



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

King Dinuzulu Hospital Complex

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Ezakwa Dinuzulu

NEWS

AUGUST 2026

GLAMOROUS WOMEN'S DAY CELEBRATION 2026



Elegance in Unity: Celebrating Women's Strength and Style. King Dinuzulu Hospital Complex – Women's Day Celebration 2026. "Rights. Justice. Action. For All Women and Girls."



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**GROWING
KWAZULU-NATAL
TOGETHER**

King Dinuzulu Hospital Complex (KDHC) hosted a glamorous and empowering Vintage-themed Women's Day Celebration that will be remembered as a true reflection of beauty, strength and sisterhood.

The hall was transformed into a vintage runway, as captured in the photo, with women dressed in colourful vintage dresses, wide-brimmed hats, fascinators, pearls, gloves and classic handbags, posing next to a gold vintage gown display and the official KDHC Women's Day banner. Gift parcels were displayed as tokens of appreciation for all women.

The celebration was led by dynamic Programme Directors Sister Nandipha Ngubane and Prebhashnee Pillay, who opened the event with a warm welcome on the song Sister Betina. "YOU LOOK AMAZING INSIDE AND OUT. YOU ARE THE TRUE REFLECTION OF BEAUTY AND STRENGTH. YOU LOOK CLASSY, GRACEFUL AND TIMELESS."

The day unfolded with a powerful programme:

Women's March/Parade to the song _Girls Just Want to Have Fun, honouring the women who marched before us in 1956. Opening Prayer by Matron Jones, inviting God's presence to bless the celebration. Welcome and Purpose - Management welcomed all incredible ladies, celebrating strength, resilience, kindness and courage. Ice Breaker - Watermelon Game to All About the Bass, waking everyone up with fun and laughter.

A key highlight was Guest Speaker - "Rise to Fame". The hospital was honoured to host Ms Hlengiwe Ngidi, a qualified nurse who holds a Bachelor's Degree in Nursing from UKZN Howard College (2011). After starting her career at Murchinson Hospital (2012-2015), she took a bold step to Dubai (2016-2018) where she grew both personally and professionally. In 2018 she returned to South Africa and continued at the Road Accident Fund, and in 2020 started offering drip treatments from home. Her story of determination, sacrifice and perseverance inspired women to know that greatness is built through courage, faith and persistence. Her slot was accompanied by Something Inside So Strong - Leerab. Gift presentation was done by Sr Ally (MOPD).

The programme also included a touching Song and Dance - Someday things will work out for my good, an Activity - Decorate Your Bookmark to Paradise and Greatest Love of All - Whitney Houston, where women decorated bookmarks with words like Believe, Courage, Faith, Hope, Unstoppable, Grace and I Am Enough.

Fun games kept the energy high: First Game - Charades to I Want to Dance with Somebody, Pass the Ball, Second Game - Cup Game to Pretty Woman, and Third Game - Left/Right Game.

Message from Dr Shah, was a highlight, Dr Shah shared a special, encouraging and uplifting Women's Day message for all the incredible women of KDHC. Gift presentation was done by Natasha.

The programme concluded with Vote of Thanks by Sr Pet and Natasha from Forum Team, and Closing Prayer by Tracey Van Niekerk.

KDHC salutes all its phenomenal women - You are Vintage, Valuable and Victorious!
Wathint' Abafazi, Wathint' Imbokodo!

WOMEN'S DAY CELEBRATION 2026 PHOTO GALLERY.



Celebrating women who lead, inspire, empower and makes difference every day.



Strong women build strong families, strong communities and a stronger nation



Behind every positive change stands a woman who dare to make a difference



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“A Healthy Smile Starts with Prevention, Education and Early Intervention”

King Dinuzulu Hospital Complex (KDHC) Dental Clinic, in partnership with students from the University of KwaZulu-Natal (UKZN), marked Oral Health Month with a vibrant and impactful oral health awareness campaign aimed at promoting prevention, early detection and access to quality oral and dental healthcare services.

The campaign commenced at 09:00 in the hospital foyers, where dedicated teams from the Dental Clinic and UKZN students established information and screening stations to engage patients, staff and members of the public visiting the facility.

The foyer was transformed into an interactive oral health awareness space, with information tables, educational posters, oral health displays and a dedicated screening zone carefully prepared to provide patients with an opportunity to learn more about their oral health while receiving basic screening services.

Education at the Heart of the Campaign

The campaign went beyond simply providing screening services. Patients were encouraged to take an active role in protecting their oral health through health education, demonstrations and one-on-one discussions with dental professionals and students.

Educational messages focused on the importance of regular brushing, proper brushing techniques, appropriate use of oral hygiene products, healthy dietary choices, prevention of dental decay and gum disease, and the importance of seeking professional assistance when oral health problems are detected.

Practical demonstrations provided patients with an opportunity to see and understand the correct techniques rather than simply receiving verbal advice.

High Patient Participation

The response from patients was overwhelmingly positive. Patients came in significant numbers to the screening points, demonstrating the growing interest and need for accessible oral health information and services.

Those requiring further assessment or intervention were referred to the appropriate dental services, while appointments were provided for patients requiring further investigation, treatment or continued oral healthcare management.

This ensured that the campaign did not end with awareness but created a pathway from screening to referral, treatment and follow-up care.

Several patients expressed their appreciation for the service, with many indicating that they were pleased to receive information and screening in a convenient and welcoming environment.

A Valuable Partnership with UKZN

The collaboration between KDHC and the University of KwaZulu-Natal (UKZN) students added significant value to the

campaign. The partnership provided an opportunity for stu-

dents to apply their academic knowledge in a real healthcare environment while contributing meaningfully to patient education and community health promotion.

The participation of UKZN students also strengthened the campaign's capacity to engage with patients, provide health education and support the screening process.

The joint initiative demonstrated the importance of partnerships between healthcare institutions and academic institutions in strengthening health promotion, supporting student development and improving patient experience.

More Than Just a Smile

Oral health is an essential component of overall health and wellbeing. A healthy mouth can contribute significantly to a person's quality of life, confidence, nutrition and general wellbeing.

The campaign therefore served as an important reminder that oral healthcare should not only be considered when a patient experiences pain.

“Do not wait for the pain — prevent the problem.”

Early screening can identify potential problems before they become more serious, helping patients access appropriate intervention at the right time.

KDHC Says: Prevention Is Better Than Treatment

The Oral Health Month campaign reinforced KDHC's commitment to providing patient-centred, preventative and promotional healthcare services.

The initiative also demonstrated the importance of taking healthcare services closer to patients, creating opportunities for health education within everyday hospital environments.

The message was clear:

“A healthy smile is not a luxury — it is part of a healthy life.”

Through the combined efforts of the KDHC Dental Clinic, UKZN students and hospital stakeholders, the campaign successfully turned the hospital foyer into a centre of learning, screening, prevention and engagement.

A Smile Can Start a Conversation

The success of the campaign highlights what can be achieved when healthcare professionals, students and institutions work together with a shared purpose.

KDHC's Oral Health Month message is simple: Brush. Check. Prevent. Treat. Smile.

And most importantly:

“Your oral health matters. Don't wait until it hurts — take action today.”

King Dinuzulu Hospital Complex extends its appreciation to the Dental Clinic team, UKZN students, patients, hospital management and all stakeholders who contributed to making the Oral Health Month commemoration a meaningful and successful initiative.

Together, we can build a healthier community — one smile at a time.





Empowering patients with knowledge for better oral health.



Promoting healthy smiles through screening and education



KDHC Oral and Dental clinic and UKZN students working together for healthier smile



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Editorial team



**Mr. Thami Chizama -
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Ms Slie Xaba PRO Intern

For further information kindly contact our office



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Important items to bring when you come to the hospital:

- Identity document
- Proof of address
- Pension card
- Medical aid card and next of kin contact details
- Referral letter
- Under 18 must be accompanied by parent .
- all patients are requested to pay fees on admission.
 - Visiting hours
 - 13H00 14H00
 - 17H00—18H00

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