



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

ITSHELEJUBA HOSPITAL

ITSHEJUBA NEWS

NEWS

STAY INFORMED

JULY TO SEPTEMBER 2016



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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



Management team together with Belgrade community.



The Prince Nhlanganiso Zulu addressing the community.



From right: Mrs T. M Vilakazi Acting (CEO) for Itshelejuba Hospital handing over a present to Prince Nhlanganiso Zulu.



The mayor of uPhongolo Municipality was emphasising the importance of being circumcised.

On the 15th of September Itshelejuba Hospital was visited by Prince Nhlanganiso Zulu at Belgrade Community Hall. The purpose of the day was to address the community on strategic health programmes including MMC.

MEN'S DAY 08 AUGUST 2016



Happy men's day!!! It was a special day which was exclusively for men.



Mr Themba Masondo from uPhongolo municipality encouraging Men to know who they are in this real world.



It was an occasion for men to celebrate their achievements and contributions to the community and their families. They were singing traditional songs and dancing.



Men's Day meal consisted of Ujeqe, Inhloko (special food for men) ,usu,ipapa and many more.



Improving gender relations, promoting gender equality, and highlighting positive role of being a **Men**.



On the 23rd of September Itshelejuba Hospital was celebrating heritage day and women's day. It was a day in which all were encouraged to celebrate their culture, traditions in the wider context of the great diversity of cultures, beliefs, and traditions that make up the nation of South Africa. Traditional Food was served including inhloko, ubhatata, usu, amathumbu, amakinati, amahewu, amadumbe and ujeqe. It was really amazing. We were also celebrating the women's day. We were also visited by Old Mutual team, staff were spinning the wheel and won prizes.

HERITAGE DAY CONTINUE—IXOXWA NGEZITHOMBE

Staff members for Itshelejuba hospital together with our visitors from old mutual.



Izimbungulu singing their traditional songs celebrating heritage day.



Zaziconsa ngalolu hlobo izintokazi zibungaza lolusuku lwamagugu.



Mr Mhlongo giving the purpose of the day.



Such a wonderful day beliefs, values, customs, dress code, personal decoration all of these means we are one.





On the 18th of August 2016 the children from Magut Private School visited the Hospital to learn more about oral health. They were taken, on the tour around dental department, showing them how everything is done during the treatment of patients.

They were given tooth brushes and pamphlet's that will remind them about all the things we talked about including proper way of brushing their teeth.

Doctor M.S Mavuso and M.P Mzoneli (Oral Hygienist) thanked everybody who took initiative to be part of this special day. They also mentioned that for the whole month of August we celebrate Oral health month by giving patients Oral health education and issued tooth brushes and tooth pastes to those in need.

MANDELA DAY 18 JULY 2016



South African first former state President Dr Nelson Mandela was awarded as Human Rights Activist for Social Transformation, Equality and Peace in the world by the United Nation States Council and thus 18 July has been declared the day to commemorate his hard work.

Dr Nelson Mandela fought for social development, transformation, human dignity and, equal life for all. He believed strongly that all people can influence the world for a better change in their regions to improve quality of life. He grew up as a cattle shepherd and later joined a revolutionary struggle. He obtained many awards and doctoral honorary degrees for his efforts during and after he graduated as a Lawyer. During his Presidency he united different racial groups and started many social developments (housing, clinics, schools, electricity and, water just the few).

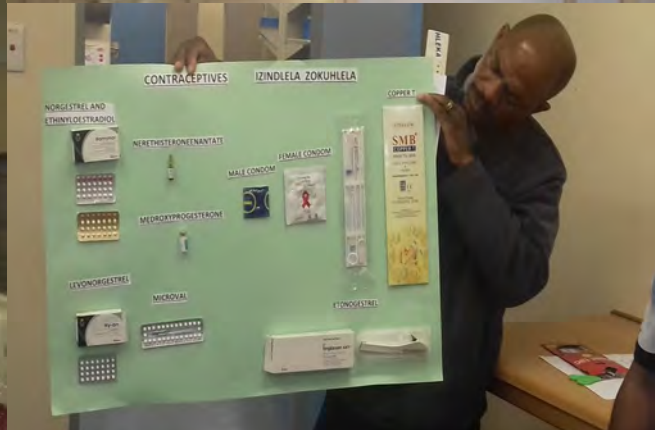
The Department of Health (Itshelejuba Hospital) in Pongola sub-district has committed to be part of Mandela Day commemoration events every year. On such a day Itshelejuba hospital visited **Isiphosethu Special School** for children with special needs. More than 80 people attended the event including school governing body, parents, learners, and staff from hospital. Thanks to local business for sponsoring this day together with contributions made by the staff.

Amongst the gifts was school stationery, cleaning material, cosmetics, fruits and snacks. Dental care from Itshelejuba hospital offered with tooth-brushes and tooth-paste.

Learners showed appreciation and entertained everyone with choral music and traditional dance. We acknowledge the planning committee and individual pupils who made the day a success in 2016.



On the 26th of September 2016 The Rehab Team (Physiotherapists, Audiologist, Speech-Therapist and Dietician) visited Siyazenzela Higher Primary School for health awareness, promotion and marketing of their professions.



On the 5th to 9th of September 2016 was pharmacy week , the theme for this year was “**Use Medicine Safely**”. Patients education was given with special emphasis on pain medications, antibiotics and hypertension medication. After patient education session a mini- assessment was given to patients to complete and the person who scored the highest was awarded a prize .

The patients should

1. ‘**STOP**’ asking themselves do I know what my medication is for and how to take it.
2. ‘**ASK**’ the pharmacist questions regarding the medication to get more clarity if they do not understand and lastly ’
3. ‘**GO**’ home and get well!.

BELOW: FAREWELL PARTY FOR MRS. S. T MNDEBELE 29/07/2016



FAREWELL PARTY FOR MRS S. T. MNDEBELE (CLERK) SHE WORKED AT ADMIS- SIONS OFFICE FOR SEVERAL YEARS THAT WAS A GOOD BYE HUG FROM HER COLLEAGUES.

BELOW: MR T MTHIYANE'S FAREWELL PARTY 29/07/2016



Farewell party for Mr T Mthiyane (Infection Prevention Control) together with the Management team. They wished him well on his new endeavours and success.

HEALTH LIFESTYLE ACTIVITIES 01 AUGUST 2016



On the 24th of September 2016 Sanlam organised soccer and netball departmental games inclusive of DOH, DOE, SANDF, SAPS and Sanlam. Itshelejuba hospital netball team took 1st place and won netball kit and trophy. Itshelejuba soccer team took 2nd place and won R750 Pick'n'Pay voucher. ***We are proud of you guys keep it up.***



Philani Mbatha (Captain) accepting the Voucher

ACKNOWLEDGEMENTS



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