



health

Department: Health PROVINCE OF KWAZULU-NATAL

Hlengisizwe CHC

HAPPY FESTIVE SEASON



# Hlengimpilo



World AIDS Day 2017

# NEWS

May – December 2017

## HLENGISIZWE CHC WORLD AIDS DAY EVENT



**H**lengisizwe CHC celebrated World Aids Day on the 01<sup>st</sup> December 2017.

The event was organised by HAST unit together with support group.

In line with National Development Plan, World AIDS Day 2017 focused on “Accelerate prevention to reduce new HIV and TB infections and STIS” and to “Promote leadership and shared accountability for a sustainable response to HIV, TB and STIs”, while acknowledging the right to health, in line with the global theme..

This year’s the event was celebrated under the theme My Right to Health “ with a slogan “Forward ever backwards never, I’m my brother’s keeper”. The vibrant Programme Directors Ms.



Left: OMN Myeza, Mrs. T .Tembe, Mr. N. Manqele ,Rev J.T Radebe, QAC T Shabangu, Right: Dr. J M Kunene and Dr. Y. A Issa

N. Motaung and Ms. S.Chonco highlighted the importance of the day to a packed hall.

Reverend Hadebe opened the event with prayer and word of God. ANM Mthembu welcomed the audience and introduced the honourable guests. The purpose of the day was highlighted by Sister N.E Mhlongo It was a day filled with fun, excitement and information. The children from support group came with their parents to celebrate this day.

Ms T. Tembe guest of honour from Match said “ It is My Right to Know My Status, Prevention is My Responsibility” this year theme encourages us to make our actions count and take personal and collective responsibility to get tested and to know our status whether adult or teenage. Children were rewarded with certificates for dedicating their time to the support group by Ms Loren from MaTch

The event couldn't be complete without the entertainment from Hlengisizwe CHC music choir, support group ,Poem stage play and music.



GUEST LISTENED ATTENTIVELY



AIDS HELPLINE 0800 012 322 #WAD2017



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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

# REHAB CHILDREN CHRISTMAS PARTY

**O**n the 1st December 2017 Hlengisizwe CHC Rehab Team Miss. Zwakele Shezi- Speech Therapist, Nicky Chadwick- Occupational Therapist and Nkululeko Mhlongo- Physiotherapist hosted Christmas parties for the children who have been attending speech therapy, occupational therapy and physiotherapy throughout the year.

The first party which was held at Rehab department, the aim of the party was for children with physical and intellectual disabilities. The party was attended by DMN. Mrs. E. T Ngubane and HRM. N.C Sibisi.



**CHILDREN HAVING FUN**

Total number of ten children attended this party and enjoyed fun filled activities and food.

On Monday the 4<sup>th</sup> of December the second party was held. This party was for children with learning disabilities. A total of number twenty children attended this party. The children took part in many fun games, activities and they were reminded of things they learnt in therapy throughout the year. New friends were made and a lot of dancing took place!

Overall the two parties were a huge success and well-attended by the children and their caregivers with Hampers were distributed to all children who attended.

The rehab team would like to extend appreciation to the community of Hammarisdale who have been attending therapy this year and would like to bid farewell to everyone as they will be completing their community service year in December 2017.



**REHAB TEAM AND MANAGEMENT**



**CAREGIVERS AND REHAB TEAM**

## VISION

To achieve optimal health status for the population within the Outer west Area.

## MISSION

Hlengisizwe CHC is committed to render integrated, coordinated, sustainable quality health care based on the PHC approach

## CORE VALUES

Loyalty, integrity and honest

Dedication & commitment

Professionalism & accountability

Transparency

Continuous learning

## HLENGISIZWE CHC CELEBRATES MANDELA DAY

On Mandela day people around the world are encouraged to spend at least 67 minutes doing something positive for their communities in honour of the 67 years that the late South African president Nelson Mandela spent fighting for social justice and a free, democratic country.



Children with their mothers

On the 18<sup>th</sup> July 2017 Hlengisizwe CHC went all out by giving back to the community making sure that patients, children are served with meals and cakes.

Omama Besililo Non-Profit Organization and Boxer Super Store supported Mandela 67 minutes initiative on the day.

The management of Hlengisizwe CHC ANM B.L Mdluli, HRN N.C Sibisi, OMN .N. G Myeza, FMO N. W Madondo, and staff gave warm welcome to Boxer Management who visited children department earlier on the day. The management of Boxer Super store brought goodies for childrens department, you could tell by excitement from the children that it was indeed a special day. The day was filled with

more surprises for patients.

Mrs. E. T Ngubane Head of Nursing welcomed Omama Besililo Organization who visited Hlengisizwe CHC and served lunch to all patient on the day.



Special Cake for Mandela Day

The day was filled with joy to every patient visited Hlengisizwe CHC on the day

*"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead."*



Boxer Superstore management

## COMMEMORATION OF YOUTH DAY

**O**n the 24 of June 2017 Hlengisizwe Hast hosted Youth Day Event. Youth Day in South Africa is celebrated in memory of all the youngsters who lost their lives during the protest, especially the death of Hector Pieterse, a 12 year old student who was killed during the uprising.



“Our children are the rock on which our future will be built, our greatest asset as a nation. They will be the leaders of our country, the creators of our national wealth, those who care for and protect our people.” quote by President Nelson Mandela

### GUESTS WHO ATTENDED THE EVENT

The day commemorates the Soweto Uprising in the country and to recognize the role of youth in the liberation of South Africa from the Apartheid regime

The day was celebrated with lots of entertainment musical items music, poems and stage play energy of youth.

The presence of youth made the event to be a huge success on the day.

The event started with a high note Mr. T N Mbeje Programme Director open with prayer. The vibrant program director made the event more exciting with his knowledge and music.

The foyer was packed with representatives from different departments who came to support the day. Our partners and supportive organizations were part of the event .

The guest speaker addressed the youth informing them about democratic South Africa could be built, we encourage the youth of today to become involved in changing their communities and their country for the better. The day also sees various educational discussions being organized by Hast department.



### Youth Attending the event



## HLENGISIZWE CHC LAUNCHES ADOLESCENT YOUTH FRIENDLY SERVICES

**O**n the 17<sup>th</sup> May 2017 Hlengisizwe CHC launched Adolescents Youth Friendly Services (AYFS)

The mandate of Department of Health is to ensure long and healthy life for all South Africans.

AYFS programme has been developed to ensure that public health clinics work to provide appropriate and accessible services that recognized the particular needs of adolescent and youth

The launch was attended by youth of 10-24 age from around Mpumalanga Township who came from different schools. The vibrant Programme Director Mr. N. Dlamini highlighted the importance of the day to the children. He entertained the learners with music and informative topics.



**YOUTH ATTENDING AYFS LAUNCH**

The youth listened attentively as OMN T. T T Mchunu briefed them about the happy hour and the type of services to be offered.

Sr. S. Nsibande AYFS champion announced that every Wednesday

from 15h00 till 16h00 the happy hour will be focusing to youth, services e.g. Sexual and Reproductive Health, STI, Substance Abuse, and Teenage Pregnancy.



**Ms. N. Motaung attending the learners**

The AYFS hour will create a platform where by youth will interact with professional nurses in health related topics that will empower and educate them



**OMN T.T.T MCHUNU AND PN. S NSIBANDE**

## CANCER AWARENESS DAY AT HLENGISIZWE CHC

On the 10<sup>TH</sup> May 2017 Hlengisizwe staff attended the Cancer awareness campaign that was hosted by CANSA association.

The purpose of the awareness was to educate staff on how to screen and to be able identify cancer symptoms at an early stage.

Almost 60,000 South Africans are diagnosed with cancer annually, according to the National Cancer Registry, which was last updated in 2010.

Despite a growing burden of non-communicable diseases like cancer in the country, numerous small, qualitative studies have shown low levels of cancer awareness among some communities in the country

Ms. Nondumiso Zuma from CANSA encouraged staff how important it is for women to know what is normal for their bodies, and to be aware of cancer symptoms, as early detection improves treatment outcomes

We urge women and female cancer Survivors to encourage one another to adopt a balanced lifestyle and to go for regular screenings in order to reduce their cancer risk or the recurrence of cancer & to detect cancer early.

Contact your local CANSA Care Centre for health awareness materials and arrange for screening for Breast, Cervical or Skin Cancer, or ask about scheduled visits to provide screening via our Mobile Health Clinics, if you live in a remote area.



**MS N. ZUMA EDUCATING STAFF**

CANSA places the focus on women reducing their cancer risk during October. However, we encourage women to make their health a priority all year round.

Demonstration from different product that can causes cancer. Staff listened attentively during the presentation, and questions were asked on such topics



**STAFF LISTENED ATTENTIVELY**

# ACTIVITES ALBUM



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

# ACKNOWLEDGEMENTS

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