



SPECIAL POINTS OF INTEREST:

- Itshelejuba hospital, the Champions of service delivery.
- Itshelejuba hospital the champions in promoting Health Lifestyle.

FROM CEO'S OFFICE MRS. M.O. SIMELANE

Itshelejuba hospital management would like to commend the hospital staff for their dedication and commitment in ensuring Health service delivery during Industrial Strike Action. It has been a difficult time for us all, but through staff support everything went accordingly to ensure that they avail themselves to provide health services to our needy people and patients.

Through the caring spirit of the management, we would like to urge all staff members at all levels to utilize the services that have been made available for them such as the Gymnasium, chaplain, occupational health and the EAP. Utilization of such services will be an indication of the necessity of other similar programme.



**Mrs. M.O. Simelane
(Hospital CEO)**

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FEASIBILITY STUDY FOR TRUCK DRIVERS AND SERVICE PROVIDERS



The team that was doing a Feasibility Study led by Hospital CEO Mrs. M.O. Simelane second on the second Row .



Another team that was led Ms. Masindane (Zululand Health District) and Mrs. M.V. Zulu (Itshelejuba Hospital)

On the week of 27th to 2nd of September 2007 Pongola Intersectoral High Transmitted Area Task Team , AIDS programme Freight Industry , Zululand Department of Health, Itshelejuba Hospital and Pongola PHC conducted a Survey on issues related to the dangers of STI'S. The whole team come their all way out to get public views

about the proposed service to be provided to them on 24hours, Amongst the team that was conducting this project was hospital CEO (Mrs. M.O. Simelane), Medical Manager (S.E. Sibeko), T. L. Buthelezi (Human Resource Manager) , Mr. S.R. Mhlongo. Finance & Systems Manager. Mrs. Masindane from Zululand

300 people were interviewed during that survey. The places that were visited includes Pongola Truck Station including people from Taverns that are closing late afternoon. The Study was a great success as more people that were interviewed so the need for this service.

Employee Wellness Day

“Itshelejuba hospital takes employees lives seriously , by promoting Occupational Health Clinic, EAP, Chaplain services “

The hospital hosted an Employee Wellness Week started on the 15th to 20th of July 2007. The aim of this event was to encourage the hospital staff to use Wellness services available for them in the hospital, services such as Employee Assistant Programme , Occupational Health , Chaplain services and to comply with Health and Safety. On the 20th of July 2007 the hospital had an event where we have invited other Guests from our District hospital and from other

Departments. All guests were feel hournaired by the presence of the hospital CEO who explained the purpose of the day. The event was blessed by the presence of Phongola Mayor Mr. B.J. Mncwango who appreciated the hospital management for taking care of the staff and development of other structures around the hospital he also thank the staff members for their dedication during public service strike Action . We will also not forget the exciting words by our

guest speaker Mr. S.J. Gwala who have encouraged our staff members to use Employee Assistance Programme in the workplace. The presence of Mr. Ntombela from Zululand District make our day a wonderful one as he explain the importance of EAP services in the hospital . Despite speeches by the above guests the hospital Wellness team Mr. Dumisani Mkhize (EAP), Ms. Zukiswa Mpeka , Sister C.S. Manyanga and Rev. S.R. Nhlengethwa promoted their service to the hospital staff.

“Itshelejuba hospital EAP promotes Healthy, Ethical and Moral Driven workplace”



Hospital CEO addressing audiences about the



The availability of hospital staff members made our event a big success



The guest speaker Mr. S.J. Gwala explaining about the important of EAP in the work-



The words of appreciation by honorable Mayor of Pongola Mr. B.J. Mncwango impressed the audi-

BATHO PELE WORSHOP

Public service delivery improvement continues to be a challenge that requires the commitment of all public servants to work towards, not only meeting government's objectives but also satisfying the aspirations of members of the public for access to quality services and a better life for all.

In order to meet the above expectations the Batho Pele Team (Mrs G.T. Ntshangase, Ms. M.A. Manana , Mrs. T.G. Msibi and Mr. S.C. Ngwenya) for Itshelejuba hospital conducted Batho Pele training to its staff members with an aim

to put our people first and to meet their expectations.

This will encourage our patients to express their beliefs in the way that respect the beliefs of others, so that the health care providers seeks to understand the care and services they provide within the context of the patient's values and beliefs. Staff members who have attended this workshop were ensured about patients needs for privacy, especially when the patient is providing personal information and undergoing clinical examination



Staff members who have attended the Batho Pele Workshop

EMPLOYEE ASSISTANCE PROGRAMME (E.A.P)

The Employee Assistance Programme at Itshelejuba Hospital has been implemented and staff members are encouraged to use E.A.P services since the programme was started to serve them and their immediate families. The main aim of Employee Assistance Programme is deal employees personal and work related problems which affect their job performance . The E.A.P deals with following problems i.e. Fi-

nancial problems, family problems, job stress, Legal Issues, Social problems and many more. The team of trained E.A.P Practitioners led by Human Resources Manager (Ms. T.L. Buthelezi) , D.E. Mkhize (Permanent E.A.P Practitioner) and the following practitioners: Mrs. G.T. Ntshangase (Chief H.R. Officer) , Ms. S. Magagula (Social Worker) , Sr. S.E. Mdlalose (Forensic Nurse) and Sr. C.S

Manyanga (Occ. Health Nurse) . The E.A.P services are voluntary, confidentially . There are three ways of referral to E.A.P i.e self referral, formal referral and informal referral.

"E. A.P PROMOTES HEALTHY, ETHICAL AND MORAL DRIVEN WORK-PLACE"

GCINA UMLOMO WAKHO UHLANZEKILE

Umlomo ohlanzekile kanye nokunakekela umlomo wakho kubaluleke kakhulu. Izinkinga zomlomo zingabebhetheka ikakhulukazi uma amasotsha omzimba wakho ephansi. Kanti lezinkinga zingalashwakalula uma zisheshe zatholakala.

OKUMELE UKWENZE:

- Ukunakekela umlomo kanye namazinyo akho nsuku zonke

- Yazisa udokotela wamazinyo (Dentist) noma umeluleki wamazinyo (Dental therapist, Oral hygienist) nanoma uluphi ushintsho olwenzekayo emlonjeni wakho.
- Kumele unakekele umlomo namazinyo akho nsuku zonke , ngoku wawasha ngesihlanzi mazinyo esithambile . Ngokulandela imiyalelo kado-

kotela wamazinyo.

- Ninga bolekanisi ngesihlanzi mazinyo. (toothbrush) .
- Ngokweminye imininingwane bakhona abantu abasebenza kuwolona lomtholampilo sinaye uDokotela wamazinyo u Mr. M.P. Mzoneli omeluleki wamazinyo kanye no Dr. X. Banjwa.

District Health Executive Meeting

The Zululand health Executive Meeting involving all their hospital CEO'S including members from District Office gathered at Itshelejuba hospital to discuss about issues that will improve Service delivery in our institutions, such Quality Improvement programmes, HIV/AIDS, HAST, Staff Wellness etc. Amongst CEO'S that were present on that day were Ms D.J Linda from Nkonjeni hospital, Mrs. T. Zulu from Vryheid hospital , Mrs. G.T. Shamase Benedictine hospital , Mrs. B.B. Dlamini from Thulasizwe hospital



This is after their successful Meeting where they had a Delicious meal that was prepared by hospital staff.

VISIT BY RAMAKRISHNA SPECIALISTS

“The Ramakrishna Clinic of South Africa Specialists will be always remembered for their initiative in Health Service Delivery “

The Medical visit by Ramakrishna Clinic of South Africa at Itshelejuba hospital on the 26th of August 2007, was a great success as patients came in large numbers to received medical treatment by these specialists.

Their visit to Itshelejuba hospital was not for the first time this year . We would like to recommend their initiative for saving lives of our people in

Pongola area hoping that their third visit in November will be a busy one



Dr. H. Chaithram at Outpatient Department assessing patient who have visited the hospital on that day



DR. Kimesh Naidoo (Paediatrician) from Ramakrishna Clinic with the patients at Pediatric ward.



Professor Joggesar accessing the patient at hospital Medical Ward

OPENING OF A GYMNASIUM AT ITSHELEJUBA HOSPITAL

On the 15th of May 2007 was an official opening of the Gymnasium at Itshelejuba hospital. The hospital staff comes in large numbers to witness the opening of this Gymnasium inside the hospital Old Lecture room. This is part of Health Promotion Programme to encourage our staff to live a healthy lifestyle, to move for their health and to eat Healthy Food; this programme will help our employees to reduce their weights. Amongst other people who have attended this opening were Mrs. M.O. Sime-lane (Hospital C.E.O), Mrs. D.T. Memela (Zululand District Manager) and Mrs. C.M. Khumalo (Hospital Nursing Manager). To promote Healthy eating fruits were given to all employees who have attended this official opening.

The gymnasium is opened to all staff members who have membership cards from 05h: 00 am to 22h: 00 pm. Amongst the machine available for the staff are 2 Tread Mills, 2 Pulley / Weight Machine, 3 sets of Dump Bells Weight , 4 Exercise Cycle Machines and 10 Skipping ropes. We hope that

all staff of the hospital will use this resources effectively



During the opening of the gymnasium fruits were provided to promote Healthy lifestyle



Ms. L.M. Mntambo from District Office trying to build her muscle



Mr. M.T. Sesedi jumping using skipping rope.

District management visiting gymnasium centre.



Mrs. T. Zulu (Vryheid hospital CEO) running on a Tread Mill machine .



Mrs. D.J. Linda(Nkonjeni hospital CEO) and Dumbe CHC CEO assisting Mrs. Shamase (Benedictine Hospital CEO) on a Cycle

“Itshelejuba hospital a health promoting hospital promotes a healthy lifestyle”

POOR PERFORMANCE BY ITSHELEJUBA SOCCER AND NETBALL TEAM

Ayeseshabalele amathemba aleliqembu lasesibhedlela Itshelejuba ukudlulela kowamanqamu kwimidlalo eyayihlelwe yiZululand Health District mhla zingu 12 May 2007.

Isibhedlela I-St. Francis yiso esaqeda amathemba aleli qembu ngesikhathi ebahlula ngo 2-0 . Nakuba kwasekuphelile ngaleliqembu njengoba bebukeka bengakholwa ngokwenzekile kodwa abalilahlele ithemba



End of the road for Itshelejuba hospital Teams

Naseqenjini le Netball izinto azihambanga kahle njengoba nalo lingakwazanga ukufika kowamanqamu . Ephawula ngokungenzi kahle kwalamaqembu, uChillies Mpanza owake wawaqeqesha omabili amaqembu alesisibhedlela okuyiNetball ne Soccer , uthe into eyenza behlulwa yingoba abazimiseli ngokuzoziqeqesha . Baziqeqesha kuphela uma sekusondele isikhathi semidlalo, abanye badlala bengakaze balibeke ejimini, ngenxa yokushoda kwabadlali bese besetshen-



Itshelejuba hospital Netball Team (Black and Gold) read to take on Nkonjeni Hospital



No one who have scored more goals except this player from KwaCeza on the ball.

“Zululand Health District take Sports to another level”



Despite playing Soccer and netball, it was also about relaxing , relieving of stress, living a healthy life style and to know each other from our colleagues. As we see on the picture the beautiful ladies of St. Francis Hospital bezipholele belindele noma ngubani abangadlala naye.