



# ILEMBE NEWS

STAY INFORMED

APRIL 2020-Special edition

## ILEMBE COVID-19 UPDATE



**Right: District Director : Ms Maphalala , Health Official and Mr R. Reddy during COVID-19 screening & testing**

ILembe District started its COVID-19 community screening and testing on 8 April 2020 at KwaDukuza Local Municipality at Stanger Heights, ward 16. The targeted households to be visited on the first day was 40 and 34 households were done. One hundred and thirty six (136) people were screened and out of 136 screened, 5 were tested. The teams were accompanied by the District Mayor: Cllr S. Gumede. Health education, distribution of hand sanitizers, hand washing demonstration and soaps were done and distributed by both Nurses and Environmental Health Practitioners during door-door.

People were very excited to received such service in their homes. Some even mentioned that they have been waiting for this opportunity since the President of the Republic of South Africa: President Cyril Ramaphosa pronounced doo-door screening and testing for all. People were found to be complying with all lockdown regulations and cooperated with the teams.

Community screening and testing will also be rollout to other municipalities from 13 April 2020. The hotspots and densely populated wards have been identified. Health facilities in I Lembe are currently busy with awareness campaigns including hand washing demonstration, screening clients and visitors at the security gates and everyone entering health facility get sprayed with hand sanitizer.

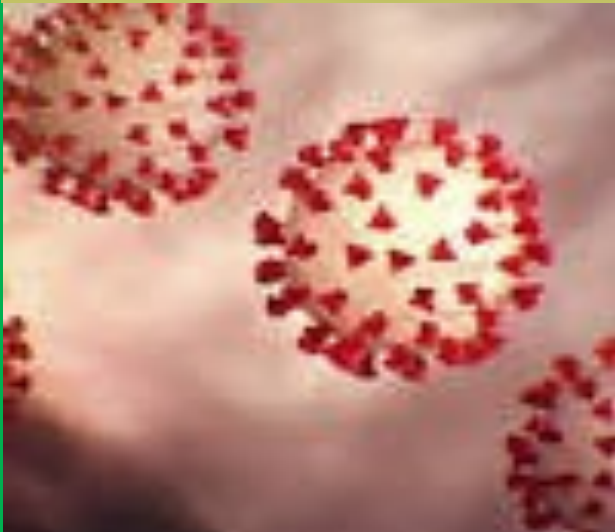
Well done to all staff and stakeholders who continuously ensures that COVID-19 is combatted.



**Right: District Mayor: Cllr S. Gumede and the team during door-door COVID-19 screening & testing**

**SIYAYINQOBA ICORONA VIRUS !!!**

# KNOW MORE ABOUT COVID-19



## WHAT IS A COVID -19 OR CORONA VIRUS?

According to World Health Organisation (WHO), Coronaviruses are a large family of viruses which may cause illness in animals or humans. In humans, several coronaviruses are known to cause respiratory infection (lungs, nose, sinus) ranging from the common cold to more severe disease.

## SYMPTOMS OF COVID-19

The most common symptoms are fever, dry cough, tiredness and shortness of breath. Some patients may have aches and pains, nasal congestion, runny nose, sore throat and diarrhea.

Doctors have noticed symptomatic patterns among some COVID-19 patients which includes loss of smell and taste, though more research need to be carried out in this area to conclude whether either is a common sign of the virus. Vomiting and diarrhea are also a possible symptoms in "rare" cases of mild coronavirus; according to WHO.



*Montebello COVID-19 screening & Testing*

## WHO IS MOST AT RISK?

- ◆ Older persons or adults
- ◆ People with underlying conditions (diabetes, hypertension, TB, HIV and AIDS) or compromised immune system.
- ◆ The risk also depends on whether were you at the place where there is COVID-19 outbreak

## HOW IS COVID-19 SPREAD?

- ◆ People can catch COVID-19 from others who have the virus
- ◆ When a sick person coughs. Sneeze, talk or exhales the excrete small droplets. The virus spread when these droplets gets into your mouth, nose or eyes.
- ◆ The sick person's saliva, do not share eating utensils.



*Untunjambili community awareness on COVID-19*



# COVID-19 CAMPAIGNS IN PICTURES



**Montebello Team: tippy tap demonstration by nurses at Bhamshela Taxi rank**



**Mandeni: Cllr Mdlalose Municipal Mayor doing COVID -19 awareness at Mandini shopping centre**



**Umphumulo Hospital's patients and visitors COVID-19 Screening at the gate**



**Ndwedwe CHC screening desk**

# ACKNOWLEDGEMENTS

**Ms T.E Maphalala**

District Director

SENIOR EDITOR

**Bonie Zulu**

Assistant Director: Communication

WRITER AND EDITOR



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

**Physical Address:** ILembe Health  
District Office, 1 King Shaka Street,  
King Shaka Building, 2nd and 3rd Floors

**SWITCHBOARD:**  
032 437 3500

**Postal Address:**

**SWITCHBOARD FAX NUMBER:**  
032 551 1590

P.O Box 10620

KWADUKUZA 4450

*My Health, Your Health, Our Health, a Healthy KwaZulu- Natal*