



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

King Dinuzulu

Hospital Complex

Thami.chizama@kznhealth.gov.za

Ezakwa Dinuzulu

NEWS

December 2025

Quality Day Celebration 2025



King Dinuzulu Hospital Complex proudly hosted its **Quality Day 2025** on 20 November, a vibrant celebration of service excellence, teamwork, and innovation across all departments cont..P2.



01

f KwaZulu-Natal Department of Health

ig kznhealth

yt KZN Department of Health

tw @kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

Quality Day 2025 with Innovation, Excellence & Unity

King Dinuzulu Hospital Complex proudly hosted its Quality Day 2025 on 20 November, a vibrant celebration of service excellence, teamwork, and innovation across all departments. The event reflected the collective commitment of staff to improving patient care and strengthening quality standards within the institution.

The District Hospital Foyer was transformed into a hub of creativity and innovation as the entire hospital participated enthusiastically. The spirit of unity, collaboration, and joy filled the air, with singing, dancing, and moments of celebration echoing throughout the day.

A Showcase of Excellence: 21 Quality Stalls

A total of 21 service stalls were showcased, each displaying innovative practices, quality improvement initiatives, and creative concepts aligned with best healthcare standards.

Departments demonstrated:

Innovative patient-centred solutions

Creative visual displays

Quality Improvement Plans (QIPs)

Service delivery enhancements

Technology-driven approaches

Workflow improvements

The level of innovation displayed across departments set a new benchmark for the hospital. Judges expressed great admiration for the ingenuity, dedication, and professionalism demonstrated by staff.

"Quality is not an act — it is a culture. Today, KDHC proved that excellence lives here."

Teamwork Behind the Scenes

The success of Quality Day was the result of extensive consultative meetings and collaborative planning by the Events Committee.

The team ensured that the hospital's mission, vision, and quality objectives were at the forefront of the programme.

Judges arrived early in the morning and visited all stalls. Each team was given a platform to present and explain their innovative projects, methodologies, and outcomes.

Judges from across the eThekweni District commended KDHC for:

Professional presentation

High standards of creativity

Strong QIP implementation

Clear evidence of departmental improvements

Outstanding teamwork

Quality Improvement Spotlight

One of the standout presentations was the Pharmacy Department's QIP on reducing waiting times.

Dr. Misra presented the project with exceptional clarity, covering:

Problem identification

Methodology

Implementation steps

Measurable outcomes

Sustainability of improvements

The judges were highly impressed, noting the project as a model for replication across other hospitals.

Awards & Recognition

The competition was incredibly tight, with a very high standard across all stalls. After careful deliberation, the judges awarded:

Kindly receive the awards for stalls:

1st place – Admitting, NICU and MOPD

2nd place – Psychiatry, MS1 and In service training

3rd place – O&G, Pharmacy and Catering services

Every participating team received certificates in recognition of their dedication and hard work.

The prestigious award for Most Improved Department was presented to the Housekeeping Department, honouring their remarkable commitment to elevating service quality and maintaining a clean, safe environment for all patients and staff.

A Day Filled with Joy & Celebration

Quality Day 2025 was not just about competition — it was a celebration of spirit, collaboration, and pride.

The atmosphere was electric with:

Singing

Dancing

Laughter

Team chants

Departmental unity

Staff appreciation moments

"When we work together with passion, quality becomes our everyday culture."

Closing Message

Quality Day 2025 was a resounding success, reaffirming King Dinuzulu Hospital Complex's commitment to patient-centred care, innovation, and continuous improvement.

The hospital leadership extended appreciation to every staff member for their dedication, creativity, and teamwork.

"Excellence is not a destination — it is the KDHC way of life."



Quality Day Photo Gallery 2025



Staff and departments proudly receiving certificates in recognition of their outstanding commitment to quality.



KDHC teams honoured with certificates for excellence and innovation during the 2025 Quality Day celebration



Departments celebrated for their hard work and quality achievements, receiving certificates with pride



KDHC Leads the Call: “Reject & Report Abusers — Act and Don’t Look Away”
Commemoration of the 16 Days of Activism Against Violence Towards Women and Children

King Dinuzulu Hospital Complex stood in unwavering solidarity with survivors of Gender-Based Violence (GBV) as we commemorated the 16 Days of Activism under the bold and urgent theme:

“Reject & Report Abusers. Act and Don’t Look Away. Break the Cycle of Violence.”

This annual campaign remains a vital platform for raising awareness, educating communities, empowering victims, and reminding society that violence is not a private matter — it is a public health crisis.

A March that Spoke Volumes

Energy, passion, and purpose filled the air as staff gathered for the powerful march at 09h00, beginning outside the MDR-TB Pharmacy and moving towards the Prof. Fatima Meer Building.

The march was spearheaded by a police escort with sirens, supported by our ambulance services, symbolizing the urgency and seriousness of the fight against GBV.

Participants included:

- Social Workers
- Nurses
- Doctors
- Allied Health Professionals
- Security Officers
- Cleaning Staff
- Porters
- Administrative Teams

Together, they chanted messages of hope and resistance such as:

“Silence Protects the Abuser — Your Voice Protects a Life.”

“No Excuse for Abuse!”

“Break the Cycle — Not the Spirit.”

The march spread powerful awareness across outpatient areas and the Pharmacy, ensuring that patients and community members heard the message loud and clear.

Main Programme: A United Stand Against Violence

At 11h00, the formal programme commenced at MOPD, beginning with prayer and a heartfelt welcome by the CEO, Dr. Dlamini, who emphasized the hospital’s commitment to protecting vulnerable individuals.

Key Stakeholders Delivered Impactful Messages:

- Sydenham SAPS (Warrant Officer Jila & Sergeant Maluleka)



- Shared real-life insights from cases they handle daily.
- Encouraged early reporting, avoiding withdrawal of cases, and supporting victims.

□ Childline KZN

- Delivered critical education on signs of abuse in children.

□ Lifeline Durban

- Provided guidance on trauma, healing, and psychosocial support.

□ Department of Social Development

- Encouraged community involvement and active protection of survivors.

Staff Participation – The Heart of the Campaign

Staff members were encouraged to:

- Wear purple
- Create posters with powerful messages
- Join the march
- Support survivors vocally and visibly

The Social Work Department and Pharmacy led the coordination of this impactful event.

Poster highlights included:

“Love Shouldn’t Hurt.”

“Hands Are for Healing, Not Hurting.”

“Be the Voice for the Voiceless.”

Why This Day Matters

GBV continues to devastate countless lives in South Africa. As a healthcare institution, we witness both visible and invisible wounds. Our stand against GBV is a commitment to safety, dignity, and justice.

“Violence has no place in our homes, our communities, or our hospital.”

Closing Message

The 2025 commemoration reminded us that ending GBV demands unity and courage.

Let us continue to:

- Reject abuse
- Report perpetrators
- Support survivors
- Act at every sign of danger
- Never look away

“Together, we can break the cycle of violence and build a future free from fear.”



16 Days Against Violence to Women and Children



KDHC staff standing united — raising their voices to reject and report abuse.



Marching with purpose: Together we break the silence and the cycle of violence



Healthcare workers, police, and partners joining forces to protect women and children.



World Prematurity Day Commemoration

25 November 2025 | Hospital Foyer | Theme 2025: "Small Heroes, Big Futures – Every Preemie Matters"

The King Dinuzulu Hospital Complex hosted a heart-warming and inspirational World Prematurity Day Commemoration on 25 November 2025 at 11h00 in the hospital foyer. The atmosphere was filled with joy, hope, and deep appreciation as mothers, healthcare workers, and community members gathered to honour premature babies—our small heroes with big futures.

A Day Filled with Joy, Hope, and Inspiration

The 2025 theme, "Small Heroes, Big Futures – Every Preemie Matters", echoed throughout the programme, reminding everyone of the strength, resilience, and courage displayed by premature babies and their families. The event brought together staff from various departments, mothers of preemies, and caregivers who turned the hospital foyer into a vibrant sea of purple, the symbolic colour of prematurity awareness.

Powerful Testimonies from Mothers

One of the most touching moments of the programme came from mothers who shared their personal journeys of giving birth to premature babies. Their testimonies highlighted the emotional challenges of spending long periods in hospital, the uncertainties of new-born health, and the strength required to nurture a fragile life. Their reflections also carried messages of hope—showing that with love, support, and proper care, premature babies can grow into healthy, thriving adults.

Nurses Present a Heart-Touching Sketch

A meaningful sketch was performed by the nursing team, illustrating the daily struggles experienced by mothers and the dedicated healthcare workers who support them. The sketch showcased:

- the anxiety of a mother whose baby must stay in hospital,
- challenges of coping with a tiny, vulnerable infant,
- the emotional roller-coaster of the NICU environment, and
- the unwavering commitment of nurses who become a second family during this journey.

The drama deeply resonated with the audience, reminding everyone of the complex realities behind premature birth.

Education and Empowerment for Parents

Special focus was placed on empowering parents with knowledge. Nurses demonstrated Kangaroo Mother Care (KMC) and shared practical activities mothers can do while practicing KMC, both in the hospital and at home. Tips included:

- positioning techniques
- supporting breathing and temperature control
- stimulation and bonding activities
- feeding guidance
- monitoring the baby's well-being

Parents were encouraged to observe every small detail—especially how the baby breathes—because preemies require extra caution and continuous monitoring.

Informative Session by Paediatrician Dr Naidoo

Paediatric expert Dr. Naidoo delivered an insightful in-service training session on premature babies. He explained:

- the unique challenges faced by premature infants
- differences between preemies and full-term babies
- common complications and early interventions
- the importance of early detection and responsive care

Dr. Naidoo reminded parents and staff that although preemies may start life with additional hurdles, they grow up to become fully normal, strong, capable individuals when given the right care and support.

Vibrant Entertainment, Gifts, and Celebration

The event was also a joyful celebration, complete with:

- fantastic music that lifted the spirits of the crowd
- beautifully arranged purple-themed decorations
- a massive and beautifully crafted cake honouring all preemies
- gifts, goodies, and lunch for mothers
- warm interactions between staff and families

Mothers were honoured for their courage and resilience, receiving tokens of appreciation to make them feel cherished.

A Fully Attended and Well-Coordinated Event

The hospital foyer was filled to capacity as staff, mothers, partners, and stakeholders came together to support the cause. The décor team ensured that the purple theme was carried throughout the venue, symbolizing awareness, sensitivity, and hope for premature children.

Conclusion

The 2025 World Prematurity Day Commemoration at King Dinuzulu Hospital Complex was a remarkable success. It reminded all attendees that premature babies are warriors—small in size but mighty in strength. Through teamwork, compassion, and knowledge-sharing, the hospital reaffirmed its commitment to supporting families and ensuring that every premature baby has a chance to thrive and reach their full potential.



World Prematurity Day Commemoration



Small Steps, Mighty Hearts — Honouring Our Premature Warriors.



Because Behind Every Premature Baby is a Powerful Mother — Today, We Celebrate You.



Honouring the Strongest Mothers — Your Love Carries the Tiny Miracles



08



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

Editorial team



Mr. Thami Chizama -Public Relation Officer

For further information kindly contact our office



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA

GROWING KWAZULU-NATAL TOGETHER

www.kznhealth.gov.za



Mr. Thami Chizama
Public Relations Officer
King Dinuzulu Hospital Complex

75 DR Naidu road

031 242 6025

031 2099 586

073 314 2810

thami.chizama@kznhealth.gov.za

Important items to bring when you come to the hospital:

- Identity document
 - Proof of address
 - Pension card
 - Medical aid card and next of kin contact details
 - Referral letter
 - Under 18 must be accompanied by parent .
 - all patients are requested to pay fees on admission.
- Visiting hours
 - 13H00 14H00
 - 17H00—18H00

09



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**