

# Hlabisa Hospital

## 2009 THE YEAR THAT WAS—FROM THE NURSING MANAGERS DESK

Its towards the end of the year, we have seen this year came with the opening of phase 1 of the Presidential LED Project. What a day marked the end of the then administration. The Nurses day of prayer was staged for Hlabisa Hospital nurses and the nurses were all in white. They looked like Angels, they could not believe themselves in their caps as the old order nurses. It was a success with 121 Battalion stealing the show. The retired nurses were there. Sadly we were having Mrs Florance Mbonambi for the last time well dressed as she was about to depart to the next land, the following month. This is one of our old serving staff nurses who had retired. Mrs Biyela the retired Matron gave an account of what used to happen when she was still serving as Nursing Services Manager in the Poem "In My Time" We saw the change of the administration on the 22nd of April and the 11th of May 2009. The newly elected MEC for Health came to the DENOSA Launch of the Biennial ICN Congress for the nurses day to commemorate the birth of Florence Nightingale. What a day our Minister really a "Charmer" even sang to us "Nkulunkulu Uthando Lwakho", we actually saw God's love in action at Hlabisa. The



Mrs S.R. Mtshali—Nursing Manager

KZN nurses were there in the area, in the area so said TKZEE with their "Vuvuzelas"

The budget is still a challenge when all is said and done but the Minister still took KZN nurses to the ICN Congress. Phuzekhemisi, Condry Ziqubu .....were there. We could not sit down, we danced to the music which was world class, we ululated and had fun. The countries were represented by their delegates, I got emotional to see this big event arranged for the nurses in South Africa after being a nurse all my life without such events but it was a blessing to have been part of the congress. We shared experiences as nurses of the world. We just thought lets stop complaining we have a lot to be grateful for, Malawi nurses in bicycles!

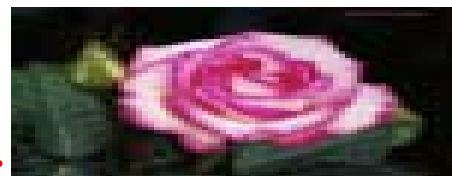
In July we celebrated Mandela Day spent the whole day doing Khanya Africa activities at Mqanduli. I still say KZN Nurses stop complaining, you have a lot to be grateful for, that place is poor. We have budgetary constraints as I have mentioned but we continue to go and pray things will be OK.

I wish to say thank you to the Finance and Systems or Admin staff for the support. Nursing services can not continue without you.

To Maintenance, thank you for keeping us alive.

I would also like to pass my gratitude to the nursing staff of all categories. Thank you Guys for the good work you are doing for our people, Keep it up! I am because you are, we are because you are. This little lights of mine I'm gonna let it shine until I reach his feet.

Thank you to the CEO and the management for letting all of this happen, where would we be without you.



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## VISIT TO INTUTHUKO SPECIAL SCHOOL— PROJECT FOR GROUP 8, 2007—NURSING SCHOOL

Visit to Intuthuko Special School is the project for Hlabisa Sub-Campus Nursing School which is usually done by bridging students who are on training to be the Professional Nurses. During their last year of training, students used to visit special schools in order to learn as they will face patients with similar conditions in their working environment where one will be dealing with such patient alone. The visit was done by Group 8, 2007 on 21 July 2009.

The school is for special children who can not attend normal schools due to their disabilities. It is where such children are kept (Boarding) so that they can be observed and educated. Others can not even recognize what they have learnt but they are also educated about caring for themselves as they are assisted even in social activities.

Learners at Intuthuko Special School was so glad to meet other "friends" who visited them and they also feel important. The college students brought some parcels for them and they also had lunch and done some activities together. Abangani abancane nabo babengazibekile phansi bejabulisa "abangani babo" ngemiculo, indlamu, babodwa ababebaxolela izindaba. Injabulo yayibhalwe ebusweni ngenkathi bethola izipho zabo ababeziphwa u Group 8,2007. The College student's and their Tutors donated money out of their



Learners from Intuthuko Special School singing



Group 8, 2007 singing for the little learners



Learners receiving their parcels

pockets and donations in order for this project to be successful as they can not visit such school empty handed.

Teachers of the Special school were also glad that their students / school is visited which also encourages them in their work. They mentioned that working with these children needs someone with love and patience. They also thanked the Hospital for the commitment and working in good relationships with them.

## ELECTING THE NEW CLINIC COMMITTEE AT MAKHOWE CLINIC

On the 04th of August 2009, the community of Makhowe Clinic elected the new clinic committee members. The old committee have served in the committee for more than 8 years and therefore the community through the Community Development Worker proposed the election of the new clinic committee democratically. The community was electing their representatives and were guided about the representations



Community attended the election of the clinic committee



Operational Manager welcoming the new clinic committee

Induna, Councilor, CDW and community was there when the committee was elected. The committee was elected democratically covering boundaries of all traditional leaders of Makhowe Clinic. PHC Supervisor, Quality Manager and PRO was invited during the election of this committee. Each traditional leader (Induna) is represented in the committee. Other members from the old committee were also elected to re-serve in the committee. The old committee was requested to assist and hand over their duties including strength and challenges to the new committee.

## UMUNTU MAKANCONYWE ESAPHILA !!!



USithole owaziwa ngo JOBE - osebenza njengo Secretary ka Nursing Manager ophinde assize ngezinsimbi

Kwesinye isikhathi umuntu uma esekhona kuyaye kungabonakali ukubaluleka noma ukumbonga atuswe ngeqhaza lakhe emsebenzini omuhle awenzayo. Lensizwa yiyona isiza isibhedlela ngokushaya izinsimbi uma kunemicimbi okanye izikhumbuzo zabasebenzi uma kukhona osishiyile. Kwesinye isikhathi ize inikele ngeqembu layo nangezinsimbi zayo esibhedlela ngaphandle kwenkokhelo. Kuyaye kube nzima-ke nokho ekomidini lezemicimbi ukuyicela ngoba sekuyaye kube ngamahloni uma esipha ingalo kodwa siphinde sifune ingalo yonke, kodwa yona ayidinwa.

UME NJALO JOBE





health

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



**HEALTH**  
KwaZulu-Natal

# Promoting **HEALTHY** *Lifestyles*

**GOOD HEALTH STARTS WITH GOOD NUTRITION**



- Eat plenty of vegetables and fruits everyday
  - Use less salt
  - Use less fats
- Eat different types of food
  - Be active or exercise
- Drink at least 8 glasses of water a day



# "EMPLOYEES"

MEET THE NEW



Hi, my name is Ayabongaa. My mom is Mrs. Manono Nxumalo the PA to CEO and my dad is also Mr Nxumalo. I was born on 11 July 2009

Hi, my name is Siyamthanda. My mom is S'the Nhlozi the Physiotherapist and my dad is also S'the. I was born on 18 November 2008

OF EMPLOYEES

# WE ARE CELEBRATING WOMEN'S DAY



Iqembu eladla umhlanganiso (House Keeping) bejabulela izindondo

Ngomhlaka 26 ku August 2009, abasebenzi besibhedlela saKwaHlabisa bagubha usuku lwabantu besifazane. Lolusuku lwagujwa ngendlela ethe ukwehluka kunalena ejwayelekile. Kwakuwusuku lwezemidlalo. Inhloso yokugubha lolusuku kwakungukuthi njengabantu besifazane ikakhulukazi omama ziningi izinto abazenzayo ngokomsebenzi okunye kuyaye kubaphazamise nasemoyeni noma kungasekhona okomsebenzi kodwa bangakwazi ukukukhipha lokho. Yingakho lolusuku lwagujwa ngokuzivocavoca nangenhloso yokukhulula umqondo umuntu akhohlwe ngezinye izinto umqondo uthole ukuphumula. Isikhulumeni sosuku kwakungesangaphakathi naso esingomunye womama abahloniphekile esibhedlela uMama u-Xulu (Principal of Hlabisa sub-campus. Enkulumeni yakhe wakhuthaza kakhulu Abantu besefazane okubalwa kuyo nentsha ngokuziphatha komuntu wesifazane nangokuzihlonipha.



Abasebenzi ababethamele inkulumo yosuku ngaphambi kokudlala

Abasebenzi balujabulela lolusuku ngendlela olwabe lugujwa ngayo ababanga nakho ukuthi ukudlala kungokwezizingane kodwa nabo babephenduke izingane. Imidlalo eyayikhona kwakubalwa ibhola lomnqakiswa, tennis, squash, ukugijima neqanda, ukugijima nesaka.

Yonke lemidlalo yayidlalelwa e-Sports & Recreation Hall. Abanye abasebenzi bathola ithuba lokwazi ukuthi kanti uma kukhulunywa nge-sports and recreation hall kukhulunywa ngani futhi eyokwenzani. Kwakunezinkomishi ezaziwinwa kulowo nalowo mdlalo (Floating trophies). Iqembu lakwa-House keeping yilona eladla umhlanganiso elaqoqa kwasani. Lolusuku lwaqinisekisa ukuthi "kuguga othandayo". Omama bakwa-house keeping, laundry, nekhishi bashiya izihlele zikhaxe ongezansi, laligqoke ngisho umfaniswano wezebhola okukhombisa ukuthi babeluthokozela lolusuku.



"Kuguga othandayo" Zase zishukana enkundleni

# EDITORIAL CONER

I would like to take this opportunity to thank the management and staff for the support they give me in archiving my goal. Publishing this news letter is an achievement. I can not forget to thank the community of Hlabisa Sub-district for writing their comments and compliments from our suggestion boxes as it is one of our tool to check our level of quality to-

them. The number of compliments we receive shows that what we are doing is appreciated by the community. Receiving complaints is a learning curve for us in order to improve.

Batho Pele training is also helping a lot as our staff members are workshopped about it. Community is now clear that what we are not doing is because of "budget constraints" not that the hospital

is neglecting the community but it is the restriction from the Department.

Rectification of story published On our previous magazine Jan-June, Page 2

Mother is Thuli Mncube who gave birth to big baby born with 4,150 KG not Nozibusiso Nkwanana. We apologise for the inconvenience.

## BACK WEEK—REHABILITATION UNIT

07-11 Of September was the back care week and the Hlabisa Hospital rehabilitation unit had an in-service to staff members. The in-service was on the 1st of September 2009 where staff members were assisted doing exercises to assist their back. They were also educated about caring for their

backs in order to avoid and reduce back pain. Those who attended the classes were assisted in doing exercises which they were also advised to do them at home. After this in-service.

Some did not attend but those who attended thanked the team for their good work. Ms Nzama is the one of those who attended the in-service and was so thankful to the Rehabilitation staff as she felt the difference after doing the exercise.

They were also given handouts with instructions on how to do the exercises.

The Physiotherapists were also demonstrating



Ms Sindi (Physiotherapy Manager assisting "patient"



One of staff members watching on how to do an exercise. Sindi was demonstrating



In order to show patients. The hospital does not care only for patients but we also care for our staff members as they can not work if they are also unwell.

# COMPLIMENTS

## **Mhleli**

Ngiphatheke kahle, ngibonga u-Sister Ngonyama (C-Ward) wangivusa ngifile, akalali kuze kuse ebheke izimpilo zethu. Inkosi ibe naye, ukhuthele uyawazi umsebenzi wakhe.

**Zandile Nxumalo (Emaye)**

## **Mhleli**

Okokuqala ngifike lapha ngigula kodw manje ngiyabuzwa ubun-conoemzimbeni. Nabonesi bami bangiphethe kahle ngiyabanthanda ngicela nangelinye ilanga uma ngibuya bangiphathe kahle abakwenza kimi bakwenze nakwabanye. Inesi lami lakwa Khumalo Ngiyalithanda e C-Ward.

**Nokuthula F Msweli (KwaShikishela)**

## **Mhleli**

Ngiphatheke kahle kwa-Hlabisa Hospital S-Ward, beninginakile kahle ngibonga onesi basemini banomoya omuhle, bayawuthanda umsebenzi wabo wabo. Inkosi inibusise Obeningke kakhulu uMkhosana Ngiyabonga

**Celiwe Mthembu (Macekeni)**



## **Mhleli**

Ngikujabulele ukuhlangana namanesi anobuntu, ngincoma nanka

amanesi ambalwa uZulu, Khumalo no Ntombela ngithi iNkosi ibe nomusa kubo (S-Ward).

**Anonymous**

## **Mhleli**

Ngiyabonga ukuthola lelithuba lokuba ngizibongele ku Nurse uChophile (OPD) wafika wangiphatha kahle egumbini labagula kakhulu wangisiza umtanami ebambekilekakhulu kodwa wagcina ngokwdlula emhlabeni kodw ngiyabonga imizamo yakho. Ngithi uNkulunkulu akugcine, akulonde uqhubekele phambili njalo iNkosi ikuphe nezinhlankhulakho konke okwenzayo uqhubeke njalo

**Zandile Ngcobo (Nkundusi)**

## **Mhleli**

Kuhle kuyancomeka, asikujwayele thina ukuphathwa kahle kanjena akwandile, sengathi kungaqhubeka. Besingabaza ukuza esibhedlela sesaba ukuthethiswa kodwa siphexekile. Niqhubeke njalo bantwana bami, niyakwazi ukusebenza ngomphakathi. Ngi-bonga u\_Chophile

**NT Mkhwanazi (Hluhluwe)**

## **Mhleli**

Bengilethe umuntu ogulayo ngendlela anempatho ngayo uSister Shangase ukube bonke babonela kuye impatho nothando nenhliziyo enhle ngabe nabagulayo bavele baphile bengakalashwa,... ngabe ngimthwesa iziqu

**Mandisa Ndlovu (Mfekayi)**

## **Mhleli**

IsiBhedlela saKwaHlabisa (KM Zulu) siphathana kahle noma ngabe usephutheni kodwa bakuphatha kahle bamukele isimo sakho sonke. Sengathi bangaqhubeka njalo! Asikwazi lokhu thina, cha niyakwazi ukusebenza ngomphakathi

**Zamokwakhe Zikhali**

## **Mhleli**

Cha bandla selokhu ngabakhona angikaze ngiyibone impatho enhle kanje esibhedlela! Ngifisa ukubonga uSister Khumalo noSister Dladla e-Maternity

**Thembekele Zikhali (KwaMsane)**



## **Mhleli**

Ngiphatheke Kahle esibhedlela kwaHlabisa ngisho noSister okade engitetisa ungitetise kahle kakhulu. Sengathi lokhu akwenze kimi aqhubeke nakwabanye lowo ngu Sister Ngesi. Ngithi mina ngomlomo wami "Phambili ngoHlabisa"...

**Busisiwe Mahlinza (Makhowe)**

## **Mhleli**

Ngesikhathi ngiteta uSister Manqele wangiphatha kahle ngimfisela impumelelo

**(Nomzamo Ntuli)**



# HERITAGE DAY IN HLABISA HOSPITAL

Umhlaka 30 ku September 2009, kwakuwusuku lapho isibhedlela saKwaHlabisa sikhumbula amagugu esintu kwazise phela kwakuyiyo inyanga yamagugu esintu. Umcimbi lona wawenzelwe khona esibhedlela kwaHlabisa lapho abasebenzi babevunule beconsa kuyilowo nalowo evunule ngemvunulo yomdabu wesizwe sakhe ngesiwubulo esithi "Azibuyele Emasiseni".

Ngalolusuku kwabe kwenziwa izinto zesintu nakhu phela kwaqala khona emvunulweni eyabe ihlukene ngokwezigaba. Ngokwesintu sakithi omama, izinkehli kanye nezintombi azivunuli ngendlela efanayo kufanele kube nomehluko.

Abasebenzi nabo umuntu wayezazi



Abasebenzi beyongena ehlobo lomcimbi nesikhulumi sosuku

Ngumuntu osephumile ebuntombini futhi osehlonipha kumbe abasenzini. Nomama nabo ngokunjalo eyabo imvunulo iyazisho nje ukuthi eyomama. Ukuhlukana kwemvunulo ngalolusuku kwakungukufundisa intsha ngesiko lesiZulu.

Abasebenzi nabo bakujabulela kakhulu lokhu ngoba kwabe kubafundisa futhi akekho owayezenyenza. Lolusuku lwaba yisifundo kwabaningi nakhu phela umuntu wafunda ngisho ukuthi ukuhaya yinto enjani. Kwathi lapho becula besina, beyikhomba phansi naphezulu omama bakwa-House Keeping, owayelalele wezwa ukuthi bacula ngento eyenzakalayo kodwa sebesina ngayo. Lokhu okwakungukuhayana esizulwini.

Abasebenzi base— Maternity Ward nabo babevunule kungabatetisi bomdabu nga-

lolusuku. Abaphathi besibhedlela nabo babevunule beconsa. Izinsizwa nazo zazingazibekile phansi zikhuthaza abanye ozakwabo ngemvunulo nesintu. Amakhono esintu sasiwabona ngalolusuku. Babodwa ebezinkondlo, amahubo, Ingoma nokumodela kwezintombi.



Izintombi ezabe zishaya ingoma

ukuthi yiliphi iqembu angina kulo. Izintombi zaziphume zithe qekelele zihluke ngisho nangemvunulo yazo. Namaculo azo eyekubeka kucace ukuthi izintombi nto... zisho nokusho ukuthi "Khuza mama siyohlola thina". Izinkehli nazo zazineyazo imvunulo namaculo azo afundisa izintombi ukuthi "indlela ibuzwa kwa-baphambili". Phela izinkehli zona zazivunule ngemvunulo yazo ehloniphekile nakhu phela inkehli



Abasebenzi base-Maternity babengabatetisi besintu

# FACILITY INFORMATION OFFICE

Statistical Report  
April – September 2009/10

## HOSPITAL INDICATORS 2009/2010

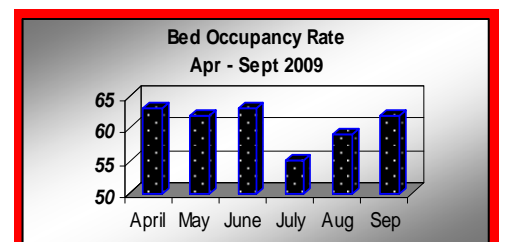
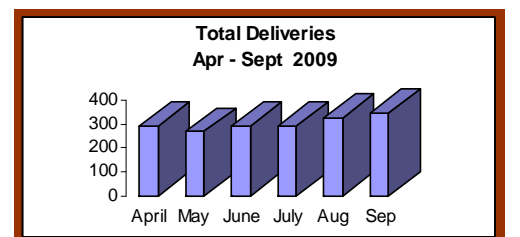
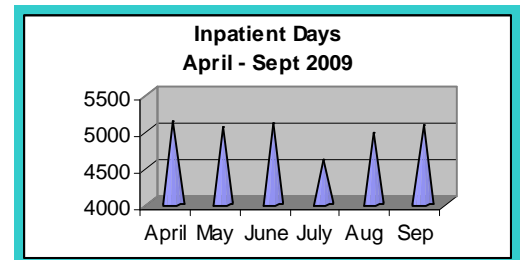
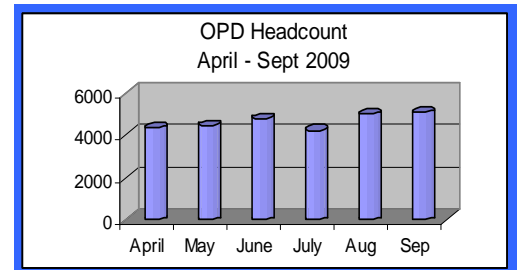
	Quarter 1			Quarter 2			
	April	May	June	July	Aug	Sep	
Bed Occupancy Rate	63	62	63	63	55	59	59
Bed Turn-over Rate	4	3	3	3	3	3	3
Teenage Preg. Rate	10	9	9	9	13	12	12
C/S Rate	16	20	26	21	22	15	18
Still Birth Rate	3	3	3	3	3	2	2
Death Rate	11	13	9	11	11	12	9
Surgery Rate	14	15	19	16	17	13	17

Inpatient Days	5112	5048	5089	15249	4598	4955	5062	14615
OPD Headcount	4342	4447	4777	13566	4237	4995	5089	14321

Total Deliveries	295	268	291	854	293	329	347	969
Live Births	300	270	282	852	289	325	349	963
Still Births	8	9	9	26	9	8	7	24
Total C/S (number)	47	54	75	176	65	50	63	178
Delivered < 18	31	25	27	83	39	40	41	120

Total Operations	138	136	176	450	152	123	149	424
Total Admissions	1010	826	909	2745	851	938	900	2689
Total Discharges	858	693	804	2355	732	767	803	2302
Total Deaths	110	106	85	301	94	108	85	287

HIV/Aids Clinic	1289	1274	1400		134	1275	139	
Cough Clinic	129	247	234	610	241	295	220	756
Eye Clinic attendance	694	587	627	1908	373	663	625	1661
Social Worker	348	384	335	1067	386	300	364	1050
X-Ray	2055	1103	1016	4174	716	858	747	2321
Ultrasound	75	86	121	282	97	142	161	400
Dental Headcount	509	582	441	1532	176	144	106	426
Theatre cases	138	136	176	450	152	123	149	424
Rehabilitation Centre	694	1007	1257	2958	989	680	618	2287
Mental Health Visits	177	183	106	466	148	183	189	520



# FACILITY INFORMATION OFFICE



Ms Nontokozo C. Mathabela  
Acting FIO

This statistical information report covers the period from April to September 2009 which makes the 1<sup>st</sup> and the 2<sup>nd</sup> quarter for the financial year 2009/10.

We would like to use this opportunity to record our appreciation to all who have supported us in ensuring that we receive all data in time, consequently ensuring that collected data is as accurate and complete.



Ms Nozipho F. Qwabe

We as the Information thank and acknowledge collection and validation of support especially the people that seats every month and check the accuracy of data. Not forgetting our management for encouraging the use and emphasis on the importance of quality data.

Services Office would like to everyone involved in the col-data. We appreciate your

Complete



Correct



C

## HIGHLIGHTS FROM ENYOKENI—UMHLANGA 2009



Ixoxwa ngezithombe eyasemhlangeni enyokeni 2009. Lena enye yezintombi ezihamba umcimbi weSilo oba minyaka yonke oqhakambisa amagugu esintu



## FARE WELL MR . MDLALOSE—F & S MANAGER



Mr Mdlalose owayethole i-Transfer from Hlabisa



Zazibondiwe kuManagement meeting yangalolusuku,

Kwakuwusuku lokugcina luka Mr Mdlalose (Finance and Systems Manager) kwaHlabisa futhi kuwusuku lwe-Management Meeting. Kwabe sekuba usuku futhi imangement eyayithi "fare well Mr Mdlalose uyibekile induku ebandla". Kwakungumhlaka 30 ku August 2009.



UMnu. Mdlalose wacela ukuba aphakelwe I -Sestela (Sister Nkosi) limvaelise

## FARE WELL MRS MNDAWENI — COMMUNITY HEALTH NURSE



Mrs Mndaweni osethathe umhlala phansi (Usingaye)

Iyakhuluma lentokazi, kwakufanele ngempela isebenze kwa-Community Service Section. Kwathi lapho isizibongela, wonke umuntu



Wafikelwa umuzwa ngokulahlekelwa kwesibhedlela. Kwakumnandi ukuthi uphuma nje uyophumula ekhaya ngenxa yeminyaka yakhe hhayi ngobubi (Retirement). Onompilo, Home Based Carers kanye nestaff sasizobungaza lolusuku.



Umyango wakwa—Community Services (Home Based Care) yiwona owawusingathe lomcimbi ngenhloso yokuthi Fare Well Mrs Mndaweni siyokukhumbula lapho sesibhekene nezinkinga usuvele uthi "Isthayma Wo" bese uqhamuka nesisombululo.

Waphiwa inqwaba yeziphu zivela ngisho nakwezinye izinhlaka ekade esebenzisana nazo, nazo ezazikhala ngokuhamba kwakhe.

