



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# ITSHELEJUBA HOSPITAL

**NEWS**

**STAY INFORMED**

**October–December 2017**

## OPERATION MBO CANDOVER



**OPERATION MBO**  
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# OPERATION MBO WAS HELD AT CANDOVER ON THE 11 NOVEMBER 2017



## **Zululand Health District Management attended Operation MBO under Uphongolo Municipality**

A warning of severe thunderstorm issued by the weather service did not stop the Community of Candover and the surrounding areas from attending an operation MBO. This initiative seeks to bring Government services together closer to the Community.

All Government Departments participated in this initiative under the umbrella of Operation Sukuma sakhe (OSS)

The deep rural Community of Candover in the Pongola Local municipality in ward 14, benefited by accessing a number of services provided by the Government Department .

About 500 members of the community were accessed on this day, both the young and the old.

The Sub-District of Uphongolo would like to convey it's gratitude to the Sub-District, supporting partners and Local Leadership for making this a successful event.



# Services Rendered Operation MBO **CANDOVER**



Transport was available to pick up the community and transport them to the services

Child health services



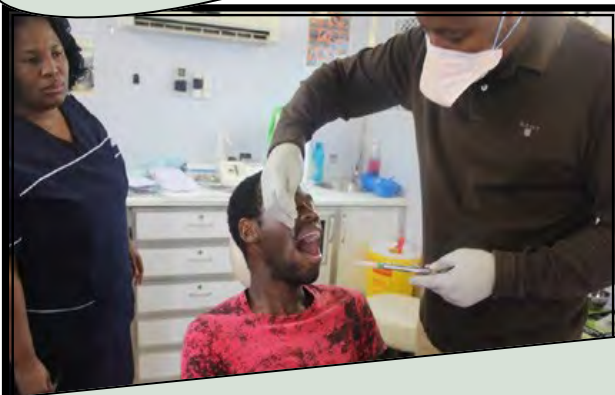
HCT services



Screening for all Chronic diseases



Clients waiting to access dental services



Dental services



Audiology services



Minor ailments and chronic care



Managers from District together with personnel from Itshelejuba Hospital and Clinic's

# Women's dialogue 15<sup>th</sup> September 2017



On the 15<sup>th</sup> of September 2017 Itshelejuba Hospital and District Management Team held a dialogue on young woman from 14-24 years at Belgrade community hall. The team was there to encourage the young girls to abstain and to protect teenagers that are already sexually active as part of the HIV preventative strategy.

The team also encouraged the teenagers to visit their nearest clinic . It is important to know how to protect and care for themselves. After the Health talks, group activities were done on various topics.



Sr. T Khumalo (PHC trainer) and Mrs. S Mbatha (District) facilitating the group activity



Sanitary pads and bath soap were issued to each girl that attended as well as refreshments. (Thanks to all that contributed to make these items available)





# GREET &

**Uyazibonela nje” Siyabingelela siyamama Theka”**



Mrs. TM Vilakazi Acting CEO emphasized the importance of the Implementing Batho Pele principles on our day to day work.



**Staff and community members who attend the launch**



**The Hospital Choir lead by Ms. MP Ndlovu – Physiotherapist entertaining the crowds**



On the 4<sup>th</sup> of October 2017 Itshelejuba Hospital launched the greet and smile project. All staff gathered in the OPD area together with Clients from OPD and Gateway Clinic. Mrs. TG Msibi M & E Manager who was the program director of the day opened and made opening remarks on the purpose of the day .

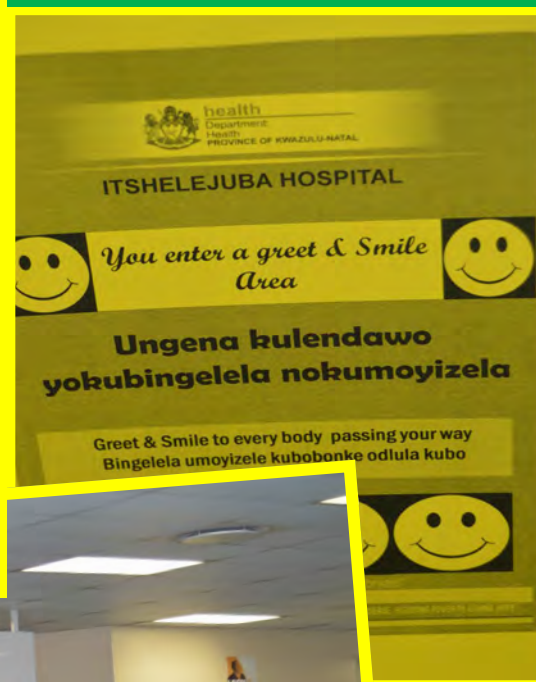
The Acting CEO Mrs. TM Vilakazi highlighted the Batho pele principles and how they apply to our day-to day functioning.

The Rehab team did a role play and the group was so entertained. The letters SMILE was used and presented by each member with a message.

Greet and smile to anybody that crosses your way during the day. Have a positive attitude and greet and smile as if the person is your family member. Balloons and smile faces were distributed to all the attendees.



# GREET & SMILE 4 OCTOBER 2017



**SMILE SMILE SMILE**







# NATIONAL NUTRITION WEEK

11 OCTOBER 2017



The ACEO Mrs. TM Vilakazi and personnel walking from Pongola Clinic to the Taxi rank conveying a message on importance of drinking water.



"This is do able"  
SR Msezane demonstrating drinking of water,



The Sub-District held a nutrition week. The staff had a walk around Pongola Town conveying the message "RETHINK YOUR DRINK choose water" which was the theme of the year. The community was educated on healthy eating and encouraged to drink safe water. Screening for diabetes, high blood pressure, HIV, TB was done as well as pap smears.

Thanks to the District team for support this activity.

Above : Mrs. TM Vilakazi & Mrs. P Mseleku District Dietitian gave a talk on the good impact of drinking water, they also motivated people to drink lots of water and to eat healthy





# MENTAL HEALTH AWARENESS 01 NOVEMBER 2017



On the right front : Assistant Nursing Manager Mrs. J Mthenjana and staff participating in the



Mrs. Mncube giving a Health talk at Pongola Taxi rank

On the 1<sup>th</sup> of November 2017 Itshelejuba Hospital commemorated, mental Health awareness week at Pongola Town.

The **slogan** of the day was “**ASIBATHANDE, ASIBANAKEKELE, ASINGABABANDLULULI**”.

The **purpose** of the day was to **encourage and motivate people to love those people that live with mental illness and not to discriminate against them**. Love mentally ill people as you love your self because they are also human beings and they need love and support. Their families and their communities need all the support that they can get in caring for them. A march was held around town to increase awareness on Mental Health to the community.



# PHILA WALK AWERENESS 10 NOVEMBER 2017

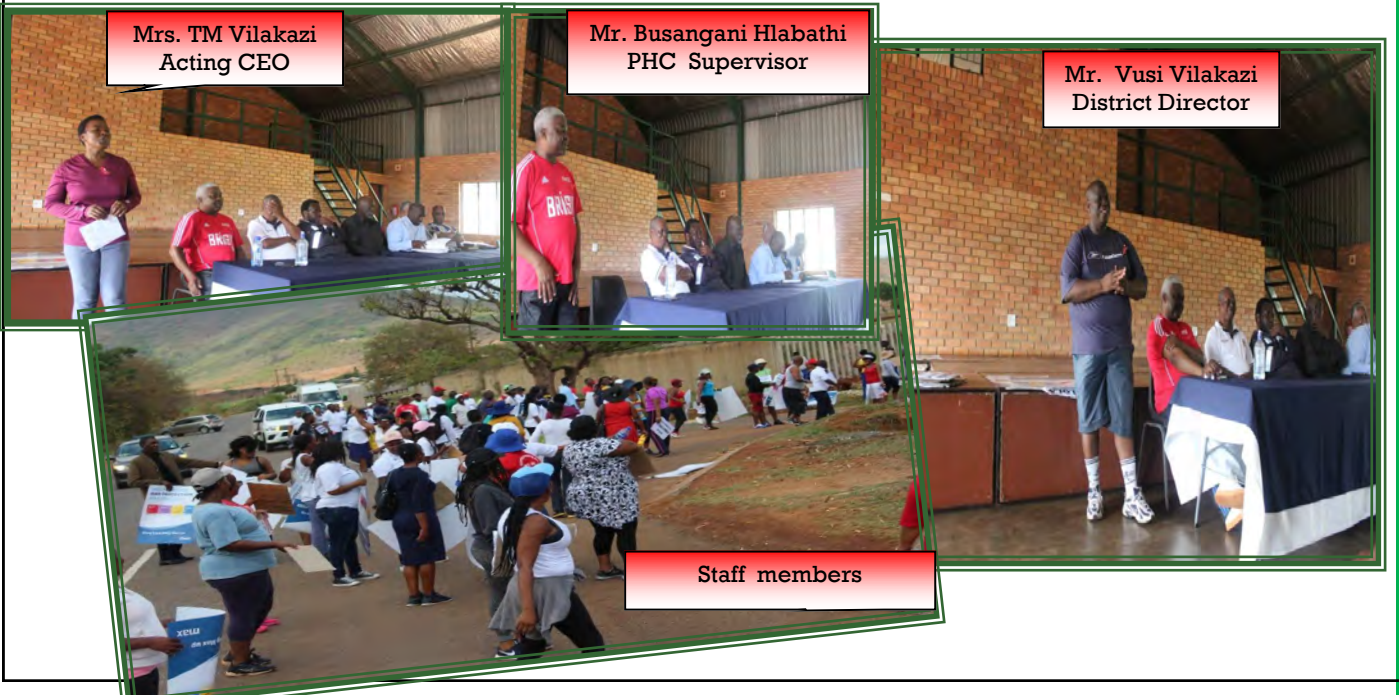
The theme of the year was” **IT IS MY RIGHT TO KNOW MY STATUS; PREVENTION IS MY RESPONSIBILITY**”



The Phila walk was held at Ncotshane in preparation for the **World AIDS** day . Different departments and local Municipality under the OSS banner participated and made this walk a success. The Zululand District team was also part. Different messages on the prevention and Healthy living with HIV were convened.

The team encourage the people to protect their love ones by using condoms and those who are affected must drink there treatment daily.

No one have to died from HIV &AIDS now. It is treatable **DON'T WAIT, GO TO THE CLINIC, KNOW YOUR STATUS , PREVENT AND TREATED.** Don't default on treatment it is not worth it.



Mrs. TM Vilakazi  
Acting CEO

Mr. Busangani Hlabathi  
PHC Supervisor

Mr. Vusi Vilakazi  
District Director

Staff members



# PHILA MNTWANA AWARENESS 27 NOVEMBER 2017



Sr. M.S.Simelane (OM) addressing the community well baby screening available in the clinic.

The Phila Mntwana awareness day was held at Itshelejuba Gateway Clinic. The main focus was on keeping Healthy babies and proper care of those affected by illness. A series of Health talks were given such as: Immunisation, screening for diseases, good nutrition, growth monitoring etc. The community applauded the team for sharing such an important information with them. This activity yielded positive output in the clinic achieving an immunisation coverage of 90% in December 2017.

M Ndlangamandla Nutrition advisor giving a talk on nutrition



Community listening at vary Health talks



Sr. Mathenjwa gave a Health talk on different vaccines that protect babies from diseases like TB, polio, measles, diarrhea and pneumonia. She also taught the mothers on the road to health booklet.

M Ndlangamandla (Nutritional advisor) educated clients on the importance of safe infant feeding practises, exclusive breastfeeding and eating regular nutritious food. She also taught mothers the importance of physical activity's.



# Itshejeba Hospital

## World Aids Day Celebration 1 December 2017

World aids day Celebration were celebrated by starting with a walk from the Puma Garage in section B Ncotshane location via section A. The end venue was Ncotshane community hall. Staff members and community members was walking with banners spreading the messages: It is good to know your status, use condoms, live a positive lifestyle, take treatment daily and know your status. Most of them was wearing red clothes. The program at the hall with the community was successful. The MEC Mr. Kaunda and Managers of the District office give support to the staff members.



Mrs TG Msibi M& E Leading the group on their way to the community Hall





# MANDELA DAY CELEBRATION 7 DECEMBER 2017

## REHAB UNIT MANDELA/CHRISTMAS CELEBRATION

The rehabilitation unit embarked on a mission to reach out to Klipwal Ward 6 community In Pongola. What started off as a Mandela day plan turned out to be a beautiful Christmas celebration for the selected Klipwal community members. Having obtained permission from the management to actualize the mission, the staff members were asked to donate all kinds of items including clothes, toys, blankets etc. out of the goodness of their hearts. Boxes were placed in all units and wards within the hospital and all kinds of items were donated mostly being clothes for both adults and children.



Klipwal community which is within Ward 6 is reported to be one of the most deprived wards in Pongola. It seemed fit for the rehab unit staff to choose such a community for this course. Mrs. Ntshangase Health portfolio from the area was contacted and 14 families/homes were selected to receive the items according to their needs.



The community members were so grateful for being acknowledged by the team and the gifts they received.



The community members together with the rehab team



# ACKNOWLEDGEMENTS



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