



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

King Dinuzulu Hospital Complex

Thami.chizama@kznhealth.gov.za

Ezakwa Dinuzulu

NEWS

June 2023

NURSES DAY 2023



Nurses displaying principles of ethics and professionalism

Nurses Day is an international day celebrated around the world every 12th of May to mark the contributions that nurses make to society.
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Nurses day celebration

Nurses Day is an international day celebrated around the world every 12th of May to mark the contributions that nurses make to society.

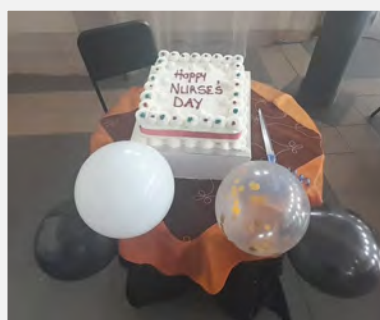
At King Dinuzulu Complex Hospital we celebrate Nurses Day each and every year, our aim of celebrating this day is to raise awareness of the important role our Nurses play in the society, the contributions and commitments of nurses in providing the best quality health care services.

This year we hosted a very successful event celebrating Nurses Day on the 19 May 2023, we use this day to appreciate and honor our Nurses as well, for committing themselves in their work, and working hard to save people lives. The key note speaker was given by acting CEO Dr Z.F Dlamini who was words of wisdom and encouragement to all nurses. The ethics and professionalism program that was suspended during Covid pandemic was resumed.

We participated in the candle lighting, as it symbolizes compassion and diligent vigilance, it is when we honor and remember nurses who once be part of us, who also put their lives in danger to save the community and saves lives “Caring for one is love but caring for everyone is nursing”



Nurses Day photo gallery



Pregnancy awareness

This is an event hosted annually on the 6 May it is when we invite all the pregnant women, Pregnancy awareness is a very important day as it helps us to strengthen pregnancy education and stress important issues that promote healthy pregnancy and safe motherhood.

Providing our Pregnant patients with important information about their pregnancy it helps them get good care before, during and after their pregnancy as it helps their babies grow, develop and keep healthy.

This event includes the discussion in Breastfeeding, which is safe, economical free and readily available..

Clients were given an opportunity of questions and answer sessions . They were also given prizes for participating on the event.



Hand Washing Day

Hand hygiene awareness campaigns are mandated by World Health Organization to create awareness and enhance compliance to hand hygiene. Conduct world hand hygiene campaign on the 5th of May 2023 according to the health awareness calendar and IPC calendar Purpose/objectives ,Strengthen and empower communities of actors in health care to accelerate action to improve hand hygiene and Infection Prevention and Control at point of care.

Foster collaboration and working together of people and organizations towards the common goal of minimizing the risk of infection and development of antimicrobial resistance in health care ,Conducting a multi-disciplinary team campaign that includes all aspects to join on this day highlighting the importance of Hand Hygiene

To commit to beginning each day at work/meeting with a demonstration of Hand hygiene in our departments. World hand hygiene campaign 2023 Theme , Together we can accelerate action to prevent infection and antimicrobial resistance in health care and build a culture of safety and quality in which hand hygiene improvement is given high priority ,Highlight and strengthen Hand hygiene activities in our depts. and prioritize hand hygiene needs ,Slogan Accelerate action together. SAVE LIVES –Clean Hands ,Create posters and reminders with slogan and display it throughout facility , Highlighting the importance of hand hygiene ,Discussion on the role of Hand hygiene in preventing antimicrobial resistance , Signing of the Hand Hygiene Pledge ,All those who have not signed the pledge as yet, to sign. Those re-affirming their commitment to Hand hygiene to also sign ,Hand hygiene demonstrations , IPC Component to demonstrate Hand Hygiene. Emphasize the 5 moments and Auditing in the departments. Then staff from different categories to demonstrate ,Token of appreciation to the best demonstrator ,Hand hygiene song/play ,Staff selected/volunteer to do a song demonstrating how “Cool” it is to perform Hand Hygiene.

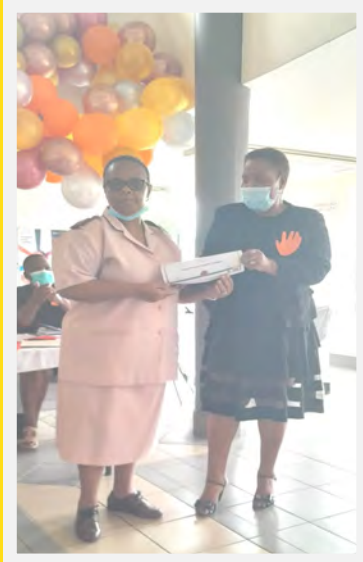
Staff do a play highlighting the importance of 5 moments of hand hygiene. ,Judging of posters ,Judges external and internal



Champion X Rays 1st Position , 2nd Position M ward 3rd POPD



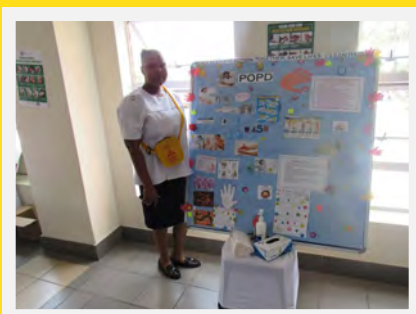
Hand Washing Day



Presentation of certificate by Dr. Z.F. Dlamini and Mrs. N. Ngcobo IPC EThekweni District Office



Displace charts from XRAY, A&E, Spine unit, MOPD, POPD, MDR unit



10 steps IPC demonstration lead by Sister Khumalo and Sister Munniam



HEALING WALLS FOR MENTAL WELLBEING AT KDHC

During the pandemic, the importance of mental well-being, as an essential component of our overall health, was highlighted. At King Dinuzulu Hospital Complex, treating mental illness and promoting mental health is our core business. We therefore recognize the link between the physical environment that we live and work in and our mental well-being. There is now, also, scientific evidence proving that there is a salutary effect of 'green' environments on our mood.

Our psychiatric patients are amongst the most neglected and disadvantaged of all clinical populations. Moreover, while our patients get discharged and go home, our staff are ever-present. As most psychiatric facilities like ours have been hand me down buildings that were not designed-to-purpose as therapeutic milieu, it has been a challenge to improve the aesthetic appearance of our working and treating environment.

KDHC was designed for the inpatient treatment of tuberculosis during World War II and therefore falls short of therapeutic and clinical standards necessary for the mental well-being of our staff and patients. But, in the spirit of good mental health, we do not curse the darkness, but find creative ways to light a candle! Within existing resource constraints, a pharmaceutical company was approached for a donation to have murals drawn on our outpatient department walls.

Thank you Lundbeck for your generosity! Well-known Durban mural artist extraordinaire, Giffy Dummyny, transformed our drab walls into works of bright and beautiful floral art. Not only has this uplifted the environment but it has also had a autogenic effect on the hearts and minds of our staff, patients, students, and the public. We hope to continue to create mentally uplifting environments through our 'Healing Walls' initiative because beauty on the outside stimulates beauty on the inside: happy workers are productive workers and happy people are healthy people. #There can be no health without mental health.

Prof Suvira Ramlall

Head Clinical Unit: Specialized Psychiatry



Editorial team



Ms. Samukelisiwe Thabethe PR –Intern



Mr. Thami Chizama PRO

For further information kindly contact our office



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www.kznhealth.gov.za



Mr. Thami Chizama
Public Relations Officer
King Dinuzulu Hospital Complex



75 DR Naidu road



031 242 6025



031 2099 586



073 314 2810



thami.chizama@kznhealth.gov.za

Important items to bring when you come to the hospital:

- **Identity document**
- **Proof of address**
- **Pension card**
- **Medical aid card and next of kin contact details**
- **Referral letter**
- **Under 18 must be accompanied by parent .**
- **all patients are requested to pay fees on admission.**
 - **Visiting hours**
 - **13H00 14H00**
 - **17H00—18H00**

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