



KWAZULU-NATAL PROVINCE  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# ILEMBE DISTRICT



## ILEMBE

## NEWS

Vision: "Optimal health for all persons in Ilembe District"

May 2025

### ILEMBE DISTRICT QUALITY DAY COMEMMORATION



Panel of judges cutting a cake: Right: Ms T.E Maphalala: District Director, Ms N. Ngubane: HRO, Mr B. Mabika : DD HRM and Dr. R. Sahadeo: DD: PM&E

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KwaZulu-Natal Department of Health



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**GROWING  
KWAZULU-NATAL  
TOGETHER**

# ILEMBE DISTRICT QUALITY DAY COMEMMORATION

The Department of Health in Ilembe District on 4 December 2024 held its highly anticipated Quality Day commemoration, where outstanding health establishments and individuals were recognized for their remarkable contributions in improving health service delivery. The event highlighted the efforts of those who went above and beyond to complete their planned projects, ensuring the health and well-being of the community.

Health establishments within the district were honored with awards across various categories. General Justice Gizenga Mpanza Hospital (GJGM) was awarded the Certificate for best performing sub-district for its exceptional investigation and reporting in SAC1. In another category, GJGM took home a trophy for outstanding performance for compliance to Auditor General (AG) Findings, specifically for its work on performance information and Supply Chain Management (SCM).

The Sundumbili Community Health Centre (CHC) received the best community outreach programme award, while Umphumulo Hospital was recognized as the most improved facility in Integrated Chronic Disease Management (ICDM) with a trophy. Ndwedwe CHC was awarded the best performing sub-district for its excellence in Quality Assurance reports, earning a certificate for its hard work and dedication.

The child health programme received the Best Compliant Programme in Equipment Audits award with a trophy, and Untunjambili Pharmacy Department was acknowledged for the most improved programme, taking home a Certificate for their progress and commitment. facility management systems was

also recognized with a certificate as the best improved component. *Continued on page 3*



Ms. T.E Maphalala : District Director



Mr. M. Ndlovu presenting an award to Ms. A. Vannes from Ndwedwe CHC



## ILEMBE DISTRICT QUALITY DAY COMEMMORATION continued

Additionally, Montebello Hospital was awarded the best performing obstetrics award for its exceptional care in maternal health, receiving a certificate. The District Director's Special Award for outstanding individual performance was presented to Mr. Aaron Mbatha from Sundumbili CHC.

Mr. Mbatha, a driver employed at Sundumbili, went above and beyond to address the critical water shortage crisis in the district. He took the initiative to upgrade his driving license at his own expense. He then volunteered to drive the truck, ensuring that water was delivered to clinics across the district, sometimes even assisting neighboring districts like King Cetshwayo District. His commitment to the cause highlights the fundamental role that water plays in the delivery of quality healthcare and the smooth functioning of all departmental systems.

This event served as a powerful reminder of the collective effort, dedication, and passion of individuals and teams in the ILembe District's health establishments. Their achievements are a testament to the ongoing commitment to providing quality healthcare to the people of ILembe. The recognition and celebration of their efforts inspire further excellence in the pursuit of a healthier community.



Umphumulo Hospital team with their awards



Right: Mr Aaron Mbatha with his colleague Mr DB Mzobe after receiving an award from the District Director



GJGM Choir

# QUALITY DAY PHOTO GALLERY



Dr R. Sahadeo



Ms Mepho & Mrs Mangwe



Dr M. Zulu : Umphumulo CEO ( Programme Director)

QUALITY



Right: Mr M. Ndlovu handing over award to Mrs H. Jooko (GJGM)

DAY





## CELEBRATING VALENTINES DAY IN THE WORKPLACE

On Friday, 14 February 2025, the ILembe Health District Office celebrated Valentine's Day in a unique and heart warming way as part of its ongoing wellness program. The celebration was centered around fostering a positive and supportive work environment, where staff members took the opportunity to exchange thoughtful gifts such as flowers and chocolates. This gesture was a simple yet meaningful way to show appreciation and spread some love among colleagues.

The Valentine's Day event also served as a team-building exercise, bringing the staff together in a relaxed and cheerful atmosphere. It allowed Individuals to connect and bond, reinforcing the sense of unity within the office. Through this initiative, the iLembe Health District Office not only celebrated the spirit of love and kindness but also emphasized the importance of wellness and staff morale, encouraging a culture of support and mutual respect.

The event was a perfect reminder that small acts of kindness can go a long way in creating a positive and collaborative workplace.

A special thanks go to all gents who spoiled ladies with chocolates, red roses, cakes and juices.



# HPV CAMPAIGN IN SCHOOLS A SUCCESS

Mrs Thembelihle Mungwe in ensuring that HPV campaign becomes a success visited the most disadvantaged schools. Ekhatha Primary School, under UNTunjambili hospital is the most deprived school. It was visited for HPV INTRA campaign assessment on the 12<sup>th</sup> February 2025. The school has an enrolment of 27 learners from grade 1 to 7 with 2 educators. Ezithabeni Secondary school was visited on the 26<sup>th</sup> of February 2025 to conduct teenage pregnancy, STIs and Condom week awareness. Stakeholders involved were Department of Social Development, Soul city, Department of Education and Department of Health. Health promotion education conducted includes HPV campaign , hand, foot and mouth disease, teenage pregnancy, STI's, and integrated health promotion strategy was also share with the audience. More schools were visited from Ndwedwe, Kwadukuza and Mandeni sub districts. Distribution of IEC material was also done. The campaign was a great success.



Ekhatha Primary School



Ezithabeni learners



Ezithabeni Secondary School





## ILEMBE DISTRICT OFFICE HOSTS A SUCCESSFUL HEALTHY LIFESTYLE WALK

On May 23, 2025, the Ilembe District Office kicked off its first Healthy Lifestyle Walk of the year, setting a vibrant tone for wellness within the community. Organized as part of a broader initiative to promote healthy living, this inaugural event covered a scenic distance of 8.7 kilometres, stretching from the District Office to the breath taking Blythedale Beach. The walk not only embraced the spirit of health and fitness but also aimed at strengthening unity among team members while instilling a culture of wellness in the workplace.

Participating in a healthy lifestyle walk offers a multitude of benefits that extend beyond physical fitness. Regular walking is known to promote cardiovascular health, improve mood, and enhance overall well-being. Engaging in such activities is an excellent way to combat the sedentary lifestyle that many face due to work commitments. As team members participated in the walk, they enjoyed the vitality embrace of nature, aiding in stress relief and boosting mental clarity.

In addition to personal health benefits, the walk served as a platform for uniting the Ilembe District Office team. Walking together allowed colleagues to connect on a more personal level, breaking down the traditional barriers that often exist in professional settings. Conversations flowed easily as they shared laughter and encouragement along the path, fostering an environment of camaraderie. These shared experiences create lasting bonds among team members and significantly improve workplace morale, making for a more harmonious and productive work environment.

The District Director, Ms. T.E Maphalala encourages everyone, regardless of fitness level, to partake in healthy lifestyle activities. She further mentioned that these activities are vital not just for physical health, but also for mental and emotional-wellbeing.

In conclusion, the first Healthy Lifestyle Walk of 2025 was more than just an event; it was a celebration of wellness, teamwork, and community spirit. The Ilembe District Office's dedication to promoting health and unity is commendable, and such initiatives should inspire all to commit to a lifestyle that values health and togetherness. As we look ahead, let us all embrace these opportunities to walk together, grow stronger, and create a healthier future for ourselves.



Ilembe District Office team doing aerobics



Team walking



Stretching time

## ILEMBE DISTRICT OFFICE HOSTS DR NAIDOO'S RETIREMENT FAREWELL

On 30 May 2025, the ILembe Health District Office bid a loving farewell to Dr. L. Naidoo, District Specialist: Obstetrics and Gynaecology, as she embarked on her retirement journey. The event took place at Umhlanga, Village Table restaurant. The occasion was a celebration of her remarkable contributions to the Department of Health, marked by her tireless commitment to the well-being of women and families across the district.

Dr. Naidoo's term was characterized by her calm and soft-spoken character, which inspired confidence and trust among patients, colleagues, and hospital and clinic managers alike. Her loving and caring nature created a safe and inclusive working environment, where everyone felt valued and respected. Her leadership and guidance fostered a culture of collaboration and excellence, earning her the admiration of her peers. Colleagues who attended the farewell shared retirement best wishes and stories of her kindness, compassion, and unwavering commitment to her work.

As a District Specialist; Dr. Naidoo worked tirelessly to improve the lives of women and families, providing expert advice and guidance to those who needed it most. Her dedication to the healthcare system has left an indelible mark on the ILembe Health District.

As Dr. Naidoo begins this new chapter, we wish her a happy and fulfilling retirement. Her legacy will continue to inspire and motivate us to strive for excellence in our own work. We are grateful for her service, mentorship, and friendship. She will be missed by so many!.

# **HAPPY RETIREMENT DR. LILLY NAIDOO!**



Dr. Lilly Naidoo delivering her speech



Standing: Dr Pansegrouw : DCS Paeds delivering her speech



District Office Team with Dr Naidoo

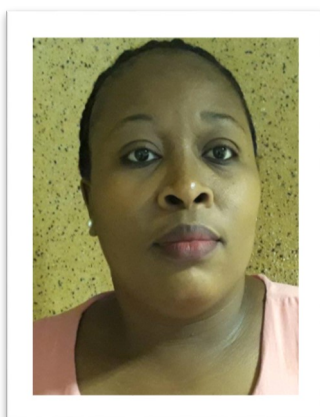


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