

## Itshelejuba District Hospital

## **ITSHELEJUBA NEWS**

STAY INFORMED AUGUST—DECEMBER 2024

# STAKEHOLDERS ENGAGEMENT MENTAL HEALTH



Itshelejuba Hospital met with the external stakeholders at the Department of social Development to plan the mental health awareness day to help fight the mental health disorder in our society. This comes after there is a realisation of high statistics of people with this disorder in our society. This event was to help educate people in the















JN Mthenjana (DMN) and MA Manana were there to give support and guidance on the services to be rendered at Ncotshane Community













## **MENTAL HEALTH AWARENESS CONTINUED**





CEO: Mrs TM Vilakazi

**Dr. MS Ntshangase** 

The community gathered inside the hall to discuss further on how to fight against this mental illness. Mrs TM Vilakazi thanked everyone for being part of this awareness, saying that the statistics of people being admitted in the hospital with mental health issues is increasing everyday, it is a problem that affects the whole community. Dr. MS Ntshangase gave a presentation, educat-



All stakeholders were there to participate on the discussion, trying to come up with the solution. Even scholars came in numbers to be part of this discussion because it also affects them in school and at home.

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KZN Department of Health







Isibhedlela Itshelejuba besihambele endaweni yase-Manyandeni ngaphansi kobukhosi bakwa-Ndlangamandla ngenhloso yokuhlinzeka ngezidingo zezempilo kumalunga omphakathi akuleyandawo, okubalwa ukuhlolelwa umfutho wegazi, ukuhlolelwa kwesifo sofuba, ukuhlolelwa kwegciwane lesandulalela ngculazi, kanti kwakukhona nodokotela ababezohlola izifo ezahlukene kubantu emphakathini wase-Manyandeni. Isibhedlela Itshelejuba sasihambisana neminye iminyango kahulumeni okubalwa umnyango wezokuthutha, umnyango wezokuthuthukiswa komphakathi ukuzoluleka abantu ngezimo abahlangabezana nazo, umnyango wezolimo kanye nomaspala wasophongolo. Amalunga omphakathi wase-Manyandeni ayephume ngobuningi bawo ukusebenzisa izinsiza eminyangweni kahulumeni eyahlukene ikakhulukazi ukuyozihlola kodokotela abahlukene ababekhona.









### **PHOTO GALLERY—MANYANDENI AREA**



## **Registration station**



## TB Screening



Men's clinic



## Vital Signs



## **Consulting rooms**













#### HERITAGE DAY AT ITSHELEJUBA HOSPITAL



Isibhedlela Itshelejuba sigubha usuku lwamasiko ekukhumbuzeni abantu ukungakhohlwa imvelaphi yabo, ngalokho isibhedlela siyaye sivumele abasebenzi ukulibungaza losuku ngokuthi abantu befake imvunulo ehambisana nosiko lomuntu. Kulonyaka isibhedlela sibungaze lolusuku ngokuthi kube nomdlalo womshado nomembeso. Kulomdlalo umsebenzi nomsebenzi kwakunenxenye azibandakanya kuyo kanti kwakumenywe nezikhulumi zangaphandle ukuzofundisa abasebenzi ngokubaluleka kwamasiko nokuthi lwalugujwa kanjani emandulo.Kwakukhona nokudla okuningi okwehlukene okwesintu okwakudliwa ngalolusuku okubalwa izindlubu, izinkobe, isigwaqana, usu, inhloko, ujeqe kanye namahewu.









### **GALLERY—HERITAGE DAY**











**CEREBRAL PALSY PARTY 2024** 

















### **CELEBRAL PALSY PARTY — GALLERY**

Isibhedlela Itshelejuba besibungaza abazali babantwana abaphila nesifo sokukhubazeka, lababazali bayakhuthazwa, bachushiswe ukuthi uma uJehova akubusisa ngomntwana okhubazekile, kuthathe njengesibusiso nesabelo sakho lokho ungakuthathi njengesiqalekiso. 'Singabacwasi abantwana futhi singabacasukeli.' Njalo ngenyanga abazali bayabaletha labantwana lapha esibhedlela bezofundiswa ukuthi baphile kanjani nabo.

Lapha esibhedlela kukhona abosizo lokukhuluma (Speech Therapy), Abeluli bemisipha (Physiotheraphy), Abezenhlala-kahle (Social Workers), abazi bezokudla okunomsoco (Dietician). Bonke laba ababaliwe bayasiza ukuthi wazi ukuthi eyakho ingane ikhubazeke ngaluphi uhlobo futhi idinga usizo olunjani. Lapha abazali balezingane bebeklonyeliswa ngezitifiketi nezipho ezahlukene nokuwuphawu lokubabonga, ukubakhuthaza kanye nokubagqugquzela. Kube sekuba nezibil-



Laba ingxenye yalaba omama amaklonyeliswe ngezifiketi ngomsebenzi omuhle abawenzayo ekukhuliseni Labantwana.











#### **MEN'S FORUM AT MSIBI TRIBAL COURT**



Itshelejuba Hospital hosted a men's forum event at Msibi Tribal Court (Ntumbane Area) to talk about challenges that men are faced with on daily basis, it could be at home, work and community. The health department allocated nurses and doctors to talk and do the health check-ups on the males. This event was to help men to speak openly to the male health workers about the health issues that they are faced with. Gender biased violence was one of the topics that were discussed dur-











#### **MEN'S FORUM — GALLERY**











MA. MANANA (ANM), BM ZONDO
(ANM), SR MABUYAKHULU (PSR), AND
TMP MDLALOSE (EHWP) WERE ALSO
THERE TO GIVE SUPPORT.



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#### **QUALITY DAY AT ITSHELEJUBA HOSPITAL**



Itshelejuba Hospital hosted a Quality day event where employees were given certificates and medals to thank them for their hardwork and dedication at work. This was to encourage all staff members to dedicate themselves on their work. During the event, certificates and medals distributed in different categories which includes: Best dressed employees, Best committed employees, the cleaning department all got certificates,











## **QUALITY DAY GALLERY**











#### 16 DAYS OF ACTIVISM AGAINST WOMEN AND CHILDREN



The Itshelejuba Hospital hosted the 16 Days of Activism campaign that is held yearly beginning from the 25th of November till the 10th of December for the Elimination of violence against women and children. The aim of this campaign is to raise awareness of the negative impact that violence and abuse have on women and children and to rid society of Abuse permanently. Different stakeholders which include SAPS, Department of Social Development and the SANDF were invited to the event to make an awareness about gender biased violence against women and children.









16 DAYS OF ACTIVISM—GALLERY







Staff members and our community was there to be part of this campaign, everyone was participating.









#### **Awareness for Communicable and Non-Communicable Diseases**

The above awareness campaign was done by Department of health in Collaboration with Department of SANDF (Pongola Base). There was a march which started from Pongola Clinic, continuing to Pongola town till Ikhwezi Taxi Rank, during the march education about diseases and distribution of pamphlets was done. At the taxi rank services like TB screening and HCT was









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