



# ILEMBE HEALTH DISTRICT

## ILEMBE NEWS

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## ILEMBE HOSTS SUCCESSFUL CIRCUMSION CAMP



**Amakhosi, Izinduna's, Counsellors, Health management Team, MaTch Team, Chaplains and Provincial Team**

In response to the Provincial call on fighting HIV and AID's, Ilembe Health District hosted a male medical circumcision camp at Vukile High School at Mapumulo Sub district, on 7 & 8 July 2010.

The purpose of the camp was not only to circumcise boys but it was also to educate them about moral values and responsibilities. This was the first camp to be held in this district, and it was a huge success. Province had set the district a target of 150, but this was exceeded by 51. The total number of boys that were circumcised was 201. There were no adverse events reported.



**Mr Mthunzi and Mr Thusi from Ilembe Health District Office leading boys in playing games after circumcision**

The Amakhosi, District Chaplains and staff members played a big role in educating the boys about moral values and responsibilities. The department of Sports and Recreation also supported by bringing televisions and games for the boys to play after being circumcised.

Thanks to all stakeholders for making this a huge success.





# THE SUCCESS OF POLIO AND MEASLES CAMPAIGN

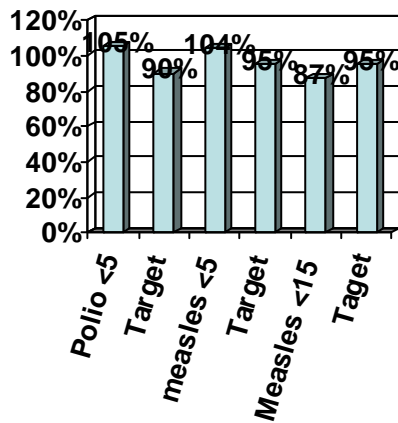
Ilembe Health District successfully conducted Polio and Measles campaign from 12 to 30 April 2010 (First Round) and the second round was from 22 May to 16 July 2010, as part of National Department of Health's initiative.

The district's target population for polio under 5 years is 67511 ( This figure includes all four sub districts). The target for measles under 5 years was 60897 and measles under 15 years was 145837.

The vitamin A target for 1 to 5 years was 58108. Ilembe Health came second to the highest performing District in the 1st round and 4th in the second round. The two bar graphs below depict the District's performance in both rounds

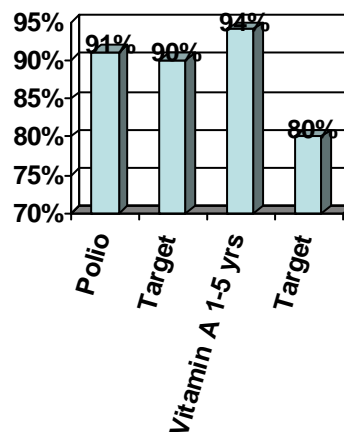
*"Vikela umtwana ezifweni ngokugoma"*

## RESULTS OF THE FIRST ROUND:



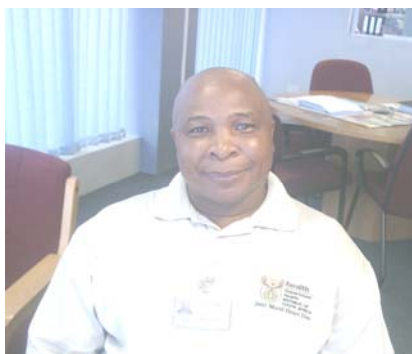
*"Prevention is superior to cure"*

## RESULT OF THE SECOND ROUND :



*"Strive to be safe always"*

## FROM THE DISTRICT HEALTH & SAFETY MANAGER



**Mr B. Thusi**  
**District Occupational Health & Safety Manager**

### **ASIPHEPHE MSEBENZI!**

**THE DISTRICT OCCUPATIONAL HEALTH & SAFETY MANAGER SHARES INFORMATION THAT ADDRESSES THE FREQUENTLY ASKED QUESTIONS.**

#### **WHAT IS OCCUPATIONAL HEALTH AND SAFETY?**

This is the programme which implements the Occupational Health and Safety Act number 85 of 1993 to ensure that all employees and users of our facilities are in a safe and healthy environment.

#### **WHAT IS COID ACT?**

This is the abbreviation for **Compensation Of Injuries and Diseases Act 130 of 1993** which regulates the compensation of employees who get injured while on duty. It has terms and conditions, not everybody get compensated.

#### **I AM INVOLVED IN A CAR ACCIDENT WHILE DRIVING A GOVERNMENT VEHICLE, AM I COVERED BY COID ACT?**

Only those people authorized traveling in a government vehicle are covered by COID Act

##### **Who is an authorized person?**

- ◆ The person who is driving the government vehicle and appears on the trip sheet as a driver, a co-driver or a passenger on an official trip.
- ◆ If your duty requires that you are transported to and from your working area by the government vehicle, you are also covered by COID Act

**Please note** - it is very important for all authorized occupants of the government vehicle to be in possession of identity name tags.

**You are not authorized and therefore not covered by COID Act if you are involved in an accident with government vehicle and yet.**

- ◆ You have a subsidized car in your name
- ◆ You have been given a “lift” by the driver
- ◆ Your name does not appear on the trip sheet
- ◆ You are not a government employee and no permission has been granted by the department of health authorities, district **“Your Health is your Responsibility”** fleet manager or transport officer from the respective institution for you to be transported by a government vehicle

#### **WHAT IS INJURY ON DUTY?**

This is an injury sustained by the employee while performing or he/she is in the line of performing his / her duties

#### **I HAD AN INJURY ON DUTY AND I WENT TO MY DOCTOR USING MY MEDICAL AID, I NEED TO BE REIMBURSED- WHAT SHOULD I DO?**

Please remember that the government is subsidizes you with 2/3 (two third) of the total amount of your medical aid contribution, and you will continue receiving you full salary while you are not at work because of the injury you sustained on duty. There is no money that you will receive, instead upon receiving all the necessary documentation and receipts as proof of payments made toward medical costs the Department of Labour will reimburse your medical aid.

# PREVENTION IS SUPERIOR TO CURE: STRIVE TO BE ALWAYS SAFE

## MALARIA SAFETY:



- ◆ Be aware of the malaria areas, take precautions when traveling in these areas
- ◆ While in the malaria area remain indoors from dusk to dawn. Malaria carrying mosquitoes bite most at night .
- ◆ Malaria symptoms include fever and flu-like illness. If diagnosed early, the disease is usually cured.
- ◆ Wear light-colored clothing, with long sleeves, long pants and socks.

## RABBIES SAFETY:



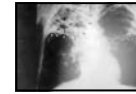
- ◆ Rabies is prevalent in KwaZulu-Natal.
- ◆ Treat all dogs as not being vaccinated
- ◆ If you are bitten by a dog, present yourself for treatment as soon as possible to prevent death from rabies.
- ◆ Continue to visit the Doctor or Clinic until the course of treatment is complete.

## CHOLERA:



- ◆ It is possible to contract cholera in KwaZulu Natal, should you be exposed to people with Cholera
- ◆ Use only purified, treated or boiled water.
- ◆ Wash all raw food with purified, treated or boiled water before eating it. WASH hands before handling and eating food, after using the toilet, after changing nappies/diapers
- ◆ If you are unsure of the status of the water, do not drink or use it.
- ◆ Do not contaminate rivers or leave sewage where it can be washed into a river by rain.

## TUBERCULOSIS (TB)



- ◆ TB is a major health problem in KwaZulu Natal, however the risk to travelers is minimal.
- ◆ Cover your mouth when coughing.
- ◆ **TB can be cured with little or no complications.**
- ◆ **The prescribed course of treatment must be completed and this is usually takes 6 months.**
- ◆ Failure to complete the treatment may lead to such complications as multi-Drug resistant (MDR) TB or Extreme Drug Resistant (XDR) TB-both of which are very difficult to cure. So comply with the first course of treatment Please!!!

## SUBSTANCE / ALCOHOLIC ABUSE:



- ◆ Make the right choice! Alcoholic and other drugs are highly addictive and abuse of these substances has a very serious impact on the mind and body. Many of the primary effects of alcohol abuse occur from episodes of acute alcoholic intoxication.
- ◆ Acute alcoholic intoxication is also associated with unsafe sexual practices and increased risk of contracting a sexually transmitted disease and opportunistic diseases.

**The blood alcohol limit for professional driver is 0.02%- one beer puts you over the limit!**

**Be safe bantu baseMzansi!!!!**

## FIFA WORLD CUP CONDOM DISTRIBUTION PROJECT



Ilembe Health District was committed to making the visitors' health safe during the World cup by making sure that as many condoms as possible were distributed. The District team leaders Mrs N. Nkwanyana and Ms E. Biyela ensured that distribution of condoms was done at all service the dedicated FIFA viewing sites and other crowded areas like Sabuyazi Sports Ground, Taxi Ranks, Kranskop High School (Maphumulo Sub District), Recreation Sport ground, Tarvens, Libraries (KwaDukuza Sub District), Nombika Sport ground, Bhamshela (Ndwedwe Sub District), Mandeni Sports ground in Mandeni Sub District.

**They were distributed as from 11 June up until 11 July 2010 as follows:**

The following is the summary report for the distribution of condoms:

Municipality	No. of MC Received	No. of FC Received	No. of MC distributed	No. of FC distributed	Balance MC	Balance FC
KwaDukuza	28 900	1 500	28 500	1 498	400	02
Mandeni	24 000	500	23 600	487	400	13
Maphumulo	23 050	1 600	23 050	1 574	00	26
Ndwedwe	1 400	500	1 112	471	288	29
<b>TOTAL</b>	<b>77 350</b>	<b>4 100</b>	<b>76 262</b>	<b>4 030</b>	<b>1088</b>	<b>70</b>

**I CARE ENOUGH  
TO ACT. DO YOU?**

## TIME TO LAUGH

### BAD LUCK

A woman's husband had been slipping in and out of a coma for several months, yet she stayed by his bedside every single day. When he came to, he motioned for her to come nearer.

As she sat by him, he said, "You know what? You have been with me all through the bad times. When I got fired, you were there to support me. When I got shot, you were by my side. When we lost the house, you gave me support. When my health started failing, you were still by my side... You know what?" "What dear?" she asked gently. "I think you bring me bad luck." hahaha!!

By Eugene & Bonie



# EZEMIDLALO

## 2010 WORLD CUP GAMES

Ilembe Health District in conjunction with the Department of Sport and Recreation together with KwaDukuza Local Municipality held a very successful sports day on the 10th of June 2010 to usher in the FIFA World Cup kick off of 11 July 2010. Different government Departments were competing under the theme of "Feel it, it is here. Support Bafana Bafana". The Departments' aim was to mobilize the locals to support the 2010 FIFA soccer world cup as well as instill the importance of a healthy lifestyle amongst employees. The Department that competed were KwaDukuza Municipality, Social Development & SASSA, Agriculture, EMRS,

Correctional Services, Department of Justice and Education and the Department of Health. The day featured football, netball, indigenous games, tag of war and athletics games.

Although the competition was tough, always "remember that in order to become a champion you have to go through tough opponents". As usual the Ilembe Health District dominated in these games as Mr Mbongeni Mtshali won in Mlabalaba (indigenous game) and Miss N.A Ngubane won the women's athletics. In tag of war Ilembe got number two after they were beaten by KwaDukuza Municipality in the final.

The Ilembe Health District came out as victors

in both soccer and netball and became the overall champions for the day. In soccer they beat Department of Education in a Penalty shootout after a 1-1 draw. The Netball team beat KwaDukuza Municipality.

The Vuvuzelas resounded throughout the event and it was a fantastic tournament.

Lastly, although Bafana Bafana did not qualify for the second round but they played very well, and people of South Africa, you are the stars, you made this event a successful one. Congratulations to Spain ( Espanyols), they deserve it.

**WE FELT IT, IT WAS HERE!!!**

**"LET US  
COUNTINUE  
SUPPORT OUR  
NATIONAL TEAMS"**



## IXOXWA NGEZITHOMBE EYEZEMIDLALO



**Officials: Vuka Dimba, Mr Buthelezi, Sthe Blose and Wiseman Cele**



**Ilembe Health District Team. "THE CHAMPS"**



**Ilembe Team in action after scoring a goal**



**Seniyabukisa phela manje, operation qoqa zonke.**



**Musa and Lethu collecting their gold medals. "sizobashaya, shaya, shaya"**

# NEW MEMBERS OF ILEMBE DISTRICT TEAM



Ms N.B.B Zondi—AM :  
Finance Management



Ms S. Thompson  
District Manager's Secretary



Mr. D. Kuppusamy—Assist.  
Man:District Information Officer



Ms N.A. Ntombela—Data  
Capturer



Ms T.P.F Ntombela  
Data Capturer

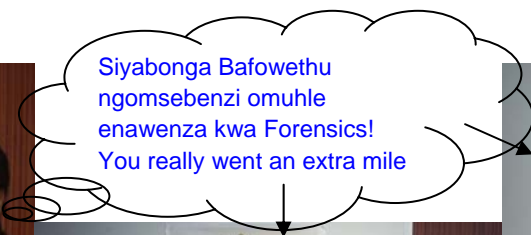


Mr. I. Naidoo—Data  
Capturer



Ms S.S Mhlongo—  
Nutrition Intern

## HANDING OVER OF CERTIFICATES OF APPRECIATION TO DISTRICT OFFICE STAFF WHO WENT BEYOND THE CALL OF DUTY



Far right is Ms S. Dube (District Manager) & Left is Mr M.Ndaba (Office Manager) handing over certificate of appreciation to Mr B. Dlamini.



Far right is Ms S. Dube (District Manager) & Left is Mr M.Ndaba (Office Manager) handing over certificate of appreciation to Mr B.M Nyandu



Far right is Ms S. Dube (District Manager) & Left is Mr M.Ndaba (Office Manager) handing over certificate of appreciation to Mr N.P Simamane.



## ILEMBE HEALTH DISTRICT

**PRIVATE BAG X10620**

KwaDukuza

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Fax: 032 551 1590/2

E-mail: bonie.sishi@kznhealth.gov.za



### VISION STATEMENT

To be better than the best in achieving optimal health status and a functional district health system for the community in Ilembe District

### MISSION STATEMENT

With compassion, deliver comprehensive, integrated, coordinated, sustainable and responsive quality health care at all levels based on the primary health care approach through the district health system.

### CORE VALUES

Committed to performance, courage to change/transform with honesty, trust, integrity and mutual respect in an innovative, open and transparent manner.

## STAFF BIRTHDAYS: HAPPY BIRTHDAY GUYS!

### MARCH (PISCES)

Mpanza T.P (CDC)

Ndadane C.N (PMTCT Coord.)

Ramsing J. (Chief Work inspector)

Mthiyane V.B (Asst Manger: Fleet Management)

Sikhakhane D.N (District Engineer)

Ngcobo B (Principal HRO)

### APRIL (ARIANS)

Dube S.D (District Manager)

Maphalala T.E (HIV & AIDS Coord.)

Mbatha N.D (SCM Practitioner M&E)

### MAY (TAURUS)

Khumalo N.N (DDM Clinic & Programmes)

Ncube S.M (Surveillance Officer)

Ngubane N.L (Nutritionist)

### JUNE (CANCER)

Mabaso S.G (SCM Assistant)

**HAPPY BIRTHDAY TO ALL OF YOU!!!**