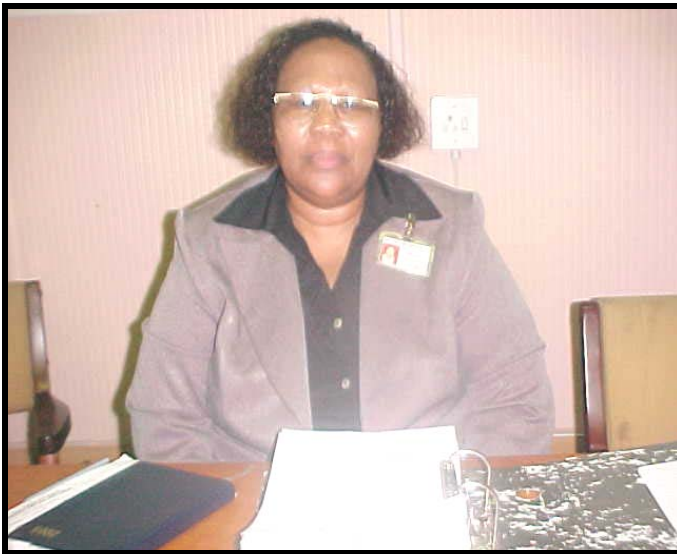




EZASEKHANGELA

She gets support from everyone



Five months after her appointment as the Acting Hospital Manager, Mrs G Zola says that the hospital is moving in the right direction.

"I accepted this position because I knew that I would get support from all categories of staff. I am so amazed by the co-operation that I get from line managers and supervisors." She admits though: "the job is very demanding. I have no choice but to work till late and sometimes over week-ends." Mrs Zola is currently juggling positions following the departure of her deputy Mr

Themba Mahlase who was appointed as Nursing Manager at Townhill Hospital in February. MOPD's General Manager, Mrs N Mchunu is acting as a Deputy Nursing Manager. When asked to state whether her new deputy would be a male once again? Mrs. Zola was quick to point out: "I need somebody who is dynamic, a leader, a hard-worker and most importantly somebody who will work closely with me."

In an advertisement that was placed in various newspapers it was clearly stated that the Deputy Nursing Manager will exercise control over the identification of the needs of the nursing care, including the formulation and implementation of the nursing programmes, executing and evaluation thereof. Interviews for this demanding post have been concluded and if things go according to plans the new incumbent will start as soon as possible.

KING EDWARD VIII MOVING INTO THE FUTURE

Nomonde Nzimakwe: PROs Assistant

King Edward VIII Hospital has once again lived up to its reputation as the leading hospital in the province. The hospital has acquired the state of the art TOSHIBA Aquilion 64-slice CT machine valued at R12 million.

This machine has many features including 64 slices. It can do cardiac and 3D x-rays which make diagnosing patients



Chief Radiographers

quicker and more accurate. The days of standing in line and waiting for hours is over. With this machine, taking x-rays is quicker, easier and beneficial to patients. This also means that more investigations can be done now than before.

"Having this machine keeps KEH abreast of new technologies and exposes our staff to new and better technology," remarked Mrs G. Ramlakan from Radiology.

TO THE POINT

- ARV Project Manager Dr U Moodley has appealed to all Wards to ensure that correct procedures are followed regarding requests for CD4 Count. Before submitting forms to the Laboratory at Inkosi Albert Luthuli Hospital, wards should ensure that all forms have a South African ID number filled in. Forms must be filled in correctly. CD4 counts will only be done at minimum of 6 monthly intervals.
- The Nursing Directorate has issued a notice informing all nurses who wanted to apply for Post Basic Courses with the Natal College of Nursing that the deadline for applications was 30 May 2005. This is for the September Group.
- The Human Resources Department has issued a notice reminding the staff that IRP5 Forms can be collected in the Staff Office, Room 34 between 7h00-9h00 and 13h30-14h00.
- The Antenatal Clinic (ANC) has moved back to its original building after relocating to MOPD to make way for renovations. The staff and expectant mothers have welcomed the renovations.

King Edward VIII Hospital part ways with R12 million in order to improve patient care. Turn to page 5.

... ON THE MOVE



Ms Nomusa Kubheka has been appointed as Stores Manager. She is tasked with the responsibility of ensuring the smooth functioning of this crucial unit. She can be contacted on Ext: 3441



Mr Mdumiseni Mbatha has been appointed Assistant Nursing Manager: Orthopaedic Directorate. (See page 5)



Ms Ashnie Simney, is an Occupational Therapist currently performing community service.



Ms Nomonde Nzi-makwe, is the Public Relations Assistant – she is serving her internship. Phone her for stories—on Ext: 3017.



Mrs Seshini Nagesur, from Chemical Pathology is moving to Inkosi Albert Luthuli Hospital after 20 years of service. Surely she'll miss King Edward.



Ms Sbusisiwe Mathenjwa, has been appointed as an Occupational Therapist in the Occupational Therapy Dept.

HAMBANI KAHLE MAQHAWE E –KING EDWARD



King Edward VIII Hospital Acting Hospital Manager Mrs G Zola has called on all religious groups to pray for all employees in the hospital. More than 15 staff members have died since the beginning of the year.

“We can’t take it anymore,” complained Mrs Zola following a funeral of Mr Mthokozisi Dunywa, who worked as a General Assistant before his untimely death. Known for his humbleness Mthokozisi was finally laid to rest in KwaMashu (see photo left) .

“Masisukume Sakhe - Let’s Rise and Build.” This is the new slogan for the province. Shortly after the unveiling of this slogan by Premier Sbu Ndebele last year, a group of students came forward and volunteered their service in a bid to contribute towards the building of a new KwaZulu Natal.

“The institution benefited from us and we also gained a lot of experience,” commented Ms Portia Dlamini shortly after receiving a certificate of appreciation from the hospital’s Human Resources Department.



VIEWPOINT



Ms Ntokozo Duma
Assistant HR Manager : Staff Relations

General managers and supervisors have received much needed training on how to ensure adherence to the Code of Conduct for the Public Service. Newly appointed HR Assistant Manager – Labour Relations Ms Ntokozo Duma conducted a three-day training programme for Line Managers and supervisors recently.

“I was not appointed to dismiss people,” Ntokozo stressed. “My main role is to ensure that issues are tackled to the satisfaction of all parties involved.”

Apart from a Diploma in Office Administration, which she obtained from Mangosuthu Technikon, Ntokozo is armed with a string of qualifications. She cut her teeth in the Provincial Department of Health, Natalia. While working as a Labour Relations Practitioner she was responsible for guiding more than 50 public health institutions on how to effectively deal with labour relations matters.

Ntokozo who is known for giving 100% in everything she does is determined to shed the negative image of the Labour Relations Office. “The main function of this office is to correct the behavior of all civil servants irrespective of their positions and profession. This is done by following procedures as laid down in the Disciplinary Code,” she emphasized. “It is therefore important that this office remains neutral at all times.”

EZASEKHANGELA is an official publication of King Edward VIII Hospital.

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PHOTO SESSION



COHSASA delegates were impressed with what they saw in the hospital's Casualty Unit. The unit is kept clean and the staff is always motivated. Hospital Acting Manager Mrs G Zola has congratulated the staff for a job well done.



Despite challenges faced by this 68-year-old hospital, Professor Steven Hyman, Provost of Harvard University said he was amazed and inspired by the dedication of the staff. Prof Hyman and Professor Bruce Walker, Director Division of AIDS at Harvard Medical School accompanied by other academics, visited King Edward VIII few weeks ago.



Mr Bobby Moodley looks set to retire at the end of July after more than 38 years at KEH. "It's sad to go but I am forced by circumstances," said Mr Moodley who worked in the Human Resources Dept.



Durban Youth Radio's producer Siyanda Majola and mid-morning show presenter Valento Guvea are determined to ensure that health information is aired every Thursday of the week.



In the picture 12-year old Ntethelelo and Ms Nomusa Ngema. Nomusa received a baby hamper from the hospital shortly after giving birth. (Story below)

BABY HAMPERS UP FOR GRABS

During June and July, the hospital's Public Relations & Communication Department and Ackermans will be giving away baby hampers. "This is good news," an excited mom pointed out after receiving the first baby hamper. Ms Nomusa Ngema received the hamper on behalf of her bouncing baby. She went on to praise doctors and nurses for ensuring the safe delivery of her apple. "I have no words to describe how I feel. The nurses were amazing, that is why I regard King Edward VIII as the best."

"I think the hampers will help a lot of mothers considering the fact that it's cold in winter," Acting Hospital Manager Mrs Gladys Zola remarked.

PR Assistant Ms Nomonde Nzimakwe said they wanted to make this more exciting. "Each week we will be giving away four hampers in a draw. The draw will take place every Tuesday at 11h00 in Ward 01 & 03. Only new mothers are eligible to participate," she said. She requested those who need more information to contact the Public Relations & Communications Department on Extension 3017.

WHAT IS OCCUPATIONAL THERAPY ?



Seven students from the University of KwaZulu Natal visited King Edward VIII Hospital's Occupational Therapy Clinic on the 20th May 2005 as part of Occupational Therapy Week. The visit formed part of attempts aimed at attracting more students into this profession, and at creating awareness about the importance of occupational therapy.

"Occupational Therapy week helps patients understand that we are here to help them"

Acting Manager Mrs Gladys Zola said there was an increase in the number of patients who come to the hospital's Occupational Therapy department for treatment. "Our occupational therapists see close to 300 patients every month. The number include children as young as five years and most of them have learning difficulties," Mrs Zola said.

Explained Olivia Africa, the hospital's Occupational Therapist: "Occupational therapy is the treatment of physical or psychiatric conditions through specific activities in order to help a person reach his maximum level of function and independence in all aspects of daily life – work, school or leisure."

Most of the patients that receive treatment at King Edward have hand and nerve injuries others have paediatric conditions. "If somebody has a hand injury we can make him or her a splint from a plastic type material. Depending on the type of injury, different splints are made," Olivia revealed, also pointing out that some patients have static splints that don't move and dynamic splints that do move. "We also make splints for fingers and splints for children with clubfoot. We also do hand rehabilitation after injury to improve patient's hand function and as a result a patient regains independence."

King Edward VIII occupational therapists treat many kinds of patients. If somebody has been involved in an accident or had an illness that has affected their functional ability and are unable to complete their daily tasks, they will receive occupational therapy. The therapist will try and rehabilitate them so that they can function as independently and effectively as possible despite their disability.

Ashnie Simney—Occupational Therapist:-

Occupational Therapy Week helps put a positive light on the OT department and makes patients know and understand that we are here to help them. As the OT department we strongly believe in following the 4 pillars of health care:

- Prevention
- Promotion
- Rehabilitation & Curative

OCCUPATIONAL THERAPY DEPT – 360 3292

DURBAN YOUTH RADIO PROVIDES HEALTH INFORMATION

On the 17th April 2005 the focus was on Haemophilia – an inherited bleeding disorder.

"Haemophilia is characterized by bleeding into joints and muscles and can result in crippling and permanent disability if not treated," said Sister Nkosi in an interview on Durban's fastest growing community radio station, Durban Youth Radio.

Durban Youth Radio has established a Health Advisory Desk which has three committee members. The main purpose of this committee is to co-ordinate and supply the station with health related information. The members of the committee are Mr Nda-bezinhle Sibiya, King Edward VIII Hospital PRO, Ms Zandile Mntambo King George 1V Hospital's PRO and Mr Themba Ngcongwane, Site Mentor for HIV/AIDS Counselors. Over the past few weeks more than five health professionals mainly from King Edward VIII were interviewed on Thursdays between 11h05 and 11h30. They tackled issues such as infection control, occupational therapy, patient's rights and most importantly teenage pregnancy.

"As a community radio station we have a responsibility to inform and educate our listeners," Mr Siyanda Majola, DYR's producer stressed, also pointing out that the response from listeners has been marvelous. DYR's Programmes manager Mr Zowakha Mbatha said they were planning to launch the project in due course.



WE SALUTE OUR NURSES



Proud To Be a Nurse

"I solemnly pledge myself to the service of humanity, And will endeavor to practice my profession with conscience and with dignity."

Mr Mlungisi Beje considers nursing as a challenging profession because nurses are required to ensure the protection of patient's rights. He is happy that the KZN Department of Health has set aside the 3rd of June to celebrate International Nurses Day. "It feels so good when we see people realizing that that we have an important role to play in our society."



MRS F NAIR is of the view that the International Nurses Day should be celebrated by spending quality time with patients suffering from HIV/Aids.

Despite the exodus of nurses to overseas Mrs Nair says she has no plans of leaving King Edward VIII Hospital. "I have worked at King Edward for more than 30 years and I have no regrets of choosing nursing. The International Nurses day should remind all of us that nursing is not about money but its about patients. If it wasn't for patients we would be jobless." Mrs Nair was awarded a certificate last year for her dedication to her job.

"We are all excited because we are the first health professionals to make use of this machine in the whole of Africa." That is how the staff at King Edward VIII Hospital reacted following the acquisition of TOSHIBA Aquilion 64-slice CT Scanner.

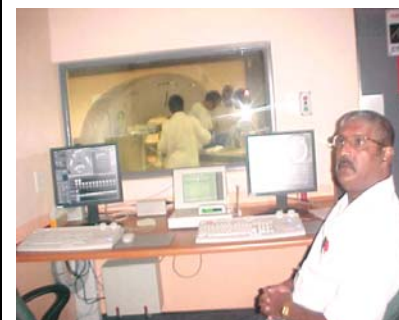
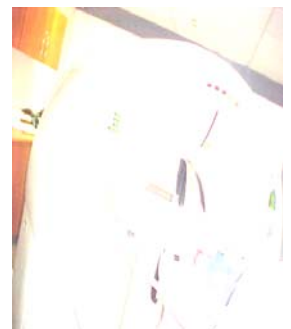
A team of dedicated technicians from TECMED installed the machine under a close supervision of Dave Smit, the Director of the company. "King Edward VIII is the first institution to install TOSHIBA 64 Slice CT scanner in Africa," said Smit. The TOSHIBA Aquilion 64-slice CT is the world's first FDA-cleared 64-slice system installed in clinical sites throughout the world. Aquilion is the world's only true volumetric 64 CT system with 64 detector channels, 3-D cone beam algorithms and volume reconstruction.

When asked to state the benefits of using the machine Smit said: "King Edward VIII's physicians can now use this CT for advanced applications such as visualizing soft plaque and functional imaging. At the heart of Aquilion 64-slice CT is its superior multi-detector design, the most sophisticated CT detector that enables high-speed, high-resolution imaging with the best low-contrast resolution at the lowest dose. The Quantum detector enables the Aquilion CT scanner to acquire 64 simultaneous slices of 0.5 mm with each 400-millisecond gantry revolution. The rest is precise isotropic imaging of any region of the body during a breath-hold under 10 seconds."

In an interview with **EZASEKHANGELA** Acting Manager Mrs Gladys Zola said the hospital was determined to make use of the latest technology in order to improve patient care. "This machine will go a long way towards restoring confidence in the institution. The installation of this machine is a clear demonstration of management's commitment to providing optimal health status for all persons in KwaZulu Natal."

Toshiba's Aquilion 64-slice CT and Quantum 64-row detector technology will set new healthcare standards with unmatched image quality and the industry's best isotropic slice thickness of 0.5 mm for volumetric cardiovascular and radiology studies—including examinations of the lungs, joints, extremities and CT angiography - especially in trauma applications such as chest pain or stroke, automated cardiac scan, clinically validated automated protocols - ensuring the best temporal resolution regardless of a patient's heart rate or condition.

KING EDWARD VIII HOSPITAL PART WAYS WITH R12 MILLION IN ORDER TO IMPROVE PATIENT CARE.



COHSASA DIGEST

COHSASA PROGRAMME: The programme developed by COHSASA has been designed to empower employees of healthcare facilities to achieve accreditation through their own efforts. The process is driven by a multidisciplinary, continuous quality improvement approach culminating in an external, objective and transparent review by peers. It is a process that is enabling the improved provision of quality and compassionate healthcare to the people of Southern Africa.

It has become abundantly clear that an accreditation programme in Southern Africa – where many healthcare facilities do not meet these standards – needs to incorporate a facilitation aspect with a strong emphasis on Continuous Quality Improvement (CQI).

On entering the programme, most facilities – in both the public and private sectors – do not meet the majority of the standards at baseline level. However, on completion of the programme, many facilities reach a stage where they substantially comply with the programme's standards and criteria.

Formal feedback from participating hospitals indicates that the journey to accreditation has led to increased staff motivation and substantial improvements in the communication between various service areas of the hospital.

To maintain accreditation with COHSASA, an organisation is required to undergo a survey on site by a team of health professionals at least every two years. Facilities that re-enter the COHSASA programme for a second time and show consistent compliance with standards through maintenance surveys may be eligible for a three-year accreditation. **Source:** www.cohsasa.co.za



King Edward VIII's own COHSASA co-ordinators: Sr T Wanda, Sr T Tembe, Mrs L Munro & Mr M Mbatha.



Very impressive: Intensive Care Unit under the leadership of Mrs M Bhengu.

REPORT OF THE BASELINE SURVEY



The second visit by COHSASA delegates served as an eye opener to the staff. A summary of survey findings was given to the KEH Steering committee. This followed the surveying of specific service elements.

Out-Patient Department: Although the surveyors found expired drugs in medicine cupboards they were impressed by the functioning of this section. The stressed that quality improvement initiatives must include waiting time monitoring

Casualty: High staff morale and cleanness of this section impressed the surveyors.

Paediatrics: Health professionals follow acceptable practices.

Critical Care: Practice good, although drugs were found in medicine cupboards.

Patients & Family Rights: Surveyors were highly impressed with the way in which patient's rights are protected in the hospital. They however highlighted the importance of the implementation of policies by various units.

with the way in which patient's rights are protected in the hospital. They however highlighted the importance of the implementation of policies by various units.

Laboratory: Well organized department.

Ultrasound Department: Well managed section although space is a problem.

Radiology: Surveyors pointed out that X-Ray forms should be filled by doctors only - not by nurses.

Nuclear Medicine: Policies should be reviewed and toilets facilities requires urgent attention.

Patient Records Unit: Patient filing system very bad.

Pharmacy: Apart from raising concerns about the space, surveyors were impressed.

CSSD: Neat and tidy but an evacuation plan should be drafted.

Main Kitchen: Requires management's intervention.

HUMAN RESOURCES ISSUES

PERSONAL PROFILES

The hospital management has thanked everyone who ensured that the HR Dept met the deadline of submitting reports of Personal Profiles for the period 01 July 2001 to 31 March 2003, for staff members who were erroneously omitted from the list that was submitted to the head office last year. The profiles are currently being assessed at the District Office.

HR Manager Mr Bafana Magubane said the workshop which equipped supervisors on how to write reports made a huge difference. "The majority of profiles that were submitted were of high standard. Only three were returned and they were immediately rewritten and sent back," said Magubane who revealed that at least 300 personal profiles were submitted. Last year a list of 270 names was submitted for assessment.

NEW UNIFORM FOR NURSES

Despite teething problems, indications are the majority of nurses in the hospital have welcomed the introduction of a new uniform for all nurses. The cut off date for the wearing of the old uniform is 4 June 2005. However, management has assured the staff that a grace period will be granted to those who will miss a cut off date. Speaking in her capacity as the Nursing Manager Mrs G Zola said management had consulted



Apart from her daily duties Sister Thandi Shezi is involved in health promotion. Her Personal Profile was submitted for assessment.

widely before the implementation of changes. She reminded the staff: "All nurses are guided by regulations set out by the South African Nursing Council. According to the council, all nurses are expected to wear a uniform that would distinguish them from other categories of staff." She went on to thank those who co-ordinated the project.



Mr Bheki Thala of NEHAWU, speaking during the mass meeting.

Nomonde Nzimakwe: PROs Assistant

The staff meeting held on the 6th of April 2005, served as a reminder to the staff that the hospital management is committed in maintaining a good working relationship with all categories of staff.

Mrs Gladys Zola, the Acting Hospital Manager said these meetings are aimed at giving the staff an opportunity to interact with management. Mrs Zola used this meeting to introduce Rev M. S. Cele.

"We are grateful that the provincial Department of Health has identified the need for spiritual counselling in the hospital," she said. Reverend Cele is available on Tuesday and Wednesday. He can be contacted on 082 0418074 alternatively on

3041274 or Extension 3017.

Presenting her report Dr Zebbie Kharva, the Medical Manager, said the decommissioning of tertiary services was still underway. "Most of the tertiary services have been moved to Inkosi Albert Luthuli Central Hospital except for Maxillo Facial and Emergency Services," she pointed out. The two services would also be moved to Inkosi.

The Plastic Surgery slates have also moved to St Adains Hospital, only emergency services are provided at King Edward VIII Hospital. Said Dr Kharva: "The Plastic Surgery Clinic will continue until the Out-Patient facility has been commissioned at St Adains. The Burns Unit will remain at King Edward Hospital until further notice.

HE IS COMMITTED TO QUALITY

Nomonde Nzimakwe: PROs Assistant

The Orthopaedics Directorate is one of the most important departments as it deals with locomoto problems, the bones, muscles and nerves. Early this year Mr. Mdumiseni Mbatha was chosen as the new Assistant Nursing Manager of this directorate.

Mr Mbatha has been working in King Edward VIII Hospital for the past 19 years. He trained as a Student Nurse from 1986 to 1989 and received a Diploma in Orthopaedics Nursing Science in 1994. He also became a tutor in 2001 to Orthopaedics Students at the King Edward VIII Nursing College.

He is known for his commitment to quality patient care. Many people were not surprised when he was given the responsibility of coordinating the COHSASA programme in the institution. COHSASA is the quality improvement programme that seek to ensure that hospitals adhere to quality standards of care.

"COHSASA is of utmost importance to us at King Edward VIII because we have to ensure that we are in line with current practices within the health sector in order to meet high standards of care," he quipped.

NEW HELIPAD FOR KING EDWARD VIII



Star Helicopter in Sydney Road



New Helipad situated opposite the Labour Ward

The launch of King Edward VIII new helipad received an excellent media coverage. Below, is a transcript of the News Bulletin aired on Durban's based East Coast Radio.

NEWSREADER: Critical patients will now be guaranteed a speedier service at one of KZN's largest government hospitals. King Edward has now added a helipad to its main building in a bid to provide easier access to helicopters bringing in the injured. The latest addition means that emergency workers will now only take about ten minutes to transfer patients from the helicopter to the ICU Ward. King Edwards' Ndabezihle Sibiyi says this is a huge improvement from what they use to have to deal with.

NDABEZINHLE SIBIYA: A total of 44 patients were brought to the hospital by STAR helicopter in 2004. Because of the unavailability of a helipad at that time, the helicopter was always forced to land in Sydney Road. This required the involvement of Metro Police, and then the retrieval of a patient from a helicopter to the Intensive Care Unit averaged longer than 25 minutes.

ADVANTAGES OF A HELIPAD

Multiple-Handling:

Hospitals with helipads within trolley-access generally are able to make a trolley available for the purpose. This minimises unnecessary handling. Every additional patient lift increases the risk of accidental disconnection or disruption of a vital monitor or line.

Patient Tolerance:

Multiple transfers between vehicles increase movement and discomfort for patients who, when being retrieved by helicopter, may be particularly susceptible because of the severity or potential instability of their condition. With the helipad in the hospital there is a better patient tolerance.

Interruption of Appropriate Patient Care:

For any retrieval involving multiple patients (e.g. twin premature infants), a hospital helipad allows the use of a single retrieval team. Any helipads not accessible by trolley require two ambulance vehicles and splitting of the retrieval team. One patient is then without appropriate supervision.

KING EDWARD VIII FOOTBALL CLUB



Name: Andile Dlamini
Position: Defender
Hobbies: Movies & Pool
Occupation: Admin Clerk
Department: Casualty



Name: Shaun Madondo
Position: Midfielder cum striker
Hobbies: Movies & Sports
Occupation: HIV/AIDS Counsellor
Department: Antenatal Clinic (PMTCT)



Name: Nduduzo Dlamini
Position: Striker
Hobbies: Soccer
Occupation: Nursing Assistant
Department: AMA



Name: Michael Mbeje
Position: Defender
Hobbies: Music
Occupation: Tradesman
Department: Workshop