

Official Newsletter For Hlabisa District Hospital
July—December 2020 Issue No 11 Volume 1

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CELEBRATION OF HERITAGE AWARENESS DAY

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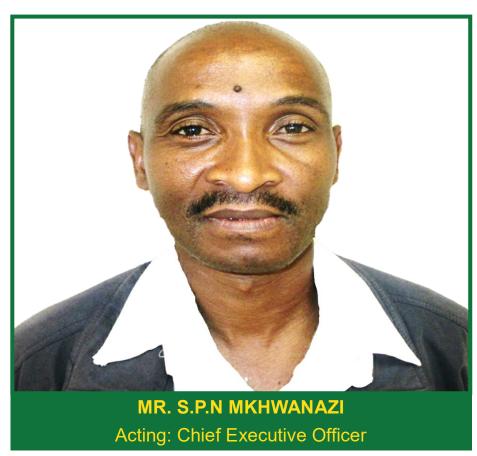








MESSAGE FROM THE **CHIEF EXECUTIVE OFFICER**



he second stanza of the current financial year was characterized by a lot of Covid-19 activities. It is a fact that Covid-19 indeed took all of us by surprise and not fully prepared in March 2020. In the middle of the 2nd quarter we were well geared with the management of the pandemic.

Thus far we have screened thousands and thousands of clients and tested over 1200 from the hotspots and other areas. I wish to thank the foot soldiers in the form of Screening and Tracer Teams who did a tremendous job up and down the sub-districts following the confirmed cases and contacts. A lot of experiences and lessons were learnt during this

exercise. The experiences ranged from being mocked at to refusal of testing, to being accused of introducing infection, to answering difficult questions and to motor vehicle accidents.

I wish also to salute the entire Covid-19 team which was coordinating the activities of the teams. clarifying protocols and allaying fears of staff in general. Another big thank you to a group of nurses who volunteered to work in the Covid-19 wards since their establishment. I wish to thank Management and **Local Joint Operations** Committee (JOC) for the continued monitoring of the situation throughout. Participation in the Local

Command Council was an experience on its own and a lot of information was exchanged in that forum.

As the lockdown levels were lowered, Big 5 Hlabisa and Mtubatuba sub-districts were visited by the KZN Legislature 2 times for Health Functionality Programme and later for War-room Functionality Programme. The Premier's Office KHAEDU also visited the hospital for the assessment of **BATHO Principles** implementation.

2020 has been challenging in its own way, but the resurge of Covid-19 was announced and as a facility team developed a plan to mitigate its effects.

As we draw close to the festive season I wish all staff, from Community Health Workers, EPWPs, General Workers, Contactors, Admin Support, Clinicians and Allied Workers, a Merry Christmas and a prosperous new year. May God be with all those who suffered in different ways and comfort those who lost their loved ones this year. It has not been easy, life saving is not that easy and unlike other careers.

Once more I urge each and every health worker to continue the fight against Covid-19 and gender-based violence pandemics.

Celebration of Herittage Awareness Day



eritage Day is a South African public holiday celebrated on 24th of September. On this day, South Africans are encouraged to celebrate their culture and the diversity of their beliefs and traditions.

This year on the 23th of September, the Hlabisa hospital staff celebrated Heritage day. Due to Covid-19, the event took place on the outside premises, at the Tennis court

so as to successfully maintain social distancing between participants.

The staff was beautifully dressed in their different traditional clothes, some brought traditional food, they were singing and dancing to traditional songs it was beautiful.

KwaMsane clinic also celebrated Heritage day. They were dressed in traditional clothes.

Eye Care Protection Awareness Month



Chief Optometrist Ms Simphiwe Dubazane and WBOT Sr. Mkhaliphi conducting House to house Eye Screening in order to identify clients that needs attention.

he 23rd of September to the 18th of October is Eye awareness month; the 8th of October is World sight day. This year's theme is "Hope in vision".

80% of blindness is caused by eye conditions that are avoidable or managed if detected early. An incurable eye condition that may also lead to blindness has a slow progression rate. Cataracts and refractive errors are the leading cause of avoidable blindness in the world and occurrence is possible to all age groups including neonates. Cataract presents as the white pupil (the central black of the eye). The most common form of cataract is age related which is found on people over 40 years of age. Congenital cataract is inherent and found on new born and the last form is traumatic cataract which appear shortly after a trauma to the eye. Age related cataract has a slow progression, in the absence of systemic diseases, may take years for an individual to notice the reduction in vision whereas traumatic and congenital progresses very fast. Cataracts can be treated by a simple procedure which is to remove the opacified lens and replaced with a clear silicone intra ocular lens, by the Eye Specialist. Refractive error is any incorrect seeing adjustment less than a vision of 6/6 in the eye. Screening in schools through school health program has contributed positively in early detection of eye conditions which may lead to visual impairment which includes refractive errors and congenital cataracts. Refractive errors are

corrected by glasses, by the Optometrist or Optician.

Chronic systemic diseases can affect vision over time i.e. Diabetes mellitus, Hypertension and Immunocompromised conditions like HIV/AIDS. Poorly controlled Diabetes and Hypertension contributes to lens opacities and multiple changes in the eye collectively known as Diabetic retinopathy and Hypertensive retinopathy respectively. Immunocompromised individuals with poor adherence to treatment are likely to develop a retinitis e.g. HIV retinitis a condition leading to visual impairment. Early detection of systemic

related eye diseases is vital; leading a healthy lifestyle, general medical checkups and regular eye tests plays a major role in vision preservation.

New age technology visual display devices i.e. smartphones, TVs, computers etc. have contributed positively to our daily living and easy access to valuable information, however incorrect use has proven to negatively impact our health. Pronged use of visual display devices may lead to Computer Vision Syndrome which is characterized by eye strains, shoulder fatigue and headaches. It is important to take short breaks whilst working on a computer, apply light filters on the computer screens and smart phones, eliminate multiple light sources, use glasses with light filters.

Red eye has multiple etiologies (allergies, infections, inflammations, ulcers and Covid -19) so a proper assessment and diagnosis by an eye Doctor is very important as it will inform the treatment plan .People are encouraged to consult with an Eye Doctor if they experience red eye, refrain from using eye medications that were prescribed to family members or friends, refrain from using over the counter eye medications.

The public is encouraged to have regular eye examinations at their local clinics by the visiting Eye Clinic Team. It is advisable to have an eye test every 2 years or sooner when you notice changes in your vision.

#Jerusalem Dance Challenge Accepted By Hlabisa Gateway Clinic and Hospital

Video of the song Jerusalem by Master KG and Nomcebo Zikode went viral on all platforms of media especial during the stringent covid-19 lockdown period. It will be remembered that the same song was part of the controversial year end song of the year that was voted but not announced due to court case between SABC and Mr. O Ndlovu.

The dance was mostly used by individuals and groups to distress.

After the release of the new video that hit 45 million viewers on You tube in July 2020, #Jerusalemadance fever gained momentum and everyone wanted to partake in it.

Hlabisa Hospital and Hlabisa Gateway Clinic were not left out of the #JerusalemDanceChallenge fever.

All sections were invited to participate on the dance practices held at the Helipad site daily at 14h00.

The Pharmacist Ms Jutika Singh lead and coordinated the team.

Mr Zenzele of KwaGogo Production offered a Video filming and editing service as a form of support to the staff and the Hospital and he successfully did it. Even though we did not participate in the departmental competition of this challenge, but our employees did enjoy themselves and distress the lockdown trauma.

Hlabisa Gateway Clinic lead by Sr. N.P.N Ntombela also participated and their videos were shared at the Hospital Facebook page where they got views as follows:

Hlabisa Hospital = 1 300 views

Hlabisa Gateway Clinic = 3 100 views



Hlabisa Hospital Infrastructure **Improvement Progress**



Front view of the new OPD (Reception) that is still under construction. If there was no covid-19 this building was to be done now.





Side view of new OPD (Pharmacy bulk stores receiving

HLABISA HOSPITAL HAST UNIT HELD TB; HIV/AIDS COMMUNITY DIALOGUE AT MAZALA AREA MTUBATUBA.

n the 6th of November 2020 Hlabisa Hospital HAST unit responsible for HIV/AIDS and TB Management held Community dialogue on curbing the spread of diseases at Mazala Area under Mtubatuba Local Municipality.

The event was held at Mpandleni Community Hall under strict COVID-19 regulations. Wearing of the mask was the pre requisite before entering the hall. Audience was screened for COVID-19 and was kept sanitized every 20 minutes.

Mr Gumede welcomed all members present on behalf of Induna, while Mr Nkosi (Hast Operational Manager) delivered purpose of the dialogue that was to share indicators with the community and give public an opportunity to share ideas on how best can we curb the spreading of the diseases in the area.

Mrs Ndwandwe TB Coordinator shared Indicators of TB management and stressed that people were not adhering to TB treatment guidelines others were defaulting on TB course.

Cllr Mrs Shezi requested the Hospital to continue having these Dialogues through all wards in order to enlighten those who do not take the importance of their lives seriously.

Mr. Maphosa from SASSA shared the form of Support provided by SASSA to all infected patients and the procedures to be followed accordingly.

Mrs S.R Mtshali from URC pledged the URC support in walking with the community and supporting all initiatives purporting to fight against TB. She urged audience to take fight against TB into their own hands than shifting blame to government because "Your Life Is About Yourself, Nobody Else But Yourself".

Mrs.Moyana on behalf of Traditional Healers indicated that they were committed to work hand in hand with the Department of Health to save lives of the people than focusing on personal financial gains.



Audience attended TB; HIV/AIDS Community dialogue at Mazala Mtubatuba had opportunity to ask questions.

Audience was given an opportunity to ask questions and were given responses accordingly.

The dialogue resolved as follows:

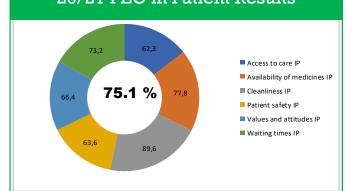
- 1. Public to adhere to all Treatment protocols
- 2. Clinic to ensure availability of Medication
- 3. Public to use their Allocated Clinic rather than crossing borders.4. Clinic to improve waiting Times
- Public to use also their allocated Mobile Clinic for minor ailments.

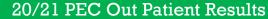
Operational Manager for Nkundusi Clinic catering for Mazala Community thanked all community members for their presence and commited herself and the clinic to improve in all gaps identified by the public in this dialogue.

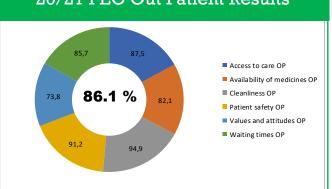
Adherence to the resolutions will be monitored through OSS War room where the Clinic will always report on progress towards achieving the said resolutions.

Annual Patient Experience Of Care Survey

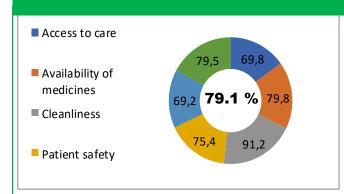
20/21 PEC in Patient Results







20/21 PEC Overall Results



As per guideline, Hlabisa hospital conducted the PEC survey on the 28th of September to the 2nd of October 2020. Prior, on the 22nd, the training was conducted to the surveyors on how to do PEC and what is expected from them.

The survey was successfully completed on the 2nd October, captured on DHIS and the results came back as following as indicated in the graphs.

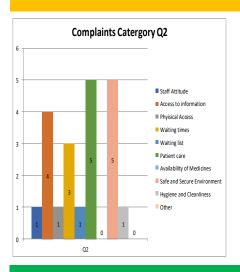
EC survey is a mechanism that is used to obtain feedback from patients regarding the experience they have had with the health care facility (Clinics, Community health centers, Hospitals) and then intervene accordingly.

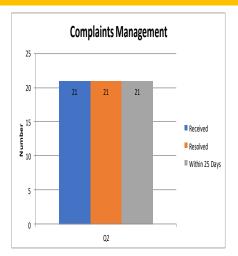
PEC survey exists so that the quality of health care services be improved. It is conducted once per annum by the facility's customer care, Quality assurance manager or the Public Relations officer.

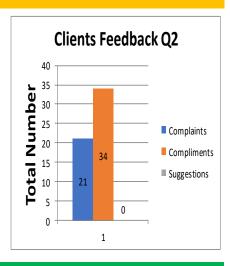


Community field workers assisting clients in filing of survey forms during Patient Experience of care survey.

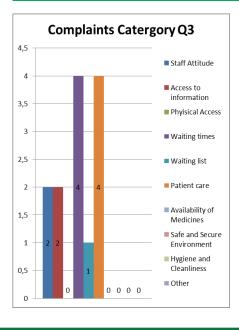
Quality Performance Indicators for the 2nd and 3rd Quarter

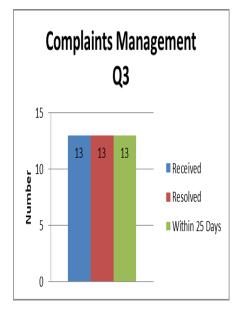


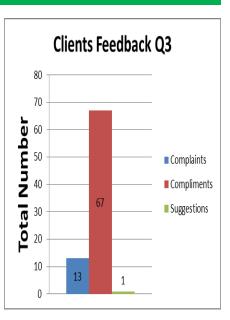




The above graphs are the indicators of Complaints; Compliments and Suggestions for the 2nd quarter, while the below are the same indicators for the 3rd quarter.







HLABISA HOSPITAL TOOK AWARENESS ON **GENDER BASED** VIOLENCE TO EZIBAYENI TRIBAL AUTHORITY.



Sr. Z.B Qwabe addressing Inkosi B Mdletshe of Ezibayeni Tribal Authority during awareness on Gender Based Violence.

wareness was targeting IziNduna and Tribal Council of eZibayeni Tribal Authority under Inkosi B Mdletshe at Hluhluwe on the 08th of December 2020 at 10h00.

This awareness was held as part of 16 Days of Activism Against Women and Children Abuse started from the 25 November 2020.

Purpose of this awareness was to unpack different forms of Gender Based Violence so that IziNduna can easily identify them within the community they lead and act against them accordingly.

Sr. Z.B Qwabe unpacked the following forms of Abuse:

- 1. Children Abuse
- 2. Women Abuse

- 3. Physical Abuse
- 4. Psychological Abuse
- 5. Emotional Abuse
- 6. Sexual Abuse

She indicated that forms of assistance on each kind of abuse has been made available by the government through various Government Departments including the Department of Health specifically Hlabisa Hospital.

All required from men is to protect the weakest; never turn a blind eye; and report all abuse that comes to

their attention to the relevant authorities.

Mr. I.B Mathe (Social Worker) mentioned that intervention is provided to the victims, however the whole affected family needs to be visited by the social worker in order to try and investigate the developments to the abuse and then develop the rehabilitation program.

Inkosi Mdletshe thanked the Hospital for conducting such awareness to Izinduna and requested the department to avail itself whenever called by Izinduna in all meetings that they will be organising within their wards to curb this evil spirit.

Hospital Management remains committed to availing all forms of assistance at its disposal required to end this kinds of violence and support the victims in all their way to rehabilitation.

PRO'S CAMERA FOCUS

When walking around the Hlabisa/ Mtubatuba Sub-District between 01 July and 31 December 2020, This is what I found my camera focused into:- Be careful Next time singakubambi offside!

We humbly request staff members to share with us any stories or photos of any activity they would like to be considered in our next publication



customised vehicle to improve infrastructure received by our maintenance



Screening Desk at Mazala before the TB Community dialogue engagement.



COVID-19 presentation at Rise FM by Sr. Mkhaliphi and Sir. Buthelezi



Acting CEO having a Joint Siting with all Clinic Committees Representatives.



Elevation is important after a long day event but she has to count, stat is due



Institution Covid-19 Command Centre Daily briefing meeting (JOC)



backup generators installation in all clinics ensures continuity of Service.



Old Mutual Mr. S Mbuyazi handing over the cloth mask donation to the Hospital.



Questions and answer session, during Gender based Violence Awareness.



Fleet support from AHRI is helping us in fighting the battle against COVID-19.

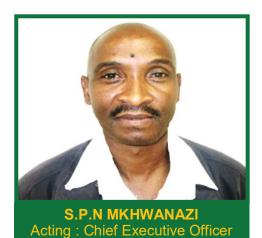


Dignitaries honoured HAST/HIV/AIDS Community Dialogue at Mpembeni.



Abake Babonana Bayobonana Futhi 'Goodbye Hlabisa District Hospital'

ACKNOWLEDGEMENTS





Z.A ZWANEPublic Relations Intern

1. Ms S Dubazane—Chief

Optometrist

- 2. Mrs. Z.B Qwabe—Crisis Centre
- 3. Mr. I.B Mathe—Social Worker
- 4. Mr. B.L Nkosi—HAST Unit O/M



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