

Inside this Issue:



New PRO

2



Haemophilia

3



Farewell-Mrs Bhengu

4



Finances...

5



Partnership.....

6

Welcome!

New employees

7

CEO's Bird Eye View



Hospital CEO: Mr M Bhekiswayo

This edition of our newsletter is published at the time when our institution is under tremendous pressure to attend to and deal with many years of infrastructure deterioration as well as huge 2008/09 budget cut. A consultant report on the status of our buildings commissioned by the Department of Public Works has been presented to management. The report is highly critical on the dangers posed to life and limbs by many buildings. The extra ordinary extended management meeting attended to by the district manager convened in May 08 demanded action by head quarters to address the critical and urgent repairs identified in the report. We are however confident that HQ will be sensitive this time around and make funds are available to undertake these tasks.

Staff members and all role-players in the affected buildings will be engaged and appropriately informed on what will happen next once all logistics have been worked out. The area of high concern to management and all workers is the limited

ery this year is Business Unusual which requires that we all put our hands on deck.

As a leader of management collective I remain highly confident that we shall continue to do well in discharging our constitutional obligations as a public health institution. We all have a duty to protect the legacy of KE8H as a centre of excellence and institution of historical significance. Our efforts to have a redeveloped, new Kwa-Khangela Regional Hospital are being pursued both at government and political levels.

budget allocation for 2008/09 which will put a lot of pressure to the hospital to deliver service. It is a matter of common cause that 70% of the total allocation goes to compensation of employees the remainder is for goods and services. Read our 2007/08 budget expenditure and current allocation by the finance manager in pages five.

At a strategy level the message from my office to all levels of management is to strengthen control measures and improve our financial expenditure monitoring systems and ensure that goods ordered or services procured are based on the need for the quality of care. All of us as KE8H employees have a moral duty to avoid wastage and careless use of tools of trade which results to breakage requiring huge amount of money for repairs. Our service deliv-

The above sighted challenges reminds me of the words once said by Nehru former prime minister of India " A moment comes, which comes but rarely in history, when we step out from the old to the new, when an age ends, and when the soul of a nation long suppressed, finds utterance". In keeping with Nehru's words, our management will not give out in its efforts to have a new hospital built.

I wish all workers especially new recruits all the best at King Edward VIII hospital.

KEH's new Public Relations Officer



Public Relations Officer:
Miss Nontobeko Ndlela

The experience I got from Port Shepstone hospital cannot be compared to the one I got from Stanger; however I am grateful and proud that it made me a better person (in terms of work and life in general) that I am today.

When my friends and colleagues from my previous institution organized a surprise farewell party for me; I couldn't stop crying. I cried because I was scared and wondering as to how I am going to be welcomed and treated in the new place. But mostly I cried because I was happy.

However, I am honoured to be welcomed in such a dignified manner that King Edward VIII Management and Staff have done. I have no doubt in my mind that we will work well by putting together our expertise and making sure that we excel in what we do.

I always say we all need each other whether in the work place or in the society, the office of Communications and Public Relations cannot do anything on its own; it works hand in hand with all departments/



units within the institution therefore team spirit is vital. I therefore expect such spirit and co-operation from every single person within the institution. I am looking forward to a fruitful working relationship with every employee of KE8H.



**DON'T EVER
GIVE UP!**



"When things go wrong as they sometimes will
When the road you're trudging seems all up hill.
When funds are low and the debts are high.
And you want to smile, but you have to sigh.
When care is pressing you down a bit.
Rest, if you must, but don't you quit.
Life is queer with its twists and turns.
As everyone of us sometimes learns.
And many a failure turns about
When he might have won had he stuck it out:

Don't give up though the pace seems slow -
You may succeed with another blow.
Success is failure turned inside out -
The silver tint of the clouds of doubt.
And you never can tell how close you are.
It may be near when it seems so far:
So stick to the fight when you're hardest hit
It's when things seem worst that you must not QUIT.

Unknown

What is Haemophilia?

Haemophilia is an inherited bleeding disorder that affects 1:10 000 in the general population.

People with these conditions in South Africa remain largely undiagnosed and often poorly managed.

Complications of haemophilia:

Joint Damage: if you bleed into a joint 4 or more times in 6 months it is called a target joint and could lead to permanent damage. It is important to prevent joint bleeds and if a person with haemophilia bleeds into a joint it is important for early treatment.

Inhibitory antibodies: one of the most serious complications is the development of antibodies to factor VIII and IX. These antibodies block the factor concentrate

for people with inhibitors and the haemophilia treatment centre can assist. These products are called by-passing agents and stop bleeding in a person with haemophilia who have developed inhibitors. If a person with haemophilia has inhibitors they can still continue home treatment and self infusion with the help of the multidisciplinary team. It is important to do check up regularly at the Haemophilia treatment centre so they can test your blood for inhibitors.

Which part of the body that is prone to bleeding?

In general, bleeding occurs internally, where you cannot see it, such as in joints and muscles, or externally throughout the skin when you hurt yourself, haematoma as dark bleeding: (gums, nose, etc) may also bleed. Bleeding may occur after a trauma or without obvious reason.

Treatment:

There is no cure for haemophilia. Treatment for the condition is based on 'replacement therapy' - replacing the clotting factor that is too

problems as gentle pressure on the wound is normally enough to stop any bleeding. If necessary, mild haemophilia A can be treated with an injection of the hormone desmopressin, which stimulates the body's production of clotting factor VIII. Replacement therapy is not normally needed for mild haemophilia.



Our Haemophilia clinic had an Awareness Week (12-17) in April; where they were educating the community about this unusual condition. On the 17th April 2008 they had an awareness in Greytown Hospital. This awareness was organized by one of their patients who lives in Greytown area. Among stakeholders that were invited were: local clinics, government department e.g. Correctional Services, SAPS, local schools, etc. **Why Greytown area?** The organizer (Haemophilia patient) is from Greytown, he wanted to do something to raise awareness of this condition. His main concern was that early diagnosis is always important; by knowing earlier you can avoid complications.

Plasma has important elements, such as the so called "clotting factors" - proteins that help stop bleeding in people with haemophilia.

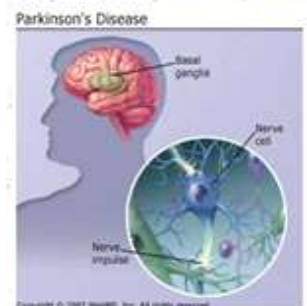


Sr Nkosi in front, Lean Wilson (second from the back) with Haemophilia patients

so bleeding is not stopped. If a person with haemophilia develops antibodies then factor concentrate cannot be used for treatment.

There are other treatment

low or missing. For those with mild haemophilia, cuts and grazes (an abrasion is an injury that happens when the skin is scraped off after it rubs against another surface) usually cause few



Wavaleliswa Kanje uMrs Bhengu

Mhla zingu 30 kuNhlaba 2008 kwabe kuwusuku lokuvalalisa uMam'Bhengu, nowayengumphathi wase ICU. Ubesesebenze kulesibhedlela iminyaka engu 34.



fundo zokunakekela iziguli ezisesimeni esibucayi nokuyizo ezamenza waba nolwazi aludingayo njengoba ebesebenza egumbini labasesimweni esibucayi.

UNkz Bhengu ophakathi

UMAureen Bhengu waqala ukusebenza eKing Edward ngo 1969 njengomfundi



osaqeqeshelwa ubuhlen-gikazi. Waqashwa ngokugcwele ngo 1974 kuya 1989. Ngonyaka olandelayo waba umphathi waseBayhead nokuyisikhungo sezingane ezihlukumezekile. Kwathi ngo 1991 wabuyela eKE8H ICU nalapho esebenze khona waze wathatha umhlalaphansi.



Wayegiya kanje usingaye!

"Retiring is not how we would describe you. We have a feeling that it is the beginning of another exciting chapter in your life. Whatever retirement means to you, may it bring greater personal fulfilment than you ever thought possible."
Congratulations

UNkz Zola: Ongamele isikhungo sabahlen-gikazi

fundo zokubelethisa kanye nezi-

Uthi ubuwazi...?

Umlando wendawo okwakhiwe kuyo i-King Edward uveza ukuthi kulendawo kwakungumuzi waKwaKhangela mankengane-nokwabe kungowenkosi uShaka. Lomuzi wakhiwa emva kokuba iLembe lehlule abantu baseMathulini ababakhe kulendawo kade besuke eMpaphala esizweni sakwaLuthuli. UShaka wakha lomuzi wathi ilapho oyobheka, amukele khona izifiki (ayokhangela khona amanken-

gane). Ingani wayeseshilo ukuthi laphaya olwandle kuyokhamuka khona izinkonjane zezulu, esho abelungu-nowathi uyobakhangela ekulomuzi. Induna yalomuzi kwabanguMnini owabe eyinkosi yaMathuli-nongukhokho wenkosi uMhlabanzima Mthuli. Sebefikile abelungu iLembe labakhisa kulendawo yaseThekwini, nokuligama elaqanjwa aMathuli kulandela ukuthi athi ikhona lolwandle laphaya eSibubulungu (Bluff)liyithweka-okusho imbumbulu yesende eyodwa.

namanje ulwandle laphaya lumi kanjalo. Emva kokukhothama kweLembe nasemveni kokwehlulwa kwaMaZulu, basusa zonke izizwe ezazakhe eThekwini ukubala aMathuli noCele. Emva kokukhothama kwenkosi yamangisi eNgilandi u-King Edward ngithi unyaka wezi-1910 amaNgisi anquma ukumhlonipha ngokwakha lesisisibhedlela asesiqamba ngaye; nesavulwa ngo 1936. Iqiniso lithi kwakungumuzi weLembe(King Shaka) owawakhiwe lapha.

Financial Overview

Income/Budget for the year:

Voted fund:	R 378,487,000
Conditional Grants:	R 61,162,000
	R 439,649,000

Expenditure

Compensation of Employees & Benefits: R 370,497,559

Goods & Services:

Contracted Services: R 72,349,130

Maintenance R 9,718,034

Transport R 249,099

Pharmacueticals R 40,133,640

Equiment Maintenance& Repairs R 2,986,031

New Equipments R 11,789,369

Claims Against the State
 Legal Claims for State Attorney R 179,205
R 179,205

Stock Items R 734,242

Surgical & Medical Consumables R 19,616,935

Stationery & Printing Materials R 1,635,251

Laundry R 4,015,889

Infection Control R 198,866

Other R 1,080,750

Total Budget allocated for the year	R 439,649,000
Total Expenditure end of year	R 535,184,000
Variance	R 95,535,000

% variance	21,73%
National Treasury Norm	2%
Deviation from norm	19.73%

“ Being busy does not always mean real work. The object of all work is production or accomplishment and to either of these ends there must be before thought, system, planning, intelligence, and honest purpose, as well as perspiration. Seeming to do is not doing.”
Thomas A. Edison



Partnership Critical for Progress



"Fight one more round. When your arms are so tired that you can hardly lift your hands to come on guard, fight one more round. When your nose is bleeding and your eyes are black and you are so tired that you wish your opponent would crack you one on the jaw and put you to sleep, fight one more round—remembering that the man who always fights one more round never whipped."

James Corbett

Kind Edward Hospital holds the legacy of being the centre of excellence and institution of historical significance; it is also most recognized for medical training in partnership with Nelson Mandela School of Medicine. It is for this reason that HPCSA (Medical Professions Council South Africa) visit the institution annually for inspection purposes.

Although we cannot hide the fact that our institution is very old and therefore many buildings poses danger to life to both patients and staff; however there is no doubt that KE8H still does a



Management team and Members of Health Profession Council

great job in training medical students.

A month of June is very important in our history as South Africans. Young people from South African National Defense Force (Nursing component) saw the need to lay a helping hand in our paediatric department; in celebration of youth day.

Being young and healthy

these days is vital. It is also important that young people have a role to play in the community as a whole. It shouldn't just end there; however the sustainability of our democracy as South Africans should always drive us to reaching out to our fellow South Africans who are still struggling in every way that we may think of. Youth month shouldn't be just a celebration but we should engage ourselves in the activities that makes a positive impact in others.

"Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny." **Unknown**

"When dealing with people, remember you are not dealing with creatures of logic, but creatures of emotion." **Dale Carnegie**

"When you exercise your freedom to express yourself at the lowest level, you ultimately condemn yourself to live at that level." **Zig Ziglar**

"When you are arguing with a fool, make sure he isn't doing the same thing." **Unknown**

"The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence." **Eddie Robinson**

"To avoid criticism, do nothing, say nothing, be nothing." **Elbert Hubbard**

Welcome to KE8H



NETSHAROTHA P.E.	C.M.O.
NAIDOO T.	S.M.O.
GOSNELL B.I.	P.M.O
NDELA N.	P.R.O
MABASO P.	PROF.NURSE
DLAMIMI M.S	PROF.NURSE
MAGUBANE Z.C	PROF.NURSE
SEME Z.A	PROF.NURSE
MTHEMBU S.N.N	PROF.NURSE
NGUBO T.S	PROF.NURSE
MOLEFE N.A	PROF.NURSE
MZOTHO Z.D	PROF.NURSE
NZAMA S.C	PROF.NURSE
JALUBANE B.N	PROF.NURSE
WILLIAMS S.	PROF.NURSE
NDIMANDE S.T	PROF.NURSE
GAZU P.P	PROF.NURSE
MABIKA T.J	STAFF NURSE
NXUMALO Z.N	STAFF NURSE
MBOTHO X.F	NURS. ASST.
GOVENDER K	STAFF NURSE

JAGLAL N.
MTSHALI D.
NXUMALO C.T.N
MADONSELA E.N
MKHANDAWIRI P.N.
MLABA B.G.
NGIDI K.P.

LOCUM PHARMACIST
LOCUM PHARMACIST
PROF.NURSE
PROF.NURSE
WARD CLERK
H.R. OFFICER
SUPPLY OFFICER



MKHIZE N.E.
MKHWANAZI C.B.
DLAMINI O.L.
MKHWANAZI M.M.
NKABINDE N.P.P.
MTSHALI P.D.
MKHWANAZI I.N.
KUBEKA S.
MTHEMBU N.M.
BIYELA Z.D.
MTHIMKHULU P.Z.
DUMA S.Z.
SOSIBO Z.V.
ZOLA N.C.
NDLOVU M.C.
NZUZA S.W.
NGWENYA Z.F.
MAGADLA M.D.
NAIDOO T
DR S GOVENDER
NGCOBO B.L

WARD CLERK
WARD CLERK
WARD CLERK
WARD CLERK
WARD CLERK
H.R. OFFICER
FIN. SERV. OFFICER
LINEN ORDERLY
LINEN ORDERLY
FIN. SERV. OFFICER
FIN. SERV. OFFICER
FIN. SERV. OFFICER
FIN. SERV. OFFICER
FIN. SERV. OFFICER
LAUNDRY OPERATOR
LAUNDRY OPERATOR
WARD CLERK
SUPPLY OFFICER
REGISTER
REGISTER
NURS. ASST.



Bhengu S.M



Mkhwanazi K.N.



Dhlamini S.M



What critical situation.....?

Boss said to secretary: For a week we will go abroad, so make arrangement.

Secretary make call to Husband: For a week my boss and I will be going abroad, you look after yourself.

Husband make call to secret lover: My wife is going abroad for a week, so lets spend the week together.

Secret lover make call to small boy whom she is giving private classes: I have work for a week, so you need not come for class.

Small boy make call to his grandfather: Grandpa, for a week I don't have class 'coz my teacher is busy. Lets spend the week together.

Grandpa (the 1st boss ;)) make call to his secretary: This week I am spending my time with my grandson. We cannot attend that meeting.

Secretary make call to her husband: This week my boss has some work, we cancelled our trip.

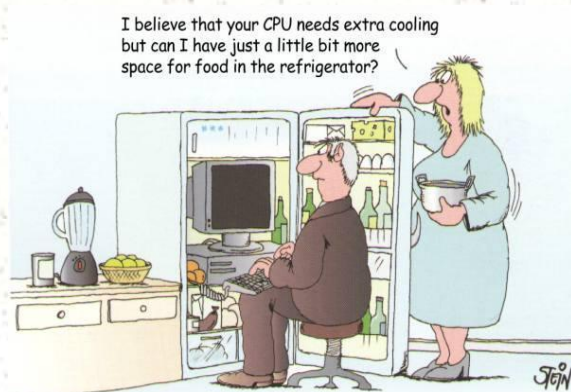
Husband make call to secret lover: We cannot spend this week together, my wife has cancelled her trip.

Secret lover make call to small boy whom she is giving private classes: This week we will have class as usual.

Small boy make call to his grandfather: Grandpa, my teacher said this week I have to attend class. Sorry I can't give you company.

Grandpa (boss) make call to his secretary: Don't worry this Week we will attend that meeting, so make arrangement.

“Dream as if you will live forever , Live as if you will die today”



Please forward all your inputs, comments and suggestions to:

Public Relations and Communications Department. Office No3, Management Complex

Corner of Sydney & Francois Road

Private Bag X02, CONGELLA 4013

<http://www.kznhealth.gov.za/kingedwardhospital.htm>

(031) 360 3021

✉ nontobeko.ndlela@kznhealth.gov.za