



ITSCHELEJUBA NEWS

STAY INFORMED

OCTOBER-DECEMBER 2025

HAND HYGIENE DAY 2025

The 2025 theme: **“It might be gloves, It is always hand hygiene”** emphasizes the importance of proper hand hygiene practices, even when gloves are used, and addresses the environmental impact of unnecessary glove use.

Handwashing is crucial because it is a simple, effective way to remove germs (viruses, bacteria) from hands, preventing the spread of infections like colds, flu, COVID—19, diarrhea, and food poisoning, protecting yourself and others by stopping germs from entering your eyes, nose, mouth, or contaminating food and surfaces. It is your first line of defence against illness , significantly reducing illness rates in communities, homes, and healthcare settings.

IPC Manager: MP Mathonsi was at Itshelejuba gateway clinic demonstrating the proper way of washing your hands to the staff and patients. Staff and patients gathered together to learn more about keeping your hands clean at all times. **We wash hands:** before, during and after preparing food. Before eating. Before and after caring for someone sick. Before and after treating a cut or wound,. After using the toilet, changing diapers, or cleaning a child. After blowing your nose, coughing, or sneezing. After touching garbage, animals, or animal food.



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HAND HYGIENE DAY GALLERY



GEZA IZANDLA ZAKHO—USUSE AMAGCIWANE

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ITSHELEJUBA HOSPITAL QUALITY DAY 2025

Motivating and rewarding employees is crucial because it boosts productivity, engagement, and retention, making staff feel valued, fostering loyalty, and driving better business outcomes like innovation and profitability, creating a positive culture that attracts talent and reduces turnover costs. Without it, facility risk disengaged workers, higher absenteeism, and weaker performance, while motivation fosters a commitment to goals and quality service.

Motivated employees tend to have higher job satisfaction as they find their work meaningful and rewarding.

Itshelejuba hospital hosted a quality day for all employees to appreciate them for working very hard the whole year inspite of everything, working towards achieving same goal. The day went very well as some of the employees received certificates and trophies for being the best employees and some received certificates for being committed employees. Well done to all of them.



QUALITY DAY GALLERY



**Our guest Speaker:
CES: E.M. Nxumalo**



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QUALITY DAY GALLERY



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QUALITY DAY GALLERY



To our QAM: Mrs HG Theron together with our Wellness team, thank you for making this day possible. Keep it up!!!!

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16 DAYS OF ACTIVISM AGAINST THE ABUSE OF WOMEN AND CHILDREN

Women and children are the heartbeat of our homes and communities, and any harm that befalls them shatters the very core of society. It is therefore our collective responsibility to protect them and ensure that they are not harmed in anyway.

We are reminded once again to take an active stand against any form of violence, harassment or abuse against women and children as we commemorate 16 Days of Activism for No Violence Against Women and Children from 25 November to 10 December 2025. The Global Theme for this year: **UNiTE to End Digital Violence Against All Women and Girls,"** .

Itshelejuba hospital together with other departments namely: SANDF, SAPS, DSD, Life Line, gathered together at Out patient department to educate staff members and patients about the importance of reporting any sort of crime that is happening in our community and in our families. The message was clear if you are not reporting any kind of crime that you know of, you are also a criminal, Let us fight against any violence.



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16 DAYS OF ACTIVISM-ITSHELEJUBA HOSPITAL GALLERY



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16 DAYS OF ACTIVISM AGAINST THE ABUSE OF WOMEN AND CHILDREN—NCOTSHANE CLINIC

Ncotshane Clinic staff also gathered together with their patients in fighting against abuse of women and children, they marched around town carrying their plug cards which was written stop abusing women and children, break the silence. They finished by having a session with the patients about the importance of reporting any abuse or crime that is happening in our community.



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CEREBRAL PALSY PARTY 2025



On the 26th of November 2025 the rehab team hosted their annual Cerebral Palsy (CP) Party in celebration of all the caregivers and children who have attended CP classes.

The monthly CP classes is hosted by the multidisciplinary team with the purpose of equipping and supporting caregivers with the necessary knowledge and skills to be able to raise their children with CP successfully. This enables the children to still live meaningful and fulfilling lives.

The class allows opportunities for caregivers to connect and share their challenges in raising a child with CP and create a sense of community. Each caregiver that has attended six or more classes received an award. Special recognition went out to four caregivers that attended all CP classes throughout the year. The day was filled with games, celebration and acknowledgement of all the work and collaboration it takes to raise a child with CP. Children with cerebral palsy tend to drool and have difficulty with feeding. The need was highlighted and this year each attendee received a cup, spoon and bib to support this highlighted need.

The Rehab team raised funds through selling muffins within the hospital. We thank all hospital staff for their support in making this day possible.

The Rehab team looks forward to welcoming even more parents and children with cerebral Palsy in the upcoming year and to continue to support the community.

CEREBRAL PALSY PARTY GALLERY



PHYSIO



AUDIOLOGIST



SOCIAL SERVICES



DENTAL SERVICES



SPEECH THERAPIST



FAIRWELL TO M. E. "CHILLIES" MPANZA

M.E. Mpanza owaziwa kakhulu ngegama elithi "**Chillies**" nokuyigama alithola esadlala kakhulu ibhola nokuyinto abeyikhonze kakhulu. Ufike kulesisibhedlela Itshelejuba ngo-nyaka ka 1997 enyangeni ka November wafika wasebenza esithombeni (X-Ray) njen- go Dark room operator, usebenze eside isikhathi esebenza ngokukhulu ukuzimisela, ewuthanda umsebenzi wakhe.

Umsebenzi wakhe ubewuhlonipha kakhulu ephilisana kahle nabantu, Lapha emseben- zini ubeyindoda enamancoko nobekwenza kube lula ukusebenzisana naye. Sizom- khumbula ngegalelo lakhe nakwezemidlalo ikakhulukazi kwibhola likanobhutshuzwayo (Soccer) nabelithanda kakhulu futhi engumqeqeshi walo, Siyabonga ukuthi kuze kwafi- ka isikhathi sakhe sokuthatha umhlalaphansi esasebenza ngokuzikhandla. Simfisela impilo ende, enezibusiso esaphumule ekhaya nomndeneni wakhe. **Fairwell Chillie M.**

X-RAY TEAM



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BREAKING THE SILENCE ON SEXUAL ASSAULT—CANDOVER AREA

Department of health Itshelejuba hospital in particular together with Department of Social Development (DSD) conducted awareness campaign on breaking the silence on sexual assault on the 10/12/2025 at Candover Community hall under ward 14.

Target members of community was all age group. The aim of the event was to sensitize the community on sexual assault related

issues. The total number of community turn up was 84, interactive approach was used in all session.



FP SIMELANE
Assistant Manager Nursing



SPT MTHIMKHULU
Our Programme Director



CANDOVER GALLERY



M.B. BUTHELEZI
Social Development
(DSD)



S.G. MAGAGULA
Social Worker Services
(DOH)



M.N. THABETHE
PHC Supervisor



J.N. Mthenjana
Deputy Manager Nursing



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ITSHELEJUBA DISTRICT HOSPITAL

COMMISSIONS

1. What is ABUSE and what are the forms of ABUSE?
2. Channels of communication during incidence.
3. Stigma and discriminations after ABUSE.
4. Management of SEXUAL ASSAULT.



ACKNOWLEDGEMENTS

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