

## Itshelejuba District Hospital

## **ITSHELEJUBA NEWS**

STAY INFORMED

**APRIL—JUNE 2025** 

World hand hygiene day commemoration done on the 16<sup>th</sup> May 2025 at the hospital main boardroom, where by presentation done by IPC Coordinator, on the Theme provided by WHO which says "It might be gloves, still hand hygiene".

IPC urged staff to observe five moments of hand hygiene to prevent transmitting infections in between the patients and staff, hand rub demonstrated by IPC coordinator then one clinician and one non clinician demonstrated back.

As contribution to the theme of the day Mrs. T.M Vilakazi (CEO) also emphasized hand hygiene, and also to encourage staff to do hand hygiene not only for the patients but also for our families and friends that we can shake hands and hug after work only to find that we have organisms on our clothes or bodies if we do not practice proper hand hygiene.







TM Vilakazi (CEO)

**NS Moloi (HRDP)** 

**MP Mathonsi (IPC)** 













### **HAND HYGIENE DEMONSTRATION**



MP Mathosi (IPC Coordinator) was demonstrating to the staff on hand hygiene to prevent transmitting infection in between staff and patients.





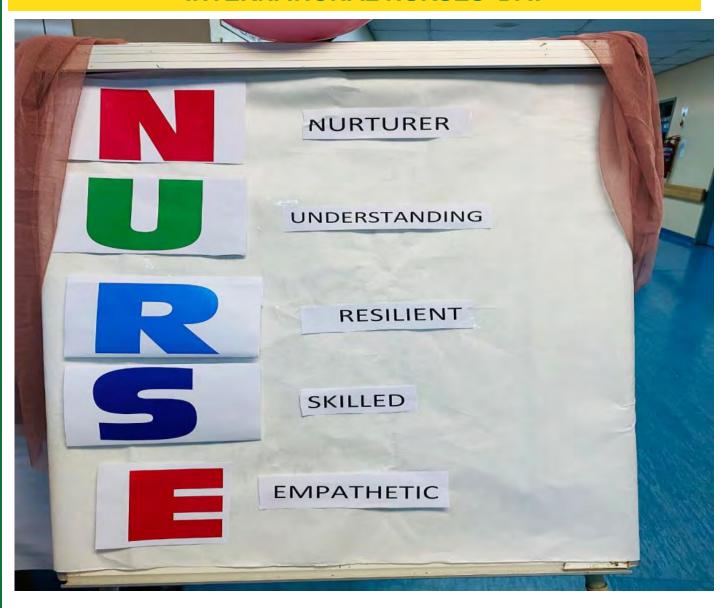








#### **INTERNATIONAL NURSES' DAY**



Itshelejuba Hospital Nurses came out in numbers to celebrate the International Nurses Day with the theme of "Our Nurses, Our Future. Caring for nurses strengthens economies". During the event, there were various speeches, Nurses danced and sung different songs of celebrating their day. The CEO of the Hospital Mrs T.M Vilakazi during her speech, stated that Nurses are the backbone of the Hospital and also urged Nurses to love themselves by taking care of themselves because the hospital is nothing without them. Towards the end of the event, nurses also light their candles and recited the vows they do as the nurses.









## **INTERNATIONAL NURSES' DAY GALLERY**













#### **WOMENS HEALTH AWARENESS**

Isbhedlela Itshelejuba sigubhe usuku lwezempilo kubantu besfazane ngokuqwashisa abantu besfazane ngezifo ezahlukene ezitholwa abantu besfazane. Omunye wodokotela u-Maneka Ramadhin ngesikhathi ekhuluma wanxusa abasebenzi ukuthi behambe beyohlolela umdlavuza wesibeletho kanye nomdlavuza webele. Abasebenzi besibhedlela baphetha usuku ngokuzivocavoca nokuyimpilo kuwo wonke umuntu.









#### CHILD PROTECTION WEEK





Isibhedlela Itshelejuba sibungaze iviki lokuvikela izingane (Child Protection Week)

Lapho abebeluleka khona abazali ngendlela okumele baphathe futhi bavikele ngayo abantwana emakhaya

Omunye wosonhlalakahle wesibhedlela ngesikhathi ekhuluma nomama bezingane, waveza izinhlobo eziningi ezahlukene zokuhlukunyezwa kwezingane emakhaya ubesenxusa abazali bezingane ukuthi begaphele indlela abakhuluma ngayo kanye nendlela abaphatha ngayo izingane emakhaya. Inhloso yokuthi osonhlalakahle bakhulume nomama bezingane ukuthi babaxwayise ukuthi kuyicala ukungayinakekeli ingane nokungayivikeli.

Isazi kwezokudla (Dietician) ubese efundisa omama indlela okumele banikeze ngayo izingane zabo ukudla okunomsoco kusukela ebuncaneni bazo ukuze zizokhula ngendlela efanelekile, kanti abaluli bemsipha ngesikhathi bekhuluma banxusa abazali ukuthi begade ukukhula kwezingane ukubona ukuthi iyaphendula uma edlala nayo noma ekhuluma nayo lokho kuzosiza ukusheshe ubone ukuthi ingane yakho ayikhubazekile yini.

Umelaphi wokukhuluma(speech therapist) ubese esegcizelela ukuba abazali beqaphele izingane zabo ukuthi zinazo yini izimpawu ezikhomba ukuthi sekumele ngabe seziyagala ukukhuluma. Inhloso yokuthi asho lokhu ingoba abanye abazali abanaki baye ngokuthi izingane azifani noma zidinga amasiko.

Emuva kwaloluhlelo abasebenzi bezempilo baxoxisana nomama bezingane ngenhloso yokubheka ukuthi abanazo yini izinkinga ababhekene nazo emakhaya mayelana nezingane zabo.





KZN Department of Health





#### **CHILD PROTECTION WEEK GALLERY**











(07)





## M.A MANANA'S FAREWELL-INDLONDLO YAMA OUTREACH







The Itshelejuba hospital hosted a farewell party for their beloved Matron M.A. Manana who served the hospital over 30 years with hard work, dedication and integrity. Ms. Manana played a huge role at the hospital especially on the Outreach programs. She once received a lifetime service certificate. She will be dearly missed, we wish her luck in everything she wants to achieve in life.



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### M.A. MANANA'S GALLERY









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Isbhedlela Itshelejuba sihalalisele abasebenzi baso ababili okungu B.J. Mchunu kanye no S.B. Mamba ebekade beyomela u Phongolo kwi comrades marathon ebisuka e Thekwini iya e Mgungundlovu mhla ziyisishiyagalombili ku Nhlangulana 2025. Siyabagqugquzela ukuba baqhubekele phambili.



OUR TWO EMPLOYEES JOINED COMRADES MARATHON ON THE 08 JUNE 2025. CONGRATULATIONS TO BOTH OF THEM.















#### **ISITHUTHI SOMPHAKATHI**

Abaphathi besibhedlela Itshelejuba ngaphansi kobuholi buka Mrs T.M. Vilakazi, bahlale babuka ukuthi umphakathi waso Phongolo uhamba kabuhlungu uma besuka ematekisini beza esibhedlela kanjalo noma sebesuka esibhedlela beyogibela ematekisini, labo bantu abantu esebekhulile abangakhoni ukuhamba indawo ende, nabo bonke abahamba kabuhlungu ngenxa yokugula okwehlukene.

Abaphathi besibhedlela bathathe isinqumo sokutholela umphakathi wakithi nazi izinyawo ezilula.

Syabonga kakhulu muhle umsebenzi osuwenzekile nokucabangela abantu bakithi abagulayo.Nawe Itshelejuba awumncinyana, lezizinto sizigcina ezibhedlela ezinkulu ezisemadolobheni.













#### **ISITHUTHI SOMPHAKATHI**













#### **YOUTH DAY CELEBRATION - 18 JUNE 2025**

On the 18th June 2025 Itshelejuba Hospital hosted a vibrant youth day celebration, bringing together young people from the community who are unemployed to have a fun-filled day with the employeesfrom the hospital. The event kicked off with informative health talks, covering topics such as teenage pregnancy, substance abuse, gender based violence as well as contraceptives & emergency pills by Matron E.S. Letsoalo.

The excitement continued with thrilling sports games, including netball and soccer, which brought the community together in spirit of friendly competition. Snacks, drinks and fruits were served.











#### YOUTH DAY GALLERY











## **ACKNOWLEDGEMENTS**

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