



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

ILEMBE HEALTH DISTRICT

ILEMBE NEWS

STAY INFORMED

July-September 2018

MEC'S NHI ROADSHOW IN ILEMBE



From Left: Mandini Mayor: Cllr S. Zulu, MEC for Health: Dr S.M Dhlomo, Mandini Speaker: Cllr M. Zungu & District Director: Ms T.Ngcobo

Inside stories

Pg1: MEC's NHI Roadshow in Ilembe

Pg2: MEC's NHI Roadshow continues

Pg3: Ilembe hosts PHC Indaba

Pg4: Women's health event

Pg5: NHI roadshow pictures

Pg6: PHC Indaba pictures

Pg7: Women's health event pictures

Pg8: Employees wellness corner

Pg9: Acknowledgements

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

NHI ROADSHOW PRESENTATION BY MEC FOR HEALTH



The KZN Health MEC Dr Sibongiseni Dhlomo visited ILembe District with the aim of reporting back to communities on NHI progress. The roadshows outline government's plans to help reduce the burden of diseases in KZN and also further improve access to quality healthcare – especially for the poor.

NHI is a health financing system that is designed to pool funds to provide access to quality, affordable health services for all South Africans based on their health needs, irrespective of their socio-economic status. In KwaZulu-Natal NHI is currently being piloted at three districts; Amajuba, Umzinyathi and Umgungundlovu, said the MEC Dr Sibongiseni Dhlomo.

Speaking in ILembe district on 31 July 2018, the MEC said he was pleased with the progress that the province has made in implementing the National Health Insurance: “We are starting a roadshow for all districts, focusing on updates for NHI. We have not been updating South Africans for some time, and there is a possibility that we might lose focus on it, with people not knowing where we are. NHI is mainly meant to advantage the poorest. It is about getting everybody to buy into a process of saying, ‘health is a public good, not a reserve for those who are rich, or those with a lot of money in their pockets.’ We are extremely happy.

“The poor stand to benefit from NHI because they don’t have a lot of money to buy health services. They are the ones who are very keen to see it. I am really pleading with those who will be able to contribute to this fund to find it in their hearts... to say we need to have that social solidarity to get everybody to be part of it.”

The Re-Engineering of Primary Health Care, which is in line with NHI, is being implemented throughout the province through 4 streams:

- Family Health Teams (Ward Based Outreach Teams),
- School Health Teams,
- District Clinical Specialist Teams and
- Contracted GPs/ Doctors to provide medical coverage in clinics.

“Our efforts fit in well with Operation Sukuma Sakhe (OSS) as the Department gets and attends to certain cases directly from a household or the War Rooms. Working at this level enables health workers to identify new ailments and make appropriate Clinical follow ups of clients requiring assessment and care referral to hospitals, PHC Clinics and palliative care facilities.

These interventions have assisted us to prevent maternal and child morbidity and mortality within the community.”

The Department’s NHI strategy between 2018 and 2022 aims to:

- Eradicate cataract surgery back-logs in the whole country and in KZN estimated at about 2 500 by the end of 2018
- Implement GP Contracting in the then NHI three pilot districts and develop a strategy of expanding to the remaining eight districts in 2019
- **Once the NHI Bill gets approved by Parliament, the Department will start to expand on the contracting of other health professionals on a needs basis for rural facilities.**
- The Central Chronic Medicine Dispensing and Distribution Programme - where people collect their chronic medication at schools, community halls, libraries closer to their homes - will be strengthened, said the MEC for Health. *Pictures on pg 5*

ILEMBE DISTRICT HOSTS PHC INDABA FOR THE FIRST TIME

Ilembe district team during PHC Indaba



Ilembe Health District successfully hosted Primary Health Care (PHC) Indaba for the first time on 3 and 4 July 2018 at Amatigulu Training Centre. About 110 professionals from all health facilities in Ilembe attended PHC Indaba, namely Chief Executive Officers, PHC Supervisors, Operational Managers, Professional nurses and district office managers.

The District Director: Ms. Thamela Ngcobo opened Indaba by alluding to the fact that PHC is the entry level for all clients so it is crucial that issues affecting PHC Services be discussed at length in order to address them. The main purpose of Indaba was to better the life of the citizens of Ilembe District by ensuring that they receive the quality service at the entry level of care. The PHC Indaba focused mainly on PHC Approach, PHC package, labour relations, community involvement, housekeeping, leadership and accountability.

Building public confidence in Ilembe District health service delivery systems was discussed so as to improve perceptions that everyone have about Primary health Care. In terms of the leadership and accountability the culture of learning and being innovative was emphasized in order to provide the best service to the citizens. As part of PHC package Mrs Khumalo: District PHC specialist emphasized the importance of conducting patients education in all health facilities and communities, keeping of records, and collaboration with other stakeholders in order to provide good quality care.

Ms Masothole Langa from Amajuba District spoke about “going back to basics”. She alluded to the fact that patients need to be treated with respect and dignity. Educating patients on the importance of using Primary Health Care as their entry level. She encouraged Health professionals to make sure that decisions are patient centered in order to provide a good quality care The PHC Indaba was a historic one since it took place for the first time in Ilembe. It was a great success and everyone committed to go back to basics in order to improve the lives of the citizens of Ilembe District. *Pictures on page 6.*

WOMEN'S HEALTH EVENT AT UNTUNJAMBILI COMMUNITY HALL



Maphumulo Municipal Deputy Mayor: Cllr Ncalane delivered the key note address

The day started with a visit to Kranskop High School at 7:30 in the morning assembly to address learners about teenage pregnancy issues, drugs and substance abuse and woman abuse etc. Kranskop High School is one of the schools with a high number of teenage pregnancy in Maphumulo sub district. The event took place at Untunjambili community hall on 11 September 2018. About 200 women attended the event. Attendees also participated in aerobics before the main programme.

Councilor Sithole who is the ward Councillor welcomed everyone and described a woman as a person who always show respect, who does not drink alcohol but who takes care of her family. He further pleaded with few men who were present to protect and respect women and show love and appreciation.



Kranskop High School learners being taught about teenage pregnancy and drugs and substance abuse

Deputy Mayor: Councilor Ncalane thanked Operation Sukuma Sakhe for bringing such a great programme to the community of Untunjambili with the aim of creating awareness about issues affecting women. She further mentioned that politically women fought for the freedom of this country and defended the struggle. She then encouraged all women to talk about issues affecting them e.g domestic violence, gender and inequality and any kind of abuse.



Community members listening to speakers

Health screening services were done. Various topics were discussed such as family planning, teenage pregnancy, termination of pregnancy, cancer, urinary tract infections, gender based violence and mental health.

The event was a great success and thanks to OSS team for making this event a great success.

More pictures on page 7

NHI ROADSHOW IN PICTURES



PHC INDABA IN PICTURES



Top left: Ms T. Ngcobo, district director addressing staff and top right Deputy District Director: Ms M. Banda addressing colleagues on public participation

Bottom left: Mrs A. Ngema leading the role play and Ms M. Langa from Amajuba district addressing professionals of Ilembe



WOMEN'S HEALTH EVENT IN PICTURES



Cllr Sithole :
Ward councilor
doing welcoming



Deputy Mayor :
Cllr Ncalane doing
key note address



Aerobics time with
Instructor Sandile



Sister Dladla
teaching women
about family
planning



Mrs Mungwe doing
breast cancer talk



Ms Biyela doing
cervical cancer
talk



Health Screening Corner

EMPLOYEES WELLNESS CORNER

On the 24 August 2018, ILembe Health District in partnership with Old Mutual conducted a healthy lifestyle fun walk for staff. The aim of the walk was to promote a healthy living and lifestyle for health employees and to encourage unity and togetherness to all staff of different sections within the district.

The 8km walk started at the ILembe Health District office and ended at Blythedale beach. 50 employees from the District office, EMS,PHC participated. With the help from Old mutual the day was a success and all employees were rewarded with gold medals for being able to endure and finish the walk. See more in pictures below.



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