



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Itshelejuba District Hospital

Itshelejuba News

NEWS

STAY INFORMED

July–September 2019

BACK CARE AWARENESS



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BACK AWARENESS WEEK 1– 8 SEPTEMBER 2019



TN GUMEDE & F.R. UPTON



M.P. NDLOVU (CHIEF PHYSIOTHERAPIST)

DEMONSTRATING CORRECT SLEEPING POSITION

“BRAIN BREAKS”

This was the theme of the Back Awareness Week held in the Hospital where the therapy team conducted health talks to the staff, creating an awareness on back care.

Regular stretch and get the body moving as a preventative measures to back problems. Educational pamphlets were handed out which gave information on how to care for your back

ISIBAYA SAMADODA - 27/09/2019



T.G. MSIBI (NURSING MANAGER)



COUNSELLOR
MR SIMELANE NENDUNA MR ZULU

IZIYALO EZAZIBHEKISWE EMADODENI

Isibaya samadoda—ukugqugquzela amadoda ukuth angazinakekela kanjani. Indoda eqotho inaka ikhaya, yenza kahle ihlukanisa okubi nokuhle, iyazethemba, iyaxhumana nabantu , iyavikela, iyazinikela kuyoyonke imisebeni yendawo, iba usizo emphakathini, inalo uthando lowesifazane ezwana naye, izingane ziyathembela kuyo. Indoda ezithandayo iyasoka ukuzivikela yona kanye nomlingani wayo, uma isokile ihlale ihlanzekile mancane amathuba okuba nezifo.



PUBLIC SERVICE WEEK



MRS T.M. VILAKAZI (CEO) PRESENTING THE HOSPITAL PROFILE



KHAEDU TEAM

KHAEDU VISITS

Itshelejuba hospital was visited by the Khaedu team for National Public Service Week as part of DPISA's National Public Service Month on the 09/09/2019. Khaedu team was lead by Mr J.R. Zondi and Mr S.P. Zulu, Khaedu is a Venda term meaning challenges, and good practice therefore the institution was visited to identify challenges in terms of implementation of Batho pele principles. Mrs T.M. Vilakazi presented the hospital profile to the team and later the team started to visit all units for assessments which took about 5 hours including the interviews of patients and staff as well as walk-about, later the team gave us the report on their findings. The Khaedu deployment team was lead by Mr J.R. Zondi and Mr S.P. Zulu , the institution was supported by district team which was led by Mr V. Vilakazi. They were impressed about the cleanliness of the hospital.





T.L. ZUMA & T.M. VILAKAZI(CEO)



N.J. MTHENJANA & M.A. MANANA

OUR MANAGEMENT

WOMENS DAY & HERITAGE DAY

The men of Itshelejuba Hospital lead by the Chairperson of Isibaya samadoda Mr M. Mhlongo, took it on their hands to organise a special event for the women. The day was filled with laughter, distressing, activities, health talks, good tips, social connection, family bonds, you name it. The motto “Not in my name” was buzzing in all the talks given by men against violence, crime and any kind of harassment against women in the sub-district.



THE ORGANISING TEAM



SEE MORE PICTURES ON PG 5

WOMENS DAY COMBINED WITH HERITAGE DAY



IXOXWA NGEZITHOMBE



ITSHELEJUBA HOSPITAL BOARD MEMBERS VISIT



PAEDS WARD



MEDICAL WARD

On the 26/09/2019 the hospital board members were work shopped on NHI after the workshop they took rounds in the wards including OPD and Casualty. They interacted with staff and the clients.

RABIES AWARENESS - 27/09/2019

Gateway Clinic bebefundisa ngokubaluleka kokugoma izinja. uSister L. Mathenjwa(left) uthu umuntu engafa uma eke walunywa yinja engagomanga. Umuntu uma elunywe yinja akasheshe eze ekliniki ezothola ukunakekeleka ngokushesha okumahhala.



Sister L. Mathenjwa



N.S. NXUMALO & S.P. NDLANGAMANDLA

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