



# Ezakwa Dinuzulu

# NEWS

October 2021

## Quality Day Celebration

November is a quality Month 'quality day is celebrated globally . The theme for 2021 was Sustainability improving our people, products and planet` The main purpose behind this celebration to raise the level of quality awareness in the institution, rewarding excellence and to recognize the efforts and contributions of quality professionals.

It is also an opportunity to celebrate the success your organization and people have achieved in the recent past trying times, COVID 19, unrest, third wave. What Quality means: Q –quest for excellence, Understanding Complex Challenges, A-Assurance, L-leadership, I-Inspection, Team work, Y- your workmanship

King Dinuzulu Hospital Complex commemorate on the 12 November 2021 at the foyer the following departments requested to setup stalls.

A&E, Oral and Dental Unit, Physio and Occupational Therapy, Pharmacy, MDR TB Unit, X-Rays, Waste Management, Health and Safety, Tower City, Psych Unit, SODEXO, Theatre, TB surgical, Vaccine site, Maternity, Medical

The finalists were: 1ST XRAYS, 2nd C PYSCH, 3rd MDR UNIT.



XRAYS FIRST POSITION



MDR TB UNIT SECOND POSITION

# WORLD QUALITY DAY -SUSTAINABILITY IMPROVING OUR PEOPLE, PRODUCTS AND PLANET'



Departments that participated A&E, Oral and Dental Unit, Physio and Occupational Therapy, Pharmacy, MDR TB Unit, X-Rays, Waste Management, Health and Safety, Tower City, Psych Unit, SODEXO, O&G, /Vaccinating Clinic

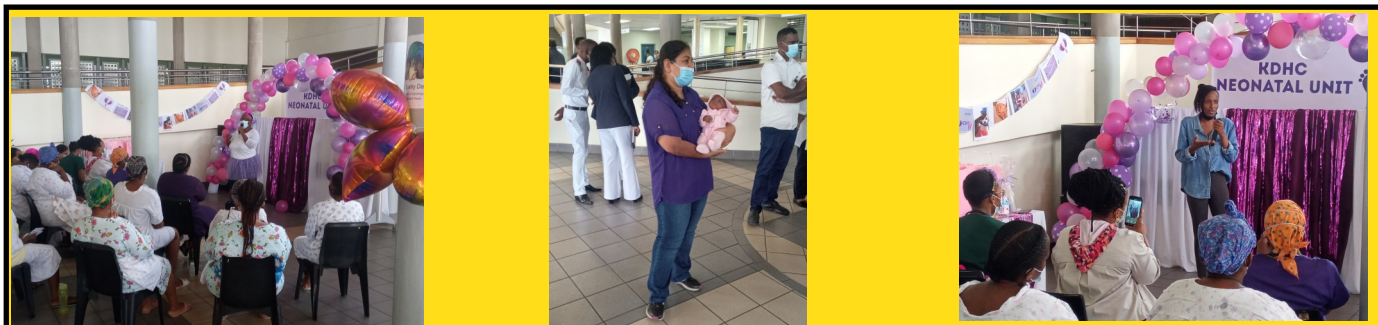


HOSPITAL BOARD CHAIRPERSON MR. B.MNGWENGWE

GUEST JUDGE MRS.S. NTULI—ETHEKWINI DISTRICT OFFICE



# PREMATURE BABIES



former boarder moms motivated mothers and encouraged them to continue KMC and loving their babies.



King Dinuzulu Hospital Commemorated World Prematurity Day initiatives aim to increase awareness to newly mothers, staff members and patients; this campaign is celebrated since 2009. World Prematurity Day is an opportunity to call attention to the heavy burden of death and disability and the pain and suffering that preterm birth causes. It is also a chance to talk about solution. The multitude of events organized around the globe on World Prematurity Day remains the heart of the effort.

Theme for 2021: **ZERO SEPARATION FOR PARENTS AND THEIR BABIES, ACT NOW**

**Supporting families** : Sister Mkhwanazi

**Health education** on causes of prematurity, prevention and management as a whole, plus talk regarding syphilis condition since becoming a problem in our district : Dr Mazibuko

**KMC information** and in - service training on breastfeeding and its benefits : Dudu Bhengu

**Motivational speakers** (former boarder moms) motivated mothers and encouraged them to continue KMC and loving their babies.

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**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



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# A DREAM COME TRUE FOR HER MOM

Aliza to attend uMhlanga school is a dream come true for her mom. This was all made possible with the help of Aliza's occupational therapist and an anonymous sponsor.

"I COULD not believe what I was hearing. My daughter will be attending school next year," said Ncebekazi Dotwana, after hearing the news that an anonymous donor has decided to sponsor her three-year-old daughter's school fees next year.

Aliza Dotwana was born with congenital glaucoma and is blind and deaf. This condition is caused by improper development of the cells and tissue in the eye's drainage system before birth. This leads to a backup of fluid inside the eye that increases intraocular pressure and damages the optic nerve. Next year, she will attend Khanyisa Developmental Centre in uMhlanga. Ncebekazi said she moved to KwaZulu-Natal from the Bizana in the Eastern Cape in 2019 as she felt her daughter was not getting adequate medical attention back home.

It all came together after Caitlyn Waters, an occupational therapist, began treating Aliza at King Dinuzulu Hospital in 2019. She reached out to friends and contacts on Facebook and asked if anyone would sponsor Aliza's school fees for 2022. The person who agreed wished to remain anonymous. Waters, who hails from La Lucia, said she watched Ncebekazi with Aliza and saw her commitment and dedication, and how she would do anything to improve her daughter's quality of life. It was Waters who discovered that Aliza could not hear, in addition to being blind.

"While there are government institutes that cater for children with special needs, there aren't government institutions that cater for Aliza's needs. She is both deaf and blind and isn't potty trained yet, but we are working on that," she said.

"Ncebekazi is such an incredible mum and the lengths that she will go to for her daughter is moving. She is so involved and interested. We give her programmes to continue with at home and she comes back and shows us videos. We can see the improvements with Aliza," said Waters.

She said children who are visually and hearing impaired is tactile defensive, and when Aliza arrived for occupational therapy, she would not want to touch anything. "Touch is very important to a blind person, but we got her used to touching different textures. She also could not crawl or walk, but now she is able to walk. Aliza has come such a long way and I am so thrilled that she will be going to a school that can cater for her needs," said Waters.



**Caitlyn Waters, occupational therapist**

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# King Dinuzulu Hospital Complex Commemorated World patient safety day



Our speaks of the day



Keep your self and your baby safe during childbirth



Our speaks of the day



## World Patient Safety Day

All were warmly welcomed by Doctor ZF Dlamini, our acting CEO.

She informed us of the shocking statistics surrounding maternal and child deaths from around the world, she further mentioned the statistics of deaths caused by airplane failures which were a drop in the ocean in comparison. It goes to say that flying in an airplane is far safer than giving birth!

She encouraged staff to change the statistics by working as a team, strong teams lead safer births. She also went on to encourage health care workers to adhere to safety practices and to keep building their skills to provide safe and respectful maternal and newborn care for all.

Doctor Devjee,

Head of the department of obstetrics and Gynecology was our program director and was an instrumental part of making this day a

Success. She gave us Invaluable insight into the running of the Various maternity departments and the Presenters in our program .

Doctor Kalala, Our obstetrician Gave expectant moms Attending the event, all the facts and myths surrounding covid-19 vaccination during

Pregnancy. He went on to empower mothers to take care of themselves and their baby during pregnancy and childbirth by: attending all

Appointments and providing full medical history. He encouraged expectant moms to speak to health care workers regarding concerns and how to reduce safety risks during pregnancy and around the time of childbirth.

Sir Gumede, the Operational manager of Labour ward, gave us an Informative talk on post Partum hemorrhage during labour and post-delivery. Her passion for her chosen field was so evident in her speech. She covered the treatment and management of post-partum hemorrhage as well as the prevention of it. Her goal is to create an Enabling environment for safe and respectful maternal and newborn care in her department.

Doctor Mazibuko, Our pediatrician ,Gave expectant moms a wealth of Information on how to take care of their newborn baby. Her talk included Immunizations, breastfeeding, how to treat ailments, When to seek medical attention and how to make use of the road to health card.

Doctor Panday, our gynecologist who has a special interest in maternal health post-delivery. She enlightened us on the different options of contraception available i.e. injectable, oral contraception, patches, IUDs and sterilization.

Her passion is to ensure that women are empowered with the knowledge to make the right decision or Choices for themselves.

She also aims to treat Patients holistically, to include their social issues which have a direct impact on health of the Patient; her talk included male participation in contraceptive responsibility options.

A special vote of thanks was given by Mr T Hlongwa, our quality assurance coordinator. He commended staff for the Commitment they have shown in raising and maintaining the quality standard of care.

He encouraged staff to continue perinatal meetings, including

Referral clinics so as, to develop quality improvement plans from gaps identified. He impressed the importance of maintaining the respect and preserving the dignity of mothers during child birth. conclusion -: King Dinuzulu hospital complex, heard the call to commemorate world patient safety day. While the hospital had a successful event, the work still continues.

We aim to reduce the maternal and newborn mortality rate as mentioned by our CEO, Doctor ZF Dlamini. We want to ensure that every day is an active safe maternal and newborn day.

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# Trauma Day celebration



King Dinuzulu hospital complex commemorated world trauma day which occurs every year on October/November. The day focuses on the importance of saving and protecting lives during emergencies. It's also a day to provide education on how to avoid traumatic injuries and deaths.

## What is trauma?

In the medical world, trauma is considered a physical injury. Traumatic events cause these physical injuries. These events include domestic violence, natural disasters, and severe car accidents. Traumatic injuries usually happen suddenly. They also require immediate medical care. It's not uncommon for those who suffer a traumatic injury to go into shock. Some may even require resuscitation or interventions to save their life's. Many people develop a disability after suffering a traumatic injury, some traumatic injuries are fatal.

## How to observe world trauma day

Emergency personnel throughout the world provide education on how to assist others during a traumatic event. Do you know CPR if not, world trauma day is a great time to learn it. Other life-saving skills to attain include:

The Heimlich maneuver

Hypothermia prevention

Using an automated external defibrillator (aed)

Blood loss control

Escaping from a sinking car

Exiting a burning building

Reacting to snakebites

Helping with allergic reactions

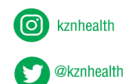
By having these emergency lifesaving skills, you might one day save the life of a loved one, or a perfect stranger.



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