## Report Back: Nutrition Awareness Day—Sipho Zungu Clinic

ipho Zungu Clinic falls under Umkhanyakude Health District; Hlabisa Sub-District; Mtubatuba Municipality Khula Village at St Lucia. The clinic was opened on the 04th of May 2011 and is caring for a catchment population of about 14 000 people.

Taking into consideration the monthly statistics the Management of the facility lead by Operational Manager Sr. L.D Mkhwanazi noted the increasing of malnutrition cases seen by the clinic an they strategized on intervention.

> In partnership with African Impact an NGO that operates within the Area, a resolution of hosting a Nutritionist awareness day was resolved. The event was held on the 14th of May 2013, 09h00 at Sipho Zungu Clinic.

Among the guests invited were the teachers from the nearby schools; Department of Social Development; Department of Agriculture, local leadership, clinic committee members; support groups and local NGO's were present, few schools gave their support to the event by

providing entertainment to about 240 people whom were present to this awareness day.

After the program kick-start and the opening prayer, Mr. Mlondo representing local Induna and ward councillor who were not present (due to being to tourism indaba as delegates) welcomed all members and encouraged them to take what ever was to transpire into action so that they may extend their living circle and live it positively.

Ndumiso Manyanga Safety Officer introduced the guests of the event.

CEO for Hlabisa Hospital Delivered purpose of the day. Purpose of the day was to strengthen importance of healthy eating habits, therefore at this day they were to be ad-

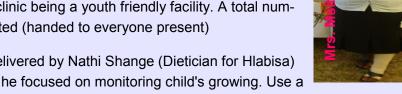
vised as to how to eat in a healthy habit, she emphasised importance exercising on weekly basis.

A general health talk about services rendered by the clinic was delivered by Sr. B.D Mthembu who dwell in the status of the clinic being a youth friendly facility. A total number of 7800 Male condoms were distributed (handed to everyone present)

A guide to healthy eating Speech was delivered by Nathi Shange (Dietician for Hlabisa)

road to health booklet he thought how to monitor growing of your baby and the intervention to be

on the chart.











Mr. on S get coo

Mr. S.M Nyandeni from Department of Social Development delivered a speech on Social relief services rendered by DSD to ensure everyone does afford to get access to healthy food other then expecting food parcels, i.e. promotion of cooperatives.

Mrs. Msibi of Department of Agriculture on her speech of 1 home 1 garden

she indicated that healthy food was easily to access as it comes from the soil and everybody present had access to soil, she also advised people as to how they can access services

that are rendered by DoA to the community.

Time for questions and answers
was lead by Miss. D Mkhwanazi a Nutrition Advisor at Sipho Zungu

Themba Shange (PRO) delivered 'our Promise to you'; a speech based from the departmental booklet engaging clients to monitor and

Amasoka Amah

Clinic, people were given tokens for the correct answers they gave.

participate in the implementation of the 6 priority areas of the National Core Standards.

A vote of thanks was delivered by Sr. L.D Mkhwanazi Operational Manager who thanked all the stakeholders for participation from the planning process up to the community that came in numbers to the event. A

special appreciation was given to Elephant Lake Hotel and African Impact who ensure provision of refreshment to everybody attend-

ed this event; without them this would be impossible

Among the entertainers were Mzabalazo High School; Vezobala Primary; Amasoka Amahle and African Impact volunteers, left audience amazed about the talent















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