



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# Itshelejuba District Hospital

## ITSHELEJUBA NEWS

STAY INFORMED

MAY—JULY 2024

### 2024 INTERNATIONAL NURSES DAY



Every year, the international Council of Nurses select a theme. The theme for the 2024 international nurses day is **“Our Nurses Our Future, The Economic Power of Care”**.

This day is celebrated each year on the 12th of May, the anniversary of Florence Nightingale’s birth. 204 years after the birth of the lady with the Lamp, we recognise this social reformer who was the foundational philosopher of modern nursing, by continuing to advance her cause.

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# NURSES DAY AT ITSHELEJUBA HOSPITAL



**NURSES' PLEDGE OF SERVICE**

I SOLEMNLY PLEDGE MYSELF TO THE SERVICE OF HUMANITY AND WILL ENDEAVOUR TO PRACTISE MY PROFESSION WITH CONSCIENCE AND WITH DIGNITY.

I WILL MAINTAIN BY ALL THE MEANS IN MY POWER THE HONOUR AND THE NOBLE TRADITIONS OF MY PROFESSION.

THE TOTAL HEALTH OF MY PATIENTS WILL BE MY FIRST CONSIDERATION.

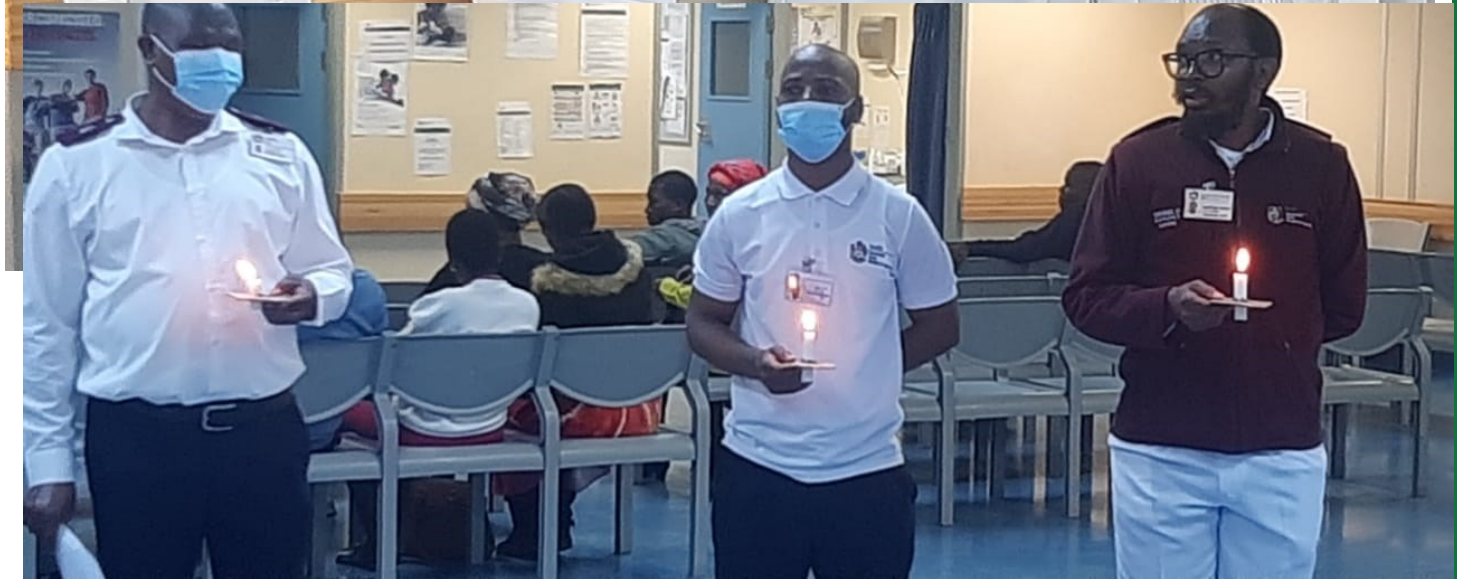
I WILL HOLD IN CONFIDENCE ALL PERSONAL MATTERS COMING TO MY KNOWLEDGE.

I WILL NOT PERMIT CONSIDERATIONS OR RELIGION, NATIONALITY, RACE OR SOCIAL STANDING TO INTERVENE BETWEEN MY DUTY AND MY PATIENT.

I WILL MAINTAIN THE UTMOST RESPECT FOR HUMAN LIFE.

I MAKE THESE PROMISES SOLEMNLY, FREELY AND UPON MY HONOUR.

**JN Mthenjana (DMN)**  
leading Nurses Pledge and lighting of the candle.



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## CHILD PROTECTION WEEK

Lapha bekuyiviki lapho bekukhuthazwa futhi kugcizelelwa ukubaluleka kokuvikelwa kwezingane. Ingane inelungelo lokukhulela endaweni enothando nevikelekile. Ziningi izindlela okuhlukunyezwa ngazo abantwana lapha sibala ukungayondli, ukungayinakekeli, ukungayivikeli.

Izingane zenza futhi zikhuluma lokhu esikwenzayo emakhaya, ingakho kubalulekile ukukhulisa ingane ngendlela ofuna ibe yiyo noma isikhulile ingasuki kuyo. Lapha sibona Usonhlalakahle, Abeluli bemisipha, Speech Therapist kanye nabeluleki bokudla bephume umkhankaso besho ngezwi linye bethi:



**SG Magagula (Usonhlalakahle) efundisa omama bezingane**



**MN Msezane (Peads OM) no Ntshangase M. (uSonhlalakahle)**



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## ISIBHEDLELA KUBANTU—ENGEDLE

Isibhedlela Itshelejuba besihambise isibhedlela kubantu endaweni esoPongolo ebizwa ngokuthi iseNgedle.

Abantu bakulendawo babesenhlanhleni yokuvakashelwa odokotela okubalwa kubo udokotela wamehlo, udokotela wamazinyo nodokotela obona izifo ezahlukene. Ukuhlololwa umfutho wegazi, ukuhlololwa umdlavuzo nokunye okuningi . Umphakathi ubukeke ukuthokozele konke lokhu.



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## FAIRWELL: MR. M. MNGOMEZULU

“Kumnandi ukuhlangana kodwa kubuhlungu ukwehlukana”, lapha besivalelisa Mnu. M. Mngomezulu obengusokhemisi futhi abe uMphathi. Ubesehlale nathi kulesisikhungo iminyaka engeqile kwemithathu. Igalelo lakhe libonakele esebenza ngokuzikhandla ukusiza umphakathi wasoPongolo enza isiqiniseko sokuthi bayayithola imishanguzo noma imithi yabo ngesikhathi.

Simfisela konke okuhle nempumelelo kukho konke akufisayo njengoba eseqhubekela emadlelweni aluhlaza.



**MR. M Mngomezulu -**



**MR. M Mngomezulu with Management**



**MR. M Mngomezulu with his Colleagues**

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## BREASTFEEDING AT PONGOLA CLINIC

Ikilini yase Pongola beyinethuba nomama bezingane bebefundisa futhi begcizelela ukubaluleka ko bisi lwebele, bakubalulile ukuthi ubisi lwebele luyimpilo enganeni luqinisa



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## DRUG ADDICT AT PONGOLA TOWNSHIP AWARENESS

Ikilniki yase Pongola ithathe ithuba yavakashela labantwana abahlala emgwaqeni ababhema izidakamizwa. Labantwana bahlala laphaya edolobheni laso Pongolo babalekele amakhaya ngenxa yezinkinga ezahlukene abazichazayo uma uhlala nabo phansi ubaxoxisa. Igama abajwayele ukubizwa ngalo babizwa ngamaphara, bathe bacela ukulishintsha leligama bebizwe ngamajimbosi. Emuva kokuba sekuxoxiwe nabo bakujabulele ukubona ukuthi nabo babalulekile noma behlala emgwaqeni, babe sebephiwa nokuya ngasethunjini nokuyinto abayijabulele kakhulu leyo.



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## MBALI NDLOVU'S FAIRWELL—CHIEF PHYSIOTHERAPIST

Lapha besivalelisa udokotela wokwelulwa kwemisipha (Chief Physiotherapist) obesehlale kulesikhungo esiza umphakathi wasendaweni yaoPongolo iminyaka eyishumi nesishiyagalolunye (19 years). Igalelo lakhe libonakele kakhulukazi emphakathini esebenza ngokuzikhandla, ngesinye isikhathi izinsiza kusebenza zingekho kodwa engakhathali ukuqinisekisa ukuthi umphakathi uyagculiseka ngomsebenzi wakhe.



**Dr. Buthelezi emmukelisa isitifiketi sokumbonga ngomsebenzi omuhle**

**Mbali Ndlovu—Chief Physiotherapist**





# NELSON MANDELA DAY—67 MINUTES

This day is an annual international day in honor of Nelson Mandela, celebrated each year on 18 July, Mandela 's birthday. This day encourages people to dedicate 67 minutes of their time to give back to the community, 67 minutes represent the 67 years that Nelson Mandela devoted to public service.

Emkhwakhweni Clinic decided to visit a member of community who is living in a bad condition, they decided to go and clean his place and they bought him few groceries. He was very happy to see his place looking so clean.



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Itshelejuba hospital decided to visit our nearest market place where there are public toilets that are not being used due to not having enough water,



**BEFORE**

**AFTER**



**MRS TM Vilakazi (CEO) who was leading the team was thanking**

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# IXOXWA NGEZITHOMBE



**UYASHA UMSHIKASHIKA WONKE  
UMUNTU UBAMBE IQHAZA UKWENZA  
LEDAWO ISALE IHLANZEKILE.**



# TEAM BUILDING AND WELLENESS DAY

Abasebenzi babe nesikhathi esimnandi kakhulu lapho babenethuba lokuhlangana ngaphandle kokusebenza kodwa behlangana ngokuzokwazana kancono,bedlale imidlalo eyahlukene ndawonye, nokuzivocavoca. Lokhu



# GALLERY



# ACKNOWLEDGEMENTS

## EDITORIAL TEAM



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**CHIEF EXECUTIVE OFFICER**  
**CHIEF EDITOR**



**MISS N.O MLONDO**  
**PRO**

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