



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

ILEMBE HEALTH DISTRICT

# ILEMBE NEWS

STAY INFORMED

October 2018

## ANTE-NATAL COMMUNITY DIALOGUE IN ILEMBE A GREAT SUCCESS



**Community members during the dialogue. More on pages 2– 5**

# ANTE-NATAL COMMUNITY DIALOGUE REPORT



Ilembe Health District conducted Ante-Natal Care community dialogue on 11 October 2018 at Ntshawini community hall in ward 26 of KwaDukuza Municipality where the District Mayor Cllr S. Gumede and KwaDukuza Local Mayor: Dr. N.R. Mthembu were in attendance. About 350 people attended the dialogue.

The district analysis of Mother, Child and Women (MCWH) programme revealed that there are challenges of late booking for Ante-natal care, herbal ingestion during pregnancy is very high, teenage pregnancy is too high and provision of sexual and reproductive health services.

The main objectives were to allow the opportunity for the Department of Health to share the key contributory factors to morbidity and mortality in various communities, To afford an opportunity to communities to be involved in their own health and to voice out their opinions, to develop a working strategy to reduce maternal and perinatal mortality and reduce teenage pregnancy in KZN with full participation and involvement of the communities, community involvement is one of the strategies In saving mothers report recommendations.

The day started with 1.5km healthy lifestyle walk where the messages of discouraging teenage pregnancy, high intake of “izihlambezo” ; encouraging the use of condoms and contraceptives, cancer awareness were shared with the public. To promote a healthy lifestyle to our communities, aerobics led by the department of sport and recreation was conducted inside the hall and community members participated.

Commissions to discuss challenges mentioned above were led as follows: Ms E. Biyela led the late bookings, Ms D Ntuli led herbal ingestions, Mrs T Mungwe and Ms Banda led teenage pregnancy and Mrs S.D Dladla led provision of sexual and reproductive health services.





# COMMUNITY DIALOGUE CONTINUES

The challenges that were presented by the community members during discussions were as follows:

- ◆ Laziness to visit the clinic during pregnancy
- ◆ Pregnancy denial
- ◆ Long waiting times at the clinic
- ◆ Staff attitude : nurse shouts at them if they are pregnant especially teenagers
- ◆ Herbal ingestions must be used minimally and referral to hospitals must be done and also DOH must be refer clients to THPS
- ◆ Teenage pregnancy is due to “amablessers” who provide money for the youth
- ◆ At home, parents should talk to teenagers about issues of pregnancy because some are not aware of these issues



Teenage pregnancy commission report back

- ◆ Youth workshops on teen pregnancy must be done

Thanks to all stakeholders for making this dialogue a great success!!!



Herbal Ingestion commission report back



Poetry team

# IXOXWA NGEZITHOMBE



SIYAZIVOCAVOCA



**Left: Dr N.R Mthembu: KwaDukuza Mayor & Ms J.J Mchunu, Acting CEO MonteBello Hospital directed the programme**



**Ilembe District Mayor: Cllr S. Gumede**



**Dr. M. Moopanar: Acting District Director: Ilembe District**



**Healthy lifestyle walk**



# COMMUNITY DIALOGUE TEAM LEADERS AND COMMISSIONS



# ACKNOWLEDGEMENTS

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