



HLENGISIZWE CHC NEWS

"Lead the way to the world without Aids" Internal Communication a Winning Practice"

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Inside this issue:



AN EMOTIONAL CONGREGATION DURING CANDLELIGHT DAY AT MPUMALANGA TOWNSHIP HALL



From left: Lungi (eThekweni Municipality councillor), Mr. Muzi Mjola (eThekweni Municipality Health Manager), Ms. Mdlalose (KwaDabeka CHC Manager), Mr. Ngqabayi Hlengisizwe CHC Manager and other dignitaries during candlelighting moments

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HEALTH CALENDAR

JUNE- JULY

- 1— Children's Day
- 16 Youth Day STI
- 21 National Epilepsy
- 19—26 Drug Awareness Week
- * July
- Mental Illness and Awareness
- 11 World Population Day
- 16 Hepatitis Day
- August
- 1-7 Breast Feeding Week
- 9 National Women's Day

The month of May was when everyone in world gathered and gave a prayer remembering those who died of Aids. On the 30th May 2007 Hlengisizwe CHC together with Ethekweni Municipality had pay tribute and lightened candles for those died of Aids.

Churches around Mpumalanga and the community assembled to give a sermon during the event. Councillor Lungi welcomed and thanked everyone for dedicating their time coming to the prayer event.

Rev. Sangweni spoke about the importance of abstaining and use of protection Everyone listened attentively in a full packed hall. " A challenge we are currently facing is that the mother in-laws force their daughters to breast feed after giving birth, babies end up getting infected because their mothers are scared to let the parents know that they are infected" those were the words said

by Mrs Jabu Madondo from eThekweni Municipality. Everyone agreed you could tell by the crowd clapping hands after the speech.

After that Mrs. H.Nyawo stood up and gave testimony about when she discovered her HIV status and how she managed to survive with it. She mentioned how she survived while she was sick It was an emotional moment and everyone was touched by her speech you could tell by the tears to some of the crowd that they related to the speech.

This event could not have been complete without entertainment, Gifted (a group from Mpumalanga) and Hlengisizwe Community Health Center Choir entertained the crowd with full gospel music.

"Lead the way to the world without Aids"

New Developments Hlengisizwe CHC



Dental Department



World Aids Day See Page 1



TB Day Ntshongweni Clinic See Page 4

EDITORIAL FILE

Firstly, Hlengisizwe News would like to thank everyone who contributed to the first issue and for their support.

One can view this in many ways, for instance one can say this, since Hlengisizwe has managed to function as a Community Health Centre there's a very huge development in terms of recruitment and growing as a Community Health Centre. It has managed to recruit good quality staff who can deliver excellent service, we all have responsibilities to practice Batho Pele. The challenge we are facing at the moment is a shortage of space, as we are developing the number of staff is growing rapidly.

Hlengisizwe CHC has also played a huge part in terms of making a meaningful impact on empowering and job creation to the community of Mpumalanga as well as

building a stronger partnership with our sister bodies and other stakeholders. Working together with a community and creating job opportunities to small business entrepreneurs around Mpumalanga e.g. caterers .



During the month of May the whole country remembered all those who died of Aids. Despite the cold weather during that time of the month Hlengisizwe CHC gathered with eThekweni Municipality and the community of Mpumalanga at large to pay tribute to those died of Aids.

Thank You

Sibongile Tshabalala

NATIONAL PLAN TO TACKLE POLIO AND MEASLES

May and

June months have been dedicated to the national campaign to exterminate polio and measles.

Parents and the community at large have been made aware by placing of the immunization posters around strategic points, national radio announcement and in schools.

Ethekweni Department of Health has organized a huge awareness event that was held at Msunduzi sports ground, the community was informed and they were all looking forward to take their children to the strategic points.

Hlengisizwe Community Health Centre has embarked on sensitizing the whole community of Mpumalanga and surroundings about polio. Sisters and nurses from clinics around Mpumalanga



Ntshongweni, Msunduzi, Fredville, Mpumalanga and Peaceville clinics gathered to immunize children over a period of time, in a large geographic area.

Also schools from around Mpumalanga have been involved in this campaign, children were also immunized from schools.

During this campaign all children received two doses of the oral polio vaccine, then all children between 9 months– 5 years received one dose of measles vaccine. Through dedication, commitment and hard work clinics had more than 15 points and attendance was very good from the community.

The campaign was successful hope it will bring a country free of polio and measles.

THETHA CORNER

HLENGISIZWE NEWS- WENT OUT TO ASK THE

PUBLIC ABOUT THE SERVICE THEY ARE RECEIVING

Miss Nosiphiwe Majola from Unit 2 Hammarsdale had visit Hlengisizwe CHC.



It was her first delivery when she came to Hlengisizwe Community Health Centre., "I wasn't so sure what to expect because it was my first time to visit the clinic and I was not familiar with the clinic. On my arrival at Hlengisizwe CHC I was scared because I was familiar with Peaceville clinic, I attended all my monthly appointments there, when I got sick on the 6th June 2007 my family rushed me to Hlengisizwe CHC".

"I couldn't believe the best treatment I received , " I was surprised the sisters and the nurses at maternity were so kind and caring, when I delivered my baby boy.

To all who want to receive good service from the health facility can feel free to visit Hlengisizwe Community Health Centre.

I would like to say thank you to all the staff who made my delivery easy at Hlengisizwe.

HNEWS: Can you tell us who are you and where do you live?

Mr. Mncwabe: I live at section 6 (v.v.), with my wife and children.

HNEWS: Is it your first time coming at Hlengisizwe Community Health Centre or are you a regular visitor?

Mr. Mncwabe: I have been visiting Hlengisizwe CHC since it was a clinic till today.

HNEWS: You have been visiting Hlengisizwe CHC for sometime, what challenges have you come across?

Mr. Mncwabe: I had a problem of waiting for long hours in the queue before, I understand there's was a shortage of nurses, now its better things are faster and I hope the management will hire more nurses. Also the delayed of in the morning during prayer time .

HNEWS: During the visits how does the staff at Hlengisizwe CHC treat you?

Mr. Mncwabe: I don't have any complains so far nurses are doing their job.

HNEWS: What advise you can give about the institution ?

Mr. Mncwabe: I can be happy if the eye doctor and permanent medical doctor are hired, we elders suffer a lot it will be better if we are also checked by professional doctors.



HLENGISIZWE BIDDING FAREWELL TO SNAYO- SENIOR PHARMACIST



great pleasure working with Ms Snayo Ndlovu and personally she would like to thank the management of Hlengisizwe CHC for the opportunity and staff for being accommodative to her.

Snayo Ndlovu joined Hlengisizwe CHC as a Senior Pharmacist early this year, her stay was short, however she is still going to work for the same Department, at Montobelo Hospital.

She will start at her new job on the 1st July 2007. It has been a

The colleagues arranged a farewell party on the 18 June 2007.



Commitment and dedication is the above group's motto. They are community health workers based at Hammarsdale Mpumalanga township. They received their certificates after training at eThek-wini District.

HEALTH CORNER

DID YOU KNOW?

SEVENTY- FIVE PER CENT OF HIV- POSITIVE 15- TO 25- YEAR- OLDS IN SOUTHERN AFRICA ARE FEMALE

TB AWARENESS DAY AT NTSHONGWENI

Friday the 9th of March marked another effort by Ntshongweni Clinic to sensitize various communities of eNtshongweni about TB and other related diseases.

"TB is curable; any person diagnosed with TB should take his/her pills for full six months, and should not take alcohol and drugs while on the medication". This is a very simple message that was constantly repeated by almost every speaker who shared the stage.

Sisi Gugu reminded the audience about DOT support, which is a programme set up to assist those people who forget to take their pills and that food parcels for people with TB are now available. Another important fact conveyed to the public by the speaker is that all children who are under the age of five should be sent to a local clinic should any family member be diagnosed with TB. This is due to the fact that these children still have a weak immune system which might not be able to fight against diseases like TB.

Although he was not featured as a speaker, but while we were waiting for an entertainment item, Mr Muzi Majola (Programme Manager eThekwin Municipality Health Services Outer West), left no stone unturned about TB. He further mentioned that although TB is easily manageable, but it is still a major challenge as some of the TB patients default treatment and others do not ask their clinics for referral letters when ever they relocate. He also told the attendants that there is a huge

concern from the government about the TB and HIV& AIDS and other related diseases. It is of



this concern why programmes like this are organized for the communities. He insisted that people should know that.

Again people of Ntshongweni are very lucky to have a local Councilor like Mr. F. Moyo who organizes campaign on behalf of the communities in conjunction with the Community Health Workers. He took to the stage and reported that last year in November, he led the team during a Door to Door Campaign where 7 750 households were visited. During this campaign they were teaching, educating people about TB and other related diseases.

While delivering a speech he turned back to Pastor Hadebe and thanked the Churches for preaching about diseases during their Church sessions.

This was applauded by the entire audience. He further explained that HIV / AIDS and TB affects all community structures, thus close cooperation is needed.

The issue of neighbors was again raised by Councilor himself. "It is important that the neighbors look after each other", he added. He even quoted a Presidential speech when he said "Konke esikade sikwenza asikuphinde kabili ukuze sikwazi ukulwa nezifo"

On this coming Friday 16, the Ntshongweni Clinic team, Councilor Moyo, and 120 volunteers will again be embarked on yet another Door to Door Campaign at Shongweni Dam vicinity where 2250 households will be visited. This will start from Saturday to Sunday. Plans to put STOP TB Stickers behind the taxi driver sit are being discussed.

Entertainment was also the order of the day when the Ntshongweni Clinic staff sang Choral Music and also performed a role play about TB, breaking myths and superstitions about the diseases. However, there was something different about their role play when we saw a Sangoma character sent a patient to a local clinic. This shows that our traditional healers are also on the same page with governmental health programmes. Traditional people were also part of this event.

This event was organized in partnership with the eThekwinin District and Ntshongweni Clinic. Sr Nzimande (Head of Ntshongweni Clinic would like to thank all who participated)

NEWSNAP SHOTS

- **Very soon Hlengisizwe Community Health Centre would be undertaking the process of recruiting Medical Doctor.**
- **Urged to display their ID cards when on duty. Those who still do not have ID cards must contact the PRO on Ext: 228 Opposite Finance and Systems Office**
- **Hlengisizwe CHC had a friendly visit from Bafana Bafana striker Sibusiso Zuma, patients and staff were so excited to meet their favorite star.**

HLENGISIZWE CHC PREGNANCY STI/CONDOM

During the STI/Condom week on the 10th -18th February 2007, Hlengisizwe Community Health Centre emphasized that patients should use condoms and embarked on fight against STPS and other transmitted infections.

In the effort to increase STI/Condom awareness

Hlengisizwe CHC sensitized the community and pregnant mothers about importance of preventing STPS and use of condoms.

Since Minister of Health has urged the public to use condoms to prevent transmitted infections and how the department of Health is committed to assist all the community to overcome the spread of STPS Patients are urged to visit health institutions if they suspect on having STPS so they can be treated early.

Maternity staff, TB, Counselors and community health workers emphasized the importance of visiting the clinics when suspecting STI and regular cervical check ups.

The Department of Health is working together with Can-



cer Association of South Africa (CANSAs), advised the public to use condoms and to treat STPS. If sexual infections are not treated immediately they can lead to womb cancer resulting to infertility, and man will have "Stricture" disease that block urine tubes.

Since the beginning of that week Hlengisizwe CHC has sensitized the community, Sr Mdluli educated patients who were fully-packed in their waiting area on the importance of using condoms when one is engaged on sexual activities, to avoid STI and HIV.

Pregnant mothers were educated about the importance of treating STPS, and testing for HIV/AIDS so the babies cannot be infected during delivery and PMTC programmes. "Most infections are curable when treated early, it is very important to visit health institution when noticing an infection." Those were words said by Mr S. Luthuli Hlengisizwe CHC HIV/AIDS counsellor.

Maternity staff organised a stage play that was very informative. This awareness came on the right time since it was the month of love, Valentines day was around the corner.



Hlengimpilo News will be testing your familiarity with your colleagues on dress codes, style, physical appearance ect. In this issue we have put an unknown lady on the spot with lovely legs.

GUESS WHO IS THIS?

Hlengisizwe CHC staff are not allowed to take part in this competition, for answers contact communication department after the competition's closing date August 15 2007

RECENT APPOINTMENTS- WE GET SOME AND LOOSE SOME

While HCHC welcomed more new staff members, others were calling it a day. In recent months and weeks several staff expressed their intentions of leaving the CHC to pursue different activities



Mrs. B.I. Zulu
Nursing Service Manager



Mr. M.Xaba
Acting Finance Service



Mr. R. Mohammed
Supply Chain Officer



Miss. S. Ngubane
Finance Service Officer



Miss. N. Sotsaka
SPN



Mrs. N. Njapha
General Orderly



Miss. N. Hadebe
General Orderly



Miss. Z. Mbatha
Clinical orderly



Mr. M. Duma
Handyman



Mrs. G. P. Ngubane
General Orderly



Mrs. B. Nduli
Telecom Operator



Miss. H. Sabela
Secretary



Mrs. S. G. Kunene
Principal— HR



Mr. P. Mathabela
Technical Forman



Miss. M. Dube
Finance Service Officer

HLENGISIZWE CHC - SADLY DEPARTURES



Mrs. P Shange who was with nursing team left to joined Municipality Department of Health



Pharmacist Miss. S.Ndlovu will be joining Montobelo Hospital



After serving Hlengisizwe CHC for some time PN has moved to Greys Hospital



Miss Gugu Madlala HIV/AIDS Counselor went to pursue career in Nursing




Among other departures is CPN Mrs. F. Dlamini has also move on for greener pastures





EN Miss. K. has moved to King Edward Hospital



MAY 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 MASS POLIO AND MEASLES CAMPAIGN	8 WORLD MOVE FOR HEALTH	9	10	11	12 CHRONIC AND FATIGUE
13	14	15	16	17	 Candlelight	19
20	21	22	23	24	25	26
27	28 INTERNATIONAL DAY FOR WOMEN	29 CHILD PROTECTION WEEK	30	31		

JUNE 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Children's day	2
3	4	5 WORLD ENVIRONMENT DAY	6	7		9
10	11 SECOND ROUND MASS POLIO	12	13	14	15	16 YOUTH DAY
17 EPILEPSY DAY	18	19 SANCA DRUG AWARENESS WEEK	20	21 NATIONAL EPILEPSY DAY	22	23
24	25	26	27	28	29	

JULY 2007

	Mon	Tue	Wed	Thu	Fri	Sat
	2	3	4	5	6 NATIONAL MULTIPLE SCLEROSIS AWARENESS DAY	7
8	9	10	11 WORLD POPULATION DAY	12	13	14
15	16 Hepatitis Day	17	18	19	20	21
22	23	24	25	26	27	28
29	30	 NCER PREVENTION WEEK				

NO MORE OLD DENTAL DEPARTMENT- ONLY NEW DEVELOPMENTS



BEFORE

A. No more bed discomfort when visiting a dental room. Since Hlengisizwe CHC is prepared to deliver excellent service to the community of Mpumalanga initiative has been taken to improve quality of service at dental department

B. Since Hlengisizwe is a Community Health Centre developments are taking place. A dental department has been renovated with new dental chair and dental X-rays. Patients are now enjoying quality treatment and comfort while their treated.



AFTER

HLENGISIZWE STAFF-BIRTHDAYS PHOTO SNIPPETS



Our Finance Service Officer Mrs. N. Mhlongo came back from maternity leave with Miss cute!



WE LOVE THEM! WHY WE ABANDON THEM?



This beautiful baby was found in the early hours of Tuesday morning in the field around section 6. The baby was found by Sr. who was so hurt when she brought the baby to the clinic, apparently the cute girl was naked when she was found. The baby was then taken to Department of Welfare.

NB: Adoption is the legal act of permanently placing a child with parents other than the biological parents. A thought to someone who wants to abandon a baby!

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Word of God

*If you abide in Me, and My words
abide in you, you will ask what you
desire, and it shall be done for you.*

John 15:7

SPORTS CORNER

ON THE 31st March 2007 HLENGISIZWE CHC has hosted a soccer tournament at Mpumalanga stadium. KwaMashu CHC, and Kwa-Dabeka participated in this tournament.

The purpose of the tournament was to foster a good working relationship with these Community Health Centers and as a team building exercise

It was a sunny Saturday morning when the first match heat on between the host team and KwaMashu CHC, goals were scored Kwa-Mashu CHC 2 and Hlengisizwe CHC 1

KwaMashu CHC and KDC team both teams displayed amazing talent and commitment on the field but KwaMashu scored 6-3.

The tournament ended with friendly relationship and all the soccer teams headed to Hlengisizwe CHC for refreshment

Unfortunately only soccer teams managed to participate, our netball team had other commitments. Apologies Kdc picture was not taken due to technical problem



TICKLING LAUGHS

BLOND MAN

A blond man and a brunette woman were happily married and about to have a baby.

When a wife started having contractions the husband rushed her to the hospital. He held her hand as she went through a trying birth and gave birth to two baby boys.

The blond guy turned to his wife and angrily said “All right, who’s the father?”

Civil Service

Two men were working for the city. One would dig a hole, the other would follow behind him and fill the hole in. They worked furiously all day without rest, one guy digging a hole, the other guy filing it in again. An onlooker was amazed at their hard work, but couldn't understand what they were doing. So he asked the hole digger, “I appreciate the effort you are putting into your work, but what’s the story? You dig a hole and your partner follows behind and fills it up again. There seems to be no sense to your work”

The hole digger wiped his brow and sighed, “Nah my broer. Normally we are a three-man team, but the man that plants the trees, he’s off sick today!”

RECEIP

BACON AND BEAN SALAD

YOU WILL NEED

- 1 PACKET SPINACH LEAVES, WHITE STEMS REMOVED AND COARSELY CHOPPED.
 - 2 RED PEPPERS, CUT INTO BIG CHUNKS
 - 1/2 SMALL PACKET CHERRY TOMATOES, HALVED
 - 30ML (2 TABLESPOON) OIL
 - 1 GARLIC CLOVE, CRUSHED
 - 6 RASHES BACON, COARSELY CHOPPED
 - 2TINS (425g EACH) BUTTER BEANS, RINSE AND DRAINED
 - 30 ml (2TABLESPOON) VINIGER SALT AND FRESHLY GROUND BLACK PEPPER
 - 2mL (1/2 TEASPOON) SUGAR
 - 45 ml (3tablespoons) chopped parsley- Method
- Toss the spinach, red pepper and tomatoes in a salad bowl and set aside. In a large frying pan, heat the oil over medium heat. Add the beans, vinegar, salt, pepper and sugar and heat until warmed through . Remove from heat and spoon into the salad bowl. Garnish with parsley and serve at room temperature

PHOTO ESSAY



PHOTO SNIPPETS DURING TB DAY AT NTSHONGWENI CLINIC AND CANDLE LIGHT CEREMONY

