the people of Hlabisa. I don't know what would have happened to our people if they were not working in our ar-



**Mrs S.R. Mtshali—
Nursing
Manager**

The NHI to our people in the sub district. I attended a workshop in Johannesburg about "Health Workers for Change" dealing with staff attitudes which are a sore one and is one of the core standards. Every Tuesday and Wednesday at Hlabisa, together with the PHC Trainer, we will expose the willing staff to be contents of the workshop. It will help especially female staff which is the bulk. There are changes in the municipal boundaries in our area with a lot of our clinics having moved from Hlabisa to Mtubatuba Municipality. Lets embrace the changes partake in "Asisukume Sakhe" an initiative of the KZN Department of the Premier; So to make our services to be as seamless as possible and this fast-track service delivery to our people.

There is an improvement in maternal deaths during 2010. We had 9, they have decreased in 2011 and none this year. It is appareict that there is something that is done correctly now. Wish to congratulate Maternity Staff for this achievement, There is an Advanced Midwife in each and every team. Thanks to the DIPAM Program me in the UKZN. Further again, I would like to thank all nurses and hospital clinic workers for their contribution to deliver health services for the people of Hlabisa
Keep it Up.



EXTENTION OF THEATRE



Workers on site building Theatre where it was staff clinic

Hospital Theatre is under extension and renovation. It will be extended on the place where staff clinic park home was, staff clinic / Crises Centre has moved to the space next to chapel. The existing theatre have 2 operating theatres, 1 recovery room, and it will be extended to 3 operating theatres, stock rooms, recovery room with bigger size (double), rest room, kitchen, duty room and ablution facilities.