



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

HLABISA DISTRICT HOSPITAL

Report Back: Nutrition Awareness Day—Sipho Zungu Clinic

Sipho Zungu Clinic falls under Umkhanyakude Health District; Hlabisa Sub-District; Mtubatuba Municipality Khula Village at St Lucia. The clinic was opened on the 04th of May 2011 and is caring for a catchment population of about 14 000 people.

Taking into consideration the monthly statistics the Management of the facility lead by Operational Manager Sr. L.D Mkhwanazi noted the increasing of malnutrition cases seen by the clinic an they strategized on intervention.



Words of welcoming by Mr. Mlondo



Ndumiso Manyanga

In partnership with African Impact an NGO that operates within the Area, a resolution of hosting a Nutritionist awareness day was resolved. The event was held on the 14th of May 2013, 09h00 at Sipho Zungu Clinic.

Among the guests invited were the teachers from the nearby schools; Department of Social Development; Department of Agriculture, local leadership, clinic committee members; support groups and local NGO's were present, few schools gave their support to the event by providing entertainment to about 240 people whom were present to this awareness day.



CEO Mrs. D.L.L Zungu



Sr. B.D Mthembu

After the program kick-start and the opening prayer, Mr. Mlondo representing local Induna and ward councillor who were not present (due to being to tourism indaba as delegates) welcomed all members and encouraged them to take what ever was to transpire into action so that they may extend their living circle and live it positively.

Ndumiso Manyanga Safety Officer introduced the guests of the event.



M.S.M Nyandeni— D&D

CEO for Hlabisa Hospital Delivered purpose of the day. Purpose of the day was to strengthen importance of healthy eating habits, therefore at this day they were to be advised as to how to eat in a healthy habit. she emphasised importance exercising on weekly basis.

A general health talk about services rendered by the clinic was delivered by Sr. B.D Mthembu who dwell in the status of the clinic being a youth friendly facility. A total number of 7800 Male condoms were distributed (handed to everyone present)



Mrs. Msibi— DoA

A guide to healthy eating Speech was delivered by Nathi Shange (Dietician for Hlabisa)



Audience attended

he focused on monitoring child's growing. Use a road to health booklet he thought how to monitor growing of your baby and the intervention to be implemented the growing curve on the chart.



Dignitaries of the day



uMzabalazo High School

Mr. S.M Nyandeni from Department of Social Development delivered a speech on Social relief services rendered by DSD to ensure everyone does afford to get access to healthy food other than expecting food parcels, i.e. promotion of cooperatives.



Mrs. Msibi of Department of Agriculture on her speech of 1 home 1 garden she indicated that healthy food was easily to access as it comes from the soil and everybody present had access to soil, she also advised people as to how they can access services that are rendered by DoA to the community.



Vezobala Primary School



Mr. N Shange—Dietitian

Time for questions and answers was lead by Miss. D Mkhwanazi a Nutrition Advisor at Siphso Zungu Clinic, people were given tokens for the correct answers they gave.

Themba Shange (PRO) delivered 'our Promise to you'; a speech based from the departmental booklet engaging clients to monitor and

participate in the implementation of the 6 priority areas of the National Core Standards.

A vote of thanks was delivered by Sr. L.D Mkhwanazi Operational Manager who thanked all the stakeholders for participation from the planning process up to the community that came in numbers to the event. A



African Impact team

special appreciation was given to Elephant Lake Hotel and African Impact who ensure provision of refreshment to everybody attended this event; without them this would be impossible



Amasoka Amahle

Among the entertainers were Mzabalazo High School; Vezobala Primary; Amasoka Amahle and African Impact volunteers, left audience amazed about the talent shown.



Ms. Dolly Mkhwanazi



Mrs. Zulu—MC



Themba Shange



Sr. L.D. Mkhwanazi



Even the VIP's were given Condoms

Compiled by: Public Relations and Communications Department

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