



**ILEMBE NEWS**

**STAY INFORMED**

Oct-Dec 2018

**WORLD AIDS DAY COMMEMORATION IN ILEMBE**



*Champion MEC for Ilembe:  
 MEC M. Dlungwana lighting  
 the candle*



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# ILEMBE WORLD AIDS DAY EVENT COMMEMORATION



The World Aids Day commemoration took place in iLembe District, at Mandeni Local Municipality in Makhempini open space on 1 December 2018 under the theme “Check’Impilo, know your status”. The Operation Sukuma Sakhe Champion MEC, Mr M Dlungwana who is the MEC for Education in the Province of KwaZulu-Natal said “this is a day that I should refer on it as the day that marks 100 years mama Sisulu and Tata Mandela were born”. Government is providing ARVs free of charge to accommodate all patients irrespective of you have money or not. Abstinence is very easy young people must abstain and wait for the right to engage in sexual activities. He further discouraged multiple partners in relationships because there are new HIV infections that are reported. KZN is leading Nationally with 21 million

people that are positive, 37 million people who are positive in the whole world and 2.9 million positive people are from South Africa.

The Mandeni Municipal Mayor: Cllr S. Zulu did a welcoming address and encouraged people to know their status because prevention is better than cure. He further encouraged people to use both female and male condoms to prevent STIs, unplanned pregnancy etc.



**Health officials doing health screening**

Mr R. Shandu: the chairperson of Civil Society gave an overview of HIV and further alluded to the fact that affected people were discriminated because they had the disease. Gugu Dlamini from Durban in Mashu township disclosed her status and she was stoned to death by people because they believed it will stop the spread of HIV hence forgetting that there were lot of people who were HIV positive.

Mr A.S Mthimkhulu who is the chairperson of traditional leadership encouraged treatment adherence and advised traditional healers not to stop people from taking treatment. He further encouraged people to go for testing at the health facilities to know their status so that they will start ARVs immediately since there is no waiting period. Acceptance is key in fighting HIV and AIDS, denial kills, said Mr Mthimkhulu.

The event was a great success and thanks to all stakeholders for their support.



# SCHOOL HEALTH PROMOTION LAUNCH AT WEWE PRIMARY SCHOOL



*Right: Mr Vezi, Mrs Mungwe & Mrs Cibane*

It was indeed a wonderful day at Wewe Primary School on 25 October 2018 as they were celebrating heritage day, opening of the school play grounds and also receiving an award of a signed certificate from the MEC for Health: Dr S.M Dhlomo as the Health promoting school.

Parents, school governing body members, Ward Councillor, traditional leaders, principals from surrounding schools and the community at large came in numbers to be part of the launch. Amongst other VIPs that graced the event was the former Principal of the school: Mr Vezi who was the guest speaker of the day. He thanked the department of health and the current principal of Wewe Primary School Mrs Cibane for their hard work and dedication to ensure that the school become recognized as the health promoting school.

He also encouraged parents to teach their children the importance of taking care of their health and to teach them respect. He further emphasized that the community must unite and take care of one another for the sake of their children's future "usizi lomunye umuntu makube usizi lwakho", he said.

The district school health promotion manager : Mrs T. Mungwe commended the school for their hard work and for ensuring good health for children. She also thanked Mpumelelo clinic schools health promotion team for their support and going beyond the call of duty in doing their work.

In 4 December 2018, another school by the name of Inkolovuzane Primary School was successfully launched as a health promoting school. Thanks to Umphumulo Hospital's school health team for their hard work and dedication.

*Article by Nontobeko Ngema, In-service trainee*

# SCHOOL HANDWASHING MARATHON

The hand washing which is also known as hand hygiene is the act of cleaning hands for the purpose of removing soil, dirt and microorganisms.

On the 26 October 2018 at Krantzklouf Primary School, the Groutville clinic nurses including the Operational Manager Sr Nkosi and district officials gave tutorial to learners on how to properly wash their hands. After setting up, the children were so eager to start the programme moreover they were excited about the prizes for the coloring in competition.



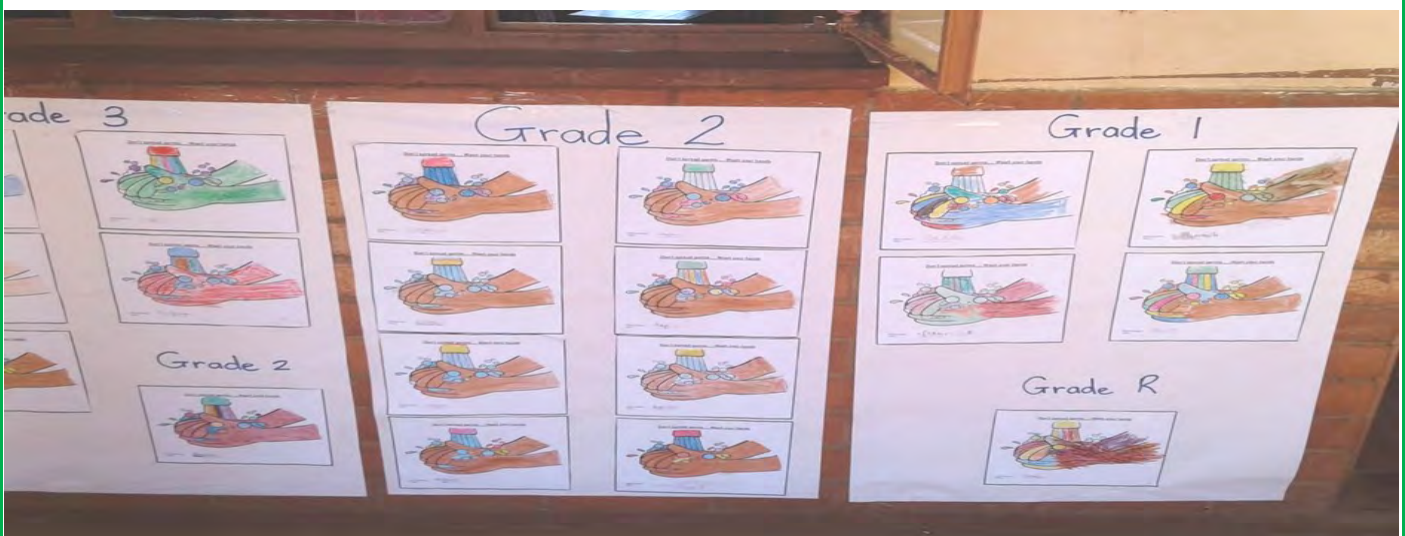
The team was humbly welcomed by the programme director. Learners rendered 2 items of entertainment. Sr Pam Naidoo demonstrated to learners a social hand wash. They were told to wet their hands, put soap wash in all surfaces of the hands not forgetting the wrists then rinse properly with clean water and wipe dry. Two learners had to show others how to wash their hands.

Questions were asked as to when one should wash their hands. The answers from the kids were amazing! Health promoter Sr Linda taught learners and staff how to make tippy taps and how to use them at the same time he reiterated why we should wash our hands.

The kids were given a poster to colour in. 6 winners were chosen by Sr. Pot Nkosi and staff nurse S. Ngobese.

## **Thanks and appreciation**

A big thank you to the school for hosting us and thanks to all teachers for the awesome high tea afterwards. Thanks to the Groutville team members for coming together to ensure the success of this event. The smiles and appreciation of the kids made our work worthwhile. **Article by Molly Rambally**



## PROVINCIAL DISABILITY GAMES A GREAT SUCCESS



On 9 to 11 November 2018 at Ilembe district, Stanger High School the provincial disability games were hosted. About 2000 people attended including the government departments that participated in the games. The following departments participated: Department of Education, Department of Agriculture, Department of Sport and recreation, Department of Environmental affairs, SAPS, Department of Transport, Department of Health, Social Development and 11 district municipalities. The purpose of these games was to promote healthy living and lifestyle to all employees living with disabilities.

During the games the Department of Health rendered health services such as HIV testing, Visual Screening, condom distribution, BP, Diabetes and physiotherapist were present to assist players during the games.





# PHOTO GALLERY



**Mrs Mungwe and the School Health Promotion team handing over the certificate to Wewe Primary school Principal Mrs Cibane**



**Traditional leader "induna" Mr T Ndimande officiates the opening of the school's playing ground**



**Mr Vezi former Principal of Wewe Primary School delivering a speech as a guest speaker**



**Mrs Mungwe District health promotions manager presenting the certificate**



# PHOTO GALLERY

## HAND WASHING MARATHON



### Wash Your Hands After...

- 1  Playing with pets
- 2  Using the bathroom
- 3  Sneezing, blowing your nose & coughing
- 4  Touching a cut or open sore
- 5  Playing outside
- 6  AND Before... Eating





# PROVINCIAL DISABILITY GAMES IN PICTURES





# ACKNOWLEDGEMENTS

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*FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE*