



# Hlabisa Hospital

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# H

labisa Hospital has had a very good year despite the challenges. It is vital at this time to think of the blessings that one receives and be thankful to the almighty.

The year has been tough but we have been sustained by prayer and holding on doing ones best dispute the budgetary constraints.

The awareness days and events staged this year showed how much we can do together. This reminds of a saying which says "Alone I can do so little but



together, we can do so much" Thank you very much for the team spirit and cooperation this year.

The Operational Managers and the Sectional Heads have worked so hard to keep their teams together. The Management committee commends you all for the good work that you have done despite the challenges in the year 2008.

"May his coming

bring you joy and peace during this time!!" May God bless you all during this festive season whilst you enjoy the holidays with your families.

May the holidays give you time to relax. May you also come back rejuvenated and ready to venture in to the new year.

**WISHING YOU  
MERRY CHRISTMAS AND A  
PROSPEROUS  
NEW YEAR.**



"If You don't make the effort, you won't reach your goal. So take the first step. There will be many challenges. You might be get knocked back-but in the end you will make it" Richard Branson

## HERITAGE DAY CELEBRATION AT HLABISA HOSPITAL



Once again Hlabisa Hospital celebrated the Heritage Day with its staff members. This was celebrated on the 1<sup>st</sup> of October 2008 in the Recreation Hall (Nurses Home) where staff members were in their different cultural attires and different cultural activities including Venda, Xhosa, Swazi, Zulu, and Mpondo etc. We don't want only to tell the story through pictures but for those who didn't make it, we also want them to read about it.

The Mayor of Hlabisa Municipality was the guest speaker who also encouraged cultural activities to continue as it is important for the new generations to know their background and culture. "I'm really impressed with what I'm seeing today and I never thought Nurses and health workers would be so gorgeous in the traditional attires and in such cultural activities" He was also in full traditional attire (ibheshu).

Nobody would ever think of Zulu modeling done by Hlabisa Hospital employees but it was done as a grand march and a welcoming ceremony for our guest speaker and VIP's. Ms Sindi Ngobese and Ntokozo Mathabela lead the way by Zulu Modeling who also lead them with the traditional song and pots on their heads "Zonk'izigodi



azophelela". Other activities were traditional dancers from various groups e.g. Umdungandlovu lead by Jobe – Secretary to the Nursing Manager, Gudlintaba lead by Sibonelo – Student Nurse, House-keeping Zulu dance, Omama Balayikhaya (Hlabisa Hospital), Omama Besizwe Sakusasa (Youth) and ibutho lead by uBaba uMkhatshwa.

The Guest speaker also pledged with the sum of R10 000.00 for this function as he was surprised to see that Hlabisa is still having people who are interested and participate cultural activities.

We would also like to



thank Hluhluwe Game Reserve who assisted this function with Impala and a Wild Beast for catering purpose, and our entertainers and Mrs Mbhele who assisted and participated without expecting payment. We are saying "Ukwanda Kwaliwa Ngumthakathi"



# SAZE SAPHUMELELA NATHI ELONDOLO...



Abasebenzi baselondolo bemi eduze kwemishini emisha

Lamazwi ayeshiwo ngabasebenzi base Londolo nakhu bemukela imishini emisha ceke yokuwasha iphinde yomise kwazise phela sasesiside isikhathi besokola. Phela sibhedlela lesi besiyaye sisizwe ngezinye izibhedlela lapho abasebenzi bethu beku-baphoqa ukuthi uma becele ukuyowasha kuleso sibhedlela, bavuke ekuseni intathakusa benzele ukuthi abanikazi bemishini kuleso sibhedlela bathi beqala ukuwasha, bona babe sebeqedile phela sonke siyazi ukuth "enethunga kayisengeli phansi".

Njengamanje sesinemishini eyisi-5, emithathu kuyo iyawasha besekuthi emibili yona iyomisa. "Ngiyacabanga manje sekuyithina esibashaya

kusho uMnumzane uNdlazi okunguyena obheke abasebenzi baseLondolo. Sithi ukwanda kwaliwa ngumthakathi kinina zibhedlela ebenisisiza okuyi Manguzi, Mseleni, Mosvold, Bethesda, Nkonjeni kanye noNongoma Hospital. Uqhuba kanje umphathi waseLondolo uMnumzane uNdlazi, "besiyaye sivuke ngo 03H00 siqoqane senzele ukuthi ngo 07H00 sibe sesifikile kuleso

sibhedlela sibe siqala siwasha ngesikhathi bona besaqoqa emawodini. Ngesikhathi siqeda ukuwasha, bona uma beqala thina sibe somisa, ngesikhathi bona bomisa thina



U-Mnu. uNdlazi umphathi welondolo

sibe si-ayina. Besize seqede ngo 08H00 ebusuku. Nabasebenzi bebesokola kakhulu ngokushiya imindeni yayo isalele baphinde babuye ebusuku kwazise phela omama yibona ababona izinto ukuthi konke kusahamba kahle emakhaya. "Sesiyohanjiswa ukuphela kukagesi kuphela ukuyocela futhi ngale kwalokho yithina esesihamba phambili ngemishini". Sibonga kakhulu ku-Revite okunguyena ositakule kulolusizi ebesibhekene nalo.



Imishini emisha ceke esibhedlela sakwa-Hlabisa



health

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



**HEALTH**  
KwaZulu-Natal

# Promoting **HEALTHY** *Lifestyles*

**GOOD HEALTH STARTS WITH GOOD NUTRITION**



- Eat plenty of vegetables and fruits everyday
  - Use less salt
  - Use less fats
- Eat different types of food
  - Be active or exercise
- Drink at least 8 glasses of water a day



## NEW TB WARD



Old TB Ward building to be demolished

Maternity (Labour Ward) in the renovated building which was known as H-Ward up to 2006 "We are very glad that at last we've been able to move in to the new TB ward as the old one was the only old building in the hospital which has never been renovated. The space was insufficient for our patients' said the Operational Manager of the TB Ward. The new TB Ward have rooms for MDR patients which are separated from the

**S**

in September 2008, Hlabisa Hospital TB Ward which was situated opposite the grave yards was moved to the other building for the reason of building the new hospital. The old TB Ward will be demolished as it was situated where the new hospital is to be built. Now TB Ward is situated behind the



Current TB Ward

## CERTIFICATION & PRIZE GIVING CEREMONY



Yizo lezi izicukuthwane zosuku.

On the 19<sup>th</sup> of November 2008, Hlabisa Hospital had an internal certification and prize giving ceremony which was held in the Hlabisa Hospital recreation hall where academic students were awarded with their certificates and trophies since KZN graduation is now been centralized and most graduates did not attend the centralized one due to costs and other reasons. This fantastic event was sponsored by Old Mutual with trophies and due to budget constrains, participating students donated for their catering purposes, one of our staff members assisted with decoration and Jobe with his music group as we all know that this kind of an event needs to be on a higher standard as we did. Nobody would ever think of Sister Nkosi that she is a Choir Master and can play keyboard as she also left the house surprised with her choral music group with nursing college students. Hlabisa Hospital Management and Nursing School lectures were also in their academic attires.

Sister Nkosi and the choral music group

Bahluleka ngisho nokuzibamba abasebenzi nabazali ngesikhathi kungena osingabo (graduants) behize ngezembatho zabo zalokhu ebebekusebenzele kanzima bengalali befunda ngenxa yenjabulo. Ingisaphathi phela lapho sebezizwa ngamunye ukuzokwamukela imiklome yabo kulabo abenze kancono kunabanye phela umuntu uvuna lokhu akutshalile. We would also like to thank all our guests who honoured us from different institutions and also from the community of which some of them were the former staff members of Hlabisa Hospital.



# HLABISA HOSPITAL QUALITY DAY - 2008



Attendees of the quality day-2008

On the 26<sup>th</sup> of November 2008, Hlabisa Hospital had a quality day in Hlabisa for the community to understand services that are rendered in Hlabisa Hospital and its clinics under the theme of Batho Pele and Patient's Rights. This event was organized by the quality and the event committee members who works tirelessly and dedicated in serving our clients. Different

stakeholders including SAPS and Hospital board members made this day successful and Mrs. Biyela who also served as a Hospital board member. The community as such did not attend as expected since there was no transport organized to collect community due to budget constraints.

Only Hlabisa surrounding people attended but the day was fruitful to those who attended. We would also like to thank the support of staff members and as community members were also given chance to ask questions and raised their concerns regarding services rendered by the hospital and its clinics. Sections and components were also given certificates of

Commendation in recognition of valuable contribution, dedication and commitment displayed in the improving of Batho Pele principles and Patients Rights towards the quality of care. There was also a long service certificates awarded to long serving employees of the institution.



Mrs. Biyela, Mrs. Zungu and Mrs. Mbhele handing out certificates.

## WE SAY NO TO WOMEN AND CHILDREN ABUSE

On the 02<sup>nd</sup> and 03<sup>rd</sup> of December 2008, Hlabisa Hospital had an awareness walk against women and children abuse which was done at Hlabisa Town on the 2<sup>nd</sup> of December 2008 and at Mtuba Town on the 03<sup>rd</sup> of December 2008 as part of the 16 Days of Activism. The planning committee together with Mental Health team



2008/12/03 13:35

the role of the community in fighting violence against women and children. Financial situation made it impossible to get enough necessities e.g. posters and banners. Transport shortage was also challenges we faced. The message was successfully conveyed to the community since the walk was joined by scores of people of different ages and it was well organized. We would like to thank all categories of hospital staff members, Mtuba Fixed Clinic, Mtuba SAPS, Mtuba Traffic Officials, Local Municipalities both Hlabisa and Mtuba for their effort and dedication in making these health walk successful.



2008/12/03 13:11

and Crises Care organized this health walk/march with the view of sending the message to the community about fighting violence against women and children. Topics covered were Children's rights, women's rights, sexual assault and sodomy, role of DOH, Role of SAPS and



2008/12/03 13:37

# COMPLIMENTS

## Mhleli

Ngiphatheke kahle kakhulu kwa-Hlabisa, usizo ebengiludinga bengiluthola ngokukhulu ukushesha. Ngiyabonga kakhulu.

**Neliswa Malambule**

## Mhleli

Ngibonga kakhulu ngangiqala ukungena esibhedlela ngithole ukufudumala okunje! Ngincoma imfundiso yakho Mnikazi wesibhedlela. Abantwana bakho banezithelo zikaMoya bonke, abasebusuku nasemini kuyafana linye ibhodwe obaphakela kulo abantwana bakho. \*Thuthuka Hlabisa\* **Anonymous**

## Mhleli

Bengisegunjini labalimeleyo -H-Ward. Bangiphatha kahle ngibonga impatho ku Mr Mhlanga, Mr Vilakazi, Mr Mngomezulu, Mr Hlongwane, Nurse Mnyandu, Nurse Mpanza naku Nurse Hlabisa, muhle umsebenzi mawuqhubeke, ngiyabonga Hlabisa Hospital

**Mboneni Mthlane**

## Mhleli

Ngiphatheke kahle kakhulu la esibhedlela (S- Ward )amanesi akhona akhombisa nempilo ayakuxoxisa ngisho ngabe usezinhlungwini uze ukhohlwe ukuthi uyagula , amaphilisi akunika ngisikhathi, nasembhedeni awuphindi izinto obulele ngazo, nokudla bayanakekelana kuba kuwena ukuthi uyakuthanda noma cha. Ngidlulisa ukubonga

**Staff Zulu**



## Mhleli

Ngiphatheke kahle kwaHlabisa esibhedlela ngifisa baqhubeke nempatho yabo nakwabanye. Baphatha kahle Abantu nezifo zabo bayazelapha

**Nokubonga Hlabisa kwa Qunwane**

## Mhleli

UNesi SP Nxumalo cha iqhawe likanesi, umoya wakhe nomsebenzi wakhe uyawuthanda, wangichaza esethi "mina ngungunesi shono okufunayo ngizokwenzela" sonke ewodini sasivele sithi siyasikwa ukuze sibeletshwe nguye aqhubeke nomsebenzi wokuzimisela kwakhe **Anonymous**

## Mhleli

Naze nabahle bahle ngikazi ngoba niyabekezela uma siniphatha kabi size sizimoshe ngisho embhedeni nivele nithi asizimoshe nina nizo-kusiklina anenyanyi nginithanda senihleka nivele nikhombise ukukhululeka

**From Owayezoteta**



**MISS N.H. MVUBU - UMHLELI**

## AMAZWI KAMHLELI

Kuleliphephabhuku lokugcina onyakeni ka—2008 ngithanda ukubonga bonke abafundi baleliphephabhuku, abaphathi besibhedlela sakwa-Hlabisa, abasebenzi ngokwehlukana kwabo, iminyango kaHulumeni ngokuhlukana kwayo, oMasipala uMtuba noHlabisa, ikomidi elihlela imicimbi kanye nomphakathi wakwaHlabisa namaphethelo ngeqhaza labo ekuthuthukiseni izinga lezempilo kulesisibhedlela nangokubambisana obekukhona kusukela unyaka uqala uze uyophela.

Ngibonge imibono kanye nemibono yomphakathi okuyiyona ekhuthaza kakhulu ukuphathwa kahle kweziguli njengokusho kwemigomo ka-Batho Pele kanye namalungelo eziguli. Ngokuningi mayelana nezincwadi noma izikhalazo ngesibhedlela saKwaHlabisa ungaxhumana nehhovisi lomxhumanisi ku EXT 265. Umphakathi uyakhuthazwa ukuba ungaphumi esibhedlela uma ungan-elisekile. Nginifisela uKhisimusi omuhle nonyaka ka 2009 onezibusiso.

**Ms N.H. Mvubu (PRO)**

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# R.I.P. 2008

Hlabisa Hospital have lost 15 employees who passed away this year 2008 and we also pass our condolences in all their family members and loved ones



1. Mdletshe B - 01/01/2008
2. Zungu G.S. - 07/01/2008
3. Ngcobo N.T. - 05/12/2007
4. Mafuleka C.K - 22/02/2008
5. Mkhwanazi F.M.- 06/04/2008
6. Mnyandu V.D. - 19/04/2008
7. Ncube N.G. - 28/06/2008
8. Sibiya D.N. - 19/06/2008
9. Jele V.N. - 25/06/2008
10. Mlotshwa V.N - 14/09/2008

11. Ndwandwe B.B- 21/10/2008
12. Ntuli B.S. - 23/10/2008
13. Mthethwa P.S. - 30/10/2008
14. Hlabisa M.V. R. - 31/10/2008
15. Bengane S. - 30/11/2008



## RETIREMENTS FOR 2008

Uyadela wen'osulapho osohambe waze wafika ebangeni lokuthatha umhlalaphansi udle amandla akho okade wawuwa uvuka usebenza kanzima.

Onyakeni ka—2008 isibhedlela sakwa -Hlabisa sibe nabasebenzi abayisi—08 abathathe umhlalaphansi (Retirement) ngenxa yeminyaka yabo. Kubo bonke labasebenzi asebathatha umhlalaphansi sithi "unwele olude kinina nonke".

1. Xulu T. - 30/04/2008
2. Msezane S.B.- 31/05/2008
3. Mbatha T.M - 31/05/2008
4. Nxumalo T.B - 31/07/2008
5. Nhlenyama S.H.— 31/08/2008



## KIKIZA MAMA, KWAKUHLA KWETHU!!!!



Manono Nene is now Mrs. Nxumalo (CEO's Secretary)



KWAKUKUHLE KUDELILE NGALOLUYA SUKU LOMHLAKA 05 KU OCTOBER 2008 LAPHO INKOSAZANA YAKWA-NENE IPHUMA NGEMHLOPHE QWA. SIKUFISELA OKUHLA KODWA EMSHADWENI WAKHO.

MRS. NXUMALO ON HER WEDDING DAY



UKUBE IZINSUKU ZIYAMISWA NGABE KUHLALE KUY-ILOLUYA SUKU...





**MERRY CHRISTMAS AND  
HAPPY NEW YEAR**



## **HLABISA HOSPITAL MANAGEMENT**

WISHES YOU AND YOUR FAMILIES A MERRY  
CHRISTMAS AND HAPPY NEW YEAR 2009

QUALITY ASSURANCE TEAM HOPES YOUR HOLIDAY SEASON IS FILLED WITH EVERYONE AND EVERY-  
THING YOU LOVE— MERRY CHRISTMAS AND HAPPY NEW YEAR.



**The Hospital CEO ( Mrs DLL Zungu ) would like to thank the hospital staff  
for their hard work and commitment during the hard times of budgetary con-  
straints. May you all have a joyous and peaceful festive season .**

Merry Christmas & Prosperous Happy  
New Year  
2009