

# ITSHELEJUBA HOSPITAL WITNESS

PRIVATE BAG X 0047, PONGOLA, 3170



## T.B. AWARENESS DAY.

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Above: Some of the guest who have attended the T.B.Awareness Day

### General information

Your feedback on the level of care and service you have received in our facility is very important to us. It assist us with the on-going evaluation and improvement of the services we provide. We would appreciate a few minutes of your time to complete our Patient Evaluation Questionnaire prior to discharge.

Once your doctor has confirmed your discharge, please do not leave the hospital until all the necessary documents have been signed. In addition, please collect your medication at hospital Pharmacy or at the ward



One of Dots Supporter receiving her Certificate.

are not done to T.B. patients resulted from the formulation of the tracing team. About 600 people attended this awareness including Dots Supporters . Ngaphandle kokuqwashisa umphakathi ngalesisifo, onMpilo bathola tuba lokubongwa ngomsebenzi web omuhle abawenza ngokukhulu ukuzimisela ngaphandle kokubheka inzuzo, abalelwa ku 80 ama Dots Supporters anikwa ama Certificates of Recognition ngalolusuku.

**U**mhla zingu 27 June 2006 kwabe kulusuku olukhulu kumphakathi owakhele uPhongolo ngesikhathi isibhedlela Itshelejuba kanye ne Zululand Health District bephume umkhankaso wokuqwashisa umphakathi wakulendawo ngesifo sofuba Tuberculosis ukuzobeka ngokusemthethweni konoMpilo (Dots Supporters) kanye nokubonga onoMpilo

ngeqhaza abalibambile ukuhlenga izinguli ezigulela emakhaya.

Phakathi kwezihambeli ezazihambele lomcimbi owabe ubanjelwe ezinkundleni zase Sthambi Sport Ground singabala u Miss. Zulu ongu C.D.C. Co-ordinator , Ms. B.J. Buthelezi , Mrs. M.O. Simelane ongu Hospital Manager esibhedlela Itshelejuba. The highlights of this event was to address the importance of taking full medication of T.B. as instructed by Medical Practitioners in order to avoid Multi drugs resistance that is caused by not finishing the medication. This event was organized by seeing that many people are dying because they are not taking medication accordingly for the period of six months. By seeing that follow-ups

# PROJECTS



**The new hospital hast structure to be opened soon.**



**The Maintenance Building, which includes Workshop, artisan electrician ,plumbers etc.**

**Th**e hospital Hast Structure that is situated along the hospital main gate would be opened very soon to the community. This structure will include T.B., Sexual Transmitted Infection Sections, ARV Clinic commonly known as Impumelelo Clinic, Voluntary Counseling and Testing . Umphakathi uzosizakala kakhulu ngokuvulwa kwalesi-sakhiwo njengoba indawo ivulekile uma siqhathanisa nesakhiwo esisetshenziswa njengamanje.

Kanti nabasebenzi bakulesisibhedlela sebetshengise injabulo enkulu ngokwakhiwa kwalesakhiwo , bathi sebekulindlele ngamehlo abomvu ukuvulwa ngokusemthethweni kwalendawo ngoba sebezokwazi ukusebenzela endaweni evulekile kanye namagumbi anele okuhlala iziguli. In this Structure the patients will get an opportunity to be advised to go for Voluntarily Counseling and Testing for him or her to know their status and all people with Sexual Transmitted Infections will be treated in this new structure. The medical Practitioners will be available to access all patients who need observations and hospital admissions.

Yisolesi isakhiwo esisha sase Maintenance naso esizoqala ukusetshenziswa maduzane, kanti ngaphakathi kulesakhiwo kokhona nama office . This building was previously used by the hospital stores department for many years before converted to maintenance. We hope that the maintaince staff will find this structure useful as everything that belong to their department will be allocated inside this structure as compare to the one that they were using before .



**The new hospital structure for staff accommodation in process.**

**A**s we know that the hospital have limited staff accommodation, so this is the one of the hospital Maintenance plan where two houses with seven rooms have built inside the hospital to accommodate some of the hospital staff which will include Medical Practitioners. Shortage of staff accommodation have led to many to leave the hospital which is one of the challenges that the hospital is facing.

# HEALTH & BEAUTY

**M**edical Practitioners agree that many of today's health concerns can be linked to nervous stress and tension. Demands of professional and private life create a constant hurry, making it increasingly difficult to escape for a moment of undisturbed quite. The ancient holistic healing technique of reflexology can help alleviate excessive strains caused by stress. As you lie

back and enjoy a vital hour of quiet, an experience reflexologist gently work along various pressure points and meridians on your feet and ankle that correspond to various parts of the body's organ systems. A reflexology treatment helps to lessen the effects of stress while directing the body towards a place of deep relaxation and self-healing. Reflexology guides the body towards improved system functioning by :

- stimulating nerve pathways.
- Improving lymphatic drainage
- Increasing venous circulation
- Relaxing muscle tissue
- Improving the body's absorption of nutrients
- Eliminating toxins
- Boosting immune system functioning
- Restoring balance .

## Pin Board

Bonke abafundi be ABET bayakhunjuzwa ukuthi bayahlangana njalo ngehora lesibile e Dinning Hall.

Abasebenzi bayacelwa ukuba babeyingxenye yomkhuleko obanjwa njalo ngolwezine ngehora lokuqala kuya kwelesibili. (13h00-14h00).

Bonke abayinxenye yamakodi ( Hospital Committees) esibhedlela bayakhunjuzwa ukuhlangana njalo ngezinsuku zabo zokuhlangana.

Kanti osuke engazi ukuthi i Lunch yakhe uzoyichikuphi, ubab'u Msibi uyabameme kwiSocial Club Yakhe ehlangana njalo ngamadina emvakwase Pharmacy.

All Netball and Soccer players are reminded to attend their afternoon Trainings

For more information about what is on the Pin Board, please contact Mr. S.C. Ngwenya

**Thank you**

## CONGRADULATIONS



Have you seen Nomthandazo Msimango driving her brand new Mazda 3 ? .



Mrs. Nonile Shongwe who is driving her new Toyota Yaris.

August is commonly known as the women's month , in this month edition I would like to wish all mothers a happy mother's day with full of blessings and I will also congratulates the above ladies who have successfully bought their brand new cars in this month of August.

Those who didn't made it does not mean that they have to give up but it mean that they have to try more harder.



Who said expensive cars are only for men?.... This is Mrs. C.M. Khumalo's new Mercedes Compressor

## Write to the editor

All hospital staff are invited to share their views, news and issues with our community. Those who've got some exciting news to be published on this issue they must feel free to bring their News to the Office of Public Relations Officer. Not all news or letters would be considered for publication.

### Safety and Security

The hospital Chief Security Officer is reminding all hospital staff to report their lost and damaged properties in time in order for the investigation to be conducted early without any delays, staff members are also pledged to cooperate with the Security during the investigation process. We also like to urge them to tolerate with us during access control.

The security Department is committed to the safety of our patients, doctors and staff, as well as the safety of our visitors. Clearly visible security personnel are situated at strategic positions throughout the hospital and the hospital grounds, particularly in the parking areas. However, the hospital cannot be held responsible for any losses or damage that may occur to vehicles parked on the hospital premises.

## Ramakrishna Clinic Come on Board



**Ramakrishna Specialists Team Included Prof V.B. Jogessar ( Physician) And Drs R. Thejpal ( Paediatrician), N. Moonsamy (Paediatric Registrar ), K. Nankissor , S. Maharaj ( Physicians ), V. Agambaram ( Psychiatrist ), S. Basanth (ENT Regis-**

**T**he everlasting relationship between Ramakrishna Clinic of South Africa and Itshelejuba hospital will always remain the most important key towards service delivery.

This friendly relationship has lasted for long time and we still hope that it will last for another coming year. Since they have started their services at Itshelejuba hospital they have treated thousands of patients which includes Psychiatric, ENT patient, Surgeries etc. Despite that these specialists only come on Sundays but the large number of patients they come to attend their services.



**The specialist & B.N. Ngubane at hospital theatre were busy with skin graft**

On their last visit on Sunday 30/07/2006 the Ramakrishna Clinic of South Africa conducted a visit at Itshelejuba hospital where a total number of 145 patients were seen. Three patients were referred to Ngwelezane hospital and 6 patients with lumbar punctures, 2 ascitic

and 1 emergency were referred to King Edward hospital. We will also like to thank all hospital staff who avail themselves on this day to assist these specialists who have jetted all the way from Durban to render their service.