

## Hlabisa Hospital

It is towards the end of the year but in the work that we do, it is like New Year was yesterday, since everyday is the same.

Nursing Management would like to commend all staff on the work done as they work tirelessly in the wards and in the face of limited resources, Financial, Human and equipment. They hardly complain in spite of these problems "Keep it up girls & Boys"

The little candle light as a symbols of hope for our people should never cease to burn in spite of the challenges.

### Patient Care

This is a challenge of staff turn over in spite of the new nurses home. The



Mrs. S.R. Mtshali—Nursing Manager

rural allowance and the OSD. The new problem now is financial resources i.e. The budget and the moratorium with the filling of posts.

Hlabisa Hospital has a high vacancy rate due to most of our Registered Nurse cadre dying through the disease burden and some leaving the institution to go and settle in well developed areas.

In Maternity ward alone, we have led farewell to 10 Registered Nurses during this year only. The

OPD lost about 5 of its members through either green pastures and /or Death.

On the positive side, staff enjoys a new nurses home however the

Occupation specific dispensation for nurses and a grateful to the Minister of Health for this improvement of the conditions of service for nursing personnel.

Complaints have been resolved timorously between a complainant and the Hospital Management .



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"If You don't make the effort, you won't reach your goal. So take the first step. There will be many challenges. You might be get knocked back-but in the end you will make it"~Richard Branson

# OPEN DAY IN Mbopha High School and Hlabisa Hospital

On the 27<sup>th</sup> of May 2008, Hlabisa Hospital hosted an Open Day event in Mbopha High



School which is one of the High Schools in Hlabisa.

All 13 High Schools gathered at Mbopha High for the open day. The purpose of that Open Day

Students attended Open Day in Mbopha High School



Delegates from Hlabisa Hospital

was to promote scarce skills programs in Hlabisa Hospital which includes: Pharmacy, X-Ray, Rehab, Medicine, Healthy and Safety, Dental and Laboratory because our country is running short of those skilled people. There were representatives of all Scarce skills programmes and students were encouraged to study the above mentioned courses in the institution of high learning. They were also educated about STI and Reproduction.



Mr. Manyanga representing X-ray dept.



MR. D. GUMEDE PRESENTING Friends of Mosvold bursary

Hlabisa Hospital understands that there are students who wish to further their studies after their Matriculation but their families may not afford. We are assisting those students through the Provincial bursaries and Friends of Mosvold which is the bursary project for Umkhanyakude District and we also have employees who benefited from these project. The H.R.D team presented those Bursaries and encouraged Grade 12 students to apply in institutions of high learning and apply for those bursaries. They were also given a chance to come in the Hospital for Practical section. After these sessions, students took rounds to all departments in the hospital in order to get explanations and see what exactly those scarce skills employees do practically. After all, new page was opened in their minds and students were interested in these programmes which is also interesting to see that our future leaders is interested to grow.



Mr. M. Hlophe presenting S.T.I



Mr. Nene educating the learners in the Hospital laboratory. (practical session)



Mr. Zungu showing and telling our future Pharmacist about Pharmacy Dept

*"If people are not benefiting from your intelligence, that intelligence doesn't belong to you"* .

I am Quoting the Quotable Quotations that has been Quoted by a Quota .

# Farewell function of 3 Hlabisa Hospital Staff Members



IsiBhedlela saKwaHlabisa (Finance & Systems staff) senze umcimbi wokuvalalisa abasebenzi baso abane ababethatha

uMiss Mathabela epha uMama uXulu iSipho osebenze 26 Years .

umhlalaphansi ngomhlaka 24 April 2008.

Sasibabonga ngomsebenzi omuhle abawanzele esiBhedlela amandla esavuma. Laba abasebenzi okubalwa kubo uMama uXulu obesenza njengo Housekeeper iminyaka engama -26, Ubaba u-Hlabisa obesebenza enguDriver wesibhedlela kanye nobaba uMaxase obedume njengo baba u -Electricity, obeyi-electrician. Umcimbi waba impumelelo enkulu ngoba abantu babephume ngobuningi babo futhi bonke labo ababeze kulomcimbi beza nemindeni yabo. Nabaphathi besiBhendlela babe khona kulomcimbi nabo bezobonga labo basebenzi abasebenzele isiBhedlela ngokuzikhanda amadla asekhona. Kwakumnandi, injabulo yayibhalwe emehlweni kubo bonke abantu ebabekhona. Izikhulumi ezazikhona zazilokhu zibancome njalo osingabo besho bethi bebeziphatha kahle ngenkathi besasebenza futhi abakaze babazwele lutho olubi . UMphathi siBhendlela u Mrs. D.L.L. Zungu no Finance & Systems Manager u-Mr. S.F. Mdlalose babengezinye zezikhulumi kulomcimbi. Umphathi Hlelo kwakunguye uSomlomkazi weSibhendlela Miss N.H. Mvubu owabonga kakhulu lonke ikomidi elalihlele lomcimbi ngomsebenzi omuhle elawenzayo, wafisela inhlanhla nomhlalaphansi omuhle bonke laba basebenzi abebenzelwe umcimbi wokuvalalisa wabanxusa ukuthi babolokhu besivakashela isibhedlela ngoba siyohlala sibakhumbula njalo. U-Miss N.C. Mathabela uyena owayengamele umcimbi wokupha izipho kubo bonke lababasebenzi abebevaliswisa . Bonke lababasebenzi bazibongela ngokwabo besho ukuthi kuleminyaka abayisebenzile kwaHlabisa abakaze baphatheke kabi futhi bayohlala bekhumbula njalo. Baphinda futhi babonga izipho



Zayidla zaze zayibuka inhloko insizwa madoda Kwakusindwe ngobethole!



Yizo lezi zicukuthwane zosuku



Kwakuyinjabulo yodwa ebhalwe ebusweni kubantu ababethamele lomcimbi

**Osupervisor be Finance & Systems compenent bedla inhloko "Dlani Inyama unganaki izinzipho zomuntu oqoba inyama"**





health

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



**HEALTH**  
KwaZulu-Natal

# Promoting **HEALTHY** *Lifestyles*

**GOOD HEALTH STARTS WITH GOOD NUTRITION**



- Eat plenty of vegetables and fruits everyday
  - Use less salt
  - Use less fats
- Eat different types of food
  - Be active or exercise
- Drink at least 8 glasses of water a day



# WE PROTECT OUR CHILDREN AND SAY NO TO CHILD ABUSE



**Hlabisa Hospital Bridging Course Students & their Lectures**

Hlabisa Hospital is one of the Hospitals which takes care of children and educates mothers and community about child protection. Hlabisa hospital celebrated a Child Protection Week which took place in 3 of Primary Schools, Hospital premises and in the community (Road shows). The child Protection was successful because it was attended by a large number of people, where we were educating the children about their rights since we are against of Child Abuse. We also

educated mothers and community about the protection of their children from abusers. Mothers were also educated about the disadvantages of taking drugs while they are pregnant because it has a negative impart to



the child. We all did a fun walk all over the Hospital and Hlabisa town with the boards that written "We say know to child abuse". We also warned the community about saying vulgarizes in front of the children because its abuse them. Many of the children are being raped so we were educating the community to stop that. The community and the children were also given a chance to ask questions to relevant people and they also given a Child Protection Line to report any thing pertaining their abuse.



**Child Protection Fun walk in our Hospi-**

## PHANSI NGOGWAYI PHANSI!!!!!!!!!!!!!!

Babesho njalo abasebenzi basesibhedlela kwa-Hlabisa ngomhlaka 21 May 2008 beqwashisa ngobubi nangemithelela kagwayi besho nokusho ukuthi ugwayi ubanga i-Cancer. Lemashi ya-bahlengikazi yayisuka e-Gateway Clinic engelinye lemitholampilo yakwaHlabisa iqonde ngqo esibhedlela phakathi. Kuthe

lapho sebese – OPD beyivuma ingoma ka "gwayi" kwezwakala omunye weziguli owayeze esib-



**SITHI PHANSI NGOGWAYI PHANSI !!!!!!!!!!!!!!!**



hedlela esho nokusho ukuthi "beningazi ukuthi ugwayi kanti si-wubhema nje wenza umonokalo ongaka!, wayesho lamazwi egqolozele imifanekiso yomuntu obhema ugwayi owawukhonjiswa esithombeni.

# LET EVERY DAY BE A QUALITY DAY



CONGRATULATION TO H -WARD WHICH WAS THE BEST ( Position 1)

Hlabisa hospital is always advocating a slogan which

H (Male Surgical & Medical)	97
B—Ward (Paeds)	91
HCU	87
S—Ward (Female Surgical & Gynae.)	87
OT (Theatre)	80
C—Ward (Medical) Female	76
T B Ward	76
OPD	64
Maternity	61

says "let everyday be a Quality Day" we don't practice it because of external survey which is conducted by the District but it's our daily bread. The Quality Team which is consist of Infection Control ,Quality Manager,P.H.C , P.R.O, Occupational Health & Safety Nurse & Health & Safety conducted the internal survey within the institution using the Infection Control Tool for the inter departmen-



Position 2 (B-Ward) Operational Manager accepting their certificate

tal competition. The incentives were floating trophy for position one and the certificates for other winners .The winners were announced and awarded on the 6th of May 2008 where all ward were represented and encouraged to put more efforts on their excellent job. The Nursing Manager ,Mrs. S.R. Mtshali the incentives on behalf of the management .The result are placed in top right of the page .



Mrs. Mtshali handing out Certificates to S. Ward Operational Manager (position 3)

# EDITORIAL PAGE

To you who are reading this newsletter, I would like everyone to know that you are contributing to our achievements as Hlabisa Hospital. I would also like to thank all our clients, staff members from top to the bottom, stakeholders and the management of this institution for their effort in putting Hlabisa Hospital where it is now including achievements. If it wasn't your contribution, this hospital would not even be able to be called *proudly Hlabisa Hospital*.

Taking contributions and suggestions from the community and our clients is our secret for success. Hlabisa hospital honored the criticism and appreciations from the community. When we say *Silwa Nezifo, Silwa Nobubha, Sinika Ithemba*, we really mean it and we are committed to our service (Batho Pele). Sometimes patients are short tempered because of their conditions and sicknesses but when they come to Hlabisa Hospital, from the main gate, they feel that they are put first because we step up implementing to arrive at an acceptable and higher service levels and quality as soon as possible.



Ms N.H. Mvubu - PRO

communicate with the in-charge of that section or the ward and never leave the hospital premises without communicating with a senior member available at that time. We believe that even at home you start cleaning your house before the grounds and that is why complaints and complements should be taken internally before further steps can be taken. The office of the PRO is always opened for the suggestions. As we are approaching the end of the second quarter of the year, we have noticed that complaints have dropped due to our strategy and our commitment in rendering the services here in Hlabisa Hospital.

In order for our clients to get better service, everyone / patients should know their rights and responsibilities because whenever there is rights then there is a responsibility so that services can be exercised successfully and in a quality standard.

When the word "sports owners" is mentioned, we definitely know

that is Hlabisa Hospital. We don't excel only in rendering the quality of services but we also excel in sports where practicing the healthy life style is our moral. I'll also like to thank all staff members who participate in sports; the management wishes them the best to the district games which will take place towards the beginning of the third quarter 2008. I know Hlabisa Hospital will proudly do it.

Lastly, we are committed in achieving an optimal health status for all persons. So please, let us all practice the healthy life style, sidle ukudla okunomsoco.

NH Mvubu (PRO)



# COMPLIMENTS

**Mhleli**

*Ngithanda ukuncoma amaNesi asebenza ebusuku e- H Ward indlela azimisela ngayo kulomsebenzi onzima kangaka.*

**Anonymous**

**Mhleli**

*Mina ePhilanjalo ngifike ngaphila kahle futhi basiphatha kahle bonke ngilaphekile egazini nase-moyeni. Ezinkingeni ebenginazo ngasizakala ngithi halala kubo bonke abeluleki nakoSister be-thu .*

**Mrs. Maureen Ntshangase**

**Mhleli**

*Nomusa Manqele (Philanjalo) Ngikunika izincomo uyakwazi ukuphatha abagulayo ,uyawazi futhi umsebenzi, Good Girl*

**Anonymous**

**Mhleli**

*IsiBhedlela saKwaHlabisa sihle kakhulu si-Clean*

**Z.H. Mbuyazi**

**Mhleli**

Roman 8 : 18 "Ngokuba ngithi izinhlubeko zesikhathi samanje azinakulinganiswa nezinkazimulo eyakwambulwa kithina"

Umndeni wakwa-Thwala ,Nxumalo ,Nkosi uyabonga ngemikhuleko nezipho ,nothando enilukhombisile esikhathini sosizi lokushiywa indodana yabo uSiphamandla uNkulunkulu anibusise .

**Anonymous**



**Mhleli**

Sithanda ukubonga koMatron nabasebenzi besiBhedlela saKwaHlabisa ngabasenzela khona ngenkathi sishiwe u -"MOOH".

**Umndeni wakwaDlamini**

**Mhleli**

*IsiBhedlela saKwaHlabisa oNesi bakhona banobuntu,I- ndlela abaphathana ngayo siyabonga isusa lesiya sithombe esibi ngoNesi. Nina boNesi base H. Ward Qhubekani.*

**Anonymous**

**Mhleli**

Sincoma ukubambisana phakathi kwethu siwumphakathi nesiBhedlela saKwaHlabisa .Cha samekwelwa kahle .Nifundisiwe ngokumukela abantu futhi siyabadinga abantu abafana nani ezindaweni zethu

**Anonymous**



## AMAZWI KAMHLELI

Ngizothanda ukuthi ngibonge bonke ababhale izincomo ngesibhedlela sakithi lapha kwaHlabisa. Emabhokisini emibono alapha esibhendlele cishe akhona kuyo yonke imnyango ekhona lapha esibhedlela .Izincomo ziyasikhuthaza singabasebenzi boMnyango Wezempilo ukuthi senze kangcono kunakuqala, sibuye futhi sincome kakhulu nalabo ababhala izikhalazo ngesibhedlela ngoba lokho kusenza sibone ukuthi yikuphi lapho singenzi kahle khona futhi silungise ngoba sisonke silwelwa uguquko nempilo engcono kithi sonke ngale kokubuka ukuthi uyisihlobo,unesikhundla esiphezulu futhi uzwalwa ubani .Bonke Abantu bayalingana kulesibhedlela sakithi nasemitholaMpilo engama-20 engaphansi kwesibhedlela sakithi uma sengibala nomahamba nendlwana phecelezi (Mobile Clinics).Sithanda ukwazisa abafundi baleliphepha ukuthi uma bebhale isincomo ,umbona noma isikhalazo bazibhale ukuthi bangobani nezinombolo zabo zocingo noma ikheli ukuze sikwazi ukuthi sibasize ngezikhazazo zabo noma sibabonge ngemibono yabo noma ngezincomo zabo abazifake ebhokisini lemibono. Nalabo ababonga isibhedlela ngamakhadi sithanda ukubabonga kakhulu .Sithi kubo uNkuluNkulu ababusise futhi isibhedlela sibafisela konke okuhle.

Ngiyabonga

**uMhleli**



# NEW RECRUITS



Miss S.T.S. Nhlonzi (Physiotherapist)



Miss B.P. Masuku (In-serve F.I.O.)



Miss B.P. Mthethwa (In-serve H.RO)



Mrs. G.R. Sibiya (Prof Nurse)



Mr. B.B. Magubane (Intern HRO)



Miss R.B. Mbatha ( Prof Nurse)



Miss N.P. Kunene (Infection Control )



Mr. S.B. Xaba (Artisan Superintendent)



Miss N. Mngomezulu (Radiographer)



Mr. B.B. Mathenjwa (Intern FIO)

**"Welcome to the real place (Hlabisa Hospital) We hope that you will all enjoy the stay with us .Hlabisa Hospital is a home of milk and honey."**

# EZEMIDLALO



## Soccer Captain's Corner

Ngaphansi kwegama lika Captain waKwaHlabisa Hospital. Ngithi angizwakalise ukukhuthaza nokwazi nokwazisa abadlali ngemidlalo ekhona ,ezoqala ngomhlaka

26 July 2008 ezinkundleni zemidlalo e Richards bay Sport Complex.

Ngithanda ukukhuthaza abadlali kuyoyonke imikhakha yemidlalo ,ngiyazi ke bafowethu nina uma into nike naziswa yona, niyithatha ngendlela enesasasa .

Nanokuthi kuyodinga siqale sizilungiselele isikhathi sisekhona ukuze sizokwazi ukuthi sibuye nawowonke lomklomelo , siphinde esakwenza ONdini. Ngala-Mazwi ngizwakalisa ukubonga okukhulu.

Ngiyabonga Kakhulu

**Captain of Male Soccer**

**Muzi Sibiyi (King Burker )**



## Soccer Team Manager's Corner

Hawu! ngithi akengithathe lelithuba nami ngisike elijikayo.

Abafana baKwaHlabisa bebhola ,hhayi madoda niyayenza into yenu ,umona phansil ibhola enethini nje kuphela. Ngithi kuyolalwa kubonenwe kunina zibhedlela zaseMkhanyakude ngizibekile izi-26 zakuNtulikazi lapho

kuyohlangukha khona. Anobuza oLundi le e-Zululand ukuthi siyenza kanjani lento yethu.

To all boys (Hlabisa Hospital Soccer Team) King Burker my captain nawe Fish Omkhulu , Guys this time we are going all out and let us maintain the spirit of togetherness .

**Long Live The Spirit Of Togetherness Long Live! Long Live Hlabisa Long Live !We are Hlabisa Hospital Soccer Team and We are Alive!**

**Long Live Hlabisa Hospital Management ,Long live**

Ngiyabonga mina

**PHUMLANI NTANZI TEAM MANAGER**



The History will repeat itself believe me guys. We will make it and all my players are back from injuries as you see my squad .We are the best in the district and I hope that most of my players will be selected in the district squad like last year.

**Hlabisa Coach (DMP Hlabisa)**



## Net Ball Captain's Corner

I would like to thank Hlabisa Hospital staff members more especially netball players. Netball is a great sports to me and our netball team is promising. We are now prepaying for the District tournament that might take

place on the 26 of July 2008 in Richards Bay. I hope that we will make it as we did in ULundi tournament. We played very well . We are also the best in the district, nothing will hinder or deprive us in not winning the District tournament .We are engaged in sports and recreation and it is also a great joy to see the Management supporting us not in Netball team only but in all sports codes . I would like also to thank the netball coach ,management for supporting me ,it is not easy to lead people but they are respecting me in everything .I hope that we won't embarrass or disappoint our supporters and our institution that we love . To Mosvold, Mseleni, Manguzi and Bethesda Hospital, I say beware of Hlabisa Hospital and I am not intimidating anyone but the history will repeat itself .

**By Sindi Ngobese (Netball Captain )**

Ngithanda ukuthatha lelithuba ukuba ngikhuthaze bonke abadlali bebhola lezandla phecelezi i-netball njengomqeqeshi. Ngiyethemba ukuthi abadlali bami bazobe bewulungele lomdlalo noma kanjani sizongoba. Futhi nabadlali bethu bazobe bephelele ngobuningi babo, ngiyethemba futhi ukuthi siyokwenza kangcono kunalokhu esakwenza oLundi. Ngiyazi ke ukuthi zonke izibhedlela ezingaphansi kwedistrict yethu UMkhanyakude zizofuna ukusehlula ngoba zazi ukuthi sihlale sizithela induku. Kumanje ziyatatazela uma kukhulunywa ngoHlabisa. Ngiyethemba ukuthi noCaptain wethu we Netball uSindi Ngobese uzolihola iqembu ngempumelelo njengoba sazi ukuthi akulula ukuhola abantu kodwa thina lapha kwaHlabisa siyizingane ezizwalwa uMama oyedwa (uZungu) ezingalahlani ngisho ngabe kunzima kanjani. Ngalamazwi enkuthazo engiwasho lapha kuleliphepha lethu esilithanda kakhulu kungenza ngingananazi nakancane ukukusho ukuthi sizoqoba Ngibonge ne-Office likaSomlomo ngeSupport elihlale lisinikeza yona .

Ngiyabonga

**Sinoyi .**

