



HEALTH
KwaZulu-Natal

May-July 2009

EZASEKHANGELA

Together making a difference

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EDITORS CORNER

Being part of a huge Hospital like King Edward Hospital is a great challenge that needs a person to be hands on, it requires you to take the challenges and the good times as they come. Being here at King Edward has made me a better person in many ways, it has helped me grow in so many different ways.

Taking the theory that you have learnt at Campus



MISS NR KHOZA—PUBLIC RELATIONS OFFICER—INTERN

and being able to implement it in a working environment is quite exciting. When I joined the department I came across the term **“we serve, we belong, we care”** which taught me a lot about being a public servant; to

understand my vision and way forward as an employee, whilst keeping in mind that “do unto others as you would like them to do to you. When we mention Batho Pele principles, patients rights charters we normally look at these as just principles that we have to know by heart or that we must know before entering the board room before an interview, however I have seen it put into practice and can now value and relate to the importance of such guidelines.

I would like to thank everyone who made this publication a success and hope that our readers will find it informative and exciting.

“SUCCESS SEEMS TO BE CONNECTED WITH ACTION. SUCCESSFUL PEOPLE KEEP MOVING. THEY MAKE MISTAKES, BUT THEY DON'T QUIT” *Conrad Hilton*

SUB-EDITORS NOTE

This publication is an opportunity for us to take you through all the activities that took place in our institution. Even though this period has been filled with many challenges, it would however not help us to dwell on those because they are part of our success. One can never be successful without having to go through the challenges. Our vision is to be a leading hospital in providing Innovative Quality Health Service in the Spirit of Ubuntu. This vision is what motivates us to continue giving service the best way we know how.

Like every institution, we have the process of managing complaints, suggestions and concerns from our clients. We always encourage people to raise their dissatisfactions and suggestions in the department or unit they visited. Should one not get joy within that department, we have complaints office (Room 25) where there's someone to attend to your concerns. This however does not stop our clients to go directly to the Public Relations Officer.

As public servants it is our duty to make sure that

our clients get the service they came for. Should a client need assistance that is beyond your line of duty, it is your responsibility to refer them to the relevant department.

It is rather insensitive to hear that a client has been sent from pillar to post just because public servants told them that something is not in their job description. And when we say our vision is about providing quality health service in the spirit of Ubuntu; this really calls for soul-searching. Soul-searching is asking ourselves if we are really assisting South Africans within the spirit of Ubuntu. We all know that one can never be able to do this except having Ubuntu him/herself and really putting themselves in our clients shoes.

Let us practice the spirit of Ubuntu in everything that we do.



MISS N NDLELA—PUBLIC RELATIONS OFFICER

UMKHANKASO WOKUKHULEKELA IZIBHEDLELA

Badele amakhaza abeshubisa umkantsha abazalwane bamabandla ahlangene, bahambela izibhedlela zaseThekwini. Lokhu kwenzeka ngesonto mhlazingu– 29 kuNhlanguvana. Izibhedlela ebeziphambili kuluhlelo iAddington, King Edward kanye ne Mahatma Gandhi, nokuyizo ezithenteke kakhulu isiteleka sodokotela.

Labazalwane bebeholwa uMfundisi Dube odume ngegalelo analo ezintweni ezithinta umphakathi.

Inhloso enkulu yalomkhuleko ukuthi odokotela bathambise izinhliziyi babuyele emsebenzini ngesikhathi izingxoxo ziqhubeka. UMfu. Dube ubelokhu egcizelela iphuzu lokuthi kugcono ukuba uthisha ngoba isikhathi esilahlekile singa-

buyiselwa ngokusebenza ngempelasonto; kodwa okubuhlungu ngodokotela ukuthi imiphefumulo ayibuyiselwa. Lomkhuleko ubuzoqinisa abahlengikazi nabo bonke abantu abasemsebenzini, ukuthi bazi-bambe ziqine ngoba yibo abanika ithemba ezigulini uma isimo sinje.

Abefundisi babe sebehambela emagunjini eziguli, ukuzibeka izandla nokunika amazwi ethemba.



Yibo laba abazalwane abaphakamisela isibhedlela kuJehova ngomkhuleko



TOGETHER WE CAN MAKE A DIFFERENCE



ABANQOBI GROUP SINGING

If you thought that Abanqobi group was just a gospel and traditional accapella music group then you were mistaken. Abanqobi don't only sing and praise but they reach out to the community by in-

volving themselves in social development projects such as visiting patients in Hospitals. King Edward VIII Hospital was one of the lucky hospitals to be visited by this group. There were praises in the corridors and wards and the patients were very excited by their presence. The main purpose for their visit was to commemorate Youth Month and giving hope to all those who are in pain since they had nothing huge to offer them except the word of God through music. **“ukuhlabelela kuyamthokozisa odabukileyo, hlabelela.”** this song was among the songs that were sang. Scarves and beanies were handed out to patients.

“An anxious heart weighs a man down, but a kind word cheers him up.” Proverbs

DON'T LET THE OPPORTUNITY PASS YOU BY

Gayleen Baxter, Chief Operation Officer for Kelly recruitment gives us simple steps that will help scale the corporate ladder.

Career Map: “Failing to plan means you’re planning to fail.” Ask for help when it comes to improving your job skills. Decide where you want to go professionally and discuss the steps you’ll need to monitor your progress, so you know when you’re up for a new challenge at work.

Build Credibility: Your moods may fluctuate, but your work standards shouldn’t. Performing well consistently helps build your credibility with superiors, so meet deadlines and aim for high standards. You’ll stand out from peers when it comes to promotion opportunities.

Be A Model Employee: Becoming a star performer requires effort-but it’s worth it. “Take on additional responsibilities, work longer hours and tackle tasks others don’t want,” suggests Gayleen. “You’ll soon be known as a dependable employee who not only gets the job done but also does it confidently and with a positive attitude.”

Dress the part: Keep your baggy trousers and sneakers for the weekend. “If you want a promotion, look and act the part through your dress and quality

of work,” says Gayleen.

Upgrade yourself: If you thought your student days were behind you, think again. “A qualification alone is often not enough,” says Gayleen. “You need a range of skills that set you apart from your colleagues.” In addition to taking courses, learning can be simple as reading extensively or surfing the net for information you can use in self-study.

Prepare for your next appraisal: Be your own PR manager and sell yourself. “Show positive results to your superior, indicating how your performance helped improve productivity or save the company money,” suggests Gayleen. “And be sure to compare your current output to your last review—nothing tells your boss how valuable you are more than an increase in efficiency and effectiveness.”

Get a mentor: “Your office is likely to be full of people who’ve achieved professional success in your field.” says Gayleen. “So find a mentor who can guide your behaviour and learning.”

"WE BELONG, WE CARE, WE SERVE"

"Unless you try to do something beyond what you have mastered, you will never grow," C.R. Law



On a quiet Friday morning the dedicated staff of King Edward Hospital were continuing with their daily tasks when suddenly the new Health MEC—Dr Sibongiseni Dlomo and his delegates blessed us with their presence . It was a

surprise indeed because no one at the Hospital expected the visit.. For us it wasn't as if it was a threatening situation because we saw it as a way for the Hospital to report all the circumstances faced on a daily basis at the Hospital. The MEC met up with the Senior Management team who took rounds with him to all the wards that he needed to see. Dr Dlomo communicated with the staff during the roundabout and also talked with the patients in the wards. What a joyous day it was for King Edward Hospital, because the staff welcomed the MEC warmly and the smiles in their faces said it all.



KZN HEALTH MEC-DR SBONGISENI DLOMO, HOSPITAL CEO- MR BHEKISWAYO, ETHEKWINI DISTRICT MANAGER-MS SHEZI, MANAGEMENT TEAM OF KING EDWARD VIII HOSPITAL AND DELEGATES DURING THEIR WALK ABOUT IN THE HOSPITAL

SKIN TO SKIN CONNECTION

PREMATURE BABY



KMC



SKIN TO SKIN CARE



BREASTFEEDING



PROTECTION



NATURAL GROWTH OF BABY WITH COMFORT.



DR BALOYI (MEDICAL MANAGER) OFFICIALLY

Kangaroo Mother Care was introduced in South Africa by Dr Bergman in 1995 and after 5 years it became an official policy for care of premature babies in Hospitals.

The reason why it was given the name Kangaroo Mother Care is because of the method used by the mammal called the Kangaroo when taking care of its baby, it feeds the baby from a nipple like we do, inside the pouch covers the baby with skin and this not only protects the very immature baby but also provides it with a total environment which is essential for development. This includes warmth, food, comfort, stimulation and protection. Human Kangaroo Mother Care does the same for the premature: skin to skin, breastfeeding and protection. For the Kangaroo Mother, the baby is kept in a pouch and for the mother, the chest provides the essential warmth, breast milk, comfort, stimulation and protection. King Edward VIII Hospital held the official opening of Kangaroo Mother care at ward 03, the KMC is a ward with 12 beds and was sponsored by Carl and Emily Fuchs foundation. The main reason for this ward is to provide a simple way for mothers to care for their babies, helps for bonding purposes between the mother and baby and the method is that the baby is held against the mothers chest, skin to

skin with only the napkin.



SR K.T. NTULI DEMONSTRATING HOW THE BABY WILL BE CARRIED BY THE MOTHER

WELCOME TO KE8H NURSING COLLEGE

King Edward Hospital Nursing College welcomed all March 2009 students at the Jubilee Hall on the 29th May 2009. If you did not

know what was happening you could have sworn that it was the president himself that was being welcomed at the Hospital because they was cheering by different groups in the college. Senior management members were also present as well as the college principal, lecturers and students. The new LRC members were introduced and a lot of entertainment activities were conducted including role plays. The different courses offered by the College are: Basic midwife, critical care, theatre specialist, advance midwife, orthopedics and child nursing.



"IF YOU WANT YOUR DREAMS TO COME TRUE, GET OUT OF BED" Unknown

**WOZA NABA
NGANI
BAKHO!!!!**



BELOW: KING EDWARD HOSPITAL MANAGEMENT TEAM AND NURSING COLLEGE



"NDLELANHLE"

ORTHOPAEDIC GROUP



bafisela inhlanhla besabhala futhi sibagqugquzele ukuthi baphindele ezindaweni zabo zokusebenza bengafani nalaba ababengene esbhedlela kodwa beshintshile. uMnuz Zuma owabe eyisisikhulumi sosuku wachaza kanje: "Njengoba senin-

DURBAN PRIMARY SCHOOL PUPILS ENTERTAINING THE CROWD.



"N GOBA UYAHAMBA, SOBUYE SIBONANE"

Ibisho kanjena ingoma ka DJ wodumo kuvaleliswa abafundi base King Edward Nursing College eJubilee Hall. Leliqembu elali valeliswa liqale ukubhala izivivinyo zokugcina kusukela ku July. Siyi King Edward sithanda uku-

gochwepheshe akusho ukuthi nizokwenzelwa imisebenzi yenu, nilokhe nithumela ozakwenu. Njengoba uhulumeni eniphe leli thuba lokuba nifunde kumele nikhombise ukuthi ayilahlwanga imali kodwa kukhulu enikuzuzile." Lomcimbi ubusingathwe nayi Durban Primary School bezo nandisa.

"REMEMBER THIS, THE CHOICES YOU MAKE IN LIFE, MAKE YOU" John Wooden



ADVANCE MIDWIFES GROUP

WOMEN IN THE WORKPLACE



MRS ZAMA MSIBI—MAGUBANE

Gone are the days when a woman's job was in the house. Now women are doing it for themselves. Mrs. Zama Magubane proves that for everyone by being a wife, mother and employee

How is it like being a mother and still be an employee for the hospital?

Fortunately I got to motherhood when I was ready. I have done all my research about becoming a new mother. I think I am trying to be a good mother. I spoil my son Philasande sometimes but he's just a child.

Once I get home I do not want to be disturbed because I want to spend time with my family. I am trying to be a good wife and mother at the same time. Black women have a huge record of being bad at motherhood. I want to change that perception.

Being the Personal Assistant to the CEO is very challenging. I always tell myself that I am silent CEO. Sometimes there are things that you cannot handle but I do not want to be a failure, I try by all means to make things work. I am the face of the hospital; I normally dress my self to kill sometimes. Most of all I have a recipe for my Boss.

How do you separate your personal life from your work, since you are the face of the CEO's Office?

Hahahaha, I wake up at 4h30 every morning and I leave home about 6h15, I kiss my husband and my son goodbye and sing a song "Now I have to leave all my problems at the gate," so when I reach my office I am ready to start my work with a smile. I spend most of my time with my colleagues and we are always laughing heh "I love them so much" sometimes I even think about the jokes we shared in the office when I am at home and laugh. When you have colleagues that uplift your spirit it's very easy to keep your work going with a smile. I can't see my self changing from who I am but I care about people who care about me. I respect those who respect me. If u doesn't unfortunately I am not a great pretender I count you out of my life. My mother was my role model and she use to say "Do not let negative things stand in your way of appreciating the positive things in your life, challenges can bring about new possibilities in your life and we are

meant to learn from negative experiences in our lives. Challenges can bring about character, growth, strength and help you to be a better person." When my mother passed away I thought it was the end of the world but "God is the reason why I live, He's carried me through a lot of difficult times especially when my mother passed away, I believe in him." My brother is a very religious person. He made me realized that to take responsibility for the part you played in the things that happen in your life, this empowers you take control and move forward.

Challenges that you face as an independent woman in the office?

Eh there are challenges but working with a man like Mr. Bhekiswayo makes things very easy because he is an independent man. He likes to do things on his own sometimes, I even feel bad sometimes but for sure it helps because when I am away from the office sometimes "He normally does most of the things himself". I like working with him and I have learnt a lot from him even politically. But you have to watch your steps I am telling you, hahahaha.

Career wise, where do you come from and what are your future goals?

Heeee I don't see myself as a PA in the next few years. Because I started working in Human Resources Department as an HR Officer where you work until you feel like your head is not functioning any more. Honestly I even studied HR Management while working in this office as a PA. I would love to see myself working in HR again.

**"DO NOT FOLLOW
WHERE THE PATH
MAY LEAD ,GO
INSTEAD WERE
THERE IS NO PATH
AND LEAVE A TRAIL"**

Peter Ray

PLANNING FOR THE FUTURE TODAY

On the 26th May 2009, Old Mutual presented Government Employees Pension Fund (GEPF) to King Edward Hospital staff. The presentation was for staff members and although it was on pension fund but the Youth of King Edward knew that they also had to be there for future purposes. Old Mutual made emphasis on the following: "Old Mutual is supportive of the Health Care Sectors since they know they care for the community, give support so they (Old Mutual) care to those who care for others. Senior Management and staff came out in numbers to gain knowl-



edge for their futures and it was surely enlightened by the Old Mutual team that presented. There were feedback forms given to staff members to fill in and the PRO did the lucky draw and there were 3 lucky winners who got prizes for themselves.

Take care of the future. It is where you will spend the rest of your life.

CHARLES KART-TERING

A danger foreseen is half avoided.

THOMAS FULLER



DURBAN OLD MUTUAL STAFF MEMBERS (FINANCIAL ADVISERS)

2009 INDUCTION PROGRAMME



MS NQEKETO LEADING THE WALKABOUT

King Edward Hospital Human Resource Development department embarked on an induction programme for new and

translated employees. Every department was represented and every manager, supervisor or person in charge introduced and they enlightened the new staff about their respective departments. It was a 3 day programme that took place at the Jubilee Hall. It was coordinated by Miss Lindiwe Nqeketo (Assistant Manager from HRD). Walk about was done to all the departments. So to all the new employees we would like to say welcome to KwaKhangela, may you guys have a fruitful stay.

"WHERE THERE IS NO VISION, THE PEOPLE PERISH." PROVERBS 29:18

“MY WORKPLACE MY RESPONSIBILITY”

“ Ngajabula uma bethi asiyeni endlini yokumkhonza uThixo ” these were exactly my thoughts when I first about the seminar which was held at King Edward Jubilee Hall on the 30th May 2009. Health care Christian fellowship was first known as Hospital Christian fellowship established by Carl and Francis Grim who during the illness of their father recognized the great spiritual need in hospitals. It was said that if the Health workers would be won to Christ, the compassion could be communicated through them to their patients and also linking believers world wide in a fellowship of prayer and care. People came out in large numbers to witness the grace of God and to pray for all those in Hospitals and for health workers to have the wisdom to take care of their patients. Many people go through the Hospitals of South Africa then churches



hence the establishment of HCF. If you are a believer and was not at Jubilee Hall you missed out on great things, the presence of the Lord was felt throughout the service and praises were sang. **HOPE, HEALING, FAITH—HCF LOGO**

Christ—centered Strategy:

- In obedience to Christ ' s commission, HCF seeks to reach, motivate and train health care staff to be effective witnesses in the health field.
- Following the example of the Lord Jesus Christ in building His Fathers Kingdom, HCF emphasizes the



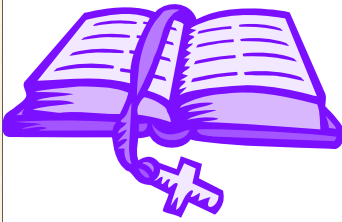
ministries of prayer, evangelism and discipleship.

HCF reaches people:

- Who have physical, psychological and spiritual needs.
- Who are often unreached with the Gospel.
- And who are more receptive to the truths of Christianity.

“Come to Me, all you who are weary and burdened and I will give you rest” **MATTHEW 11:28**

APRIL 2009 EXITS



MAY THE SOULS OF
THE DECEASED
REST IN PEACE.

“IF GOD IS FOR
US, WHO CAN BE
AGAINST US?”
Romans 8:31

Bhengu B.I	Staff Nurse (Retired)	30 April 2009
Danisa	W.D (Resignation)	30 April 2009
Rencken	M.O (Resignation)	24 April 2009
Cele K.M	Prof Nurse (Resignation)	30 April 2009
Mbokazi B.A	Cleaner (Deceased)	12 April 2009
Ndlovu N.E	Pharm Assist (Resigned)	30 April 2009
Sokhela K.P	Staff Nurse (Resignation)	30 April 2009
Mazibuko B.P	Prof Nurse (Resignation)	04 April 2009
Hlophe B.T	Admin Clerk (Deceased)	13 April 2009
Lembethe N.B	Artisan (Deceased)	12 April 2009

GIVING BACK TO THE COMMUNITY




NURSING COLLEGE STAFF DISHING

On the 17th July 2009 King Edward Hospital and Nursing College embarked in a campaign to serve the community in commemoration of Former President Nelson Mandela's birthday which was called the Mandela Day. South Africans all around the country involved themselves in such activities and we hope that events like these happen often. As a country we have broken many boundaries to be where we are today and good deeds should be part of our lives so let's serve the nation with wide smiles in our faces. It was said that everyone should dedicate at least 67 minutes to help the community. Outpatients were served with food and drinks by the staff members.

Please forward all your inputs, comments and suggestions to:

Public Relations and Communications Department. Office No3, Admin Block
Corner of Sydney & Rick Turner Road
Private Bag X02, CONGELLA 4013

<http://www.kznhealth.gov.za/kingedwardhospital.htm>

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