



## HLENGISIZWE LAST EDITION 2024

## NEWSLETTER

*Patient lives and health, with respect and dignity before any-*

**Year 2024-2025**

**Topic: A message to staff by Dr. NN Mdluli. “ I am confident that with your continued dedication we can deliver our plans systematically and embrace excellence, accountable and work collaboratively”**

**O**n the 18 October 2024 marked the very significance day on our Health Calendar because we had a visit of MEC of health Nomagugu Simelane, HOD DR. Tshabalal, district director Mrs Shandu, Hlengisizwe CEO , Dr. NN Mdluli marked on a management walkabout at Mpu-malanga clinic , together with sister Ngcongo who was acting as the OMN Manager at the clinic .

The intention were to identify areas the clinic needs to improve d on it. It was a mouth watering experience that captures lot of attention to surrounding community as the walkabout continued. Nomagugu Simelane (MEC) and Head of department Dr. Tshabalal had a chance of interacting with patients on one on one on matters related to health issues . Dr. NN Mdluli the CEO of the clinics thanks them for the exceptional support they have shown at the clinics and their unwavering dedication to patient care.



**MEC HEALTH DEPT. NOMAGUG SIMELANE, HOD DR. TSHABALA ,DR MDLULI  
CEO FOR THE FACILITIES**





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## On the 24th/ 25th TB day Hlengisizwe CHC KEY STRATEGY

- Hlengisizwe TB day and the definition of TB as it is an infectious disease that most often affects the lungs and is caused by a type of bacteria. We further expressed to say to our client that it spreads through the



air when infected people cough, sneeze or spit . We as Hlengisizwe clinic remained to say to our patient Tuberculosis is preventable and curable on day that it was the message that we were conveying to our client as it shown on the picture. Our clinicians taught live as it shown on the picture



that active TB diseases are as follows:

- Cough
  - Fever
  - Chills
  - Night sweats
  - Weight loss
- Pain with breathing or coughing
  - Coughing up blood or mucus. Nb it was explained to our client that the above mentioned were early signs of TB.



TB, is a serious and potentially fatal diseases spreading through the air. Fortunately there are ways to prevent the spread of diseases. Proven prevention methods includes vaccination, testing, early diagnosis , quarantine and medication treatment .it was further explained to patient as form of conveying the message that immune health and hygiene are also important ways to stop the spread of TB.

## HOD XABA-MAKHETHA ACCOMPANIED MEC KHOZA TO INTERACT WITH WARD 06 ETHEKWINI METRO COMMUNITIES ON THE 27TH MARCH 2024



Mec Champion Nonhlanhla Khoza (DSD) accompanied by HOD

Champion Glen Xaba Makhe-tha (DSD) were in Ward 06



eThekwin Metro sent by KwaZulu-Natal Premier Mama Nomusa Dube Ncube through Operation Sukuma Sakhe (OSS) on Wednesday 27 March 2024.

MEC for Social Development Mrs Nonhlanhla Khoza, visiting wasteful- recycled garment just to name the few areas she visited, Waste area garments are shipped out of the country. The plant creates employment and equips local young people with skills. Other project visited by MEC and HOD Champion are Inggophamlendo Service Center for Aged, Masimbonge Old Age Home and the Do more Business HUB before going to Endlulamithi Sport Ground to interact with community at large.



# OPERATION SUKUMA SAKHE PICTURES EMOTION.



MASISUKUME SAKHE SAKHELE UMPHAKATHI WETHU



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# PHOTO-GALLERY OF MEN'S GATHERING

## ISIBAYA SAMADODA



Gathering of men's to celebrate ubuntuism of men, teaching, values of respect not to abuse women and childrens this day mark a very significance on its own since health talks was made by Prince nhlakanipho Zulu from the Royal house of Zulu-Nation . Izintombi/ Young maiden took part to hymn traditional song to celebrate this day among men.



05

06

**I**sibaya samadoda aims at promoting the well being of a men and alleviate the health issues men's are facing day by day. This often contributing to detrimental social ills such Gender-based violence (GBV) and Inequality, teenage pregnancy substance abuse, high school dropout rates, suicide, social disintegration of the age as well as person with disability not to forget the preventable spread of HIV /aids and sexual transmitted infections. This is a platform where men can speak up and discuss issues related to men like medical male circumcision (VMMC) HIV testing services (HTS) . Fortunately Hlengisizwe Clinic hosted this event of its kind aiming at breaking all stereotypes about not knowing how e.g. to cook, dancing traditionally, stick fight, ukwelusa ( heard boy).



We must mentioned that there are lot of stigmatization attached to visiting local health clinic and being attended by a host of female this are some of the problems men's do face on our daily routine, on matters that men are comfortable speaking amongst each other in a forum such as men to men and they expressed their concern to the health representative in attendance our aim as clinics is to close the gap to educate men to make

them feel important and not being isolated.

The massive positive of the men's Isibaya Samadoda was endorsed by the presence of local Izinduna, AmaKhosi, amaButho, not to forgotten Prince Zulu of the son's of the late King of the Zulu Nation uMntwana uNhlakanipho. Emphasis was placed on older men being role models and positive leaders in local communities at Ntshongweni local area .

# PHOTO-GALLERY MEC EVENT



**MOTION PICTURES HANDING OVER PROGRAMME PIONEERED BY HLENGISIZWE CLINIC HAND-  
ING OVER WHEELCHAIRS,COLAR NECK TO DISADVANTAGE COMMUNITY , DISABLE COMMUNITY**



# PHOTO-GALLERY MEC EVENT VISIT AT MPUMALANGA CLINIC AND PHC AT SPORT GROUND FIELD

## **2024/04/24 HLENGISIZWE CHC HANDING OVER OF WHEELCHAIR'S BY SAFF TO PATIENTS**

The former Premier of KwaZulu-Natal Nomusa Dube Ncube continued to bring relief to



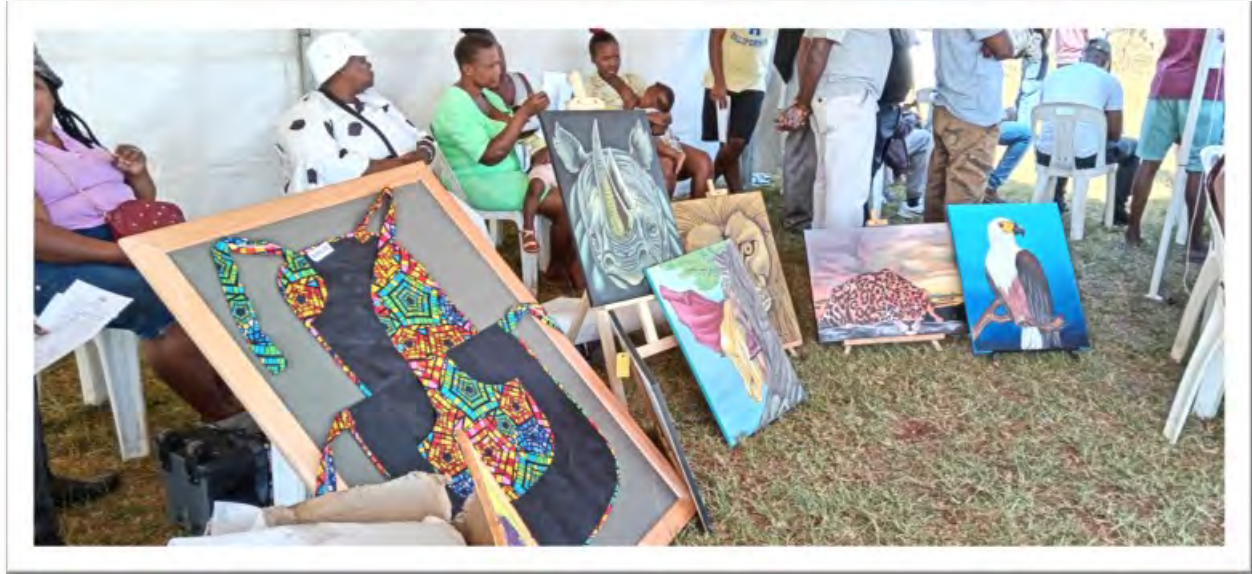
struggling families , children when she handed over wheelchairs, walking frames to people of Hammarsdale and to surrounding area the event took place on the 24th April 2024 and it was a very successful outreach event. Hlengisizwe had wheelchairs that was donated to sixteen people.

Throughout this programme two thousand youth who attended this event were reminded that a healthy lifestyle is a key priority to our human and economic development which will help to lift the veil of poverty, unemployment and inequality in KwaZulu-Natal. We also want to emphasized that there is no alternative to educate as a means to a better life that will also help improve the living standards of our community including people from villages and in areas where it is not easy to reach out. The reality is we need to invest more on healing the nation by simple practicing good health and stay away from drugs and alcohol striving for meaningful contribution toward the growth and development of our province.



These are some of the key messages by the former premier of KZN “ May you be blessed with good health and speech recovery remember to give yourself the gift of time during your recovery never ever to forget that to us we care for you!! This is tough but you're tougher regardless of your current situation which makes you not better said but we promised you one thing better days for you are coming if not now

## UHULUMENI UZIBOPHEZELE UKUSEBENZELA UMPHAKATHI



April 30, 2024 Hlengisizwe Clinic worked in collaboration with various stakeholders to assist community and people at large the aim was to bring services back its com-



This collaboration helped in enhancing problem-solving capabilities of the community for example a large number of Mpumalanga township in unit five, six and seven most of them did not have identity documents, and they are living in area where they don't have the necessities, electricity, water and sanitation, poverty and unease road. Social development was there to take those ills and address it accordingly to local people. All department including Correctional services was amongst others to bring their unique knowledge and skill to the table. This diversity of perspective allows for more comprehensive analysis of the issue at hand by considering various viewpoint potential blind spots can be identified and addressed leading more positive feedback to people through by effective problem solving in one common vision for all department for the people

## GOVT SERVICES WAS TAKEN BACK TO THE COMMUNITY



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# HLENGISIZWE CHC GLOBAL HAND WASHING CAMPAIGN ON MAY 2024 AT HLENGISIZWE COMMUNITY HEALTH CARE CLINIC.



Hlengisizwe CHC was engaged in the campaign of maintaining a global profile on the importance of hand hygiene in the health care and to bring people together in support of hand hygiene improvement globally. Our basic objective on the day was to inform the staff, including patient about the importance of hand hygiene, preventing the spread of infectious diseases and helping children lead long, healthy lives. Mr Khumalo Infection and prevention coordinator explained to us the objective of cleaning and sanitizing food contact surfaces is to remove food (nutrients) that need bacteria to grow and to kill those bacteria that are present, it's important that the clean sanitized equipment and surfaces drain dry and are stored dry so as to prevent bacteria growth.



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# PHOTO GALLERY HERITAGE DAY HLENGISIZWE CHC





**KWAZULU-NATAL PROVINCE**

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On the 18th September 2024 marked the greatest of our significance at Hlengisizwe clinic where we had our own Heritage day. Our main goal were to encourage everyone around to honor their unique traditions and historic fostering unity through diversity and social cohesion.

We managed to achieved our goal which were the reflection of society, our own staff at the clinic, everyone around on the day including patients, were present and the message was very informative on the day. Our main goal was the maintaining of cultural diversity fostering sense of belonging, and passing down knowledge of future generations. We achieved our goal throughout forms of activities including traditional dance category, traditional singing in isiZulu, traditional dance category in isiPedi, Xhosas, including traditional praying in Afrikaans, traditional dance in traditional Indian. Hlengisizwe Heritage was a must not to be forgotten to date around the clinic people including staff still talk about it. We recognized the fact that the nation's strength lies in its diversity.



HLENGISIZWE COLOR OF THE DAY OR THE DECO



Page indicate some of the performers on the Heritage day at the clinic

Me must said that Heritage is woven into our daily lives and ways of being. Our sense of belonging and identity is often informed by the world we grow we must say this and the traditions that we part of our lives , by understanding one another ways of being in the world and the things that we value , we can connect more



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# IZINDABA ZETHULWA NGEZITHOMBE : ISIBHEDLELA KUBANTU HLENGISIZWE CHC TAKING ITS SERVICES BACK TO COMMUNITY



## IZINDABA ZETHULWA NGEZITHOMBE : ISIBHEDLELA KUBANTU HLENGISIZWE CHC TAKING ITS SERVICES BACK TO COMMUNITY

On the 15 November 2024 at Nondlini Hall Inchanga Hlengisizwe clinics together with government stakeholders embarked on a collective action to given back its services back to the community. The aim of doing this was to bring health services closer to the community and reduce the need to travel to clinics that are around Inchanga all Government department participated



during this communal activities from Eye department to chronic, Maternity, etc. this Isibhedlela

kubantu was led by department of health or should I say Hlengisizwe in collaboration with other stakeholders eg SAPA, Social development, Immunization, Occupational therapy, treatment of minor ailment, family planning, screening for HIV tuberculosis and others its aim was achieved because a huge number of local people came in numbers to seek health. I must say people of Inchanga was so cheered to witness this extravaganza services



back to its care, no one came unattended too. We felt the need to do it next time, we make it easier for people to access health service especially those with poor socioeconomic status.

On the 22nd of November 2024 at Hlengisizwe CHC we had a Quality day or an Award ceremony that feature key accomplishments , testimonials from colleagues showcasing the employees impact on the team building exercise. On the day we had Five projects or task aiming at improving service delivery to our clients or Quality day reflects on the Staff appreciated for patients hard work, dedicated years of service and is a



symbol of personal and team building exercises and achievement. The day was designed



**MARTENITY WITH ITS PROJECT PRESENTED**

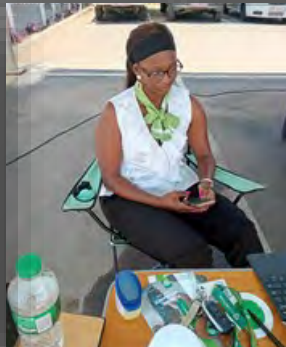
to increased awareness of the important contribution that quality makes towards both organizational growth and prosperity this day mark the significance on its on and the staff of the clinics was excited through different projects for example Out Patient Administration for patient record keeping, filing and retrieving of patient information ( as it shown on

Standardize processes and structure to reduce variation, achieve predicable results and improving outcome for the patients, healthcare system and quality improvement focuses on care that is safe, timely , effectively, efficient equitable and patient – centered this was the message that was carried at the Quality day held on the 22nd November 2024 at Hlengisizwe clinic we must say it was not just a normal day on its own it was a day that strive for excellence in our work is a responsibility we all share it is not just an end result it's a process a mindset, and a commitment as we reflect on what quality means to all of us.



**JUDGES STANDING STILL WATCHING CLOSE TO SIR KHUMALO, PRESENTING HIS STAND (IPC)**

## QUALITY DAY PHOTO –GALLERY 2024 NOVEMBER 22 AT HLENGISIZWE CHC.



**O**n the 23rd August 2024 Hlengisizwe CHC, had an outreach event ISibhedlela kubantu aimed to bring health services closer to the community and reduce the need to travel to the clinic and the hospital for health services the event was well supported by the community various health services provided during the events included chronic management services , family



planning , TB screening , HIV screening and testing , dental services, occupational therapy, pediatrics, eye care services, rehabilitation services, cancer screening , immunization and treatment of minor ailments. The aim is to make easier for the community to access healthcare, especially those with poor socioeconomic status.



**COMMUNITY OUTREACH EVENT –ISIBHEDLELA KUBANTU TAKING SERVICES BACK TO LOCAL COMMUNITY OF MPUMALANGA –HAMMARSDALE AREA , PICTURES EMOTION**



# HLENGISIZWE WORLD AIDS DAY CELEBRATION PHOTO-GALLERY



HLENGISIZWE CHC WORLD AIDS DAY EVENT PICTURES INDICATES ACAPELLA SINGING, LIVE SHORT STORY PERFORMANCE, TRADITIONAL DANCE , WORD OF GOD AS THE MAIN INTRODUCTION BY REV. DLAMIN, INCLUDING OUR CORPORATE SPONSORS.



“ We will overcome AIDS if the right if the rights of everyone , everywhere are protected. We call all leaders to heed this year’s theme and take the right path. We will overcome AIDS if the rights of everyone, everywhere are protected.

# ACKNOWLEDGEMENTS

This newsletter was developed by the Public Relations department telling a number of stories on activities undertaken by the institution. We thank you for taking your time to read through our facility newsletter. Should you have any interesting health stories, please share them on [Hlengisizwe.PRO@kznhealth.gov.za](mailto:Hlengisizwe.PRO@kznhealth.gov.za). Your inputs will be much appreciated.

Should you have any complaints or compliments regarding the work and manner of approach by our staff members you can also send in writing to [Nomzamo.gumede@kznhealth.gov.za](mailto:Nomzamo.gumede@kznhealth.gov.za) or call 031 7741001

Here's the message for hope: there are better days ahead or we are here to help as Hlengisizwe CHC . We hope brighter days are coming it's the only hope we have for and we strive for our patients and surrounding community at large. We hope one day that it is not the strength of the body that counts but the spirits that lives within ourselves, never gave up its a brighter day tomorrow .

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