

Facelift for Trauma Unit

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It is said that with right facial crème; you can reverse the age of an individual. This is exactly what happened with our Trauma Unit.

The world cup opened doors for many areas of our institution. Trauma Unit received new equipments, and building revamped to a total of +/- R20m. This has not only improved staff moral but also decreases wait-

ing time as patients get services quicker due to fast and efficient medical equipment.

When you get to Trauma unit, you would swear you are no longer in King Edward VIII Hospital.

We would like to thank everyone's involvement in making this project a success; especially revitalization programme both at a Provincial and at National level; trauma unit staff members (especially Dr S.A. Moodley, Dr V Wilson and Ms N Baloyi) and

contractors, for ensuring that the deadline of five weeks is met.



Top: Lodox machine for x-raying whole body. Left: Trauma Unit before renovations and after renovations on the right



Ed's Note

"Responsibility finds a way. Irresponsibility makes excuses!"

Gene Bedley

Year twenty ten is filled with lots of excitement. Excitement from every one around the globe, but more especially to the South Africans. Not only because we got an opportunity of a lifetime to host such an event but because we are the best hosts ever; and this time around the world is going to know who and what we are about.

Looking at our past experience as a country, as institutions, as communities and as individuals; twenty ten teaches us that it is never too late to be the best at what you are.

As an institution King Edward VIII Hospital has attracted people's interests; because of its age and the look of its buildings, some felt it should be shut down because it was not safe for both staff and patients. But because of the legacy attached to this institution and the level of care it is providing to our people; such cannot be buried that easily. These are some of the reasons why we are now having our N&I Block being renovated, our A&E Unit having a make over and before that we had Carte Blanche, BHP Billiton and other Corporate Organizations donating more than R1.7m worth of medical equipment and R20m Paediatric building. That is why we say "Faith is the hope of things not seen".

It is really fulfilling to be a major part of history changing and truly believe that God places one at a particular place to fulfill a particular purpose and until His purpose has come to pass then He will give us another assignment.

I am also grateful to have worked with Mr Bhekiswayo as my supervisor. I have learnt what it means to work as a team and to persevere in what you believe in.

Until next time, keep smiling!



Miss Nontobeko Ndlela: Public Relations Officer

"If something has been done a particular way for fifteen or twenty years, it's a pretty good sign, in these changing times, that it is being done the wrong way." Elliot M Estes

Bird Eye View

This is certainly my last contribution in this newsletter as the hospital CEO. In short this is my good bye piece. The good and bad times I experienced at KE8H shaped my inner being and made me what I am today. For that I am grateful to KE8H staff, friends and associates. My tenure at KE8H was governed by one conviction passed to me by my father that “*abantu abayinganxanye bengemanzi*”. I upheld the so called “open door policy” but at the same-time I delib-

erately accommodated even those who steered troubles without provocation. Nebhayibheli liyasikhumbuza ngemisebenzi ka Jonah mhlazane uNkulunkulu emthume eNiniva.

Whilst at KE8H in my 6 years of leadership and management, I tried not lose focus from the main goal. My mother once told me that in the world of work especially in management position, you wittingly or not make friends and foes alike. I hope I made more friends than foes.

Former President Thabo Mbeki once said “*one of the greatest mistakes in life is to fear continually that you will make one*”. I also believe that during my time here I made mistakes but I never stopped walking, engaging,



Mr Mboneni Bhakiswayo Outgoing Hospital CEO

meeting, discussing and deciding on what was best for the service. To the entire management teams that I closely worked with I want to say I owe my being to you, guys. I pay special appreciation to my office assistance and support staff, Mrs Zama Msibi- Magubane, Mrs Rejoice Khuzawyo- Sibiya and Miss Nontobeko Ndlela for all the support, guidance given and perseverance in times of trouble. I am very proud of you. To our social partners, organized labour, we may not have agreed on many things but one thing I know is that we disagreed on my role as an accounting officer.

Work life in any organization is profoundly made interesting when all components work in harmony to each other where different opinions are channeled to contribute to the overall organizational goal and success. My inherent task and responsibility was to do exactly that.

Working with you collectively, I did what was humanly possible; the foot prints

are there to be seen and unfortunately cannot be washed away like morning dew when sun shines . The public service is bigger than any person. We are called to make a contribution and then leave for others to continue with the work. Public service is not a fiefdom or inheritance. We are all public servants.

I wish you all the best of times and continue to support whoever comes to the office.

SAMA Benevolent Fund

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he South African Medical Association's Benevolent Fund, is a fund which financially supports doctors and immediate dependants of the deceased doctors. The fund also supports a number of medical students from first to fourth year by way of an annual bursary of 10 000 per annum.

The fund originally started as an initiative of doctors and it was initially funded by donations from doctors who received free medical treatment from a colleague; and in return made a donation to the Benevolent fund. The activities of the fund are viewed by the Benevolent Management Committee.

With the introduction of medical insurance, this gracious custom is slowly disappearing whilst there are still colleagues and immediate families of deceased colleagues in dire need of financial support. As a result the declining donations are threatening the long-term survival of the fund and will ultimately leave such families financially destitute.

Currently 26 families and 20 students receive financial support and bursaries respectively, from the fund. This is a proud heritage that we would like to sustain.

Should you be aware of a colleague or the immediate dependants of a deceased colleague in dire need of assistance, applications for support can be obtained through the local SAMA branches.

Donations are currently made by either cash (cheque or direct deposit to the Benevolent Fund's account) or an instruction for a debit order may be instituted.

Current regulations don't permit the Association to make additional deductions, other than the membership fees, from the salaries of doctors in the public sector, thus an appeal is made to doctors in the public sector to sign a debit order instruction to contribute to this worthy cause.

The debit order instruction can be obtained from the SAMA head office (Membership department) or a direct transfer can be made to the Benevolent account. (Details of the account Number are at the end of the page).

The management committee of this fund wants to bring the activities of this fund to the attention of the doctors of South Africa, and make an appeal for their continued support of this worthy cause. More information on the Fund may be obtained by contacting 012 481 2071.

Benevolent account details: Standard Bank

Branch Code: 011545

Account Number: 011933607

Reference: Your name

Issued by SAMA

Safety Matters

Miss Thobile Mabaso is a newly appointed Occupational Health and Safety Officer for King Edward VIII Hospital. She is originally from Durban (Umlazi Township) and has been with the department of health for more than four years.

As a person with an environmental health background, OHS was a choice she is happy with. Occupational Health and Safety is about ensuring that working environment is healthy and safe for both employees and patients. The focus is safety, environmental and occupational hygiene aspects of the job.

"I urge everyone's cooperation in creating a safe environment. We all have a responsibility to our safety." Miss Mabaso's telephone extension is 3439 and her office is in the building above the staff sick bay.



Miss Thobile Carol Mabaso: Occupational Health & Safety Officer



**SAFETY
IS
EVERYONES
RESPONSIBILITY**

Kusinwa KudedeTwana

I don't believe that its already been a year since I joined King Edward VIII Hospital. In this edition I don't get to say "until the next edition of Ezasekhangela" since I will not be here for the next issue but it has been fun while it lasted.

This publication is filled with educational articles that we hope all our readers would gain from. I would like to bid farewell to all my colleagues and all staff of King Edward VIII Hospital. I have gained so much experience in the Public Relations field and I am glad to have joined such an institution that has helped me gain experience and understanding of Public Relations in the Public Sector and in a Hospital environment. And to help me put the term "creating mutual understanding between the institution and its internal and external stakeholders into practice. I hope all our readers will enjoy this edition and "**unwele olude**" to ezasekhangela. Farewell.



Miss Noma Khoza
Outgoing PR Intern



Miss Thembi Zwane
PR Intern

Greetings everyone. My name is Thembi Zwane, . I am a warm, friendly, dedicated and a people's person.

Since I've been here at KE8H, I've met a lot of warm, friendly and helpful people. Meeting Nontobeko the PRO has been a dream come true for me because I've never had a mentor before, she's been so nice, helpful, understanding and has gone out of her way to make me feel welcomed.

Sometimes when you are on the outside, you hear a lot of bad stories about hospitals and you tend to believe them but since I've been here my perception about those stories have changed.

I want to take whatever I learn during my stay and apply it at my next job. Someone once said that my middle name which is "**Perfection**" will kill me one day, because I can't let go of something unless it's absolutely perfect. And that is why I love a challenge and this job is challenging, so far I love every minute of it and I'm very eager to learn more everyday. Thank you for having me, I hope we would have a wonderful and fruitful time together.



Fr Andrew Knott

Fr Andrew Knott has left to Wenthworth and **Fr Alton Jose** is now servicing King Edward VIII Hospital.
Mass every Wednesday @13h00 at Bethel Chapel; all Catholics are invited.



Fr Alton Jose'

NOTE: Health Care Christian Fellowship meet every Tuesday & Fridays @13h00 at Jubilee Hall; all Christians are invited.

Isuka ekhasini 6..



Mrs Hlatshwayo

Mrs Hlatshwayo from King Edward Nursing Campus has been replaced by **Mrs Nkabinde** who is the new principal



Mrs Nkabinde

WHAT IS CFHI

Child Family Health International is a global family of committed professionals and students who work at the grassroots level to promote the health of the world community by:

- fostering learning and service that sparks transformational personal change for all involved
- working to achieve sustainable solutions in healthcare services and disease prevention
- emphasizing respect and understanding across cultures; facilitating the sharing of medical resources, knowledge, and experiences giving priority to underserved communities.

Partnerships

We are supporting over 192 local medical professionals; clinics, health camps, funds, auxiliary staff. Partners host students and public health project support

Medical Supply Recovery

- basic medical supplies to needy areas
- sent nearly \$900,000 in supplies by Nov 01, 2005, and total of \$960,000 in 2004
- make use of supplies headed for U.S. landfills
- students and others collect & transport supplies

Global Service Learning

- 11 sites throughout the world
- over 600 student participants in 2005, up from 500 in 2004
- teaches cultural competency and awareness of other medical systems
- students provide on-going income for communities

L-R: Maureen Bell (Local Coordinator), Dr Ebrahim Khan and Roy Visagie



Child Family Health International: www.cfhi.org

Feel it, It is here



Mr Senzo Msimang: Fifa LOC

King Edward VIII Hospital has been identified as a step up facility for ICU and Trauma cases during long awaited 2010 FIFA world cup.

In creating such hype and following the call from the government to dedicate Fridays to creating a hype for FIFA World Cup, we invited Mr Senzo Msimang, FIFA LOC Deputy Manager to talk to staff members on the significance of such an event; and what it means to us as DOH/KE8H employees.

Mr Msimang explained that although this is an event but we should be proud to have been trusted to play such an important role.

He added that improvements of our facility is one aspect of Fifa's dream to "leave a legacy behind" after the World Cup.

Hospital management and staff are very excited with the developments, since this is not only benefiting the institution for World Cup but beyond the event as well.

We would like to extend our appreciation to the office of the Premier for supporting such activities which are not only promoting institutions or the department but the province as a whole.



Occupational Therapy Services



Occupational therapy is the treatment of physical and psychiatric conditions by encouraging patients to undertake specific selected activities that will help them to reach their maximum level of function and independence in all aspects of daily life.

The most common conditions being treated by the OT in KEH are developmental delay, Cerebral palsy, hand and upper limb injuries. Other conditions that can be seen are burn injuries, amputations, spinal cord injuries, CVA's, childhood illnesses, learning disability and psychiatric illnesses.

The most common assessments, without treatment, being done by the department are functional assessments which are attached to the doc-



Miss Chani: Dempsey
Comm. Serve Occupational Therapist

tor's recommendation for disability grant applications. Referrals for school going children with learning disabilities to the ESDSS are also a large component of the department's daily function.

The referral process to OT is as follows:

Ward patients:

Doctors to please write a request for consultation, call up to OT informing her of the consult request and

then leave the form in the OT drop box in the ward. The patient will be seen the same day, or if not the next day.

Out patients:

Doctor to fill in request for consultation and send patient up to OT department with referral and the patient will be seen that day or an alternate appointment will be made.

The occupational therapy department is situated on the first floor of the New Block alongside the Dietetics department. Extension 3292. email: Ke8.Occupationaltherapy@kznhealth.gov.za.

*Article by Chani Dempsey
Comm Serve OT*

"Whoever you are, whatever your dream, you have to be strong in your head and strong in your heart. Be strong. There's no quitting in the person who wants it bad enough." Carly Patterson

"The secret to mastery in any field is to forever be a student." Martin Palmer

Work In Progress

King Edward VIII Hospital attracted a lot of media publicity in the past year as a result of its dilapidated buildings. This led to suggestions that the hospital should be shut down as it was not safe for both patients and staff. We are grateful to report on the progress roof replacement of N&I Blocks which are currently under way. The project is estimated to take plus/minus 18 months.

We are urging all stakeholders (patients, relatives, staff members and the community) to be patient with us while we are doing this work. It should also be noted that while renovations are taking place, we continue providing service to patients as wards below these ones are functioning.



Above: Local and Provincial Team doing a walk about with the contractor before the renovations started. Left: I Block renovations on progress while below N Block roof is erected.



Healthy Pregnancy



SR DLAMINI

was among the stations we visited for our talks about teenage pregnancy, how to take care of yourself when you are pregnant e.g.

Sr. Zonke Mahlangu and Sr. Dlamini from labour ward who took their time in educating the community through GNCR Station. On behalf of King Edward VIII Hospital Management we would like to give our sincere gratitude to Beacon sweets for their contribution to this awareness; it is much appreciated.



what kind of diet you should eat etc. King Edward is proud to have such dedicated employees such as Sr. Hlubi who committed herself into doing an interview with a Radio station even after her working hours and employees such as

From the 1st to the 12th of February 2010 King Edward VIII Hospital embarked on 2 weeks of Pregnancy Awareness Week. The Obstetrics and Gynaecology department had campaigns around the hospital for patients and the community. Patients at the Antenatal Clinic were given talks and were rewarded for their participation during the talks. Radio stations around the Durban area were targeted, community radio stations such as Good News Community Radio station



SR MAHLANGU

"Until you value yourself you will not value your time. Until you value your time, you will not do anything with it."

M. Scott Peck

Glimpse on Activities



Paediatric team threw first birthday party for Mandla who's been in this ward for almost a year

It is sad to say that Mandla passed away three months after we celebrated his birthday. A big THANK YOU to Dr Subramany who took care of funeral expenses. Thank you also goes to all Peadiatric staff for the love and care they gave to this little soul, God bless you always.

Noma Khoza's farewell



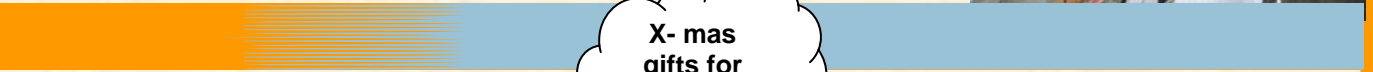
Distributing "Benji" teddy bears donated by Carte Blanche to children in the wards



Glimpse on Activities from page 8



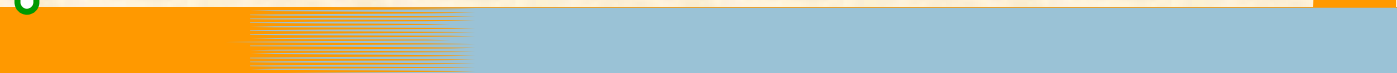
Carte Blanche Project: Medical equipment handing over



X- mas gifts for kids



"You can impress people at a distance, but you can impact them only up close."
Howard Hendricks





Left: Mrs N Zungu, Mrs NJ Gumede and Dr Cronje giving few goodbye words while Mrs T Nkosi (**right**) gave words of wisdom quoted from the book of life (Holly Bible) during Mr Bhekiswayo's farewell.



Kindly forward input to Public Relations & Communication Department, Office No.3, Admin Block
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