



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# ITSHELEJUBA

Dec—March 2014 Latest Edition

# NEWS



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## VISION

OUR VISION IS TO RENDER QUALITY HEALTH SERVICES AND PROMOTE HEALTH

## MISSION

TO PROVIDE AN INTERGRATED CO-ORDINATED AND COMPREHENSIVE HEALTH CARE UTILIZING RESOURCES EFFECTIVELY AND EFFICIENTLY EMPHASIZING COMMUNITY PARTICIPATION.

## CORE VALUES

TRUST BUILT ON TRUTH ,INTEGRITY AND RECONCILIATION  
OPEN COMMUNICATION ,  
TRANSPARENCY  
AND  
CONSULTATION COMMITMENT TO PERFORMANCE COURAGE TO LEARN CHANGE AND  
INNOVATE

**FIGHTING DISEASE; FIGHTING POVERTY; GIVING HOPE**

## **MESSAGE FROM CEO'S DESK**

As we are all aware that we meet to part and that there is time for everything. The time has come for me to leave Itshelejuba through resignation. My last month of service at Itshelejuba is March 2014. The reason for this decision is to explore other career AVENUES

May I take this opportunity to convey my sincere gratitude to God almighty who has led me through, for the past 24 years working at Itshelejuba hospital, of which 13 years I have been appointed as CEO. I appreciate and thank the department of health for entrusting me with such responsibility.

I feel humbled to mention that I was the first female African CEO appointed at Itshelejuba Hospital and I am gratefully to be given golden opportunity to contribute in making history in the department of health and the area of uPhongolo and its vicinity.

I strongly believe that there is some legacy, I am now leaving behind for the remaining management, staff and all stakeholders they can learn from and build on to make the health in uPhongolo to provide high standard of care.



I would like to commend Management, extended management and the staff at large for the team work they have displayed through out these years even during times of trials I have observed and experienced a very good team spirit , keep it up!

I am appealing that you sustain all the good work that you are all doing but again revive what has missed on the way like some of the quality initiatives. It is possible because in 2008 we were the winners of golden award for service excellence in the whole department of Health and Silver Award In the premier service Excellence Award I believe in your calibre to make this happen "LAPH'AMANZI AKE AMA KHONA APHINDE AME FUTHI"

I also appreciate very much the support and working together of the Hospital Advisory Board and all other Stakeholders.

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# ZULULAND HEALTH DISTRICT BIDS FAREWELL TO MRS MO SIMELANE



Mrs DT Memela -District Manager and the team from Zululand Health District including Senior officials from our sister hospitals within the district , came to Itshelejuba Hospital with the view to bid Mrs MO Simelane farewell.

In her speech (DM) made highlighted that Zululand Health District has been blessed to have CEO of Mrs MO Simelane's calibre and the tremendous contribution she made. Being a women in a superior position has never been a child's play but it calls for a strong, Dedicated visionary to lead the hospital.

The awards received by Itshelejuba Hospital are just the highlights of the hard work that the hospital is doing. Itshelejuba Hospital service people even from Mpumaalanga; Swaziland as well as Mozambique.

DM emphasized that as District of Zululand they will strive to maintain the level of care and service to where Mrs MO Simelane left especially in Pongola catchment area.

"HAMBA KAHLE NTOMBAZANE; HAMBA KAHLE MAGUTSHWA, IZIGI ZAKHO ZIZWAKELE , IZIZUKULWANE NGEZIZUKULWANE ZIYOZUZA NGEMISEBENZI YAKHO EBONAKALAYO ESIZWENI NASEMHLABENI WONKE JIKELELE. SIYAZIQHENYA NGAWE"



# CHRISTMAS BABY AND NEW YEARS BABY



Christmas baby : Ntshangase Precious together with her mother



New year's baby : Bongekile Mkhwanazi arrived at 02:15, maternity Staff members handing gifts to the baby .



## Definition of Occupational Therapy

To increase and maintain functional independence within the rural and home environment, by adapting activities of daily living e.g. dressing, eating and mobility in order to facilitate the patient's maximum potential to perform these tasks independently, promoting quality of life in all spheres of their lives.

In other words. Occupational therapy assists a person to perform their daily activities as independent as possible by doing the following:

- **Teaching the patient new skills** e.g. teach patients with anxiety and stress disorders the relevant relaxation techniques. Another example is teaching the patient how to tie a shoelace or dress himself in the case where the patient only has function of one arm or hand.
- **Giving the patient assistive devices** in order to perform a daily activity e.g. wheelchairs for patients with spinal cord injuries.
- **Adapting the patient's environment** e.g. help children who is diagnosed with Attention Deficit and Hyperactivity Disorder who struggles to concentrate, by letting them do homework in a quiet place with little or no distractions in order for them to focus on their homework.
- **Educating patients** e.g. educate parents on the important developmental milestones their child should be able to achieve by specific ages in order for the parents to pick up on any developmental abnormalities.

**Providing support groups** e.g. the occupational therapist will lead a support group for caregivers of patients with Parkinson's disease. Occupational therapists use everyday activities as a means of occupational therapy diagnosis and intervention therefore activities are both the goal and the means of the therapy

As indicated by the above mentioned examples, Occupational Therapy concerns itself with both physical - and psychiatric conditions, for people of all ages to maximize functional ability.

## **INDUCTION & ORIENTATION TO NEWLY APPOINTED STAFF .**

Full induction and orientation was done by head of each department on waste management , Health and safety, Infection prevention and control, assets.

In this induction and orientation exercise newly appointed staff members were sensitised with Infection prevention and control. The most important exercise was that one of proper hand washing.

Representatives from different sections gave a brief outline of what their departments are dealing with in the institution. We strongly believe that the newly appointed staff will make a meaningful contribution to the institution.

We welcome you all colleagues and we hope you are going to enjoy your stay in the institution.



**CHRISTMAS GIFT DEDICATED TO PEADS  
WARD FROM EAST COST RADIO & RED-  
CROSS**



**FIGHTING DISEASE; FIGHTING POVERTY; GIVING HOPE**

# IXOXWA NGEZITHOMBE

## ITSHELEJUBA HOSPITAL

U HOD Encokola  
nomsebenzi  
OSANDA  
KUTHOLA IMI-  
PHUMELA



**FIGHTING DISEASE; FIGHTING POVERTY; GIVING HOPE**



# PONGOLA HOSPITAL

## HOD VISIT



The HOD was accompanied by the delegation from Head Office; District Office as well as Itshelejuba Hospital. Having had the background of Phongola Hospital and series of questions were asked for clarity the Team further moved to Phongola Clinic where multitudes of patients were met.

It was one kind of a humbling environment to see HOD interacting with staff and patients to get to understand their feeling in as far as provision of optimal health is concerned.

### Phongola Clinic



This Province KZN and Department of Health as a whole is truly blessed to have HOD of Dr Sibongile Zungu's calibre, she is passionate about provision of health care services to communities. She is humble and Down-to-earth. With her clear vision, this province is going far in terms of providing health care service to all. Itshelejuba is growing speedily as an institution and its clinics. It is highly envisaged that the reduction of diseases and fighting poverty in uPhongolo and surroundings will be met and outdone.

On 02 December 2013, Phongola was graced by HOD— Dr Sibongile Zungu's visit. Her main objective was to intervene in the issue of Phongola Hospital and pay visit in Health facilities around Phongola.

Her visit follows series of meetings between Phongola Hospital and KZN Department of Health. One of her objective was to have rounds / walk about in the facilities concerned so to gain a feel of what is happening in terms of providing optimal health care services to people of Phongola.



When serving our communities at times our principals have high expectation yet not understanding challenges we face each day. Her visit to some of our health facilities in a way gave her a clear picture on how facilities in some other parts of KZN a fully packed and the size of the facility might need to be looked at

However I personally would like to commend our dedicated staff for doing the best they can, with limited resources not complaining over and over again.

### NCOTSHANE CLINIC



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## SERVICE EXCELLENCE YEAR ENDING 2013

Again this year the hospital hosted the service excellence awards on the sixth of December 2013 to congratulate best performers to even perform more and motivate others to perform their best also to wish happy holidays to every hospital members according to their fields of working and to give thanks to God Almighty for keeping us safe throughout the year.



*Programme directors :Mrs T.G Msibi and Bongani Nhlabathi*



ABOVE : Trophy's donated by different companies



ABOVE : Mrs Simelane Hospital CEO welcoming every Present members also fully state that if ever you work hard in everything you do there's a reward ahead.



Above :Staff members from hospital and from different clinics under Itshelejuba Hospital

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Above : Mrs M.O Simelane and Finance Manager Mr C.Nhleko.



Keynote address by Mrs Memela

ON the PIC ABOVE Mr Dlamini, (D N.MAN) , Mrs Zuma (HRM), Mrs Memela from the District handling a certificate to Mrs Simelane Hospital CEO



Izimbungulu dance group performed indlamu to spice the event.

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## ON 29 OF MARCH 2014

### OBJECTIVES OF CONDUCTING MMC CAMP

- Reduction of HIV/AIDS infection rate
- Reducing the chances of men getting infected by the HIV by 60%
- Reducing the transference of the Herpes type 2 virus.
- Reducing the chances of cancer of the cervix in women

Educating the clients on healthy life style and good moral behavior

### TARGET AREAS

- Mboloba
- Mphafeni
- Ncotshane
- Mlogo
- Mavithi
- Mkhakhweni
- Madanyini.
- Dwarland
- Magudu
- Candover
- Manyandeni
- Ntumbane
- Khiphunyawo
- Belgrade
- Gaqa





Umnyango wezempilo ugqugquzela ukusoka kubantu besilisa njengoba kuye kwatholakala ocwaningweni ukuthi kunciphisa ukutheleleka kwegciwane lengculaza ngo60% kanjalo nokutheleleka kwezifo zocansi.

Usaqhubeka umkhankaso wokusoka umnyango umema bonke ubantu besilisa abangasokile ukuba beyosoka, ukuze kuliwe nezifo zocansi okuyizona ezikhungethe kakhulu umnyangwenu wezempilo.

SOKA UNQOBE! SISONKE SINGANQOBA.



UNKS Dube : Usiza ngokuhlolela igciwane lesandulela ngculazi kwabesilisa abazosoka.



Igumbi lokwenzela umsebenzi wokusoka lihlelwe kanje.



WE CARE



WE BELONG



WE SERVE

FIGHTING DISEASE; FIGHTING POVERTY; GIVING HOPE

## EDITORS



**Mr M.S Buthelezi PRO**



**Ms N.P Manana PRO (TRAINEE)**



**Ms B.N Simelane PRO (TRANNEE)**

Uma unesikhalazo noma umbono ngendlela esingathuthukisa ngayo izinga lokusebenza, ukuze isibhedlela sethu siqhubekele phambili ngokunikeza usizo lwezempilo olusezingeni ngokugculisa umphakathi, ungaxhumana nalelihhovisi.

Wamukelekile ukuletha izikhalazo Kanye nezincomo, sizimisele ukubhekana nazo zonke izinselelo zokungaphatheki kahle komphakathi ongase udi-bane nazo ngaphakathi esibhedlela.

Sikhuthaza ukubambisana,kuhloniphana nokwazisana phakathi komsebenzi nesiguli. **SONKE SIYADINGANA**

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