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## TB IS CURABLE

**TB** is a pandemic disease which when detected early can be cured. Awareness to community at large is one method to prevent spread of disease. The Theme was also very encouraging 'I am stopping TB'

TB week was held from 23rd to 26th March 2009. Educational talks were held at King Edward Hospital before the big day. All employees were encouraged to see doctor at the Occupational Health Clinic if any symptoms persist, or are present. This was a success.

Mr. Sutherland from Pharma script from Johannesburg gave a talk about TB and TB treatment. Much encouragement on how to take treatment, side effects as well as importance of visiting a doctor on follow up dates.



**Mrs Mfeka: Programme Director**

"TB is curable and people must not be stigmatized. Early treatment of TB prevents MDR," these are words from Mr. Magubane—Human Resource Manager.

Short stage play by staff from medical directorate about signs and symptoms of TB, Treatment, denial by a person affected was very enlightening. Thanks guys for a good play!! The Jubilee Hall Loved it. Tokens were given to people attending. Unbelievable, we all got. Thanks to the CEO for giving us permission to ask for donations from outside companies.

Word of thanks from Medicine directorate Manager Mrs. Dlamini who encouraged people to take their treatment as soon as they are diagnosed with TB. TB is curable. Also thank all who attended as well as management. Our PRO Nontobeko thank you for your co-operation throughout the process. **YOU GO GIRL!!!**

APPRECIATION ALSO GOES TO THE FOLLOWING:

- BB Bakeries
- District Office—Dr Bagwandeem
- Mrs. Nzimande—Social Work Dept
- Printers from Bolton Hall.
- Catering Dept—Main Kitchen (KEH )
- Medical Directorate Staff.

## Healthy Pregnancy for Healthy Babies

**P**regnancy Awareness week was celebrated on the second week of February 2009 (08-14 February). Many activities took place during this week; in-house and community involvement activities.

This week collaborated with the celebration of Condom and STI which was celebrated in the same week. Health Education was around prevention and management of STI, teenage pregnancy with complications in pregnancy. Our statistics is very high on teenage pregnancy (from 12 years old) and that is one of the reasons we went to surrounding high schools.

This campaign was ended

with a full day programme event that took place at the Jubilee Hall.

Professor Eddie Mhlanga emphasized on the importance of the do's and don'ts during pregnancy. Health professionals have all the information and it's their responsibility to send such info to the community. "Men should take responsibility and we should stop defending our sons in their doings", said Prof. Mhlanga. It should be remembered that every member of the commu-

nity has a role to play in raising such an awareness.

Ms Baloyi (Assistant Nursing Manager) highlighted that the absence of men on this even poses a challenge to health profession-

als, since it takes two to tango.

"We are closing the Pregnancy Week as per health calendar, but not the responsibility of raising such an awareness," she said.

Pregnant women (in patients and out patients) participated in various activities. We also had a role play by Advance Midwives Students.



**Prof: Eddie Mhlanga  
Guest Speaker**



**Sr Solani Ndlovu, Sr Thengi Vilakazi, Sr Lungisa Ngcobo with Wiggins Secondary School LRC Reps and their teacher Ms Nzimande**

# FROM THE EDITOR

**I**t gives me great pleasure to introduce yet another issue of our publication. Even though we are half way through the end of the year, it is not late to reflect on shortfalls of the previous year and make sure that we do not find ourselves in the same situation.

I am excited to be joined by a young and enthusiastic lady in this component; because as we always say "two heads are better than one". As we are all here to learn from each other, I hope she will learn as much as I will learn from her, because it is important that we discover new things every-

day.

*"Pleasure in the job puts perfection in the work" Aristotle*



**Miss Nontobeko Ndlela:  
Public Relations Officer**

**G**reetings, my name Noma Khoza, I come from Tongaat and I am the Public Relations Intern. I obtained my Diploma in 2007 at Durban Computer College and majored in Communication Science and Public Relations. I am a very loyal, diligent and committed person who is highly sociable with everyone and work well with other people. I take personal interest in everything I do and always see projects to be finished and on schedule.

**WHAT ARE MY AIMS / GOALS?**

- Looking for a professional position that will exploit my understanding and experience of Public Relations.
- Gain insight on all Public Relations and Communications

policies and procedures regarding the Health Department and King Edward Hospital. Perform the duties of Public Relations and communication effectively.

**EXPECTATIONS:**  
To be exposed in all minor and major Public Relations duties and responsibilities.

The Scariest thing in life is your first day at work, where you don't know what kind of people you will meet, whether you will be welcomed or not that's why I would firstly like to thank the King Edward Management and staff for a warm welcome I received when I first started at the hospital. I might be working at the Hospital for a year as the saying goes: "Nothing is as hard as it looks, everything is more rewarding than you ex-

pect; and if anything can go right it will end at the best possible moment" Maxwell's Law, which means whenever God chooses another path for me to take at that time, I will be leaving the hospital because when a door closes another opens. I feel privileged to be working with Nontobeko who has made me feel welcomed by all means possible. I am here to gain experience in my field of study which is Public Relations and I have to add that it has been quite an experience for me. I hope my stay here at King Edward will be rewarding and fruitful, and will help me with my career. I hope that I won't be a problematic person to work with. Thank you once again.



**Miss Noma Khoza: PRO-Intern**

**I** am Sindisiwe Nzimande and I am in the Human Resources field. I have studied and obtained a Diploma at Mangosuthu Technikon. I chose Human Resource because It deals with the everyday running of every organization and also like interacting and working with people. Human Resources is quite and interesting field because it en-

ables you to come into contact with different rules and regulations as well as guidelines and policies that are put into effect thus ensuring the well-being of the workforce of any organization.

I am currently employed at King Edward VIII Hospital as an intern. I started on the 1st April 2009. I hope to gain the necessary skills and experience that is required in the workplace. I

expect to acquire that particular experience and skills by taking part in the everyday running of this institution.



**Miss Sindisiwe Nzimande:  
HR Intern**

# Support Staff get support

**E**very year the hospital CEO holds a meeting with all the Support staff. The 11th day of February 2009 is when these staff members gathered at the Jubilee Hall to be motivated and guided by the hospital CEO.

Mr. Bhekiswayo started his speech with words of hope and encouragement. It's the beginning of a brand new year and it's going to be filled with lots of blessings, only to those who believes. This is around the state of the nation address where the whole speech was about hope and resilient. Don't despair because no one ever said life will always be smooth. In this journey we must never loose sight of our vision; we must narrow them to suit our scope of

operation. We are able to picture paste events and we must use them to picture the future. We met here last year on the 7th day of March and I spoke of discipline and I'm not going to dwell on that , however there are so

goes back to what I'm saying when I say you should not demand gratification. But must ask yourself as to what /how much you have contributed.

It was then time to recap on the previous year's discussion.

First one being time management in relation to breaks: people should not only be strict when it comes to knocking off time; yet they are not when it comes to tea and lunch

breaks. As well as ob-



**Above: Hospital CEO-Mr Bhekiswayo & HR Manager -Mr Magubane**  
**Below: Support staff listening attentively to the CEO**



many times where the whole organization have been let down by one il-discipline individual. Dr John Tibane said "To enjoy the top of the mountain you must first endure the bottom of it". That then

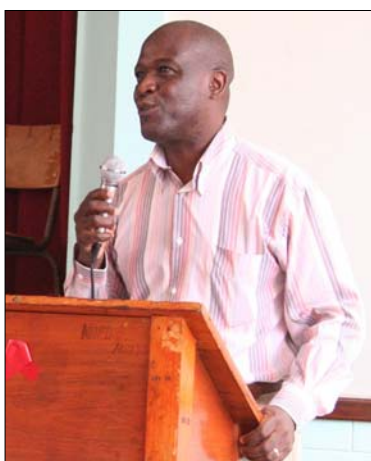
servation of duty time; We must dress presentable and portray an image of a progressive organization. Courtesy and respect among ourselves is of importance, we may differ in thinking but must agree to disagree.

"Don't just learn something from every experience; learn something positive"  
 Allen H Neuharth

"Stop trying to grow your organization. Work on people's attitudes. If you do that, your organization will experience 10 percent growth overnight".  
 John C Maxwell

# Farewell to Senior Group 03/2008

**K**ing Edward VIII Hospital Jubilee Hall was the place to be on 12th February 2009; every speaker gave motivating and encouraging words as something to take home. Nursing College Principal; Mrs Hlatshwayo emphasized on the importance of self discipline (being exemplary), setting some goals, learning to get along with others, staying informed and being ethical; knowing when to compromise and to stand your grounds. She also spoke of 3 types of people: those who make things happen, watch things happen and those who wonder what happened. And that she hopes these students are going back to their institutions to make things happen. While



**Rev. T Mufamadi: Guest Speaker**

the hospital CEO reminded the outgoing nurses of their

commitment to serve the community.

Guest speaker: Rev Mufamadi spoke of our goals to succeed, because we are God's image and because God is not a failure. Since He invested himself in us and therefore God can never invest in losing because he is not a loser. Rev Mufamadi emphasized on the importance of understanding exactly why one chose to be a nurse, and that that very same purpose will drive people to success. Having the purpose as the vision, you will not be moved by anything.

When you are in any profession, you need to build relations with other people because you need other people's purposes to fulfill ours. And therefore human relations is the most important secret of success. What is around us doesn't determine what we see, what is in us do. We reflect to others what we feel (in us). "Life is about complimenting not competing and I hope you are going back to your institutions to complement each other and not to compete," Rev Mufamadi said. Please do not worry if people gossip about you because it means you are the best.



**Mrs Hlatshwayo: King Edward VIII Nursing College**

"It has been a very tough year, at times we felt like throwing in the towel. We have been equipped with such knowledge. A special thank you to all King Edward management and staff. A special thank you to the principal of the college. Thank you to the 2009 group for preparing this function for us and we wish you all the best in your studies." Reply speech from outgoing group by Elizabeth Simon. Rev Mufamadi closed in prayer.

"Our attitude at the beginning of a task will affect its outcome more than anything else." John C Maxwell

# TELECOMMUNICATION



**Ms Promise Dlamini:**  
Acting Supervisor

**W**e have recently spoken to Ms Dlamini: Acting Supervisor in our Telecommunication Department. And this is what she had to say when we wanted to know more on what they do.

"This is a very challenging job, that requires one to maintain professionalism and telephone etiquettes all the

time. Especially since this is the face of the institution." This department has seven staff members working in shifts, and with this shortage it is not easy for staff to take leave.

It is very important for our stakeholders (especially internal stakeholders) to understand that there's a queuing system and with the shortage of staff, only two boards are working, meaning one will find him/herself hold-

ing more he would under normal circumstances. The size of the institution and the number of calls that are coming through need to be taken into consideration. Ms Dlamini is urging people to respect each other's profession, not only telecomm operators however each and every occupation within the organization/institution.



**Mr. D Nagur & Ms D Govender**  
hard at work



## APPRECIATING THE CARE

I Buri Vilozzi Declare that the service I got here at K&H was mouth watering, the nurses were friendly and very understanding they went a extra mile with what ever they did for once they made me feel at home they called me my name. I smiled from the day I came till now I'm still happy. So hey my thumbs are up for the S3B surgical nurses keep it up Guys!

"Practice doesn't make it perfect—it makes permanent"  
John C Maxwell

Dear Sisters  
Keep up the good work.  
Your love, caring and skills are very much appreciated.  
Thank you  
Alan Murphy

Phozisa Jobete Nuzuma  
ngicela ukulivisa ukubonga ko Nurs base Ward S3B Surgical. Ngithi mataggubekela nokhondo lwabo kubantu binesinde esimangalisayo abantu, bisebe nza ubusuku nemini ungethe ukuzwe bethetha bayafana bonke. Ngelokho ngithi nihlale ninjalo abekho abanye o nurse bayafana nani nihlale nihleke kanyalo NGI:ithanda Nonte inkosi inbusise ENKOS!

"Your attitude is either your best friend or your worst enemy, your greatest asset or your greatest liability" John C Maxwell

# KE8H Welcomes New Medical Interns

**T**he 6th January 2009 was a day where first year Medical Interns were officially welcomed by hospital management. The 30 interns are from various universities, including Unitra, UKZN, Free State University, to mention but a few.

They were oriented through various departments within the hospital e.g. they were taken through human resource procedures and services provided by human resource. Dr Badatt emphasized on the importance of knowing why they are here. And that if they can keep that in

mind, they will become very good doctors, because KE8H is the best institution when it comes to training. If they can look beyond the buildings / infrastructure, they will surely know why the buildings are the way they are.

HOD's of all departments also shared the do's and don't with our medical interns.

We owe the success of this special day to our main sponsor; Old Mutual for sponsoring the whole event. Among other private institutions present were ABSA Bank, Promed, Nedbank and SAMA (South African Medical Association). The most outstanding presentation by moti-

vational speaker, Buhle Dlamini (Heart lines: Project Manager– Youth Development), was the highlight of the day.



Dr Pillay & Dr Wilson: on behalf of disaster committee



Meet the organizing team

“Image is what people think we are. Integrity is what we really are.” John C Maxwell.

